



# Program Guide

September - November 2025

**Registration opens at 7am!**

Henrico Resident: Aug 18

Non-Resident: Aug 22





# RECREATION NEWS

## Message from the Director

Is it just me, or did you blink and summer was over?! We had another great season filled with signature events, camp, and lots of spray park visits. Did you hear? We also announced a new neighborhood park coming to Patterson Avenue. But first, we have to finish a few projects like Three Lakes Nature Center...

Head to page 4 for details about the Grand Re-Opening Celebration happening next month! In this Guide, you'll also find classic family fun, and a little something for everyone. Happy fall!

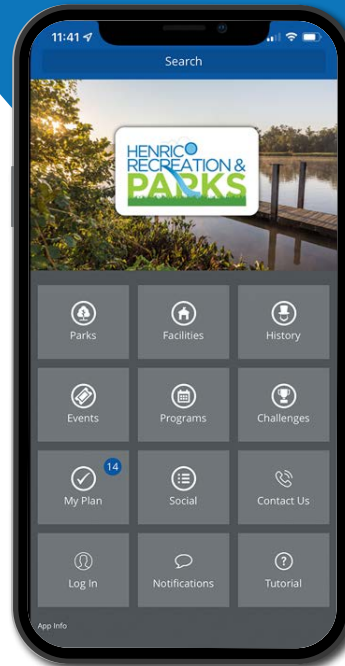
John Zannino



Henrico County Recreation & Parks received CAPRA re-accreditation status in October 2024. This keeps the division in the ranks of elite park and recreation agencies across the country by both earning and keeping accreditation through the Commission for Accreditation of Park and Recreation Agencies (CAPRA) and the National Recreation and Park Association (NRPA).

CAPRA accreditation is the only national accreditation for park and recreation agencies and is a measure of an agency's overall quality of operation, management and service to the community. This mark of distinction indicates that an agency has met rigorous standards related to the management and administration of lands, facilities, resources, programs, safety and services.

## DOWNLOAD OUR APP



*Explore. Experience. Enjoy.*

Parks ♦ Amenities ♦ Events  
Programs ♦ History ♦ Challenges

*Join the Challenge!*

Look for challenges in the APP.  
These challenges give you a chance to explore our parks. Some challenges have a prize at the end.



(804) 501-PARK | [henrico.gov/rec](https://henrico.gov/rec)

# RECREATION NEWS

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## PROGRAM REGISTRATION

### Registration Start Dates & Time

#### Time

Registration opens at **7am** for each start date

#### Fall 2025

Henrico Residents: Mon, Aug 18

Non-Henrico Residents: Fri, Aug 22

#### Fitness Registration

Registration is no longer required for these classes. A Group Exercise Access Pass is required to participate in any Henrico County Recreation and Parks fitness class. ([see page 31](#))

**Begins  
at  
7am!**

### Ways to Register

#### 1 Online Registration

[connect.henricorecandparks.com](https://connect.henricorecandparks.com)

Opens at 7am for each start date.

#### 2 Walk-In Registration

**Mon-Fri, 7am-4:30pm**

-Deep Run Rec Center

-Eastern Henrico Rec Center

**Mon-Fri, 8am-4:30pm**

-Belmont Rec Center

-Dorey Rec Center

### Online Registration Tips:

*Register on the go, the site is mobile friendly!*

#### Registering online for the first time?

Be sure to create your account prior to the first day of registration, and add your family members too!

#### Having trouble registering?

Click the FAQs at the bottom of the online registration page.



## Inclusion Services and Therapeutic Recreation

### Inclusion Services

Henrico Recreation strives to produce accessible recreation opportunities for all community members. If you or a family member needs assistance or program modifications for any (registration-based) programs due to a disability or medical condition, please contact our Inclusion Services team at 804-652-1413 or [rec-inclusion@henrico.gov](mailto:rec-inclusion@henrico.gov).

All inclusion services requests are reviewed on a case-by-case basis and require a minimum two-week notice before the start of the program. While registering for programs, please select "yes" on the custom question for the need for inclusion services, and a member of the Inclusion Services team will contact you. Activity modifications to any registration-based program could include (but are not limited to) visual aids and verbal cues, custom supplies or equipment, facilities, and staff education.

For those interested in information about our Therapeutic Recreation or adaptive recreation programs see pages 23-24.

### Therapeutic Recreation

Therapeutic Recreation (TR) is an adaptive form of recreation for those with disabilities or medical conditions. TR aims to promote socialization through leisure education and provide opportunities for diverse programming. Activities are designed to be easily modified based on the individual's needs. We can work with participants, parents/ guardians, and staff to help ensure support is in place to promote an enjoyable and successful program experience.



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# THREE LAKES



## NATURE CENTER

### GRAND RE-OPENING & CELEBRATION

*400 Sausiluta Drive*

**THUR, SEP 11-SAT, SEP 13**

**Thur  
Sep 11**

**10am: Ribbon Cutting & Dedication**

**10am-3pm: Community Celebration**

*Community partners, vendors, bounce house, DJ, selfie station, and Kona Ice.*

**Fri  
Sep 12**

**7-9pm: After Hours Concert**

*Outdoor Concert with 5 STARR*

**Sat  
Sep 13**

**7pm: Movie in the Park**

*Featured film: Ice Age*

For additional information and center hours,  
please visit [henrico.gov/places/three-lakes/](http://henrico.gov/places/three-lakes/)



# EVENT HIGHLIGHTS

All events are free and for the whole family.

## Movies in the Park

Fri, Aug 22. Crump Park

Sat, Sep 13. Three Lakes Park

Fri, Sep 19. Dorey Park

Fri, Oct 10. Eastern Henrico Rec Ctr

Fri, Oct 24. Deep Run Park



Movies start at 7pm.

Bring your lawn chair or blanket and a flashlight.

For information and movie titles:

recandparks@henrico.gov or 804.501.PARK



All proceeds benefit



## DOG in the PARK WALK

Crump Park

Sat, Sept, 13

9 AM-1 PM

2k Walk

Dog Adoptions

Vendors

Contests

Kid's Activities

Alumni Parade

henricohumane.org  
@henricohumane

## HenBIKE STOKE. RIDE. EXPO.

### SAFETY WORKSHOP

TUESDAY, SEPTEMBER 9

5-7PM

BELMONT REC CENTER

Learn about cycling safety and the upcoming Fall Line Trail which will pass right by Belmont Rec Center. Try out the skills course, get free safety gear, make a "Safety Pizza" and take the Safety Pledge.

### CX RACE & EVENT

SATURDAY,

SEPTEMBER 20

CX: 9:30am-3PM

EVENT: 12-5PM

CRUMP PARK



Cyclocross Race, Demo Bikes, Live Podcast, Live Music, Trails, MTB Clinics, Classes, Bike Beauty Pageant, Vendors, Food, Kids Course

INFORMATION:  
REC-EVENTSTEAM@HENRICO.GOV



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# EVENT HIGHLIGHTS

All events are free and for the whole family.

## SOULFUL SUNDAY SERIES



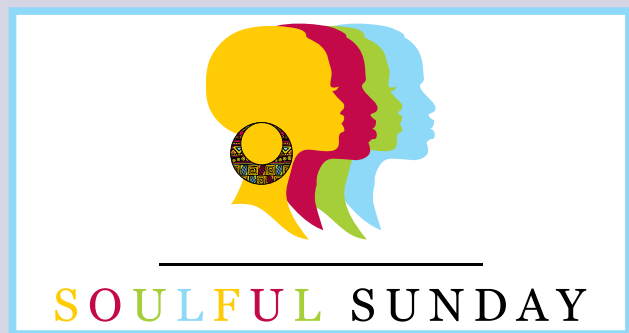
**Sun, Aug 24, 4-6pm. Virginia Randolph Rec Area.**

The Divine Nine represents nine historically Black Greek-lettered fraternities and sororities. This event will have bounce houses, delicious food trucks, and a showcase featuring local chapters. It's a great opportunity to connect, enjoy, and celebrate together.



**Sun, Sep 28, 4-6pm. Deep Run Park.**

Enjoy a relaxing afternoon in the park with a live smooth jazz performance. It's the perfect way to slow down and enjoy the day.



**Sun, Oct 19, 3-7pm. Eastern Henrico Rec Center.**

Enjoy a vibrant mix of gospel music, local business vendors, family-friendly entertainment, and interactive activities.

**Information:** [rec-eventsteam@henrico.gov](mailto:rec-eventsteam@henrico.gov)

FREE



— REYNOLDS —  
HAWK FEST

**SATURDAY, SEPT. 27**  
**11 A.M. – 2 P.M.**  
**PARHAM ROAD CAMPUS**

Reynolds' premier fall celebration, bringing together students, alumni, faculty, staff, and the community for a vibrant afternoon of music, food, games, and college pride.



Reynolds  
COMMUNITY COLLEGE

[go.reynolds.edu/HawkFest](https://go.reynolds.edu/HawkFest)



**Parade**  
**Festival**  
**Live music**  
**Children's Games**  
**100+ exhibitors**  
**Concessions available for purchase.**



**Sat, Oct 4, 10:30am-3pm**  
**Meadow Farm/Crump Park**

**Information:** [rec-eventsteam@henrico.gov](mailto:rec-eventsteam@henrico.gov)  
[www.glenallenruritan.com/gad](http://www.glenallenruritan.com/gad)



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# EVENT HIGHLIGHTS

All events are free and for the whole family.



A festival to celebrate the benefits of native plants with a special emphasis on #fallisforplanting

SAT, OCT 18, 9AM-1PM  
DOREY PARK

Concessions available for purchase.

Information: [bro172@henrico.gov](mailto:bro172@henrico.gov)

DOREY PARK  
FARMERS MARKET

## Fall Festival

PUMPKIN  
PATCH

LIVE  
MUSIC

FACE  
PAINTING



PETTING  
FARM

HAY  
RIDES

AND  
MUCH MORE!

SAT, OCT 25, 9AM-NOON  
DOREY PARK

## 1775: Subject or Citizen

Sat, Nov 8, 1-4pm  
Meadow Farm



*It's 1775 and time to decide: Do you remain subject to the King or forge a new path as an independent citizen?*

Talk with Patrick Henry, Anne Randolph of Wilton, and citizens.  
Witness musket firing and learn about the life of a soldier.  
Enjoy music, games, and light refreshments of the era.

Information: [rec-history@henrico.gov](mailto:rec-history@henrico.gov)

## Mark Your Calendar! Winter Events

### HOLIDAY EXPRESS TOUR

DEC 9-11, 5-8PM. DIFFERENT ROUTE EACH NIGHT

### SANTA PAWS

SAT, DEC 13, 10AM-1PM. SHORT PUMP PARK

Information: [henrico.gov/rec/specialevents](http://henrico.gov/rec/specialevents)



(804) 501-PARK | [henrico.gov/rec](http://henrico.gov/rec)

# COMMUNITY EVENTS

All events are free and for the whole family.

## VIRGINIA RANDOLPH COMMUNITY FAIR & MARKET

SAT, SEP 6, 2-5PM  
VIRGINIA RANDOLPH  
REC AREA



Explore the legacy of Virginia Randolph and her students – from early forestry efforts to modern farm stands, classic auto mechanics to a vintage car show. Enjoy museum tours, a kids' zone, a H.O.R.S.E. competition, and local vendors.

Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

## Snoopy & Friends

A 75<sup>th</sup> Anniversary Celebration

Crafts 🐾 Games 🐾 Treats  
Adoptable Dogs Meet & Greet

Fri, Oct 3  
10am-noon  
Deep Run Park



Information: [dal019@henrico.gov](mailto:dal019@henrico.gov)

## State Fair Games

Mon, Sep 22, 10am-noon  
Eastern Henrico Rec Center

Ages 4+

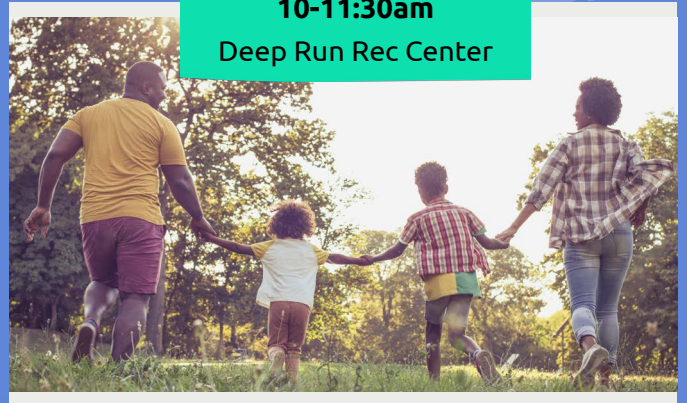
Carnival Games ~ Inflatables  
Cotton Candy ~ Fun for everyone  
Information: [cun04@henrico.gov](mailto:cun04@henrico.gov)

## Generations Together

Tue, Oct 7

10-11:30am

Deep Run Rec Center



Ages 5+. In honor of Active Aging Week, we are partnering with Henrico Advocate for the Aging and The Span Center to host an intergenerational event connecting seniors with children and adults. Activities will be centered around fitness and movement games.

Information: [cun04@henrico.gov](mailto:cun04@henrico.gov)



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# COMMUNITY EVENTS

All events are free and for the whole family.



COMMUNITY VENDORS

AGES 50+.

## HEALTH AND FITNESS EXPO

THURSDAY, OCT 9  
10AM-NOON  
EASTERN HENRICO REC CENTER

INFORMATION:  
CUN04@HENRICO.GOV

FITNESS DEMOS



## AWESOME AUTUMN AFTERNOON

SUNDAY  
OCT 12  
3-5 PM

DOREY PARK

information:  
cun04@henrico.gov

## SPOOKY SEASON BASH



FRI, OCT 24, 4-6PM  
BELMONT REC CENTER

Celebrate spooky season with your family! Enjoy Sleepy Hollow themed crafts, activities, bounce house and a showing of the cartoon.



INFORMATION: DEN63@HENRICO.GOV



Fri, Oct 24, 4:30-6:30pm  
Deep Run Rec Center

Stay for a 7pm movie after Trunk or Treat.

Info: tru08@henrico.gov

Thur, Oct 30, 6-8pm  
Eastern Henrico Rec Cntr

Cruise the parking lot of decorated cars, costumes and treats. No doorbells!

Info: qua024@henrico.gov



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# COMMUNITY PROGRAMS

All programs are free. No registration required.  
Materials are available while supplies last.

## Celebrate Grandparents Day

Sun, Sep 7, 3-4pm. Eastern Henrico Rec Center. #17486

All ages. It's a special day to celebrate grandparents! Why not create a dazzling canvas painting to capture the moment? Spend the afternoon painting together. Information: [cun04@henrico.gov](mailto:cun04@henrico.gov)

## Kids' Gym

Tue, Sep 9, 9:30-11:30am. Deep Run Rec Center. #17560

Thur, Oct 16, 9:30-11:30am. Deep Run Rec Center. #17596

Ages 2-6. Kids' Gym is a fun and safe environment for children to explore and play through physical activity. Each month we will have different activities such as parachutes, obstacle courses, games, bouncy balls and more. While staff will be present to provide guidance and encouragement, parents will be playing alongside their children, so they don't miss out on the fun. Information: [leh@henrico.gov](mailto:leh@henrico.gov)

## Wiggle Wednesdays

Wed, Sep 10, 10:30-11:30am. Eastern Henrico Rec Center. #17535

Wed, Oct 8, 10:30-11:30am. Eastern Henrico Rec Center. #17764

Wed, Nov 12, 10:30-11:30am. Eastern Henrico Rec Center. #17765

Ages 3-6. Get your wiggles out on the second Wednesday of each month. The program will focus on structure and unstructured child-led play experiences designed to foster creativity, physical development, and social skills. Parent participation is encouraged. Information: [cun04@henrico.gov](mailto:cun04@henrico.gov)

## Color Battle Challenge

Sat, Sep 13, 10-11:30am. Eastern Henrico Rec Center. #17471

Ages 8+. Come out for a morning of fun and creativity with color. Compete with your friends in a paint battle. Make some fun and colorful art to take home. Wear a white T-shirt and pants that you don't mind getting messed up! Information: [ola@henrico.gov](mailto:ola@henrico.gov)

## Space Bingo at Belmont

Mon, Sep 22, 10am-noon. Belmont Rec Center. #17623

Ages 5+. Join us for space B-I-N-G-O fun, win prizes and make an out-of-this-world bracelet after the games. Information: [cli04@henrico.gov](mailto:cli04@henrico.gov)

## Stretch Bracelets

Thur, Oct 2, 2-4pm. Belmont Rec Center. #17624

Ages 5+. Make a stretch bracelet with colorful beads and stretch elastic! Customize your bracelet with a pattern or a random mix of beads. Information: [cli04@henrico.gov](mailto:cli04@henrico.gov)

## Glow Games Galore

Sun, Oct 19, 6-8pm. Deep Run Park. #17496

All ages. Get ready to light up the night! Glow Games Galore is an after-dark program loaded with classic games featuring glowing twists. Information: [bon37@henrico.gov](mailto:bon37@henrico.gov)

## Fall Photo Back Drop



### Oct 9-Nov 6. Meadow Farm.

Come to Meadow Farm and commemorate the season with a fall photo back drop for you, your friends and family. All you need to bring is a camera and a smile.

Please leave items in place for the next photographer.

Information: [tru08@henrico.gov](mailto:tru08@henrico.gov)

## Sip & Color

Mon, Oct 20, 2-4pm. The Springs Rec Center. #17703

All ages. Fall is a great time to gather with friends and family! Spend the afternoon relaxing, coloring, and enjoying warm apple cider and snacks. Create a picture using the colors of the season; we'll provide the supplies (markers, colored pencils, coloring pages, and construction paper). Information: [roc35@henrico.gov](mailto:roc35@henrico.gov)

## Lantern Walk: Grimm & German Ghosts

Fri, Oct 24, 7-8:30pm. Meadow Farm. #17658

All ages. Blend storytelling, cultural insight, and a spooky glow as a hauntingly memorable way to celebrate German History Month. Stroll through the park by lantern-light as we weave together German heritage and a touch of Halloween. At stops along the path, you'll hear selections from the original and darker version of Brothers Grimm fairy tales, those early 19th-century stories full of chilling twists and German folklore. Throughout the walk, enjoy glimpses into German history and culture, from the shaping of German identity to the evolution of their tales over centuries. Information: [dal019@henrico.gov](mailto:dal019@henrico.gov)

## Cryptid Scavenger Hunt

Sat, Nov 1, noon-3pm. Meadow Farm. #17568

All ages. What do you know about cryptids in North America? Discover more about the legends and creatures said to roam our continent. Drop in anytime to pick up information then explore the grounds where you will find some cryptids traveling through Meadow Farm. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)



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# COMMUNITY PROGRAMS

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## Astronomy Day

Sat, Nov 1, 11am-11pm. Dorey Rec Center. #17734

All ages. In collaboration with Richmond Astronomical Society join us in a fun-filled celebration of space and science! Participate in solar observing, launch water rockets, attend engaging presentation, and end the night observing the moon. Perfect for curious minds of all ages! Information: [qua024@henrico.gov](mailto:qua024@henrico.gov)

## Sip & Games

Mon, Nov 3, 2-4pm. The Springs Rec Center. #17741

All ages. Fall brings a chill in the air. Warm up with hot chocolate, coffee and playing games. Bring a friend to play board games, arcade games, and foosball! Information: [roc35@henrico.gov](mailto:roc35@henrico.gov)

## Mickey Mouse Birthday Bash

Tue, Nov 18, 10am-noon. Deep Run Rec Center. #17640

All ages. Enjoy a magical celebration! Commemorate Mickey's special day with fun-filled activities, including themed crafts, games, and snacks. Come together to honor the beloved icon and enjoy a day of Mickey-inspired fun and camaraderie! Information: [dal019@henrico.gov](mailto:dal019@henrico.gov)

## Shake and Churn

Fri, Nov 21, 10am-noon. Crump Park. #17642

All ages. Shake up your day with a hands-on butter making workshop! Turn fresh cream into creamy butter right before your eyes. Explore fun cow-themed games and activities while you discover the science behind dairy and learn all about Jersey Cows. Take home your homemade spread and fresh insights into farm-to-table food culture. Information: [dal019@henrico.gov](mailto:dal019@henrico.gov)

## PALACE PAR-TEA

Sun. Nov 30. 2-4pm.

Eastern Henrico Rec Center. #17536

Ages 5-9. A magical gathering inside the palace gates awaits you! There will be storytelling, crowns, and tea fit for royalty! Dress your best and bring your royal wave.



Information: [qua024@henrico.gov](mailto:qua024@henrico.gov)



## Storytime with Pearl the Sheep



### Pearl Meets a Roller-Skating Bird?!

Fri, Sep 5, 2-2:30pm. Meadow Farm. #17525

All ages. Pearl sees birds flying overhead all day long! Now she wants to know, can they roller skate? Find out in this rollicking tale about the aspirations of our feathered friends.

### Pearl Gets Brave

Fri, Sep 19, 2-2:30pm. Meadow Farm. #17527

All ages. Pearl has many fears the farm. She hears sounds and noises at night and wonders if wild creatures walk in the woods. Happily, Pearl will make new friends and find out being brave can actually be fun!

### Pearl Meets Ben Franklin

Fri, Oct 3, 2-2:30pm. Meadow Farm. #17528

All ages. Pearl wants to know: Did Benjamin Franklin invent electricity? This shocking tale will bring to light the truth about a great American inventor who helped illuminate our world.

### Pearl Takes Flight with Mother Goose

Fri, Oct 17, 2-2:30pm. Meadow Farm. #17530

All ages. Pearl heard about a goose who tells stories. But is the goose telling the truth or fibbing about a cat wearing boots and an egg climbing and sitting on a wall? Pearl also has a hard time believing a little girl would really want to eat breakfast with three bears! Pearl goes on a flight of fancy as she gets to the bottom of farm related fairy tales.

### Pearl Goes Trick or Treating

Fri, Oct 31, 2-2:30pm. Meadow Farm. #17531

All ages. Pearl is excited about Halloween but is scared to go out into the dark night to get sheep treats. Our puppet show and story time will be followed by activities as we help Pearl overcome her fear of the dark! Come dressed in your own Halloween costume!

### Pearl and the Dinosaur in the Backyard

Fri, Nov 7, 2-2:30pm. Meadow Farm. #17533

All ages. This DINO-vember, Pearl will learn about fossils of creatures that swam, walked, or flew over ancient lands.

### Pearl and the Turkey Trouble

Fri, Nov 21, 2-3pm. Meadow Farm. #17534

All ages. Pearl is worried about Todd the turkey. With Thanksgiving just around the corner, is there anything that can be done to protect Todd? Perhaps a special guest from Henrico County's government with an official announcement can help Pearl and Todd feel better.

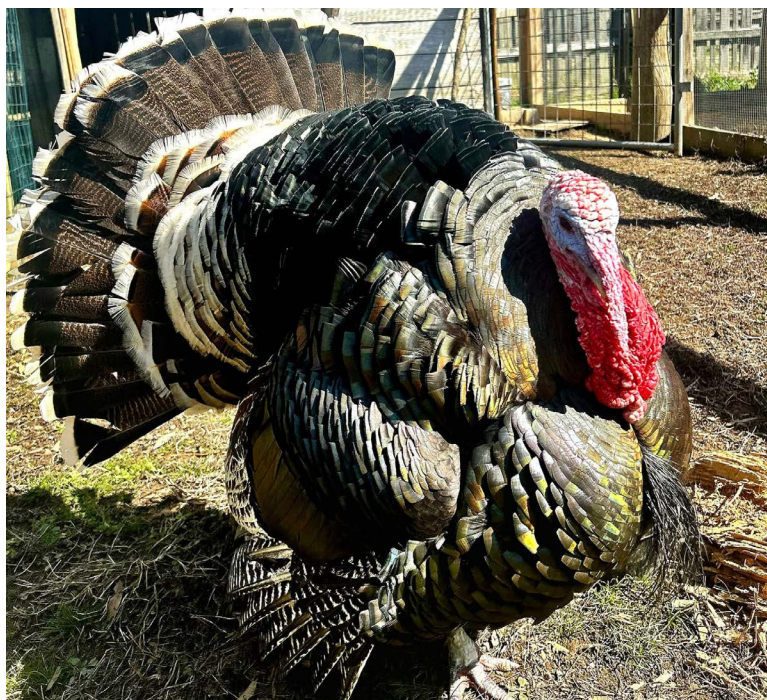
Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)



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# COMMUNITY PROGRAMS

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## Animals

### Mad About Monarchs

Wed, Sep 17, 2-3pm. Three Lakes Nature Center. #17607

Ages 2+. Learn all about the iconic Monarch Butterfly and what you can do to help this threatened species. Milkweed seeds will be available to take home. Information: [boy047@henrico.gov](mailto:boy047@henrico.gov)

### Trough or Treat

Sun, Oct 12, 2-5pm. Meadow Farm. #17498

All ages. Walk around the pastures to learn about the animals and history of the farm while gathering some treats and prizes. Costumes encouraged but not required. Information: [bur172@henrico.gov](mailto:bur172@henrico.gov)

### DIY Pinecone Pals

Sun, Nov 9, 1:30-2:30pm. Meadow Farm. #17497

Ages 5-10. Make your own turkey figurine out of natural materials. Walk around the farm to collect pieces of your new pal, while learning about the farm animals. Then construct your figurine with Todd the Turkey's company. Information: [fin018@henrico.gov](mailto:fin018@henrico.gov)

### Farm and Forest Friend Friday

Fri, Sep 12, 10am-noon. Meadow Farm. #17543

Fri, Oct 10, 10am-noon. Meadow Farm. #17544

Fri, Nov 14, 10am-noon. Meadow Farm. #17545

All ages. Visit our drop-in stations to hear a story about a farm or forest friend, do a creature craft, and explore the grounds to see if we can find new friends. This fall we will have cows in September, opossums in October, and pigs in November. Information:

[sch107@henrico.gov](mailto:sch107@henrico.gov)

## Creative Arts

### Tales for Tots

Thur, Sep 11, 10-10:45am. Deep Run Rec Center. #17550

Thur, Oct 9, 10-10:45am. Deep Run Rec Center. #17551

Thur, Nov 13, 10-10:45am. Deep Run Rec Center. #17552

All ages. Caregivers are encouraged to join for a shared, enriching experience with your littlest learners. Enjoy captivating stories, music, and themed crafts, while fostering important social skills such as turn-taking and paying attention. Meets every second Thursday of each month. Information: [tru08@henrico.gov](mailto:tru08@henrico.gov)

### Ojo de Dios (God's Eye)

Sun, Sep 14, 2-3:30pm. Hunton Community Center. #17657

All ages. Often made as gifts for children, Ojo de Dios are believed to offer protection, health, and long life. As Hispanic Heritage month approaches, celebrate by choosing your colors to create a God's Eye of your own or give as a gift. Fine motor skills are needed. Information: [tru08@henrico.gov](mailto:tru08@henrico.gov)

### Mask It with Color

Sun, Sep 14, 3-5pm. Eastern Henrico Rec Center. #17521

All ages. Unleash your creativity and bring your mask to life with bold colors, wild designs, and endless imagination. Your masterpiece is waiting behind every brushstroke! Information: [qua024@henrico.gov](mailto:qua024@henrico.gov)

### Make It Monday

Mon, Sep 22, 10am-noon. Deep Run Rec Center. #17547

Mon, Oct 27, 10am-noon. Deep Run Rec Center. #17548

Mon, Nov 24, 10am-noon. Deep Run Rec Center. #17549

All ages. On the fourth Monday of each month, all are welcome as we pull from our craft supply closet to see what great things can be made! Information: [tru08@henrico.gov](mailto:tru08@henrico.gov)

### Pumpkin Decorating

Thur, Oct 2, 10am-1pm. Hunton Community Center. #17448

All ages. Get ready for fall fun as you decorate your own pumpkin to show your holiday spirit. All supplies provided including pumpkins.

Information: [tru08@henrico.gov](mailto:tru08@henrico.gov)

### StART: Paint and Sip

Wed, Oct 8, 10-11:30am. Eastern Henrico Rec Center. #17474

Ages 50+. Staff will guide you through a morning of creativity and fellowship while creating a painting alongside your friends. Information: [ola@henrico.gov](mailto:ola@henrico.gov)



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# COMMUNITY PROGRAMS

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Materials are available while supplies last.

## Beach in a Bottle

Sat, Oct 18, 10-11:30am. Dorey Rec Center. #17522

Sat, Oct 18, 2-3:30pm. Three Lakes Park. #17523

All ages. Dive into a swirl of color and creativity as you layer vibrant sands to make your own masterpiece! No beach required - just shake, pour, and let the good grains flow! Information: [qua024@henrico.gov](mailto:qua024@henrico.gov)

## Pinecone Wreaths

Fri, Oct 24, 6-8pm. Eastern Henrico Rec Center. #17480

Ages 12+. Don't settle for a bare front door until your Christmas decor is up. Dress your door with a beautiful pinecone wreath! We'll provide all the cones and supplies; you provide the fun. Children under 18 must be accompanied by an adult. Information: [ola@henrico.gov](mailto:ola@henrico.gov)

## Animate Your World

Sun, Oct 26, 2-3pm. Dorey Rec Center. #17572

All ages. World Animation Day is October 28. We are celebrating a little early with a short presentation on the history of animation. Afterward, make your own flip book to take home. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

## Macrame Ghost

Sun, Oct 26, 2-3:30pm. Twin Hickory Rec Center. #17648

All ages. Using a simple macrame knot and wire you'll create a ghostly decoration sure to scare any tricksters away. Information: [tru08@henrico.gov](mailto:tru08@henrico.gov)

## Quilling a Christmas Card

Wed, Nov 19, 10-11am. Deep Run Rec Center. #17592

Wed, Nov 19, 4-5pm. Deep Run Rec Center. #17591

Ages 8+. Quilling is the art of rolling thin papers to make decorative works of art. During this class you will learn how to roll, curl and twist strips of paper to make a Christmas card that you will be proud to give to someone you love. Information: [leh@henrico.gov](mailto:leh@henrico.gov)

## Gourd-geous Crafts

Sat, Nov 22, 2-4pm. Meadow Farm. #17573

All ages. Fall is the time for gourds to shine! Discover the significance of gourds in African, Native American, and Hawaiian cultures. Then create your own gourd craft. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

## Music & Dance

### Bluegrass Jam

Wed, Sep 3-Nov 26, 6-8:30pm. Twin Hickory Rec Center. #17705

All ages. This open jam session focuses on bluegrass music of all styles vocal and instrumental. Musicians within the circle are expected to participate. All experience levels are welcome, including beginners. On the first Wednesday of each month there will be a jam etiquette lesson at 5:30pm. Spectators are welcome. Information: [tru08@henrico.gov](mailto:tru08@henrico.gov)

## Nature & Outdoors

### Canoeing with the Community

Fri, Sep 5, 9:30-11:30am. Dorey Park. #17696

Mon, Oct 13, 2:30-4:30pm. Dorey Park. #17665

All ages. Enjoy a day canoeing on the water! Whether it's your first time or a seasoned vet, we will provide you with everything you need to have a safe and fun experience. This program is supported by the 2025 Virginia Wildlife Grant Program through a partnership between the Virginia Department of Wildlife Resources and the Wildlife Foundation of Virginia. Information: [bov001@henrico.gov](mailto:bov001@henrico.gov)

### Rock and Walk

Wed, Sep 10, 3:30-5pm. Dorey Park. #17641

All ages. Celebrate rocks with several activities. Try your hand at skipping rocks on the pond and paint a rock for your collection or to hide in the park. Take a story walk as you enjoy a stroll through this natural setting. Information: [tru08@henrico.gov](mailto:tru08@henrico.gov)

### Outdoor Mindfulness

Sat, Sep 13, noon-2pm. Dorey Park. #17564

All ages. This program will begin discussing the importance of mindfulness and mental health. Participants will then be taken on a guided nature walk where they can gather leaves, flowers, and other natural materials to place into cardboard vases. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

## INCLUSION SERVICES

For more details about specific modifications  
or inclusion services, see page 3.

Information: [rec-inclusion@henrico.gov](mailto:rec-inclusion@henrico.gov) or 804-652-1413.



(804) 501-PARK | [henrico.gov/rec](https://henrico.gov/rec)

# COMMUNITY PROGRAMS

All programs are free. No registration required.  
Materials are available while supplies last.



## Kayaking with the Community

*Mon, Sep 22, 9:30-11:30am. Deep Run Park. #17698*

*Thur, Oct 2, 2:30-4:30pm. Dorey Park. #17699*

*Tue, Nov 4, 3:30-5:30pm. Deep Run Park. #17638*

*All ages.* Enjoy a day kayaking on the water! Whether it's your first time or a seasoned vet, we will provide you with everything you need to have a safe and fun experience. This program is supported by the 2025 Virginia Wildlife Grant Program through a partnership between the Virginia Department of Wildlife Resources and the Wildlife Foundation of Virginia. Information: [bov001@henrico.gov](mailto:bov001@henrico.gov)

## Fun Fun Fungi

*Mon, Oct 20, 4-5:30pm. Dorey Park. #17701*

*All ages.* Go off-trail in this program to locate, learn, and identify different types of fungi in the woods. Put on your boots and resilient hiking attire because some mushrooms like to hide in some tough locations! Mushrooms and mosses grow in a variety of environments accessible by foot, however some terrain may be loose or slippery. Be aware of your own capabilities as we scrounge for a variety of fungi. The hike will begin promptly at 4:00 pm. Information:

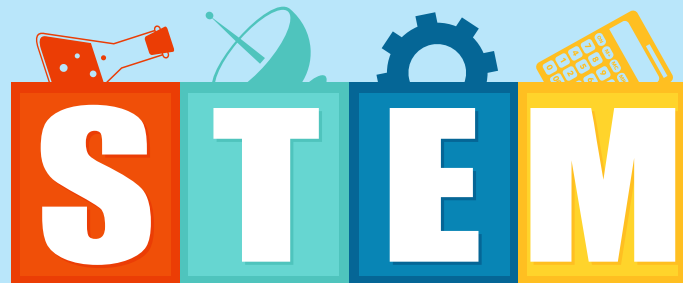
[bov001@henrico.gov](mailto:bov001@henrico.gov)

## Seasonal Stroll: Phenology Exploration

*Thur, Oct 23, 10-11:30am. Deep Run Rec Center. #17636*

*All ages.* Engage in citizen science by exploring phenology, the study of seasonal changes in nature. Participants will learn the language and skills of observation necessary to identify and record key seasonal changes in plants and animals. Please note: This program is designed for individuals who want to actively participate in ongoing citizen science work. If you are part of a group interested in participating, please contact us in advance to discuss accommodations and ensure the best experience for all participants. Information:

[dal019@henrico.gov](mailto:dal019@henrico.gov)



SCIENCE • TECHNOLOGY • ENGINEERING • MATHEMATICS

## Science Sleuths

*Wed, Sep 10, 4-4:45pm. Cheswick Park. #17633*

*Wed, Oct 8, 4-4:45pm. Springfield Park. #17634*

*Wed, Nov 12, 4-4:45pm. Deep Run Park. #17635*

*All ages.* An interactive experience that's sure to spark curiosity and creativity! We'll kick things off with a fun demonstration-level experiment that brings science to life. Then, participants will dive right in, exploring their own experiment or activity together. Whether you're making something cool, solving a puzzle, or testing out new ideas, this program is all about fun, learning, and shared STEM experiences. Information: [dal019@henrico.gov](mailto:dal019@henrico.gov)

## Leaf & Bleach Tee Lab

*Sun, Sep 21, 2-4pm. Twin Hickory Park. #17653*

*Ages 14+.* Bring a black T-shirt or other dark garment and watch nature become your canvas! Using real leaves and a gentle bleach-print technique, you'll create a stunning botanical design uniquely your own. This safe, hands-on process lightens the fabric beneath the leaf's veins, producing crisp, organic patterns. All other materials and safety gear provided, just bring a dark clothing item and your creativity! Information: [dal019@henrico.gov](mailto:dal019@henrico.gov)

## Little Engineers: Beaver Edition

*Mon, Nov 3, 9:30-11:30am. Three Lakes Park. #17519*

*All ages.* Get ready to think like a beaver! In this hands-on activity, we will use materials to build our own mini beaver dam! Then comes the big test - can it hold back water? Information:

[qua024@henrico.gov](mailto:qua024@henrico.gov)



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# OPEN ACCESS PASS PROGRAMS

OAP Programs are free and occur on a recurring basis. Visit the center to receive an access pass and participate!

Current schedule:

[bit.ly/HenricoOAP](http://bit.ly/HenricoOAP)



## There's a new way to view Open Access Pass Programs!

You can now see them all on one easy calendar or in our app.  
(Just like the fitness classes!)

This means that it will be updated in real time, you can search by activity,  
and by center — right at your fingertips!

### Calendar:

[bit.ly/HenricoOAPCalendar](http://bit.ly/HenricoOAPCalendar)



#### Programs include:

- Badminton
- Basketball
- Croquet
- Pickleball
- Table Tennis
- Volleyball
- Belmont Games Club
- Bridge (Kriss Kross & Social)
- Canasta
- Colonial Dance
- Golden Angels
- Mahjong
- Pinochle
- Tea Guild

**Participants 18 & under must be accompanied by an adult for the initial sign-up process.**

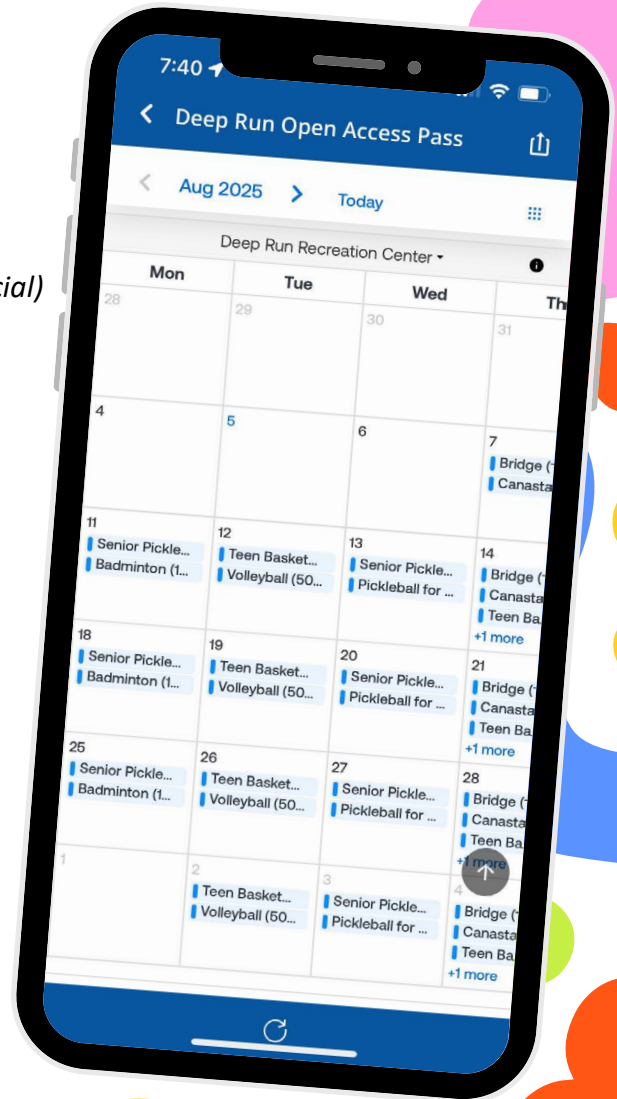
**Participants 15 & under must always be accompanied by an adult for participation.**

**Community rooms offer a variety of recreational activities and games. There are spaces at the following centers:**

- Belmont Recreation Center
- Deep Run Recreation Center
- Eastern Henrico Recreation Center
- The Springs Recreation Center

**Ages 12 and under must be accompanied by an adult.**

Email or call for more information and to check on availability.



**Get our app!**

[onelink.to/rquwx3](http://onelink.to/rquwx3)



# HISTORY PROGRAMS

All programs are free. No registration required.

## HENRICO COUNTY VIRGINIA 250 AMERICAN REVOLUTION

### Historians on Tap: Revolutionary Drama

Thur, Sep 11, 6:30-8pm. *Strangeways Brewing*. #17613

Ages 16+. Historians Bert Dunkerly, Joe Rizzo, and Kate Gruber will explore the little-known stories, scandals, betrayals, and bold personalities behind the fight for American independence.

Information: [riz002@henrico.gov](mailto:riz002@henrico.gov)

### The U.S. Army: 250 Years of Continuity and Change

Sun, Sep 28, 2-3:30pm. *Belmont Rec Center*. #17602

Ages 10+. Dr. Joel Christenson, Director of the John A. Adams '71 Center for Military History and Strategic Analysis at VMI, will present a talk on the evolution of the U.S. Army in honor of its 250<sup>th</sup> anniversary. Information: [den63@henrico.gov](mailto:den63@henrico.gov)

### Real to Reel: *Sleepy Hollow*

Sat, Oct 18, 7-9:30pm. *Henrico Theatre*. #17612

Ages 18+. Did you know *The Legend of Sleepy Hollow* has connections to the Revolutionary War? Historian Mark Wilcox will compare the book, the 1999 movie version, starring Johnny Depp and Christina Ricci, with the reality of the 1770s. Then grab some popcorn and enjoy the movie. Information: [den63@henrico.gov](mailto:den63@henrico.gov)

### Un/Bound: Free Blacks in Virginia & Henrico

Tue, Oct 21, 2-3pm. *Deep Run Rec Center*. #17752

Ages 10+. Listen to little-known stories highlighting several free Black individuals from Henrico County. While at the center visit the traveling exhibition, *Un/Bound: Free Black Virginians, 1619-1865*, from the Virginia Museum of History and Culture before or after the presentation. Information: [den63@henrico.gov](mailto:den63@henrico.gov)

### Gingerbread for Liberty

Fri, Nov 21, 5-6:30pm. *Belmont Rec Center*. #17598

All ages. Celebrate National Gingerbread Cookie Day on November 21 by going back in time 250 years! Munch on some gingerbread cookies while listening to the children's book, *Gingerbread for Liberty*. Discover the fascinating story of how a gingerbread baker helped George Washington win the war. Create gingerbread themed crafts and activities that will spice up your day with combining fun and history! Information: [den63@henrico.gov](mailto:den63@henrico.gov)

## From the Stacks

In collaboration with Henrico Public Library

### Historically Speaking: The Elko Tract

Sat, Sep 27, 2-3pm. *Sandston Branch Library*. #17546

All ages. Learn the decades long story behind the "forgotten" World War II city located in Henrico's East End with Historian and Interpreter, Mark Shubert. This program is held in partnership with Henrico County Public Library. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

### Blast from the Past Book Club

Tue, Oct 14, 1-3pm. *Three Lakes Nature Center*. #17603

Ages 14+. Recreation & Parks and Henrico County Public Library come together for our bimonthly book club! We will read a new book and visit a different Henrico County historic site every other month. After the book discussion, we will talk about the ties between the site and the book. A tour of the site is included. *Eager: The Surprising Secret Lives of Beavers and Why They Matter* is October's book and we will meet in the Three Lakes Nature Center. Information:

[sch107@henrico.gov](mailto:sch107@henrico.gov)

### Historically Speaking: Washington Irving's *Sleepy Hollow*


Thur, Oct 30, 7-8pm. *Tuckahoe Area Library*. #17594

Ages 16+. Did you know there's a connection between Washington Irving and the Revolutionary War? Irving, portrayed by costumed historian John Pagano, discusses his life, writing, and the inspiration for what is arguably his most famous work - *The Legend of Sleepy Hollow*. This program is held in partnership with Henrico County Public Library. Information: [kbridges@henricolibrary.org](mailto:kbridges@henricolibrary.org)

### Historically Speaking: The Continental Navy

Sat, Nov 1, 11am-noon. *Tuckahoe Area Library*. #17595

Ages 16+. Ed Moore from the Mariners' Museum and Park in Newport News explores the decision to create a navy during the American Revolution, the effectiveness of the Continental Navy, and the decision to disband it after the war. This program is held in partnership with Henrico County Public Library. Information: [kbridges@henricolibrary.org](mailto:kbridges@henricolibrary.org)



**1775:**  
*Subject or Citizen*

Sat, Nov 8, 1-4pm  
*Meadow Farm*

See page 7 for more details.



(804) 501-PARK | [henrico.gov/rec](http://henrico.gov/rec)



# HISTORY PROGRAMS

All programs are free. No registration required.

## Friday at the Museum

All ages. Fridays, noon-4pm.

Henrico Recreation and Parks owns, preserves, and interprets historic properties across the county. See and hear the stories of the people, places, and events that have shaped our county.

### Sep 5: Clarke-Palmore House

The Clarke-Palmore House interprets the story of the Palmore family that lived in the house during the 1930s. See how the family adapted to the Great Depression, the introduction of electricity to the house, and still waiting for indoor plumbing.

### Oct 3: Meadow Farm

The Meadow Farm house, built in phases from 1820 to 1858, is now interpreted as the Sheppard home during the 1860s.

### Nov 7: Walkerton Tavern

Walkerton Tavern was built in 1825 to be used as a tavern for travelers along Mountain Road. The structure has also served as a hotel, post office, voting precinct and as a home during its 200-year existence.

Information: [leh@henrico.gov](mailto:leh@henrico.gov)



## Investigate & Create

### Woodland Cemetery Tour

Sat, Sep 20, 9-11am. Woodland Cemetery. #17619

Sat, Oct 18, 10am-noon. Woodland Cemetery. #17580

All ages. This walking tour encompasses the final resting place of African Americans from Richmond, Henrico, and surrounding areas. On the tour, we will highlight not only the many influential people who are at rest in Woodland's sacred grounds but also the ongoing recovery efforts that have occurred in recent years. The tour will cover a large portion of the grounds, so please dress accordingly. Information:

[sch107@henrico.gov](mailto:sch107@henrico.gov)

### History Investigators

Sat, Sep 27, 10-11am. Dorey Park Farmers Market. #17600

Ages 5+. Join the History Investigators as we discover the secrets and treasures of our historic sites. Each investigator will receive a dossier to help in the quest. Your job will be to find hidden objects and go on a treasure hunt. Meet us at the history tent at the Dorey Park Farmers Market. Information: [leh@henrico.gov](mailto:leh@henrico.gov)

### Highlights in Henrico History

Sun, Oct 12, 2-3pm. Belmont Rec Center. #17714

All ages. There is a lot more to Henrico than suburbs and shopping centers. We will delve into just a little bit of the history of the county and some of the people, places, and events that have shaped Henrico. Information: [leh@henrico.gov](mailto:leh@henrico.gov)

### Henrico History Bingo

Mon, Oct 20, 10-11:30am. Belmont Rec Center. #17587

All ages. Did you know October is Henrico History Month? Discover more about Henrico's 400-year history while playing Bingo. Come for the fun and prizes, and leave with the knowledge of the people, places, and events that contributed to our past, shape our present, and will impact our future. Information: [den63@henrico.gov](mailto:den63@henrico.gov)

### The Veterans of Woodland Cemetery Tour

Sun, Nov 9, 10am-noon. Woodland Cemetery. #17582

All ages. In commemoration of Veterans Day, we will be doing a focused walking tour at historic Woodland Cemetery. This tour will center on those who served their country valiantly despite living in a time and place when enslavement and then Jim Crow laws dictated their lives. We will take a deep dive into the lives of those who served at home as United States Colored Troops in the American Civil War through the ones who crossed oceans in 20<sup>th</sup> century conflicts. The tour will cover a large portion of the grounds, so please dress accordingly. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

## Homeschool Days

### Pirates Ahoy!

Fri, Sep 26, 10am-noon. Meadow Farm. #17583

All ages. Avast me hearties! Discover the truth about pirates at various hands-on drop-in stations. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

### Transportation from Foot Power to Jet Power

Fri, Oct 24, 10am-noon. Meadow Farm. #17584

All ages. Would you walk 500 miles and then walk 500 more? Learn about different kinds of transportation and migration patterns of humans at various hands-on drop-in stations. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

### Revolutionary Decision Day

Fri, Nov 7, 10am-noon. Meadow Farm. #17585

All ages. Are you loyal to the British crown or do you want to create a new nation? This decision was on the minds of many colonists in 1775. Learn more about the American Revolution and the choices people made at various hands-on drop-in stations. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)



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# HISTORY PROGRAMS

All programs are free. No registration required.

Virginia Museum of History & Culture Traveling Exhibit

## UN/BOUND FREE BLACK VIRGINIANS, 1619-1865



The Virginia Museum of History & Culture has curated exhibitions that tell the remarkable story of Virginia. This exhibit is coming to a location near you.

For more information and locations visit us online  
[henrico.gov/history/va-250-henrico/](http://henrico.gov/history/va-250-henrico/)

## Find Your Roots/Tell Your Story

### Tell Me About It: Beginning Oral History Interviews

Sat, Sep 27, 2-4pm. Virginia Randolph Museum. #17575

All ages. Do you want to talk to family members about their memories and record them, but aren't sure where to start? This workshop will be a beginner's guide to oral history interviews. Information:

[sch107@henrico.gov](mailto:sch107@henrico.gov)



### Introduction to Virginia Genealogy

Tue, Oct 28, 10-11:30am. Belmont Recreation Center. #17588

Ages 16+. Wondering how to start compiling your Virginia family history? This presentation by Library of Virginia's Senior Reference Archivist, Cara Griggs, will provide an overview of how to get started with your research. You'll learn about types of records, helpful websites, and visiting the Library of Virginia, as well as helpful research tips. This class is geared for the beginner level to help you start adding branches and leaves to your family tree! Information:

[den63@henrico.gov](mailto:den63@henrico.gov)

### What's In a Name?: The Legacy of African Names

Sat, Nov 1, 2-3pm. Recreation and Parks Admin. #17574

All ages. Discover the significance of traditional African names from Central, Western, and Southern Africa and how these names were transformed during the colonial period, Civil Rights Era, and beyond. Learn the cultural, symbolic, and spiritual meanings behind common African American names and naming conventions. Before or after the program, be sure to check out the *Un/bound: Free Africans, 1619-1865* travelling exhibit on display. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

## Lectures

### Lecture Theme: Obscure, Occult, Ominous

#### Real Life Hobbits

Sat, Sep 20, 2-3pm. Eastern Henrico Rec Center. #17566

All ages. Discover real life hobbits: Homo Floresiensis! During this lecture, you will learn about these fascinating ancient humans, the legends behind them, and what happened to them. Information:

[sch107@henrico.gov](mailto:sch107@henrico.gov)

#### The Trial of Lizzie Borden

Sun, Sep 21, 2-3pm. Deep Run Rec Center. #17577

Ages 16+. The recorded facts behind the sinister rhyme will be explored concerning one of the most famous trials in history. Did Lizzie commit the ghastly crimes? Or did the misogyny of the day allow her to get away with murder? Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

#### Japanese Horror and Its Influence on the Genre

Sat, Oct 18, 2-3pm. Eastern Henrico Rec Center. #17570

All ages. Horror is one of cinema's most polarizing genres from die-hard fans to vociferous critics. No matter what personal opinions are held, the cultural impact of horror is undeniable. Horror films reflect deep-seated fears tied to specific societies. Japanese horror, rooted in centuries-old legends, offer a uniquely chilling lens. Explore how ancient Japanese folklore have shaped modern American horror films through the powerful exchange of cinematic storytelling. Information:

[sch107@henrico.gov](mailto:sch107@henrico.gov)

#### History of Tarot

Sun, Oct 19, 2-3pm. Meadow Farm. #17569

All ages. Today, tarot cards are generally associated with magic and mysticism, but their historic roots are more mundane. Discover the history of tarot cards and how their purpose has shifted over time. Afterward, play a tarot game. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

#### The Salem Witch Trials

Sat, Oct 25, 2-3pm. Meadow Farm. #17578

Ages 16+. Bubble, bubble, toil and trouble...Explore a dark time in our history when the devil was said to roam in the hearts of humans and beasts and when superstition overrode common sense. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)



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# HISTORY PROGRAMS

All programs are free. No registration required.

## **Discovering Virginia's Old Graveyards**

Sun, Nov 2, 2-3pm. Deep Run Rec Center. #17579

Ages 16+. Some of the formal final resting places in Virginia are sublime, others eerie and frightening. In the age before modern medicine, sudden disease and death walked daily beside the living. Superstition and myths sprang from the constant hope of outsmarting the Grim Reaper. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

## **Stripes: The Devil's Cloth**

Sun, Nov 23, 2-3pm. Belmont Recreation Center. #17576

All ages. Centuries ago, the pattern of stripes in cloth was considered evil and unlucky. Then this seemingly simple fabric design was adopted by the French Revolution's citizens as the monarch tumbled. Discover how this social superstition was woven into history. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

## **The Write Stuff: A History of Writing Utensils**

Sun, Nov 9, 2-3pm. Belmont Rec Center. #17571

All ages. Jotting down a quick note has never been easier than with today's light ballpoint pens. However, writing has not always been this easy. From stone and chalk to graphite and ink, explore how writing mechanics have evolved through history from the earliest inscriptions to the ingenious inventions that refined writing tools. Discover the remarkable series of innovations that lead to today's diverse and specialized writing utensils. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

## **Lecture Theme: Adversity and Triumph**

### **The Ragged Road of Reconstruction: Education**

Sat, Sep 13, 2-3pm. Virginia Randolph Museum. #17567

All ages. Teachers have always been unsung heroes. Today teachers continue to supply students with pencils, paper, and more, but imagine having to provide everything from the roadway to the building itself. Teachers like Virginia Randolph, Mary McLeod Bethune, and Janie Porter Barrett faced these challenges and more in the segregated South after the Civil War. Discover more about these remarkable educators in this presentation. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

### **The Art & Lives of Leslie Bolling & George H. Ben Johnson**

Sat, Oct 11, 2-3pm. Virginia Randolph Museum. #17581

All ages. Discover the lives and careers of two black Virginians who expressed themselves through their self-taught artistic mediums. Despite gaining acclaim in the early to mid-20<sup>th</sup> century art world and having pieces in prestigious institutions and private collections all over the world, these two men remain relatively obscure in their hometown. We invite you to come learn more about Leslie Garland Bolling and George H. Ben Johnson and how their works not only reflected the daily life of African Americans living in the Jim Crow South but challenged the system that was pitted against them. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

## LIVE STREAMING



*Live Streaming is  
available  
for these programs.*

Information: [riz002@henrico.gov](mailto:riz002@henrico.gov)

## **Stealing the Night: The Underground Railroad**

Sun, Oct 12, 2-3pm. Eastern Henrico Rec Center. #17563

All ages. There was a train that travelled at night and it carried passengers to freedom! The underground railroad in Virginia and across the South had many heroes who saved countless lives. The legacies of the conductors and passengers will be explored and remembered. Before or after the program, be sure to explore the *Un/bound: Free Black Virginians, 1619-1865* traveling exhibit on display. Information: [sch107@henrico.gov](mailto:sch107@henrico.gov)

## **Forgotten Soldiers of WWI: America's Immigrant Doughboys**

Sun, Nov 16, 2-3:30pm. Belmont Rec Center. #17609

Ages 16+. The United States is a nation of immigrants, and the U.S. military during World War I certainly reflected this. Italian, Ukrainian, Cuban, and Armenian immigrants, among others, all came to America in search of work, citizenship, or both. As a result, they too became part of the U.S. military with the draft becoming law in May 1917. Join historian Al Barnes on this 107<sup>th</sup> anniversary of the end of WWI as he shares the stories of the "aliens" in the American Expeditionary Force. Information: [den63@henrico.gov](mailto:den63@henrico.gov)



We send out a monthly email newsletter that includes our history events and programs.

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# HENRICO LIVE



## HENRICO LIVE

Join us for another Henrico Live season!

Season tickets available and the more shows you select, the bigger the discount! Select 3 or 4 performances and save 25%; select 5 or more performances to save 50%.

To purchase tickets go to [henricolive.com](http://henricolive.com) or visit the box office.

Season tickets go on sale online and in person August 18 at 12pm.

Single tickets go on sale August 25 at 12pm.

Individual Tickets cost \$10 per show.

All performances will be held at Henrico Theatre.

Box Office Hours: Mon, Wed, Fri, 12-4pm. 804-652-1460

### The English Channel

*Fri, Sep 19, 7pm.*

"Soundtrack Hits from the Brits: The Channel goes to the Cinema" is a new specialty concert featuring music from British rock icons who graced the silver screen and from British film soundtracks. You'll hear fantastic songs from The Beatles, The Who, Lulu, The Moody Blues, Herman's Hermits, Dusty Springfield, Dave Clark Five, Shirley Bassey, Elton John, Queen and many others. As an added bonus, the Carnaby Street String Quartet will accompany The English Channel on several of these fab tunes! (Individual tickets for this show go on sale Aug 18.)

### It Ain't Nothin' But the Blues

*Fri-Sun, Oct 3-12.*

Henrico Theatre Company presents this musical revue by Charles Bevel, Lita Gaithers, Randal Myler, Ron Taylor & Dan Wheetman. This sizzling revue of the blues and blues infused songs changed the way the world hears the human heartbeat. Ravishing songs trace the evolution of the blues from Africa to Mississippi to Memphis to Chicago. Including such songs as *Let the Good Times Roll*, *Sweet Home Chicago*, *Fever*, *St. Louis Blues*, *I Put a Spell on You* and many, many more, while occasionally working mischief on the funny bone and raising spirits! It's a sure cure for the blues. Directed by Amber dePass.

### Kozy Cats

*Fri, Oct 17, 7pm.*

A Henrico Theatre favorite! The musical pedigrees of the Kozy Cats include appearances on Soul Train, piano-playing with Chubby Checker, and week-long stands at the legendary Peppermint Beach Club. Currently the Cats are delighting audiences with danceable covers of Wilson Pickett, Herman's Hermits, David Bowie, and a couple dozen more soul and pop artists. This performance will feature the mighty Kozy Cats Horns - your assurance of a rollicking good time!

### A Taters Halloween

*Fri, Oct 24, 7pm.*

Long time Taters fans will tell you that their holiday shows are some of their favorites! For over 25 years the band has pulled out all the stops on Halloween to present an always unique experience. This year's Halloween show features dancers from Henrico Theatre Company and includes your favorite Halloween songs throughout the years as well as their album *Don't Scream! Songs to Keep You Up in Night*.

### A Tribute to Natalie Cole

*Fri, Nov 21, 7pm.*

Let the music of Natalie Cole bring you back to your favorite memories. This will be a tribute concert filled with song, laughter, and love. This show is guaranteed to be unforgettable and a night you don't want to miss!



### The Jazz Ambassadors

*Fri, Nov 7, 7pm. Free!*

The Jazz Ambassadors, the U.S. Army's premier big band, was formed in 1969 and is celebrated both nationally and internationally for performing America's original art form - jazz. Known as "America's Big Band," this 19-member ensemble showcases versatile programming, including classic big band standards, solos, patriotic tunes, contemporary jazz, and original compositions by its members.



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## **Bak N Da Day**

*Sat, Dec 6, 7pm.*

*Sun, Dec 7, 3pm.*

The group that needs no introduction returns the Henrico Theatre stage! Enjoy an evening of soulful holiday music including the Temptations Christmas CD as well as soul classic tunes from the 50s, 60s, and 70s!

## **A KOS and Susan Greenbaum Christmas**

*Sat, Dec 13, 3 & 7pm.*

It wouldn't be Christmas without traditions. Make sure you don't miss one of our favorite ones! Come join us for an evening filled with holiday favorites from Richmond's own KOS and Susan Greenbaum. Listen to their unique arrangements and sounds of the seasonal songs you love.

## **Joe Enroughty and His Royal Virginians**

*Fri, Jan 16, 7pm.*

The Royal Virginians, under the direction of Joe Enroughty, continue to be the leader in Big Band entertainment for the Mid-Atlantic region. The orchestra performs music made famous by many of the "name bands" of the Big Band Era including Guy Lombardo, Tommy Dorsey, Glenn Miller, Count Basie, Harry James, Russ Morgan, Jan Garber, and many more. The orchestra also performs songs associated with The Beatles, The Carpenters, Barry Manilow, Jimmy Buffett, The Village People, Patsy Cline, and Celine Dion, among others.

## **A Tribute to Whitney Houston**

*Fri, Feb 20, 7pm.*

Relive the greatest hits from the greatest voice of all! This concert features hits from Whitney's career, starting in the 1980s and lasting through the early 2000s. This tribute show is one of a kind and will make you want to get up and dance with somebody!

## **Twelve Angry Jurors**

*Fri-Sun, Mar 6-15.*

Henrico Theatre Company presents a drama adapted by Sherman L. Sergel. Based on the Emmy award-winning television movie, *Twelve Angry Men* by Reginald Rose. A 19-year-old man has just stood trial for the fatal stabbing of his father. "He doesn't stand a chance," mutters the guard as the 12 jurors are taken into the jury room. It looks like an open-and-shut case – until one of the jurors begins opening the others' eyes to the facts. Tempers get short, arguments grow heated, and jurors become 12 angry people. One of the greatest plays in years, it's exciting and a real thrill! Directed by Sarbajeet Das.

## **Susan Greenbaum**

*Fri, Mar 20, 7pm.*

Susan Greenbaum has committed the first sin of musicians: She quit her day job. After working as a corporate executive in Fortune 500 companies, Susan traded her power suits for performing. Susan is a Henrico Theatre mainstay and the recipient of several songwriting awards.

## **KOS**

*Fri, Apr 17, 7pm.*

The KOS Band is an exciting, powerful, and dynamic 11-piece musical entity playing all the best dance music. Featuring Top 40, Motown, and classic rock 'n' roll hits from the 60s through today, The KOS Band has kept people of all ages crowding dance floors up and down the east coast for more than 40 years! From a festive open-air concert to the most ultra-formal black-tie affair, KOS has enthusiasm and showmanship that are sure to please.

## **Soul Expressions**

*Fri, May 15, 7pm.*

They're your favorite band from Soulful Sunday, the 4<sup>th</sup> of July, and so much more. And they're finally making their return to the Henrico Theatre Stage! This amazing band will play all your favorite hits from all your favorite genres throughout the decades. They are guaranteed to bring you to your feet and keep you dancing all night long!

## **Bravo for Broadway**

*Fri-Sun, Jun 5-14.*

Join Henrico Theatre Company as they salute Broadway like no one else can! Including some of the greatest songs from some of the greatest Broadway musicals such as *Barnum*, *Pippin*, *Annie Get Your Gun*, *Sweet Charity*, *Guys and Dolls*, *The Wiz*, *Pajama Game*, *My Fair Lady* and *Wicked*. You won't want to miss this exhilarating performance of songs by some of HTC's most favorite and most incredible performers! Directed by Amy Perdue.

## **HENRICO THEATRE SILVER SCREEN MOVIES**

**Showtime: 10am**

**Sep 24: A Complete Unknown**

**Oct 29: Little Shop of Horrors**

**Nov 26: The Curious Case of Benjamin Button**

Information: 804.652.1460 or [henricotheatre.com](http://henricotheatre.com)



# HENRICO THEATRE COMPANY

## 2025-2026 Season of Plays

All tickets can be purchased in person at The Cultural Arts Center at Glen Allen, by calling 804-501-5859 or 804-261-2787, or online at [artsglenallen.com](http://artsglenallen.com); click on Performances then Henrico Theatre Company to purchase season tickets.

Season Tickets (all four shows): \$40 for adults and \$30 for seniors (55+) and students.

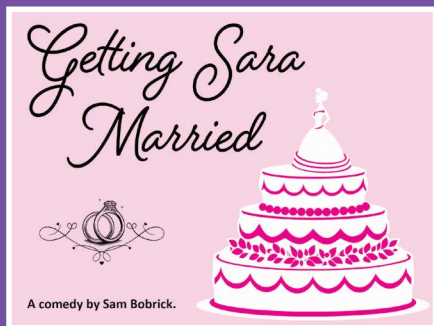
Individual Tickets: \$12 for adults and \$10 for seniors (55+) and students per show.



**September 12-28**

*A comedy by Ken Ludwig.*

Set in the summer of 1953, George and Charlotte Hay, failed Broadway stars, attempt to regain their former glory in Buffalo, New York. Join this charming husband-and-wife acting duo as they navigate the challenges of performing both *Cyrano de Bergerac* and *Private Lives* in repertory. The stage is set for a hilarious blend of theatrical mishaps, family drama, and non-stop comedy!



**May 1-17**

*A comedy by Sam Bobrick.*

Aunt Martha has decided to get her reluctant niece, Sara married at any cost. In this case it amounts to bopping the prospective groom over the head and having him brought to her apartment. Unfortunately, Aunt Martha's choice is someone already engaged to be married. This funny, bright and breezy evening of delightful theatre has just about everything you'd want in a romantic comedy: two reluctant suitors, a meddling aunt, a bout of amnesia and some serious food allergies. It doesn't get more fun than this!



**November 7-23**

*A musical by Dean Fuller, Jay Thompson and Marshall Barer.*

This delightful show is a comedic musical retelling of the fairytale "The Princess and the Pea". In a kingdom where a curse has silenced the king, Queen Aggravain rules with an iron fist, forbidding marriages until Prince Dauntless finds a princess who can pass her sensitivity test. Princess Winnifred tries to woo the prince while navigating Queen Aggravain's schemes and a sensitivity test involving a pea under twenty mattresses. Filled with fun songs and frivolity!



**July 17-August 2**

*A comedy by Ken Ludwig.*

In this hilarious comedy, two Shakespearean actors, Leo and Jack, find themselves so down on their luck that they're performing on the Moose Lodge circuit in Pennsylvania. But then, they hear that dear old Florence of nearby York, PA is about to die and leave her fortune to her two long lost English nephews whom she has never seen. For Jack and Leo it is the work of an instant to turn themselves into nephews Max and Steve and grab the cash. And that's when the complications set in... Romantic entanglements abound in this screwball comedy filled with bad behavior, high heels, and a world of comedy.

All performances will be held at The Cultural Arts Center at Glen Allen.

For specific showtimes, go to [artsglenallen.com](http://artsglenallen.com).

Information: 804-501-5859 or [per22@henrico.gov](mailto:per22@henrico.gov)



(804) 501-PARK | [henrico.gov/rec](http://henrico.gov/rec)



# YOUTH CLASSES

All programs are free; however, programs with a ► next to the title require registration in advance.



**Ages 13-18.** Do you need volunteer hours to fill club or school requirements? Earn hours by helping to keep our parks beautiful, assisting at special events or providing support in our recreation programs. With so much going on, the opportunities are endless.

#### **Preliminary meeting**

*Tue, Sep 16 at 6pm.*

*Recreation & Parks Main Office. #17601*

**Information:** [roc35@henrico.gov](mailto:roc35@henrico.gov)

#### ► **Deep Run Detective Agency**

*Wed, Oct 29, 4-5pm. Deep Run Rec Center. #17599*

**Ages 8-11.** Test your skills of observation and solving codes and mysteries. This class is open to everyone and will help Junior Girl Scouts earn their detective badge. Information: [leh@henrico.gov](mailto:leh@henrico.gov)

## PROGRAM REGISTRATION

#### **Fall 2025 Registration Begins:**

Mon, Aug 18 for Henrico Residents

Fri, Aug 22 for Non-Henrico Residents

**Begins  
at  
7am**

## Child & Parent Programs

*Programs to attend together! When registering for these programs, make sure to include the child(ren) and an adult.*

#### ► **Like a Moth to a Cloth**

*Sat, Sep 6, 7:45-8:45pm. Crump Park. #17702*

**Ages 6+.** Experience the park after dark while learning about cool and unique insects that inhabit the area when we turn off the lights. We will be "light sheeting" to attract a variety of moths and insects. In this harmless method, we can get up close and personal with some interesting insects. An adult must register with child. Information: [bov001@henrico.gov](mailto:bov001@henrico.gov)

#### ► **Piggy Pizza Party**

*Sun, Sep 7, 10:30-11:30am. Meadow Farm. #17504*

**Ages 8+.** Come celebrate National Pizza month with the pigs at Meadow Farm. Participants will make vegetable "pizzas" for the pigs while learning about what they eat. Participants will also get to watch the pigs chow down on their pizza creations. Anyone under 18 must be accompanied by an adult and both must register. Information: [col190@henrico.gov](mailto:col190@henrico.gov)

#### ► **Halloween Cookie Decorating**

*Tue, Oct 28, 6-7:30pm. Belmont Rec Center. #17692*

**Ages 10-11.** Are you ready for a spooktacular decorating adventure? We will provide supplies and step-by-step guidance to help you and your child create frightfully fun cookies to take home. An adult must register with child. Information: [cli04@henrico.gov](mailto:cli04@henrico.gov)

## Music & Dance

#### ► **Story Dancers**

*Tue, Sep 2, 4-4:45pm. Deep Run Rec Center. #17632*

*Tue, Oct 7, 4-4:45pm. Deep Run Rec Center. #17743*

*Tue, Nov 4, 4-4:45pm. Deep Run Rec Center. #17744*

**Ages 3-6.** This beginner-friendly class is perfect for budding dancers who want to learn the basics of ballet and jazz in a fun, interactive environment. We will start class by reading a storybook and then move through learning ballet and jazz concepts and choreography. Finally, we will end every class with our super fun "story dance," where we'll get to reenact our story and go on an adventure! Instructor: Bella Ballerina. Information: [tru08@henrico.gov](mailto:tru08@henrico.gov)



# YOUTH CLASSES

All programs are free; however, programs with a ► next to the title require registration in advance.

## ► Introduction to Guitar 1

Tue, Sep 9-30, 5:45-6:30pm. The Springs Rec Center. #17637

Ages 6-12. Do you want to see if guitar is the instrument for you? In this class, you will learn introductory guitar techniques and playing skills. The instructor has taught hundreds of musicians and will teach good playing habits while keeping learning challenging and fun. Please bring a guitar. Information: [roc35@henrico.gov](mailto:roc35@henrico.gov)

## ► Introduction to Guitar 2

Tue, Oct 7-28, 5:45-6:30pm. The Springs Rec Center. #17649

Ages 6-12. This class is for participants who have completed Guitar I and ready to continue building their skills. The instructor has taught hundreds of musicians and will teach good playing habits while keeping learning challenging and fun. The Introduction to Guitar 1 course is a prerequisite. Please bring a guitar. Information: [roc35@henrico.gov](mailto:roc35@henrico.gov)

## Nature & Outdoors

### ► Wetland Wonders

Tue, Sep 23, 11-11:45am. Three Lakes Park. #17618

Ages 8-12. Discover the wonders of wetlands! Use models to explore the mechanics of wetland ecosystems and discover how they benefit humans, wildlife, and the land they occupy. Information: [rod075@henrico.gov](mailto:rod075@henrico.gov)

### ► Beginner Fishing

Sat, Oct 25, 9:30-11:30am. Dorey Park. #17704

Ages 9-15. Fishing is a lifelong activity that people of all ages and backgrounds can enjoy. Learn the basics of fishing, from to knot tying, lure selection, and rod set up. Information: [bov001@henrico.gov](mailto:bov001@henrico.gov)



### ► Indoor Archery

Mon, Nov 10, 1-3pm. Eastern Henrico Rec Center. #17707

Mon, Nov 17, 1-3pm. Deep Run Rec Center. #17713

Ages 9-17. In this hands-on course, archers will learn the fundamentals of archery, including proper technique, safety, and the importance of focus and patience. Through practice and friendly competition, participants will build confidence and develop valuable skills. Whether you're a beginner or have some experience, our expert instructors will guide you every step of the way. Archery is a great opportunity for homeschooled students to gain a PE credit. Information: [bov001@henrico.gov](mailto:bov001@henrico.gov)

## INCLUSION SERVICES

For more details about specific modifications or inclusion services, see page 3.

Information: [rec-inclusion@henrico.gov](mailto:rec-inclusion@henrico.gov) or 804-652-1413.





# ADULT/FAMILY CLASSES

All programs are free; however, programs with a ► next to the title require registration in advance.



A canvas for our community. Come create with us and explore various forms of art with instruction. Participants may only sign up for one session of each class.

## ► Pottery

Tue, Sep 9 & 16, 1:30-3:30pm. The Springs Rec Center. #17670

Tue, Sep 9 & 16, 6:30-8:30pm. The Springs Rec Center. #17671

Ages 16+. In this beginner handbuilding class learn different techniques as well as texturing and sgraffito design in order to build yourself a small vessel that will be fired and glazed. No experience needed.. Information: [tru08@henrico.gov](mailto:tru08@henrico.gov)

## ► Glass Fusion

Tue, Sep 23, 1:30-3:30pm. The Springs Rec Center. #17625

Tue, Sep 23, 6:30-8:30pm. The Springs Rec Center. #17627

Ages 18+. Learn the artistic technique of fusing glass. We'll use various types, sizes, and colors of glass that, once fired in a kiln, fuse together to become a beautiful piece of art. Information: [cli04@henrico.gov](mailto:cli04@henrico.gov)

## ► Barn Quilt

Tue, Sep 30 & Oct 7, 1:30-3:30pm. The Springs Rec Center. #17555

Tue, Sep 30 & Oct 7, 6:30-8:30pm. The Springs Rec Center. #17556

Ages 16+. Learn how to make a barn quilt design and paint your own smaller version to be hung on a barn or any place of your choosing. Information: [tru08@henrico.gov](mailto:tru08@henrico.gov)



## ► Intermediate Stained Glass

Mon, Oct 20-Nov 10, 1:30-3:30pm. The Springs Rec Center. #17476

Mon, Oct 20-Nov 10, 6:30-8:30pm. The Springs Rec Center. #17475

Ages 18+. Make a beautiful stained-glass window in this four-day class. Participants must have completed one of the stained-glass classes previously offered at the studio. More information regarding the supplies required will be sent out prior to class. Information: [ola@henrico.gov](mailto:ola@henrico.gov)

## ► Candles

Tue, Oct 21, 1:30-3:30pm. The Springs Rec Center. #17628

Tue, Oct 21, 6:30-8:30pm. The Springs Rec Center. #17629

Ages 18+. Choose between chunk, color, or ice candles. Make two candles of your choice. Information: [cli04@henrico.gov](mailto:cli04@henrico.gov)

## ► Mosaics

Tue, Oct 28-Nov 25, 1:30-3:30pm. The Springs Rec Center. #17479

Tue, Oct 28-Nov 25, 6:30-8:30pm. The Springs Rec Center. #17478

Ages 18+. Learn techniques for creating beautiful mosaic art. We'll use glass, tile, and other unexpected mediums in our work. More information will be available once registered. No class on Nov 11. Information: [ola@henrico.gov](mailto:ola@henrico.gov)



# ADULT/FAMILY CLASSES

All programs are free; however, programs with a ► next to the title require registration in advance.



Sound Bath with Jim Morgan

Tue, Nov 18, 6-7pm. Deep Run Rec Center.

**Ages 18+.** A Sound Bath is a meditative experience created by the sound waves of Tibetan singing bowls, chimes gongs, and other subtle percussion instruments. The listener is invited to simply be present, focus on breath, and clear one's mind and connect to the deeper self.

Registration required in advance.  
Information: [per22@henrico.gov](mailto:per22@henrico.gov)

## Creative Arts

### ► Sassy Scarves

Sun, Sep 7, 1:30-3pm. Belmont Rec Center. #17517

**Ages 18+.** Create your own colorful silk scarf using markers and isopropyl alcohol and design another scarf using colored tissue paper. These no-sew scarves will brighten up any outfit with a hip tie-dye effect. Information: [cli04@henrico.gov](mailto:cli04@henrico.gov)

### ► Deco Candles

Sun, Sep 7, 3:30-5pm. Belmont Rec Center. #17516

**Ages 13+.** In this class, you will use cylinder candles, votives, napkins, and a heat gun to customize your own deco candles! Information: [cli04@henrico.gov](mailto:cli04@henrico.gov)

### ► Sugar Scrub and Foot Soak

Sun, Sep 21, 1:30-3pm. Belmont Rec Center. #17518

**Ages 13+.** Learn how to make a sugar scrub to pamper your body and a foot soak to pamper your feet. Information: [cli04@henrico.gov](mailto:cli04@henrico.gov)

### ► Paper Mosaic

Thur, Sep 25, 6-8pm. The Springs Rec Center. #17608

**Ages 15+.** Decorative paper, scissors, and glue can come together to create anything your imagination can think of. Use a pattern or design your own picture and then bring it to life with colorful paper. Information: [roc35@henrico.gov](mailto:roc35@henrico.gov)

### ► Wire Wrapped Earrings

Sun, Oct 19, 1:30-3pm. Belmont Rec Center. #17694

**Ages 18+.** Create your own wire wrapped earrings using beads, wire, and findings. This project requires the use of fine motor skills and the use of tools. Information: [cli04@henrico.gov](mailto:cli04@henrico.gov)

### ► Holiday Earrings

Sun, Oct 19, 3:30-5pm. Belmont Rec Center. #17695

**Ages 18+.** Create your own holiday earrings using beads, wire, and findings. We will create a fall and holiday pair of earrings. This project requires the use of fine motor skills and the use of tools. Information: [cli04@henrico.gov](mailto:cli04@henrico.gov)

### ► Rope Your Wine Bottle

Sun, Nov 2, 1:30-3pm. Belmont Rec Center. #17514

Sun, Nov 2, 3:30-5pm. Belmont Rec Center. #17515

**Ages 18+.** You will be adding rope to the base of two wine bottles and choosing a picture for the front of the bottles from napkins. Proudly display in your home. Information: [cli04@henrico.gov](mailto:cli04@henrico.gov)

### ► Leather Bracelet

Sun, Nov 9, 1:30-3pm. Belmont Rec Center. #17541

**Ages 13+.** Learn techniques to work with leather cording. Make your own leather bracelet using large hole beads. Information: [cli04@henrico.gov](mailto:cli04@henrico.gov)

### ► Hand Knitting

Wed, Nov 5, 1-3pm. Deep Run Rec Center. #17644

**Ages 16+.** No needles needed as you learn the art of hand knitting to create a cozy scarf to wear or give as a gift this season. Fine motor skills are needed. Yarn is provided. Information: [tru08@henrico.gov](mailto:tru08@henrico.gov)



VETERANS BRUNCH

THUR, NOV 6, 10AM-NOON. EASTERN HENRICO REC CENTER. #17499

**Ages 18+.** Let's celebrate the heroic veterans in our communities in honor of Veterans Day. Your service, bravery, and commitment to our country is honorable. Bring one registered guest and a picture to share your story. Enjoy patriotic music and food. We are partnering with Henrico Advocate for the Aging and JenCare. Registration required in advance.

Information: [cun04@henrico.gov](mailto:cun04@henrico.gov)





# ADULT/FAMILY CLASSES

All programs are free; however, programs with a ► next to the title require registration in advance.

## Home & Garden

### ► Holiday Soap Making

Thur, Nov 6, 6:30-8pm. The Springs Rec Center. #17661

Ages 15+. Melt and Pour soap is so versatile. Mix holiday smells, colors, and additives to create a one-of-a-kind design. Make soap for yourself or as a gift. Information: [roc35@henrico.gov](mailto:roc35@henrico.gov)

### ► Autumn Cookie Decorating

Thur, Nov 20, 6-7:30pm. Belmont Rec Center. #17693

Ages 18+. Ready for a cozy fall decorating adventure? No experience needed - we will provide supplies and step-by-step guidance to help you create beautiful autumn-themed cookies like leaves, pumpkin pies, and acorns to take home. Information: [cli04@henrico.gov](mailto:cli04@henrico.gov)

## Music & Dance

### ► Line Dance

Wed, Sep 3-24, 1:30-2:30pm. Deep Run Rec Center. #17709

Wed, Oct 1-29, 1:30-2:30pm. Hunton Community Center. #17710

Wed, Nov 5-26, 1:30-2:30pm. Deep Run Rec Center. #17712

Thur, Sep 4-25, 5:30-6:30pm. Eastern Henrico Rec Center. #17487

Thur, Oct 2-30, 5:30-6:30pm. Eastern Henrico Rec Center. #17508

Thur, Nov 6-20, 5:30-6:30pm. Eastern Henrico Rec Center. #17509

Sat, Sep 6-27, 10-11am. Eastern Henrico Rec Center. #17510

Sat, Oct 4-25, 10-11am. Eastern Henrico Rec Center. #17507

Sat, Nov 1-22, 10-11am. Eastern Henrico Rec Center. #17511

Ages 18+. Line dancing teaches a group of people to perform a series of choreographed steps in unison. No partner required. A fun way to exercise! Eastern Henrico Rec Center: [cun04@henrico.gov](mailto:cun04@henrico.gov); Deep Run Rec Center & Hunton Community Center: [tru08@henrico.gov](mailto:tru08@henrico.gov)

### ► Introduction to Guitar 1

Tue, Sep 9-30, 6:45-7:30pm. The Springs Rec Center. #17639

Ages 13+. Do you want to see if guitar is the instrument for you? In this class, you will learn introductory guitar techniques and playing skills. The instructor has taught hundreds of musicians and will teach good playing habits while keeping learning challenging and fun. Please bring a guitar. Information: [roc35@henrico.gov](mailto:roc35@henrico.gov)

### ► Introduction to Guitar 2

Tue, Oct 7-28, 6:45-7:30pm. The Springs Rec Center. #17651

Ages 13+. This class is for participants who have completed Guitar I and ready to continue building their skills. The instructor has taught hundreds of musicians and will teach good playing habits while keeping learning challenging and fun. The Introduction to Guitar 1 course is a prerequisite. Please bring a guitar. Information: [roc35@henrico.gov](mailto:roc35@henrico.gov)



## Nature & Outdoors

### ► Wildlife BINGO

Tue, Sep 2, 1-2pm. Three Lakes Nature Center. #17664

All ages. Play and learn about the many animals that call Three Lakes their home. Can you get BINGO? Information: [bai051@henrico.gov](mailto:bai051@henrico.gov)

### ► Birding Kayak Tour

Sat, Sep 13, 10:30am-12:30pm. Deep Bottom Park. #17697

Ages 10+. Glide silently through serene waterways as nature surrounds you in this tranquil bird-watching haven. This park offers a unique opportunity to explore its rich avian biodiversity from the comfort of a kayak. Kayakers can follow winding creeks and quiet coves to find migrating birds. This program is supported by the 2025 Virginia Wildlife Grant Program through a partnership between the Virginia Department of Wildlife Resources and the Wildlife Foundation of Virginia. Information: [bov001@henrico.gov](mailto:bov001@henrico.gov)

### ► Invertebrate Dip Netting

Tue, Sep 16, 10-11:30am. Three Lakes Park. #17622

Ages 10+. Learn how scientists can determine the health of a stream or river based on the invertebrates that live there. Accompany animal care staff and take part as they fish up and identify species of macroinvertebrates. Information: [had081@henrico.gov](mailto:had081@henrico.gov)





# ADULT/FAMILY CLASSES

All programs are free; however, programs with a ► next to the title require registration in advance.



## ► Kayak Skills Tour

Sat, Oct 11, 10am-noon. Deep Bottom Park. #17647

Ages 13+. Enjoy a kayaking excursion along Bailey's Creek and Four Mile Creek. We will take a casual paddle while learning basic strokes and water safety. Enjoy games and activities as you learn to better navigate your kayak. Our expert guides will ensure a safe and enjoyable experience for all levels of paddlers. All equipment is provided. This program is supported by the 2025 Virginia Wildlife Grant Program through a partnership between the Virginia Department of Wildlife Resources and the Wildlife Foundation of Virginia. Information: [dal019@henrico.gov](mailto:dal019@henrico.gov)

## ► Canoe Tour

Sat, Nov 1, 9-11am. Deep Bottom Park. #17706

All ages. Canoeing is a unique way to experience nature. Whether you are new to paddling or have canoed for years, this is an opportunity to enjoy the water and what is around us. This program is supported by the 2025 Virginia Wildlife Grant Program through a partnership between the Virginia Department of Wildlife Resources and the Wildlife Foundation of Virginia. Information: [roc35@henrico.gov](mailto:roc35@henrico.gov)

## ► Indoor Archery

Mon, Nov 17, 4-6pm. Deep Run Rec Center. #17735

Ages 18+. In this hands-on course, archers will learn the fundamentals of archery, including proper technique, safety, and the importance of focus and patience. Through practice and friendly competition, participants will build confidence and develop valuable skills. Whether you're a beginner or have some experience, our expert instructors will guide you every step of the way. Information: [bov001@henrico.gov](mailto:bov001@henrico.gov)

## ► Photogenic Hike

Sun, Nov 23, 10-11:30am. Meadow Farm. #17737

Ages 7+. Let your photography skills shine in this Photogenic Hike. You'll be given a disposable camera, with which you can capture pictures of beautiful scenery and develop great memories. Don't worry about developing the film either, we will take care of that for you! Information: [bov001@henrico.gov](mailto:bov001@henrico.gov)

## Mystery Theatre *Homicide in Henrico*

Tue, Oct 21, 6-8:30pm.

The Springs Rec Center. #17466

Ages 18+. Become a member of the HASS (Henrico Amateur Sleuth Society). Whether you're a detective from Lakeside or a Sherlock from Varina, get ready for twists, turns, and terrible alibis. Henrico hasn't seen drama like this before.

Dinner will be served, because who can solve crimes on an empty stomach?

Registration required in advance.

Information: [per22@henrico.gov](mailto:per22@henrico.gov)

## INCLUSION SERVICES

For more details about specific modifications or inclusion services, see page 3.

Information: [rec-inclusion@henrico.gov](mailto:rec-inclusion@henrico.gov) or 804-652-1413.



(804) 501-PARK | [henrico.gov/rec](http://henrico.gov/rec)

# THERAPEUTIC RECREATION

All programs are free; however, programs with a ► next to the title require registration in advance.

*Therapeutic Recreation (TR) offers inclusive and adaptive programs for individuals with disabilities or medical conditions that promote socialization, friendship, and personal growth. Using recreation and leisure activities, these programs support physical, emotional, and social well-being in a fun and engaging way. From creative arts and fitness to social events and life skills, participants enjoy meaningful experiences in a welcoming, supportive environment. TR programs can be easily modified to meet individual needs—ensuring everyone can participate and thrive.*

## Cup of Joe

Thur, Sep 4, 10:30-11:45am. Eastern Henrico Rec Center. #17655

Thur, Oct 2, 10:30-11:45am. Eastern Henrico Rec Center. #17656

Ages 16+. Take a moment to sip and serve! Cup of Joe is a relaxed community gathering where participants enjoy a warm cup of coffee or tea while working on meaningful projects - like writing cards of thanks and encouragement to local service groups. It's a great way to build social skills in a low-pressure setting, offering opportunities for casual conversation, teamwork, and connection. Participants can choose to engage with others or work independently, making it a flexible and welcoming space for all. Information: [mcc159@henrico.gov](mailto:mcc159@henrico.gov)

## ► Bridging the Gap with Positive Vibes

Tue & Thur, Sep 4-25, 10am-1pm. The Springs Rec Center. #17483

Ages 22-39. This program is an opportunity for individuals with disabilities transitioning out of high school to participate in various physical and social activities to increase the participant's knowledge of the resources available to them. The class will focus on communication, job exploration, and participating in group activities. Activities could include creative arts, cooking, personal fitness, money handling, etc. The Positive Vibe Foundation facilitates this program in partnership with Henrico Recreation & Parks. The program asks that participants be able to follow one to two-step directions, require minimal assistance with activities of daily living, and manage their behavior with minimal staff intervention. Information: [mcc159@henrico.gov](mailto:mcc159@henrico.gov)

## ► Meet Me at the Market

Thur, Sep 11, 10-11:30am. Eastern Henrico Rec Center. #17686

Ages 5+. Get ready for your next market trip with us! Design and decorate your own reusable produce bag, embark on an exciting food-themed scavenger hunt, and craft playful edible sculptures using colorful fruits and veggies. Instructor: Jacob's Chance. Information: [mcc159@henrico.gov](mailto:mcc159@henrico.gov)

## ► Sensory Explorers

Tue, Sep 16, 10:15-11:15am. Deep Run Rec Center. #17659

Tue, Oct 21, 10:15-11:15am. Deep Run Rec Center. #17660

Ages 2-5. Sensory Explorers offers little ones a fun and messy way to learn and grow! Each monthly class features a new theme with guided activities that support creativity, sensory development, and fine motor skills. Parents and caregivers join in for hands-on fun as children are exposed to a wide variety of sensory materials like paints, shaving cream, glue, sensory bins, and more - making each session a playful and enriching experience. Information: [mcc159@henrico.gov](mailto:mcc159@henrico.gov)

## StepNUp Club1111

Thur, Sep 25, 11am-1pm. Eastern Henrico Rec Center. #17662

Thur, Oct 23, 11am-1pm. Eastern Henrico Rec Center. #17663

Ages 13+. In collaboration with StepNUp and Henrico Area Mental Health & Developmental Services, this event creates a fun, club-like atmosphere where individuals with disabilities can dance, sing, socialize, and enjoy great music with friends. Light snacks are provided, and the energy is always upbeat and welcoming. Please note: music will be loud, lights will be dimmed or off, and a large crowd is anticipated, creating a lively sensory environment. Space is limited, and caregivers are required to remain on-site throughout the event. Information: [mcc159@henrico.gov](mailto:mcc159@henrico.gov)

## Line Dance with Jacob's Chance

Thur, Oct 9, 10:30-11:30am. Dorey Rec Center. #17687

Ages 18+. Put on your dancing shoes and join your Jacob's Chance friends for an hour of your favorite line dances! We will rehearse the dance moves before each song. Parents and caregivers will be asked to stay on-site and provide hands-on assistance as needed. Instructor: Jacob's Chance. Information: [mcc159@henrico.gov](mailto:mcc159@henrico.gov)

## Movie Star Karaoke

Fri, Sep 26, 10-11am  
Belmont Rec Center  
#17685

Ages 18+. Lights, camera, sing-along! This is a fun, energetic karaoke-style event where you can sing your heart out to your favorite songs from popular movies. Whether you're channeling your inner Disney hero, belting out a musical classic, or performing a blockbuster hit, this is your moment to shine. Bring your love for music and movies! Instructor: Jacob's Chance. Information: [mcc159@henrico.gov](mailto:mcc159@henrico.gov)



## PROGRAM REGISTRATION

### Fall 2025 Registration Begins:

Mon, Aug 18 for Henrico Residents

Fri, Aug 22 for Non-Henrico Residents

Begins  
at  
7am





# THERAPEUTIC RECREATION

All programs are free; however, programs with a ► next to the title require registration in advance.

## Egg Drop Challenge

Mon, Oct 13, 10:30-11:45am. The Springs Rec Center. #17667

Mon, Oct 13, 3-4:15pm. Deep Run Rec Center. #17668

Ages 16+. Put your creativity and problem-solving skills to the test in this classic science meets fun activity! In the Egg Drop Challenge, participants will be given a set of materials to design a protective enclosure that keeps a raw egg from cracking when dropped from a height. Work independently or as a team to build your design using fine motor skills and group instructions. This hands-on activity encourages critical thinking, collaboration, and a little trial-and-error as you create, test, and compete for the safest (and most creative!) egg landing. Will your egg survive the drop? Information: [mcc159@henrico.gov](mailto:mcc159@henrico.gov)

## Do-It-Yourself (DIY) Halloween Candy Bingo

Mon, Oct 20, 10:30-11:45am. Eastern Henrico Rec Center. #17666

Ages 5+. Get ready for a sweet spin on a classic favorite! At our DIY Halloween Candy Bingo participants will spend the first 35 minutes creating their own bingo cards by cutting out and gluing candy-themed pictures or they can choose from a selection of premade bingo boards. After crafting, we'll play bingo for 40 minutes, giving everyone a chance to socialize, show off their creativity, and win small prizes! Costumes are welcome (but not required). Information: [mcc159@henrico.gov](mailto:mcc159@henrico.gov)

## Halloween Games

Fri, Oct 24, 10-11:30am. Deep Run Rec Center. #17688

Ages 18+. Celebrate the spooky season with a variety of Halloween-themed games and activities! From Boo Bowling and Ghost in the Graveyard to Mummy Wrapping, Halloween Bingo, and more - this event offers something for everyone. Participants can enjoy a mix of active, silly, and sensory-friendly games in a festive environment filled with friendly competition, movement, and treats. Costumes are encouraged to add to the fun but not required. Instructor: Jacob's Chance. Information: [mcc159@henrico.gov](mailto:mcc159@henrico.gov)

## ► Holiday Soap Making

Thur, Nov 6, 10-11:30am. The Springs Rec Center. #17750

Ages. 15+. Melt and Pour soap is so versatile. Mix holiday smells, colors, and additives to create a one-of-a-kind design. Make soap for yourself or as a gift. Information: [roc35@henrico.gov](mailto:roc35@henrico.gov)

## ► Friendly Feud!

Fri, Nov 7, 11am-noon. Eastern Henrico Rec Center. #17690

Ages 13+. Get ready for a fun-filled game of Friendly Feud! Just like the classic game show, teams will go head-to-head guessing the most popular answers to survey questions covering a variety of fun and lighthearted topics. Laugh, strategize, and cheer each other on in this fast-paced and interactive battle for bragging rights. Instructor: Jacob's Chance. Information: [mcc159@henrico.gov](mailto:mcc159@henrico.gov)

## Fun Factory Carnival Day

Fri, Nov 14, 10:30am-noon. Deep Run Rec Center. #17689

All ages. Popcorn, music, and games, what more do you need for a fun carnival day? Hang out at Deep Run and enjoy different carnival-style games and activities! Parents and or caregivers are required to stay for the duration of the program. Information: [leh@henrico.gov](mailto:leh@henrico.gov)

## Chart-Toppers Challenge

Thur, Nov 20, 10-11am. Dorey Rec Center. #17691

Ages 13+. Test your music knowledge! Work as a team to identify hit songs, iconic artists, and legendary albums from various genres and decades - jeopardy style! Instructor: Jacob's Chance. Information: [mcc159@henrico.gov](mailto:mcc159@henrico.gov)

## Blended Voices

Mon, Nov 10-Dec 8, 6:30-7:30pm.

The Cultural Arts Center at Glen Allen. #17465

Registration required in advance.



Ages 13+. This award-winning program is back! Participants will rehearse and perform holiday songs alongside performers from the Henrico Theatre Company. The final group rehearsal and performance will take place before a showing of a classic holiday movie on Sunday, December 14 at Henrico Theatre. Participants are encouraged to attend all practice dates to prepare for this special seasonal showcase.

Information: [per22@henrico.gov](mailto:per22@henrico.gov)





# FITNESS

**CENTERS &  
PASSES**

Henrico County has two fitness centers and offers  
a variety of fitness classes across the county.

## FITNESS CENTERS

### Deep Run Rec Center

*9900 Ridgefield Parkway*

### Eastern Henrico Rec Center

*1440 N. Laburnum Ave*

## HOURS

**Monday-Thursday: 7am-9pm**

**Friday: 7am-8pm**

**Saturday: 8am-5pm**

**Sunday: 1-5pm**

## MEMBERSHIP OPTIONS

**Individual: \$10/month**

**Family: \$20/month**

**College Student: \$30 for 3 months  
(paid in advance)**

**Fixed Rate: Pay for as many months  
as you want up to 12 months.**

*\*No contracts, no extra fees,  
and no mandatory orientations.*

### **Group Exercise Access Pass**

*A Group Exercise Access Pass is required to participate in any  
Henrico County Recreation and Parks fitness class.*

- Passes must be scanned prior to participation in each, individual class.
- Please note the minimum age for each class.
- Passes are unique to the access pass holder.
- Classes operate on a first-come, first-served basis.
- Maximum capacity is based on the nature of the class and the space being utilized.
- Group Exercise Access Passes are required to be renewed on an annual basis.
- Patrons agree to abide by all Group Exercise rules and regulations.
- Henrico Recreation and Parks reserves the right to revoke access from patrons abusing rules, regulations, and facilities.

# FITNESS

## GROUP EXERCISE

Henrico County offers a variety of free fitness classes across the county.

### LOCATIONS

**Belmont Rec Center**

*1600 Hilliard Road*

**Deep Run Rec Center**

*9900 Ridgefield Parkway*

**Dorey Rec Center**

*2999 Darbytown Road*

**Eastern Henrico Rec Center**

*1440 N. Laburnum Avenue*

### CLASS SCHEDULES

A current class schedule is available online  
and at each center.

Use the filters to view by location or type!

Scan or [Click to View Schedule](#)



### TYPES OF CLASSES

- 30/30
- Barre
- Bellydance Fusion
- Body Sculpt
- Body Strength
- Boot Camp Conditioning
- Cardio Blast
- Cardio Kinetics
- Chair Yoga for Resilience
- Chill Flow Yoga
- Core & Kettlebells
- Core Flow Yoga
- Fitness Fun & Flexibility
- Flex & Flow
- Flex & Stretch
- Function
- Hatha Yoga
- HIIT
- KidsFit
- Midday Zumba®
- Mindful Morning Yoga
- Monday Mobility
- Pilates
- PITAIYO
- Power Yoga
- Relax & Restore Yoga
- Rest & Recharge Yoga
- Rockin' with Weights
- Seated Bootcamp
- Senior Balance & Core
- Senior Tai Chi
- Senior Wellness
- Small Group Training
- Strength & Cardio
- Tone-Up
- Total Body Strength
- Tranquility Spill
- Trifit
- TRX Body Sculpt
- Vibrant Flow Yoga
- Well Being Tai Chi
- Xtreme Burn
- Youth Fit
- Zumba®

*Class offerings and schedules are subject to change.*

### Group Exercise Access Pass

*A Group Exercise Access Pass is required to participate in any  
Henrico County Recreation and Parks fitness class.*