



HENRICO COUNTY

2025

Community Resources

This resource has been created with information gathered by the department of:

**Henrico Area Mental Health
& Developmental Services**

To receive an electronic copy of this document

Please email your request to:

CIT@Henrico.gov

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Adoption and Foster Care

RESOURCE	WEBSITE	PHONE
Commonwealth Catholic Charities	https://www.cccofva.org/	804-295-5900
Coordinators 2	https://c2adopt.org/	804-354-1881
Children's Home Society	https://chsva.org/	804-353-0191
Jewish Family Services	https://jfsrichmond.org/	804-282-5644
State Department of Social Services	https://www.dss.virginia.gov/	804-726-7000
United Methodist Family Services	https://www.umfs.org/	804-353-4461

AIDS and Other STD's

RESOURCE	WEBSITE	PHONE
CDC General Info Line	https://www.cdc.gov/	1-800-232-4636 TTY: 888-232-6348
Crossover Health Clinic (medical and dental)	https://www.crossoverministry.org/	804-655-2794
Daily Planet (support)	https://dailyplanetva.org/	(West Grace) 804-783-2505 (Southside) 804-292-3011
Health Brigade	https://www.healthbrigade.org/	804-358-6343
HIV Info Line		800-448-0440 TTY: 888-480-3739
HIV/AIDS/STD/Viral Hepatitis Hotline-VA Department of Health	https://www.vdh.virginia.gov/	Disease Prevention Hotline: 800-533-4148
National AIDS Hotline		English: 800-342-2437 Spanish: 800-344-7432 TTY: 800-243-7889
NIA of Greater Richmond	https://www.niainc.org/copy-of-hiv-prevention	804-643-6172

RESOURCE	WEBSITE	PHONE
VCU HIV/AIDS Center	https://www.vcuhealth.org/services/hiv-services/	804-828-6163

Alcohol and Drug Use

RESOURCE	WEBSITE	PHONE
Adult Children of Alcoholics	https://adultchildren.org/	310-534-1815
Al-anon	https://al-anon.org/ https://www.vaalanon.org/	Meeting info 1-888-425-2666
Alcoholics Anonymous	https://www.aa.org/ http://www.aarichmond.org/ https://aavirginia.org/	World Services: 212-870-3400 Richmond: 804-355-1212
ALIVE Peer Warm Line	https://aliverva.org/	833-473-3782
Center for Substance Abuse	https://www.samhsa.gov/	800-662-4357
Cocaine Anonymous	https://ca.org/	310-559-5833
Crystal Meth Anonymous	https://www.crystalmeth.org/	Helpline 855-638-4373
Families Anonymous	https://www.familiesanonymous.org/	800-736-9805
Human Resources, Inc.	Methadone Clinic	Richmond: 804-644-4636 Find a Clinic: 800-780-9619
MADD (Mothers Against Drunk Driving)	https://madd.org/virginia/	Local: 804-353-7121 877-623-3435
McShin Foundation	https://mcshin.org/	804-249-1845
Narcotics Anonymous	www.na.org https://rvana.org/	800-777-1515
National TASC – Inhalants Abuse	https://nationaltasc.org/	207-521-9715
National Capital Treatment and Recovery	https://www.natcaptreatment.org/	703-841-0703

RESOURCE	WEBSITE	PHONE
New Life for Youth	https://www.newlife.center/	844-231-4673
Phoenix House	https://www.phoenixhouse.org/	1-888-671-9392
Recovered	https://recovered.org/	833-840-1202
Salvation Army Adult Rehab Centers	https://www.salvationarmyusa.org/recovery/	804-423-1620
(SAMHSA) Substance Abuse and Mental Health Administration	www.SAMHSA.gov	1-800-662-4357
Students Against Drunk Driving (SADD)	https://www.sadd.org/	508-481-3568
Substance Abuse & Addiction Recovery Alliance (SAARA)	https://www.saara.org/	804-762-4445
Women for Sobriety	https://womenforsobriety.org/	215-536-8026

Cancer

RESOURCE	WEBSITE	PHONE
American Cancer Society	https://www.cancer.org/	800-227-2345
American Childhood Cancer Organization	https://www.acco.org/	301-962-3520 855-858-2226
American Brain Tumor Association	https://www.abta.org/	Main: 773-577-8750 Careline: 800-886-2282
Hospice of Central Virginia	https://hospiceofvirginia.com/	Richmond: 804-281-0451 In-patient Unit: 804-200-1810
Legal Information Network for Cancer (LINC)	https://cancerlinc.org/	804-562-0371
Blood Cancer United	https://bloodcancerunited.org/	Patients/Care Givers 800-955-4572
Sickle Cell Hotline	Sicklecelldisease.org	800-421-8453
Virginia Breast Cancer Foundation	https://www.vbcf.org/	804-285-1200 800-345-8223

Community Service Boards

Chesterfield CSB		
Phone:	Address:	Areas Served:
1) Main Line: 804-768-7220 2) Mental Health Substance Abuse Services: 804-768-7318 3) Mental Health Crisis Line: 804-748-6356	https://www.chesterfield.gov/csb	Chesterfield County
Crossroads CSB		
Phone:	Address:	Areas Served:
1) Admin Services: 434-392-3187 2) Main Line: 1-866-307-0370 3) Emergency Services/Crisis Intervention: 1-800-548-1688 4) Medical Services: 434-392-6455	https://crossroadscsb.org/	Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Nottoway, Prince Edward
District 19 CSB		
Phone:	Address:	Areas Served:
1) Main Line: 804-862-8002 2) 24-Hour Crisis Hotline: 804-862-8000 Toll Free: 1-866-365-2130 3) Emporia Crisis Line: 1-434-634-2020 4) Assessment Services: 804-862-8008	https://www.grcsb.org/	Colonial Heights, Emporia, Hopewell, Petersburg, Dinwiddie, Greensville, Prince George, Sussex, Surry
Goochland-Powhatan CSB		
Phone:	Address:	Areas Served:
1) Main Line: Goochland-804-556-5400 Powhatan-804-598-2200 2) Emergency Services: Goochland- 804-556-3716 Powhatan- 804-598-2697	https://gpcsb.org/	Goochland, Powhatan

Hanover CSB		
Phone:	Address:	Areas Served:
1) Main Line: 804-365-4222 2) Crisis Services: 804-365-4200	https://www.hanovercounty.gov/	Hanover
Henrico CSB		
Phone:	Address:	Areas Served:
1) Main Line: 804-727-8500 2) Intake: 804-727-8515 3) Emergency Services: 804-727-8484 4) Developmental Services Intake: 804-727-8546 5) Infant Toddler Connection: 804-727-8372	https://henrico.gov/mhds/	Henrico, Charles City, New Kent
Richmond Behavioral Health Authority		
Phone:	Address:	
1) Main Line: 804-819-4000 2) Crisis Services: 804-819-4100	https://www.rbha.org/	Richmond

Consumer Services

RESOURCE	WEBSITE	PHONE
Better Business Bureau	https://www.bbb.org/	804-648-0016
Consumer Credit Counseling	https://www.consumercredit.com/	800-769-3571
Consumer Product Safety Commission	https://www.cpsc.gov/	800-638-2772 TTY 800-638-8270
Central Virginia health Services	https://www.cvhsinc.org/	434-581-4073
Virginia Department of Health Professions	https://www.dhp.virginia.gov/	804-367-4400

Crimes Victims' Services

RESOURCE	WEBSITE	PHONE
VA Victims' Fund/ Criminal Injuries Compensation Fund	https://vfv.virginia.gov/	800-552-4007
MADD (Mothers Against Drunk Driving)	https://madd.org/virginia/	Local Office: 804-353-7121 National Office: 877-275-6233 Victim Helpline: 877-623-3435
National Association of Crime Victim Compensation Boards	https://nacvcb.org/	General Line 703-780-3200
National Center for Victims of Crime	https://victimsofcrime.org/	202-467-8700
National Criminal Justice Reference Service	https://www.ojp.gov/ncjrs/new-ojp-resources	800-851-3420 TTY: 301-240-6310
NOVA (National Organization for Victim Advocacy)	https://trynova.org/	Mainline 703-535-6682
Parents of Murdered Children	https://www.pomc.org/	513-721-5683
<u>Victim/Witness Services</u> Chesterfield Henrico Richmond		804-796-7087 804-501-1680 804-646-7665
Virginia Victims Assistance Network	https://vanetwork.org/	Main Line: 804-331-4057 Victim assistance: 855-443-5782 Human Trafficking: 833-463-6448
Virginia Workers' Compensation Commission	https://www.workcomp.virginia.gov/	1-877-664-2566

Day Care Services (Adult)

RESOURCE	WEBSITE	PHONE
Circle Center Adult Day Services	https://circlecenterva.org/	804-355-5717
Community Brain Injury- The Mill House	https://communitybraininjury.org/mill-house/ (Richmond) Hampton Road area- Denbigh House	Mill House 804-261-7050 Denbigh House 757-833-7845
The SPAN Center	https://spancenter.org/	804-343-3000

Day Care Services (Child)

RESOURCE	WEBSITE	PHONE
Coal Pit Learning Center	https://www.coalpitlearningcenter.org/	804-270-7502
Friends Association	https://friendsrva.org/	804-644-2357 (Jackson Ward) 804-565-5880 (Church Hill)
Goochland CARES Free Clinic & Family Services	https://goochlandcares.org/	804-556-6260
YMCA Day Care Center	https://www.ymcarichmond.org/programs/childcare/	804-474-4300 Greater Richmond Area

Domestic Violence and Child Abuse

RESOURCE	WEBSITE	PHONE
Adult Protective Services Hotline	https://www.dars.virginia.gov/aps/adultprotserv.htm	1-888-832-3858 Henrico APS Line: 804-501-7346
Central Virginia Legal Aid	cvlas.org	Richmond: 804-648-1012 Charlottesville:

RESOURCE	WEBSITE	PHONE
		434-296-8851 Petersburg: 804-862-1100
Chesterfield Victim Services	https://www.chesterfield.gov/4334/VictimWitness-Assistance-Program	Domestic & Sexual Violence Resource Center: 804-748-1600 Non-Emergency Police: 804-748-1251
Child Abuse & Neglect Hotline for Virginia	https://www.dss.virginia.gov/abuse/	CPS Hotline: 800-552-7096
Darkness To Light National Hotline	https://www.d2l.org/	800-656-4673 or Text HOME to 741741
Child Savers	https://www.childsavers.org/	804-644-9590
Commonwealth Catholic Charities	http://cccovva.org/	804-285-5900
Domestic Shelter Finder	https://www.domesticshelters.org/	
Domestic Violence Hotline	https://www.thehotline.org/	800-799-7233 Text START to 88788
Families Forward	https://www.familiesforwardva.org/	804-359-6166
*Hanover Safe Place	https://www.hanoversafeplace.com/	Local Hotline: 804-612-6126 Main Line: 804-752-2728
LGBTQ Partner Abuse & Sexual Assault Hotline		800-356-6998
Manavi (South Asian women's issues)	https://www.manavi.org/	Hotline: 732-435-1414
ASHIYANAA	https://ashiyanaa.org/	888-417-2742
National Center for Missing & Exploited Children	https://www.missingkids.org/home	Hotline: 800-843-5678

RESOURCE	WEBSITE	PHONE
National Child Abuse Hotline “Child Help”	https://www.childhelp.org/	Call or Text HELP: 800-422-4453
National Defense Center for Criminalized Survivors	https://bwjp.org/	Toll-Free: 800-903-0111 ex3 215-763-1144
National Coalition Against Domestic Violence	https://ncadv.org/	737-225-3150
National Council of Juvenile & Family Court Judges	https://www.ncjfcj.org/	775-507-4777
National Council on Child Abuse & Family Violence	https://www.preventfamilyviolence.org/	202-429-6695
Network of Victim Assistance	https://novabucks.org/	Hotline: 1-800-675-6900 (Business Line): 215-343-6543
New Kent/Charles City Victim Witness Assistance Program	https://www.newkent-va.us/592/Victim-Witness-Assistance-Program	804-966-9604
Teen Dating Abuse Helpline		866-311-9474
THRIVE Virginia	https://www.thriveva.org/	877-966-4357
RAINN Rape, Abuse, & Incest National Network	https://rainn.org/	800-656-4673
Raksha (South Asian social issues i.e. domestic violence, divorce, etc.)	http://www.raksha.org/	Office: 404-876-0670 Toll-Free: 866-725-7423
*Safe Harbor (shelter)	https://safeharborshelter.com/	Office: 804-2499470 Helpline: 804-500-2755
SCAN (Stop Child Abuse Now)	https://grscan.com/	804-257-7226
Sakhi (domestic violence hotline for South Asian Women)	https://sakhi.org/	Call: 212-868-6741 Text: 305-204-1809
Madeline’s House at Piedmont Crisis Center (Crossroads CSB)		434-292-1077

RESOURCE	WEBSITE	PHONE
Virginia's Family Violence & Sexual Assault Hotline	https://www.dss.virginia.gov/family/domestic_violence/index.cgi	Call: 800-838-8238 Text: 804-793-9999
VCU Sexual Assault Information	https://police.vcu.edu/sexual_violence/victim_witness_program.html	804-828-1234 VCU Police
Virginia Poverty Law Center	https://www.vplc.org/	Phone: 804-782-9430
YWCA	ywarichmond.org	Hotline: 804-612-6126 Richmond: 804-643-6761
*YWCA – Domestic violence	https://ywarichmond.org/dv-101/	804-643-0888

- Note: Hanover Safe Place, Safe Harbor, & YWCA all provide shelter.
- Note: The New Regional Hotline covers jurisdictions of Hanover Safe Place, Project Hope, Safe Harbor, and YWCA (#1 for all DV and Sexual Assault Crisis).

Education

RESOURCE	WEBSITE	PHONE
Children & Adults with Attention Deficit/Hyperactivity Disorder (CHADD)	https://chadd.org/	301-306-7070
Global and Regional Asperger Syndrome Partnership	https://grasp.org/	646-242-4003
National Graduate Student Crisis Line (24 hour)	https://gradresources.org/crisis/	877-472-3457
READ Center (Adult Literacy)	https://www.readrva.org/	804-288-9930

Employment

RESOURCE	WEBSITE	PHONE
Goodwill of Central Virginia	https://goodwillvirginia.org/	804-745-6300
Offender Aid & Restoration	https://www.oarric.org/	804-643-2746
Urban League of Greater Richmond	info@urbanleaguerichmond.org	

RESOURCE	WEBSITE	PHONE
Virginia Employment Commission	https://www.vec.virginia.gov/	866-832-2363 TTY: 711 or 800-828-1140

Ethnic

Racial, national, tribal, religious, linguistic, or cultural

RESOURCE	WEBSITE	PHONE
American Red Cross	https://www.redcross.org/local/virginia.html	800-733-2767 804-780-2250
Asian American Society of Central Virginia	https://aasocv.org/	secretary@aasocv.org
Bengali Association (Greater Richmond)	https://www.mygrba.org/	info@mygrba.org
Bureau of Indian Affairs (Native American & Alaskan Natives)-U.S. Government	https://www.bia.gov/	Main Line 202-208-5116 Bureau of Indian Affairs 202-208-5116 Bureau of Indian Education: 202-208-4896
<u>Department of Social Services</u> (assistance for refugees & Native Americans) Chesterfield Hanover Henrico New Kent Richmond		804-748-1100 804-365-4100 804-501-4001 804-966-1853 804-646-7000
Elegba Folklore Association	https://efsinc.org/	804-644-3900
<u>Health Department</u> (physical exams, immunizations, family planning, pediatrics) Chesterfield Hanover Henrico Richmond		804-748-1691 804-365-4313 804-501-4651 804-646-5566

RESOURCE	WEBSITE	PHONE
Hindu Center of Virginia	https://www.hinducenterofvirginia.org/	804-346-9954
Hispanic Chamber of Commerce	https://www.vahcc.com/	Central VA: 804-378-4099 NOVA: 703-790-0303
Immigration and Naturalization Services- U.S. Government	https://www.uscis.gov/	1-800-375-5283 (TTY) 800-767-1833
Islamic Center of Virginia	https://www.icva.org/	804-273-9292
Islamic Society of Greater Richmond		804-673-4177
Jewish Community Center/Federation	https://www.jewishrichmond.org/	Main Switch Board 804-285-6500
Jewish Family Services	https://jfsrichmond.org/	804-282-5644
Manavi (South Asian women's Issues)	https://www.manavi.org/	732-435-1414
Raksha (South Asian social issues i.e. domestic violence, divorce, etc.)	http://www.raksha.org/	404-876-0670 Toll Free: 866-725-7423
Saint Andrew's Eastern Orthodox Church	https://www.firstcalled.org/	804-798-4198
Saint Anthony's Maronite Catholic Church	https://www.stanthonymaronitechurch.org/	Parish Office: 804-270-7234 Day Care Center 804-346-1162
Saint Constantine & Helen Greek Orthodox Cathedral	https://www.vagocathedral.org/	804-355-3687
Saint Cyprian of Carthage Orthodox Church	https://stcyprianoca.org/	804-897-5212
Saint James' Armenian Church	https://www.stjamesva.org/	804-282-3818
Saint Seraphim of Sarov Orthodox Church	https://stseraphimofsarov.org/	804-647-4517
Sakhi (domestic violence hotline for South Asian Women)	https://sakhi.org/	Call: 212-868-6741 Text: 305-204-1809
Sikh Association of Central Virginia (SACVI)	https://richmondsikhgurdwara.org/	804-271-1771
Virginia Asian Chamber of Commerce	https://www.aabac.org/	804-502-8081

Financial Aid and Counseling

RESOURCE	WEBSITE	PHONE
Capital Area Debtors Anonymous	https://debtorsanonymousdc.org/	800-421-2383 General Service 781-453-2743
GRASP (Greater Richmond Area Scholarship Program)	https://grasp4va.org/home	804-527-7726 Advising Line: 804-923-0059
SCORE (Service Corps of Retired Executives)	https://www.score.org/	800-634-0245
Social Security	https://www.ssa.gov/	800-772-1213 (TTY) 800-325-0778
<u>Social Services Departments</u> Charles City Chesterfield Goochland Hanover Henrico New Kent Powhatan Richmond (city) Richmond (county)		804-652-1708 804-748-1100 804-556-5880 804-365-4100 804-501-4001 804-966-1853 804-598-5630 804-646-7000 804-333-4088

Food Services/ Help

RESOURCE	WEBSITE	PHONE
Anorexia	https://anad.org/	888-375-7767
Bainbridge Ministry		804-232-3091
Bulimia	https://bulimia.com/	
Commonwealth Catholic Charities	https://www.cccofva.org/	804-285-5900
Daily Planet	https://dailyplanetva.org/	Admin: 804-783-2505
Feed More	https://feedmore.org/	804-673-5035
Homeward	homewardva.org	804-343-2045

RESOURCE	WEBSITE	PHONE
National Alliance for Eating Disorders	https://www.allianceforeatingdisorders.com/	866-662-1235
National Food Eating Disorders	https://www.nationaleatingdisorders.org/	Help Line: 800-931-2237
Our Lady of Lourdes	https://ollrichva.org/	804-262-7315
Overeater's Anonymous	https://oa.org/	505-891-2664
R-CAP (Richmond Community Action Program)	https://vacap.org/	804-644-0417

Grieving

RESOURCE	WEBSITE	PHONE
AARP	https://www.aarp.org/	Toll Free National Hotline 888-687-2277 Número gratuito 877-342-2277 TTY: 877-434-7598 TTY en español: 866-238-9488
American Foundation for Suicide Prevention	https://afsp.org/	National Toll Free Line 888-333-2377 In Crisis: 988
Bereaved Parents of the USA	bereavedparentsusa.org	865-406-6695
Bereavement Support Group	https://griefhaven.org/support-organizations/	310-459-1789
Comfort Zone Camp	https://comfortzonecamp.org/	804-377-3430
Compassionate Friends	http://www.compassionatefriends.org/	877-969-0010
COPS (Concerns of Police Survivors)	https://www.concernsofpolicesurvivors.org/	573-346-4911
Dougy Center (grieving children)	https://www.dougy.org/	503-775-5683
First Candle	https://firstcandle.org/	Grief Support:

RESOURCE	WEBSITE	PHONE
		800-221-7437 Main: 203-966-1300
Full Circle Grief Center	https://fullcirclegc.org/	804-912-2947
Hospice of Central Virginia	https://hospiceofvirginia.com/	804-281-0451
Jason Foundation Resource Center- Youth suicide	https://jasonfoundation.com/	615-264-2323
Kid's Haven: A Center for Grieving Children (Crossroads CSB)	https://www.kidshavenlynchburg.org/	434-845-4072
Mental Health America of Central VA	https://mentalhealthvirginia.org/	804-257-5591 Warm Line: 866-400-6428
Mommies Enduring Neonatal Death (MEND)	https://www.mend.org/	972-506-9000
MADD (Mothers Against Drunk Driving)	https://madd.org/	National Headquarters 877-275-6233 Richmond: 804-353-7121
National Hopeline Network	https://www.centerforsuicideawareness.org/hopeline	Text HOPELINE to 741741
National Suicide Prevention Hotline		988
Pet Loss Hotline		540-231-8038
Pet Loss Support (Center for Human-Animal Interaction)	https://www.pet-loss.net/	804-827-PAWS
POMC (Parents of Murdered Children)	www.pomc.com	513-721-5683 Toll Free: 888-818-7662
Rainbows (for grieving children)	https://rainbows.org/	847-952-1770
Richmond Behavioral Health Authority	https://www.rbha.org/services.aspx	804-819-4000
RID (Remove Intoxicated Drivers)	https://www.rid-usa.org/rid-usa-inc/	Helpline: 888-283-5144
Share Pregnancy and Infant Loss Center, Inc.	https://nationalshare.org/	800-821-6819
Society of Military Widows	https://www.militarysurvivor.com/	719-313-5815

RESOURCE	WEBSITE	PHONE
TAPS (Tragedy Assistance Program for Survivors - Military)	https://www.taps.org/	800-959-TAPS (8277)
Twinless Twins Support Group International	https://twinlesstwins.org/	

Handicapped/Disabled (also see “Rehabilitation”)

RESOURCE	WEBSITE	PHONE
American Foundation for the Blind	https://www.afb.org/	212-502-7600
Autism Society of Central VA	https://ascv.org/	804-259-3188
Brain Injury Association of Virginia	https://www.biav.net/	800-444-6443
Central Virginia Independent Living Center – Resources for Independent Living	ril-va.org	804-353-6503
Commonwealth Catholic Charities	https://www.cccofva.org/	804-285-5900
Conexus - for children vision	https://conexusvision.org/	804-423-2020
Deaf and Hard of Hearing Counseling Services	https://www.challengediscoveryprojects.org/	804-643-0002
Disability Law Center of Virginia	https://www.dlcv.org/	804-225-2042 800-552-3962
Foundation Fighting Blindness	https://www.fightingblindness.org/	800-683-5555
International Dyslexia Association	https://dyslexiaida.org/	410-296-0232
Learning Disability Council	https://council-for-learning-disabilities.org/	913-491-1011
National Odd Shoe Exchange	http://www.oddshoe.org/	480-892-3484
READ Center	https://www.readrva.org/	804-288-9930
SOAR365 (Formerly Greater Richmond ARC)	https://soar365.org/	804-358-1874
Virginia Dept. for the Deaf and Hard of Hearing	https://www.vddhh.virginia.gov/	V/TTY: 804-662-9502
Virginia Dept. of Rehabilitative Services	dars.virginia.gov	Voice: 804-662-9502 Toll Free: 800-552-7917 Video:

RESOURCE	WEBSITE	PHONE
		804-325-1290
Virginia Relay Center	https://www.vddhh.virginia.gov/varelay.htm	711
Virginia Academy of Nutrition and Dietetics	Eatrightvirginia.org	703-957-9347
Virginia Voice for Print Handicapped	https://www.virginiavoice.org/	804-266-2477

Health Care

RESOURCE	WEBSITE	PHONE
Academy of Nutrition and Dietetics	https://www.eatright.org/	D.C.: 800-877-0877
Air Lifeline Pilots (Free transport for Medical Treatment)	https://lifelinepilots.org/	800-822-7972
American Association of Poison Control Center	https://www.poisoncenters.org/	800-222-1222
American Brain Tumor Association	https://www.abta.org/	800-886-2282
American Foundation for the Blind	https://www.afb.org/	212-502-7600
American Cancer Society	https://www.cancer.org/	Helpline: 800-227-2345
American Chronic Pain Association	https://www.acpanow.com/	913-991-4740
American Diabetes Association	https://diabetes.org/	800-342-2383
American Heart Association	https://www.heart.org/	800-242-8721
American Hemochromatosis (Iron Overload) Society	https://hemochromatosis.org/	
American Kidney Fund	https://www.kidneyfund.org/	
American Liver Foundation	http://www.liverfoundation.org/	800-465-4837
American Lung Association of Virginia	http://www.lungva.org/	National: 1-800-586-4872 Virginia: 202-715-3431
American Lyme Disease Foundation	https://aldf.com/	

RESOURCE	WEBSITE	PHONE
American Parkinson's Disease Association	https://www.apdaparkinson.org/	National: 800-223-2732 Virginia: 757-495-3062
American Sexual Health Association	https://www.ashasexualhealth.org/	919-361-8400
American Academy of Sleep Medicine	http://www.aasm.org/	630-737-9700
American Sleep Apnea Association	https://www.sleepapnea.org/	888-293-3650
American Stroke Association	https://www.stroke.org/en	800-242-8721
American Syringomyelia and Chiari Alliance Project	https://asap.org/	Toll-free: 800-272-7282 Office: 903-236-7079
Arthritis Foundation	https://www.arthritis.org/	Helpline: 800-283-7800
Asthma & Allergy Foundation of America	https://aafa.org/	800-727-8462
Association for Childhood Cancer	https://www.acco.org/	855-858-2226
Blood Cancer United	https://bloodcancerunited.org/	Patients/Care Givers: 800-955-4572 General Questions: 888-557-7177
Bon Secours Care-A-Van (mobile health clinic for uninsured)	https://www.bonsecours.com/locations/community-services/richmond/bon-secours-care-a-van	804-545-1920
Brain Injury Association of Virginia	https://www.biav.org/	Injury Information 800-444-6443 Office: 804-355-5748
Breast Cancer Network of Strength/Susan G. Komen Foundation	https://www.komen.org/	877-465-6636
Center to Advanced Palliative Care	https://www.capc.org/	347-835-0658

RESOURCE	WEBSITE	PHONE
Childhood Lead Poisoning Prevention Program	https://www.vdh.virginia.gov/lead-safe/	Virginia Dept. of Health - Main Phone: 800-222-1222
Chronic Fatigue & Immune Dysfunction Syndrome	http://www.solvecfs.org/	704-364-0016
Crossover Health Center (medical, dental, vision, STD care)	https://www.crossoverministry.org/	804-655-2794
Cystic Fibrosis Foundation	https://www.cff.org/	800-344-4823
Daily Planet (medical, dental, mental health care)	https://dailyplanetva.org/	(West Grace): 804-783-2505 (Southside): 804-292-3011
Down's Syndrome Society	https://ndss.org/	800-221-4602
Dystonia Medical Research Foundation	https://dystonia-foundation.org/	800-377-3978 (DYST)
Ehlers-Danlos Society Foundation	https://www.ehlers-danlos.com/	410-670-7577
Endometriosis Association	https://endometriosisassn.org/	414-355-2200
Epilepsy Foundation	https://www.epilepsy.com/	800-332-1000
Health Brigade	http://www.healthbrigade.org/	804-358-6343
Foundation for Fighting Blindness	https://www.fightingblindness.org/	800-683-5555
Goochland CARES Free Clinic & Family Services	https://goochlandcares.org/	804-556-6260
Hayes E. Willis Health Center (medical, perinatal, STD care)	https://www.vcuhealth.org/services/family-medicine/	804-230-7777
Head Injury Association	https://www.headinjuryassoc.org/	877-466-2245
Hospice of Central Virginia	https://hospiceofvirginia.com/	804-281-0451
Huntington's Disease Society of America	https://hdsa.org/	800-345-4372 212-242-1968
International Food Information Council Foundation	https://ific.org/	202-296-6540
Juvenile Diabetes Reward for a Cure	https://jdrfac.com/	917-833-0835
King William Dawn Community Doctors	https://www.cvhsinc.org/king-william	804-769-3022

RESOURCE	WEBSITE	PHONE
Leukemia and Lymphoma Society of America	https://www.lupus.org/	202-349-1155
Lupus Foundation of America	https://www.cff.org/	800-344.4823
Medical Society of Virginia	https://www.msv.org/	800-746-6768
Multiple Sclerosis Association of America	https://mymsaa.org/	800-532-7667
Muscular Dystrophy Association	https://www.mda.org/	804-285-2961
Prevent Blindness	https://preventblindness.org/	National: 800-331-2020
National Fibromyalgia Association	https://www.fmaware.org/	nfa@ fmaware.org
National Headache Foundation	https://headaches.org/	888-643-5552 312-274-2650
National Hospice & Palliative Care Organization	https://allianceforcareathome.org/	703-837-1500
National Lymphedema Network	lymphnet.org	800-541-3259
National Multiple Sclerosis Society	https://www.nationalmssociety.org/	800-344-4867
National Sleep Foundation	https://www.thensf.org/	703-243-1697
National Parkinson Foundation	https://www.parkinson.org/	800-4734636
National Organization for Rare Disorders	http://www.rarediseases.org	National Office: 617-249-7300 D.C.: 202-588-5700
Narcolepsy Network	http://www.narcolepsynetwork.org/	Toll Free: 888-292-6522 National: 401-667-2523
Poison Control Center	https://poison.vcu.edu/	800-222-1222
Public Health Departments		
Charles City		804-829-2490
Chesterfield		804-748-1691
Chesterfield Women's & Children's Health		804-318-8633
Colonial Heights		804-520-9380

RESOURCE	WEBSITE	PHONE
Goochland		804-556-5843
Hanover		804-365-4313
Henrico-East		804-652-3190 (East)
Henrico-West		804-501-4522 (West)
New Kent		804-966-9640
Richmond		804-646-5566
Richmond-Creighton Resource Center		804-371-0433
Richmond-Fairfield Resource Center		804-786-4099
Richmond-Hillside Resource Center		804-230-7740
Richmond- Mosby Resource Center		804-786-0204
Richmond-Whitcomb Resource Center		804-786-0555
Powhatan		804-598-5680
Smokefree.gov	https://smokefree.gov/	800-784-8669
Richmond Academy of Medicine	https://medschool.vcu.edu/	804-643-6631
Reye's Syndrome Foundation	https://www.reyes-syndrome.org/	800-233-7393
Sexaholics Anonymous	https://www.sa.org/	866-424-8777
Spina Bifida Association	https://www.spinabifidaassociation.org/	800-621-3141

RESOURCE	WEBSITE	PHONE
Spinal Cord Injury Hotline	https://spinalcord.org/	800-962-9629
Stuttering Foundation of America	https://www.stutteringhelp.org/	901-761-0343
Turner's Syndrome Society	https://www.turnersyndrome.org/	800-365-9944
Traveler's Aid Society	https://www.travelersaid.org/	202-546-1127
United Scleroderma Foundation	https://scleroderma.org/	216-466-1732
United Way	https://www.unitedway.org/	804-771-5820
VCU Dental Clinic	https://dentistry.vcu.edu/	804-828-9190
VCU Medical Center	https://www.vcuhealth.org/	804-828-9000
VCU Medical Center Dental Clinic- adults	https://dentistry.vcu.edu/patients/services/	804-828-9000
VCU Medical Center Indigent Care Program	https://www.vcuhealth.org/locations/vcu-medical-center/billing-and-insurance/financial-assistance/	804-828-9000
VCU Medical Center- Nelson Clinic	https://www.vcuhealth.org/	804-828-9000
VCU Substance Use Disorder Treatment	https://www.vcuhealth.org/services/womens-health/our-services/substance-use-disorder-treatment/	804-828-4409
VCU Medical Center-Stony Point Women's Center	https://www.vcuhealth.org/services/womens-health/our-services/substance-use-disorder-treatment/	804-828-9000
Vernon J. Harris East End Community Health Center	https://cahealthnet.org/vernon-j-harris-medical-center/	804-329-1205
Virginia League for Planned Parenthood	https://www.plannedparenthood.org/	800-230-7526 VA: 804-355-4358
Vision USA	www.aoafoundation.org/vision-usa/	800-365-2219 Ext. 4200
Weight Control Information Network	https://www.niddk.nih.gov/health-information/community-health-outreach/information-clearinghouses?dkrd=www.win.niddk.nih.gov	800-860-8747

Help for First Responders

RESOURCE	WEBSITE	PHONE
The Code Green Campaign	https://www.codegreencampaign.org/	
Copline: And Officer's Lifeline	https://www.copline.org/	800-COPLINE 800-267-5463
Cops Alive	https://www.copsalive.com/	303-940-0411
Everyone Goes Home	https://everyonegoeshome.com/	410-721-6212
Firefighter Behavioral Health Alliance	https://www.ffbha.org/	847-209-8208
First Responder Center for Excellence	https://firstrespondercenter.org/	443-302-2915
Livengrin (First Responders Addiction Treatment Program)	https://livengrin.org/specialties/	800-245-4746 215-638-5200
National Fallen Firefighter Foundation	https://www.firehero.org/	301-447-1365
National Volunteer Fire Council	https://www.nvfc.org/programs/share-the-load-program/	888-275-6832
PoliceOne	https://www.police1.com/	
Safe Call Now	https://safecallnow.us/	206-459-3020
Save A Warrior	https://saveawarrior.org/	
Serve & Protect	https://www.serveprotect.org/	615-373-8000

Housing

RESOURCE	WEBSITE	PHONE
Cares Shelter of Petersburg	https://cares-va.org/	Office: 804-861-0865 Shelter: 804-861-0849
Caritas- Central Intake Furniture Bank	https://caritasva.org/	804-358-0964
Commonwealth Catholic Charities- Central Intake	https://www.cccofva.org/housing	804-648-4177
Emergency Shelter, Inc.: HomeAgain	https://www.homeagainrichmond.org/	Office: 804-358-7747 Shelter: 804-972-0813

RESOURCE	WEBSITE	PHONE
Good Samaritan Ministries	https://www.gsamministries.com/	804-231-9995
Habitat for Humanity	habitat.org	800-HABITAT 800-422-4828 Local: 804-232-7001
Hilliard House Housing Families First	https://housingfamiliesfirst.org/hilliardhouse/ https://housingfamiliesfirst.org/	804-236-5800
HOME (Housing Opportunities Made Equal)	https://homeofva.org/	804-354-0641
Homeward	https://www.homewardva.org/	804-343-2045
Homeless Connection Line	https://hclrva.org/	804-972-0813
Housing Resource Line	https://pharva.com/the-housing-resource-line/	804-422-5061
HUD (Housing & Urban Development)	https://www.hud.gov/	800-842-2610
Project Homes (home repairs)	https://www.projecthomes.org/	804-233-2827
Richmond Better Housing Coalition	https://www.betterhousingcoalition.org/	804-644-0546
Richmond Redevelopment & Housing Authority (loans)	https://www.rrha.com/	804-780-4200
Salvation Army	https://www.salvationarmyusa.org/	1-800-725-2769
Salvation Army Shelters in Richmond	https://www.salvationarmyusa.org/usa-southern-territory/potomac/	Richmond: 804-225-7470
Section 8	https://www.rrha.com/housing/vouchers/	804-780-4361
St. Joseph's Villa Housing and Homeless Services	https://neverstopbelieving.org/services/housing-homelessness/	804-716-8178 Crisis: 804-972-0813 Resource Center: 804-722-1181
Virginia's Accessible Housing Resource	http://www.accessva.org/	877-428-8844
Virginia Department of Housing & Community Development	https://www.dhcd.virginia.gov/housing	804-371-7000
Virginia Housing	vhda.com	Toll free:

RESOURCE	WEBSITE	PHONE
		877-843-2123 Richmond local: 804-782-1986
Virginia Supportive Housing	https://supportworkshousing.org/	Central VA:804-788-6825

Legal Services

RESOURCE	WEBSITE	PHONE
American Civil Liberties Union	www.aciuva.org	212-549-2500
Election Protection Hotline	https://866ourvote.org/	English: 866-687-8683 Spanish: 888-839-8682 Asian/Pacific Islander: 888-274-8683 Arabic: 844-925-5287
Fathers for Equal Rights and	https://www.fathersforequalright.com/	786-323-7425
Urban League of Greater Richmond	https://www.ulgr.org/	804-649-8407
Central Virginia Legal Aid Society	https://cvlas.org/	804-648-1012
Virginia Poverty Law Center	https://www.vplc.org/	804-782-9430

LGBTQ+

RESOURCE	WEBSITE	PHONE
Affirmations	https://goaffirmations.org/	Office: 248-398-7105
Diversity Richmond	https://www.diversityrichmond.org/	804-622-4646
Equality Virginia	http://www.equalityvirginia.org/	804-643-4816
LGBTQ National Hotline	Lgbthotline.org	888-843-4564
LGBTQ National Coming Out Support Hotline	https://lgbtcomingout.org/	888-688-5428

RESOURCE	WEBSITE	PHONE
LGBTQ National Youth Talkline	https://lgbthotline.org/youth-talkline/	800-246-7743
LGBTQ National Senior Hotline	https://lgbthotline.org/senior-hotline/	888-243-7243
Hetrick-Martin Institute for Protection of Lesbian & Gay Youth	https://hmi.org/	212-674-2400
MCC (Metro Community Church)	https://www.mccrichmond.org/	804-353-9477
National LGBTQ Task Force	https://www.thetaskforce.org/	202-393-5177
Side By Side (Richmond Organization for Sexual Minority Youth)	https://www.sidebysideva.org/	804-644-4800
Transgender Lifeline	https://translifeline.org/	877-565-8860
True Colors United	https://truecolorsunited.org/	212-461-4401
Trevor Suicide Prevention Line	http://www.thetrevorproject.org/	866-488-7386

Mental Health and Intellectual Disability

RESOURCE	WEBSITE	PHONE
American Association of Suicidology	https://suicidology.org/	Office: 202-237-2280 Hotline: 988
American Psychiatric Association	https://www.psychiatry.org/	804-565-6377
The ARC	https://www.thearc.org/	202-534-3700 800-433-5255
Boystown National Hotline	https://www.boystown.org/	800-448-3000
Children's Mental Health Resource Center	https://www.chrichmond.org/services/mental-health/	MH Center: 804-828-9897
Children & Adults with Attention Deficit/ Hyperactivity Disorder (CHADD)	https://chadd.org/	301-306-7070 ADHD Specialist: 866-200-8098
Codependents Anonymous	https://coda.org/	888-444-2359
Community Services Board		

RESOURCE	WEBSITE	PHONE
Chesterfield		804-768-7220
Colonial Heights/Hopewell/ Prince George/Petersburg		804-541-8660
Goochland		804-556-5400
Hanover		804-365-4222
Henrico		804-727-8500
Powhatan		804-598-2200
Richmond		804-819-4000
Council for Learning Disability	https://council-for-learning-disabilities.org/	913-491-1011
Daily Planet	https://dailyplanetva.org/	(West Grace) 804-783-2505 (Southside) 804-292-3011
Deaf and Hard of Hearing Community Counseling Services	https://www.challengediscoveryprojects.org/	804-282-1943
Dept. of Behavioral Health and Developmental Services	https://dbhds.virginia.gov/	804-786-3921
Depression Bipolar Support Alliance	https://www.dbsalliance.org/	312-642-0049
Down Syndrome Society	https://ndss.org/	800-221-4602
Emotions Anonymous	https://www.emotionsanonymous.org/	info@ emotionsanonymous.org
Family Advocacy Creating Education and Services	http://www.facesva.org/	804-378-0035
Family Lifeline	https://www.familylifeline.org/	804-282-4255
Food Addicts in Recovery Anonymous	http://www.foodaddicts.org/	781-932-6300
International Dyslexia Association	https://dyslexiaida.org/	410-296-0232
International Foundation for Research & Education on Depression	http://www.ifred.org/	info@ifred.org
Jewish Family Services	https://jfsrichmond.org/	804-282-5644
McGuire Veterans Administration Mental Center (VAMC)	https://www.va.gov/richmond-health-care/	804-675-5000 Ext 5411

RESOURCE	WEBSITE	PHONE
MCV/VCU Psychiatry Nelson Clinic		800-762-6161
Mental Health America	https://mhanational.org/	Office: 703-684.7722 Toll Free: 800-969.6642
Mental Health America-Virginia (MHAV) Warm Line	https://council-for-learning-disabilities.org/mhav.org	804-257-5591 Toll Free: 866-400-6428
National Alliance on Mental Illness (NAMI)	https://www.nami.org/	703-524-7600 Local: 804-285-1749
National Eating Disorders Association	https://www.nationaleatingdisorders.org/	Helpline: 800-931-2237 Administrative Office: 212-575-6200
National Institute of Mental Health	https://www.nimh.nih.gov/	301-496-4000
OCD (Obsessive Compulsive Disorder) Foundation	https://iocdf.org/	617-973-5801
Overeater's Anonymous	http://www.oa.org/	505-891-2664
Postpartum Support International	http://www.postpartum.net/ https://postpartumva.org/	800-944-4773 para español marcar la extensión 1 for English use extension 2 Virginia State Office: 703-829-7152
SOAR365 (formerly Greater Richmond ARC)	https://soar365.org/	804-358-1874
Stuttering Foundation of America	https://www.stutteringhelp.org/	800-992-9392 901-761-0343
Tourette Syndrome Association	https://tourette.org/	888-4-TOURET
United Methodist Family Services	http://www.umfs.org/	866-252-7772 Richmond: 804-353-4461
VCU Center for Psychological Services & Development (community)	https://cpsd.vcu.edu/	804-828-8069

RESOURCE	WEBSITE	PHONE
VCU Health Systems (MCV)	https://www.vcuhealth.org/	804-828-9000
Virginia Department of Behavioral Health and Developmental Services (DBHDS)	https://dbhds.virginia.gov/	804-786-3921
Virginia Institute of Pastoral Care	https://www.vipcare.org/	804-282-8332
YWCA Women's Advocacy Program	https://ywcarichmond.org/	804-643-0888
Youth Hotlines Boys Town National Hotline Covenant House (homeless teen) Crisis Text line Trevor Project (LGBTQ) National Runaway Safeline National Child Abuse Hotline Loveisrespect.org (dating violence)		(boys & girls) 800-448-3000 800-999-9999 Text: 741-741 866-488-7386 800-786-2929 Call or Text HELP to 800-422-4453 800-331-9474 Or text loveis to 22522

Military

RESOURCE	WEBSITE	PHONE
Department of Veterans Services	https://www.dvs.virginia.gov/	804-786-0286
Ft. Lee Suicide Prevention Program	https://home.army.mil/lee/about/Garrison/directorate-human-resources/army-substance-abuse-program	Veterans Crisis Line 988 Press 1 Chaplain Office: 804-734-6494 Text 838255
Richmond VA Medical Center	http://www.richmond.va.gov/	804-675-5000
Liberation Veterans Services	https://www.lvsrva.org/	804-730-5000
Lonesome Dove Equestrian Center	https://ldequestrian.com/	804-356-6632

RESOURCE	WEBSITE	PHONE
Military Family Network	https://www.mfan.org/	202-821-4195
Military.com	https://www.military.com/	
National Military Family Association	https://www.militaryfamily.org/	703-931-6632
National Suicide Prevention Lifeline	https://988lifeline.org/	800-273-8255 (extension 1)
Navy Marine Corps Relief Society	https://www.nmcrs.org/	800-654-8364
Richmond Vet Center	https://www.va.gov/richmond-vet-center/	804-353-8958
Spouse Buzz (for military spouses)	https://www.military.com/spousebuzz/about	
United States Department of Veterans Affairs	https://www.va.gov/	844-698-2411
University of Richmond School of Law Pro Bono program for veterans in disability claims	https://law.richmond.edu/public-service/pro-bono/index.html	804-287-1207
VA Army National Guard Suicide Prevention Program	https://www.nationalguard.mil/Resources/Suicide-Prevention/	Chaplin: 434-480-2083 Family Program: 434-480-6585 Prevention line: 434-298-6149
VA's Caregiver Support Hotline	https://www.caregiver.va.gov/index.asp	855-260-3274
Veteran Crisis Line	https://www.veteranscrisisline.net/	800-273-8255 Press 1

Pregnancy and Parenting

RESOURCE	WEBSITE	PHONE
Best Beginnings Lactation Support	https://www.babysbestbeginnings.com/	903-316-1927
Birthright	http://www.birthright.org/	540-898-8558
Children's Home Society of Virginia	https://chsva.org/	804-353-0191

RESOURCE	WEBSITE	PHONE
Coal Pit Learning Center	https://www.coalpitlearningcenter.org/	804-270-7502
Commonwealth Catholic Charities Pregnancy Counseling Hotline	https://www.cccofva.org/pregnancy	Main Line: 804-295-5900 Helpline: 804-615-7007
DivorceCare	https://www.divorcecare.org/	800-489-7778
Families Anonymous	https://www.familiesanonymous.org/	800-736-9805
Family Lifeline	https://www.familylifeline.org/	804-282-4255
International Twins Association	http://www.intltwins.org/	405-225-8829
National Abortion Hotline	https://prochoice.org/patients/naf-hotline/	800-772-9100
National Abortion Federation	https://prochoice.org/	202-667-5881
National Child Support Engagement Association	https://www.ncsea.org/	703-506-2880
National Organization of Mothers of Twins Clubs	http://www.multiplesofamerica.org/	Info@ multiplesofamerica.org
Office on Women's Health	https://womenshealth.gov/	800-994-9662
National Suicide Prevention Lifeline	https://988lifeline.org/	988
Online PPD (Post-Partum Depression) Support Group	https://www.ppdsupportpage.com/	800-SUICIDE
Parents Anonymous	https://parentsanonymous.org/	Parents & Youth Helpline: 855-427-2736
Parents Support Group/ SCAN	https://scanva.org/ https://grscan.com/	800-CHILDREN Richmond- 804-257-7226 NOVA: 703-820-9001
Parent-to-Parent (children with disabilities)	https://www.p2pusa.org/	484-272-7368
Parents without Partners	https://mylifemycommunityvirginia.org/program/50326/support-single-parents	800-637-7974
Planned Parenthood	http://www.plannedparenthood.org/	1-800-230-7526 Virginia: 804-355-4358

RESOURCE	WEBSITE	PHONE
		Maryland: 410-576-1414 Washington D.C.: 202-347-8512
Postpartum Support International	https://postpartum.net/	800-944-4773
Pregnancy Resource Center of Metro Richmond	https://www.bloomrichmond.org/	804-673-2020
Resolve (The National Infertility Association)	http://www.resolve.org/	703-556-7172
Richmond Medical Center for Women	https://richmondmedctrforwomen.com/	804-359-5066
Stepfamily Association of America	https://www.stepfamilies.info/	Complete form on website
VCU Medical Center Women's Health	https://www.vcuhealth.org/services/womens-health/	804-828-4409
Woman's Place/ Bon Secours Lactation Support	https://www.bonsecours.com/health-care-services/womens-health/maternity	804-594-2229 (Warm line)

Recreation and Social Development

RESOURCE	WEBSITE	PHONE
Big Brothers/ Big Sisters of America	https://www.bbbs.org/	Richmond: 804-261-4940
Scouting America	https://www.scouting.org/	Richmond: 804-355-4306
Boys and Girls Club of America	https://www.bgca.org/ https://www.bgcmr.org/ (Richmond)	National: 404-487-5700 Providence Park: 804-329-4300 Metro Richmond: 804-359-5250 Southside: 804-230-0757
Girl Scouts of the USA	https://www.girlscouts.org/	Richmond: 804-746-0590
Jewish Community Center	http://www.weinsteinjcc.org/	804-285-6500

RESOURCE	WEBSITE	PHONE
Recreation Departments Chesterfield Hanover Henrico Richmond	https://www.chesterfield.gov/861/Recreation-Centers www.hanovercounty.gov/149/parks-recreations www. Henrico.us/rec https://www.rva.gov/parks-recreation	804-748-1623 804-365-7150 804-501-7275 804-646-5733
YMCA	https://ywcarichmond.org/	804-644-9622
YMCA-Atlee	https://www.ymcarichmond.org/locations/atlee-station-family-ymca/	804-427-9622
YMCA- Chester	https://www.ymcarichmond.org/locations/chester	804-748-9622
YMCA- Chickahominy	https://www.ymcarichmond.org/locations/chickahominy	804-737-9622
YMCA-Downtown	https://www.ymcarichmond.org/locations/downtown-ymca	804-644-9622
YMCA- Goochland	https://www.ymcarichmond.org/locations/goochland-family-ymca	804-556-9887
YMCA- John Rolfe	https://www.ymcarichmond.org/locations/john-rolfe-family-ymca	804-360-8767
YMCA Manchester	https://www.ymcarichmond.org/locations/manchester-family-ymca	804-276-9622
YMCA- Midlothian	https://www.ymcarichmond.org/locations/midlothian-family-ymca	804-379-5668
YMCA-Northside	https://www.ymcarichmond.org/locations/northside-family-ymca	804-329-9622
YMCA Patrick Henry	https://www.ymcarichmond.org/locations/patrick-henry-family-ymca	804-798-0057
YMCA Swift Creek	https://www.ymcarichmond.org/locations/swift-creek-family-ymca	804-595-9622
YMCA-Tuckahoe	https://www.ymcarichmond.org/locations/tuckahoe-family-ymca	804-740-9622
YMCA-10 th Street	https://www.ymcarichmond.org/locations/10th-street	804-200-6070

Refugee Resettlement

RESOURCE	WEBSITE	PHONE
American Red Cross- Richmond (Interpreters)	https://www.redcross.org/	800-733-2767
Jewish Family Services	https://jfsrichmond.org/	804-282-5644
Refugee Resettlement Office	acf.hhs.gov/orr	804-726-7927
VA Department for Deaf & Hard of Hearing (Interpreters)	https://www.vddhh.virginia.gov/interpreters.htm	804-662-9502

Region IV Psychiatric Hospitals

RESOURCE	ADDRESS	PHONE
Bridges Treatment Center	693 Leesville Rd. Lynchburg, VA 24502	434-200-5700
CENTRA Virginia Baptist Hospital	3300 Rivermont Ave. Lynchburg, VA 24503	434-200-3000
John Randolph Medical Center	411 W. Randolph Rd. Hopewell, VA 23860	804-541-1600
Poplar Springs Hospital	350 Poplar Drive Petersburg, VA 23805	Main Line 804-735-0598 Non-Crisis Emergency 866-285-0562
REACH	https://dbhds.virginia.gov/emergency-services-for-individuals-in-crisis/	833-968-1800
Region IV Crisis Stabilization Programs ▪ St. Joseph's Villa	880 Brook Rd Richmond, VA 23227	24-hour line 804-874-9119
Richmond Community Hospital	1500 N. 28 th St. Richmond, VA 23223	804-225-1700
Southside Community Hospital	800 Oak St. Farmville, VA 23901	434-392-8811
St. Mary's Hospital	5801 Bremono Rd. Richmond, VA 23226	804-285-2011

RESOURCE	ADDRESS	PHONE
Tucker Pavilion Chippenham Hospital	7101 Jahnke Rd. Richmond, VA 23225	804-483-0050
University of Virginia Health	125 Lee St. Charlottesville, VA 22903	In-Patient Psychiatric Service 434-484-4749 Main Line: 434-924-3627
VCU/ MCV	1300 East Marshall St. Richmond, VA 23298	804-828-9000
Virginia Treatment Center for Children	515 North 10 th St. Richmond, VA 23219	804-828-3129

Rehabilitation

RESOURCE	WEBSITE	PHONE
Central Virginia Independent Living Center Inc.	https://ril-va.org/	804-353-6503
MCV Rehabilitation	https://www.vcuhealth.org/services/physical-medicine-and-rehabilitation/	804-628-0183
Sheltering Arms	http://www.shelteringarms.com/	804-764-1000
Virginia Department Deaf & Hard-of-Hearing	https://www.vddhh.virginia.gov/	804-662-9502
Virginia Department for Aging and Rehabilitation Services	https://www.dars.virginia.gov/#gs.c.tab=0	Voice: 804-662-7000 Toll Free: 800-552-5019 Toll Free TTY: 800-325-1316
Virginia Visually Handicapped	https://www.dbvi.virginia.gov/	Toll-free: 800-622-2155 Office: 804-371-3151

Respite Care

RESOURCE	WEBSITE	PHONE
Commonwealth Catholic Charities	https://www.cccofva.org/	804-295-5900

Runaways

RESOURCE	WEBSITE	PHONE
Child Find of America	http://childfindofamerica.org/	800-426-5678
Children of the Night	https://www.childrenofthenight.org/	800-551-1300
National Center for Missing & Exploited Children	https://www.missingkids.org/	800-THE LOST (843-5678)
National Runaway Safeline	https://www.1800runaway.org/	800-RUNAWAY

Self Help and Support Groups

RESOURCE	WEBSITE	PHONE
Alive RVA Addiction Recovery Support Line (Peer Run)	https://aliverva.org/	Warm Line: 833-473-3782
Alzheimer's Association	https://www.alz.org/grva	Helpline: 800-272-3900 TDD: 866.403.3073
American Association of Suicidology	https://suicidology.org/	Office: 202-237-2280 Hotline: 988
American Foundation for Suicide Prevention: Suicide Survivors Support Group	https://afsp.org/find-a-support-group/	888-333-2377
American Sleep Apnea Association	https://www.sleepapnea.org/	888-293-3650
Amyotrophic Lateral Sclerosis Association	https://www.als.org/	800-782-4747
Brain Injury Association of Virginia	http://www.biav.net/	804-355-5748
Co-dependents Anonymous	https://coda.org/	888-444-2359
Compassionate Friends- Support for children's deaths	http://www.compassionatefriends.org/	Main Line: 877-969-0010 Office: 630-990-0010
Chesterfield Domestic & Sexual Violence Resource Center	https://www.chesterfield.gov/dsvrc	804-748-1600

RESOURCE	WEBSITE	PHONE
Families Anonymous	https://familiesanonymous.org/	800-736-9805
Gamblers Anonymous	http://www.gamblersanonymous.org/	909-931-9056
International OCD Foundation	locdf.org	617-973-5801
Hawthorne Cancer Resource Center: Breast Cancer Support Group	https://www.thehawthorne.org/the-hawthorne	804-483-6163
Jewish Family Services	https://jfsrichmond.org/	804-282-5644
KidzNGrief		757-9473420
MADD (Mothers Against Drunk Driving)	https://madd.org/	Local office: 804-353-7121 877-623-3435
National Self-Help Clearinghouse	https://www.mhselfhelp.org/	selfhelpclearinghouse@gmail.com
National Sleep Foundation	https://www.sleepfoundation.org/	703-243-1697
National Stuttering Association	https://www.westutter.org/	800-937-8888
Overeaters Anonymous	https://oa.org/	505-891-2664
Parents of Murdered Children	https://www.pomc.org/	513-721-5683
Parents without Partners	https://mylifemycommunityvirginia.org/program/50326/support-single-parents	800-637-7974
Sex Addicts Anonymous	https://saa-recovery.org/	713-869-4902
Sexaholics Anonymous	https://www.sa.org/	615-370-6062
SIDS Alliance/First Candle	https://firstcandle.org/	203-966-1300
Twinless Twins Support Group International	http://www.twinlesstwins.org/	888-205-8962
Youth Bereavement Support Groups	https://comfortzonecamp.org/	Bon Secours: 804-433-4710 Comfort Zone Camp: 804-377-3430
VCU ALS Clinic	https://www.vcuhealth.org/services/neurosciences/neuromuscular-als/als-clinic/	804-828-0371

Senior Citizen Issues

RESOURCE	WEBSITE	PHONE
AARP (American Association of Retired Persons)	https://www.aarp.org/	Toll Free National Hotline: 888-687-2277 Número gratuito 877-342-2277 TTY: 877-434-7598 TTY en español: 866-238-9488
Administration on Aging	https://acl.gov/	202-401-4634
Alzheimer's Association	https://www.alz.org/grva	Helpline: 800-272-3900
Alzheimer's Support Group	https://www.idealists.org/en/nonprofit/3d14b8a48bc6468a9d0a1706d964cf57-alzheimers-association-greater-richmond-chapter-glen-allen	804-967-2517
Aging with Dignity	https://agingwithdignity.org/	850-681-2481
Leading Age	https://leadingage.org/	202-783-2242
Catholic Charities of Eastern Virginia (CCEVA)	http://www.cceva.org/	757-467-7707
Circle Center Adult Day Services	https://circlecenterva.org/	804-355-5717
Department for the Aging	https://www.vda.virginia.gov/	VA: 804-662-9333 Federal: 800-552-3402
Elder Abuse Hotline	https://ncvli.org/the-national-center-on-elder-abuse/	855-500-3537
Feed More	https://feedmore.org/	804-673-5035
Hospice of Virginia	https://addus.com/	804-281-0451
Jewish Family Services	http://www.jfsrichmond.org/	804-282-5644
National Academy of Elder Law Attorneys	https://www.naela.org/	703-942-5711
National Hospice & Palliative Care Organization	nhpco.org	804-627-5360
Project Homes (home repairs)	https://www.projecthomes.org/	804-233-2827

RESOURCE	WEBSITE	PHONE
Ameri Corps Pathfinders (volunteer opportunities)	https://www.usa.gov/agencies/ameri-corps-seniors	800-942-2677
Senior Connections (Capitol Area Agency on Aging)	seniorconnections-va.org	804-343-3000
SeniorNavigator.com	http://www.seniornavigator.com/	804-525-7728 866-393-0957
Shepherd's Center of Richmond	http://www.tscor.org/	804-355-7282
United Way Information and Referral	https://www.unitedway.org/	804-771-5820
Virginia Easy Access	https://easyaccess.virginia.gov/	888-992-0959

Sexual Assault and Incest

RESOURCE	WEBSITE	PHONE
Adult Survivors of Childhood Sexual Abuse	https://www.ascasupport.org/	info@ascasupport.org
National Center for Women Policy Studies	https://centerwomenpolicy.org/	202-872-1770
National Sexual Assault Legal Hotline		567-SHATTER
National Sexual Violence Resource Center	https://www.nsvrc.org/	717-909-0710
RAINN (Rape, Abuse, & Incest National Network)	https://rainn.org/	800-656-HOPE
D.C. Rape Crisis Center	https://rapecrisis.com/	202-232-0789
Sexual/ Domestic Assault Outreach	https://www.dsaoc.com/	Crisis Line: 888-356-2006
Survivors of Incest Anonymous	https://siawso.org/	877-742-9761
Take Back the Night Foundation	https://takebackthenight.org/	Complete Form Online
The National Institute of Justice	https://nij.ojp.gov/	202-307-2942
Virginia Sexual and Domestic Violence Action Alliance	https://vsdvalliance.org/ http://www.vadv.org/	800-838-8238 804-377-0335
YWCA	https://ywcarichmond.org/	804-643-6761

Transportation

RESOURCE	WEBSITE	PHONE
American Cancer Society (for cancer treatment)	https://www.cancer.org/support-programs-and-services/road-to-recovery.html	Helpline: 800-227-2345
GRTC (Greater Richmond Transit Co.)	https://www.ridegrtc.com/	804-358-4782
Modivcare	https://www.modivcare.com/	404-888-5800
Ridefinders	https://www.ridefinders.com/	804-643-7433

Youth

RESOURCE	WEBSITE	PHONE
Children's Mental Health Hospital	https://www.chrichmond.org/services/mental-health/	804-828-2467
It Gets Better Project	https://itgetsbetter.org/	info@ itgetsbetter.org
Kids Health	https://kidshealth.org/	Not Available
The JED Foundation	http://www.jedfoundation.org/	212-647-7544
Society for the Prevention of Teen Suicide	https://sptsusa.org/students/	732-410-7900
Children's Mental Health	http://www.mentalhealth4kids.org/	804-828-9897

Volunteer Opportunities

RESOURCE	WEBSITE	PHONE
CASA (Court Appointed Special Advocate for Abused and Neglected Children)	https://nationalcasagal.org// https://henricocasa.org/ https://grscan.com/programs/casa	800-628-3233 804-501-1670
Health Brigade	https://feedmore.org/	804-521-2500
Habitat for Humanity	https://www.healthbrigade.org/	804-358-6343
Meals on Wheels	https://www.habitat.org/	804-232-7001
Rebuilding Together	https://rebuildingtogether.org/	Main: 800-518-3100 Local: 804-447-3841

RESOURCE	WEBSITE	PHONE
Retired and Senior Volunteer Program	https://spancenter.org/	800-424-8867
United Way of Greater Richmond & Petersburg	https://www.yourunitedway.org/	804-771-5820