

# Crab Soccer

For 2-10 Players. <https://www.playworks.org/game-library/crab-soccer/>

## Equipment

- Soccer or Beach ball
- 4 cones for goals



## Directions

- Divide into two equal teams
- Explain the crab position: Players must sit on their bottom with their feet flat on the ground. Players should then push their body up with their hands and feet and walk like a crab.
- Players can only kick or hit the ball with their feet and/or head; no hands are allowed.
- The leader drops the ball in the center of the field for a kick-off to begin the game, as well as after each point is scored.
- Each team is trying to put the ball into the opposing team's goal.
- If the ball goes out of bounds, the leader throws it back into play.
- Each player must continue to move in a crab position throughout the game.
- Each successful goal is one point. The team that reaches five is the winner.