



# BICYCLE SAFETY PROGRAM FOR KIDS

## → YOUR BICYCLE INSPECTION, SKILL DRILL AND SAFETY TEST

### Skill Performance Drill

STATIONS	EXCELLENT	GOOD	MORE PRACTICE
Avoiding Obstacles			
Straight Line Control			
Control While Turning			
Stopping			
Looking Over Shoulder			
Signals			

Please note, a Skill Drill that needs “More Practice” means that you need to work on improving those skills before you ride your bicycle on the street.

### Bicycle Safety Test

TEST QUESTIONS	YES	NO
1. A bicycle driver should stop before entering a street.		
2. You should ride on the right side of the roadway.		
3. Traffic signs and signals are only for car drivers.		
4. It is okay for cyclists to wear headphones or earbuds when riding.		
5. Henrico County encourages cyclists to register their bicycles.		
6. Bicycle riders could get a traffic ticket if they don't obey traffic laws.		
7. Bicycles do not need lights at night if they are riding on roads with street lights.		
8. Streets around your home are dangerous even if there aren't many cars.		
9. Wheelies and jumping ramps should be used in the street.		
10. The signal to turn left is your left arm extended towards the sky.		
11. It is safe for two people to ride one bicycle if one sits on the cross bar.		
12. Your bicycle should be locked every time you leave it.		
13. Keeping your bike maintained will prolong its life.		
14. Loose spokes can cause a wheel to wobble.		
15. Walkers must get out of cyclists' way on the road.		
16. Bicycle helmets should be worn when riding your bike.		

## TEST ANSWERS

1:Y, 2:Y, 3:N, 4:N, 5:Y, 6:Y, 7:N, 8:Y, 9:N, 10:N, 11:N, 12:Y, 13:Y, 14:Y, 15:N, 16:Y

## Bicycle Safety Inspection

INSPECTION POINTS	YES	NO
1. Knee slightly bent with rider on seat, foot on pedal in lowest position.		
2. Seat parallel to ground.		
3. Handlebars — tight .		
4. Handlebar grips — tight in place.		
5. Seat — tight.		
6. Wheels tight, no wobble, not bent, not rubbing frame or brakes.		
7. Tires — correct inflation, not worn.		
8. Spokes — tight; none broken.		
9. Rear reflector — red, clean (required by law for night riding).		
10. Front light — white, working properly (required by law for night riding).		
11. Pedals — tight, not worn.		
12. Chain ¼ inch play, clean, oiled, not rusty.		
13. Brakes — will skid rear wheel, cables and pads in good condition.		
14. Theft prevention — lock and chain in good condition.		
15. Bicycle helmet — correctly fitted, good condition.		
16. Personal protective gear — eyeglasses, gloves, shoes encouraged.		

## Bicycle Registration Form

We encourage every bicycle owner to comply with Henrico County Code ([Chapter 22, Section 22-351](#)) by registering their bicycle with the Police Division. To register your bicycle, fill in the form and follow directions below.

Name (Last):		Name (First):		Middle Initial:
Street Name/Apt. #:		City:	State:	Zip Code:
Phone Number:		Make/Model of Bicycle:	Frame Style (Boy/Girl):	
Color:	Size:	Serial Number:		

Bring this form and \$1 to the Public Safety Building at 7721 E. Parham Road to receive your license and registration.

You may also mail this form along with a **check or money order** for \$1 and a stamped, self-addressed envelope to:

- Henrico County Police Division, P.O. Box 90775, Henrico, VA 23273-0775 and you will receive a license and registration card. **NO cash, please.**

*(Information updated March 2026)*