



Program Guide

March - May 2026



Registration opens at 7am

Henrico Resident: Feb 17

Non-Resident: Feb 20

RECREATION NEWS

Message from the Director

After a rough month of winter weather, we're welcoming spring with open arms! Bring on the kites, Farm Field Day, and a few exciting historical milestones. This year we're exploring the great outdoors like never before with our new social media series, New Week, New Park. Each week, our tour guide will visit a different park and share highlights—and you're invited to play along, too! Progress continues on park projects like Glover and Three Lakes. While completion dates remain weather-dependent, opening updates will be shared on social media (yet another reason to follow us!). Spring kicks off the start of our events season, and we hope you'll invite your community to enjoy our many free, family-friendly activities. Despite what the groundhog predicted, we're ready to ring in spring—see you at the park!

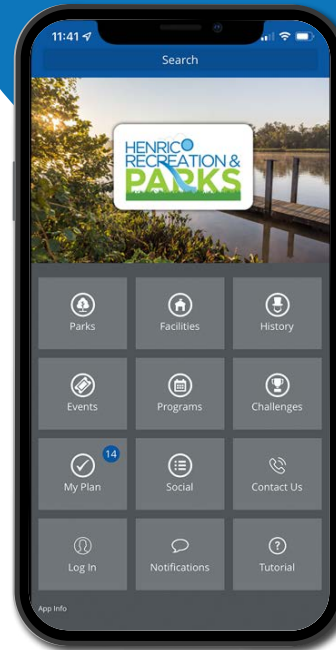
John Zannino



Henrico County Recreation & Parks received CAPRA re-accreditation status in October 2024. This keeps the division in the ranks of elite park and recreation agencies across the country by both earning and keeping accreditation through the Commission for Accreditation of Park and Recreation Agencies (CAPRA) and the National Recreation and Park Association (NRPA).

CAPRA accreditation is the only national accreditation for park and recreation agencies and is a measure of an agency's overall quality of operation, management and service to the community. This mark of distinction indicates that an agency has met rigorous standards related to the management and administration of lands, facilities, resources, programs, safety and services.

DOWNLOAD OUR APP



Explore. Experience. Enjoy.

Parks ♦ Amenities ♦ Events
Programs ♦ History ♦ Challenges

Join the Challenge!

Look for challenges in the APP.
These challenges give you a chance to explore our parks. Some challenges have a prize at the end.



RECREATION NEWS

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PROGRAM REGISTRATION

Registration Start Dates & Time

Time

Registration opens at **7am** for each start date

Spring 2026

Henrico Residents: Tue, Feb 17

Non-Henrico Residents: Fri, Feb 20

Fitness Registration

Registration is no longer required for these classes. A Group Exercise Access Pass is required to participate in any Henrico County Recreation and Parks fitness class. ([see page 28](#))

Ways to Register

1 Online Registration

connect.henricorecandparks.com

Opens at 7am for each start date.

2 Walk-In Registration

Mon-Fri, 7am-4:30pm

-Deep Run Rec Center

-Eastern Henrico Rec Center

Mon-Fri, 8am-4:30pm

-Belmont Rec Center

-Dorey Rec Center

Online Registration Tips:

Register on the go, the site is mobile friendly!

Registering online for the first time?

Be sure to create your account prior to the first day of registration, and add your family members too!

Having trouble registering?

Click the FAQs at the bottom of the online registration page.

**Begins
at
7am!**



Inclusion Services and Therapeutic Recreation

Inclusion Services

Henrico Recreation strives to produce accessible recreation opportunities for all community members. If you or a family member needs assistance or program modifications for any (registration-based) programs due to a disability or medical condition, please contact our Inclusion Services team at 804-652-1413 or rec-inclusion@henrico.gov.

All inclusion services requests are reviewed on a case-by-case basis and require a minimum two-week notice before the start of the program. While registering for programs, please select "yes" on the custom question for the need for inclusion services, and a member of the Inclusion Services team will contact you. Activity modifications to any registration-based program could include (but are not limited to) visual aids and verbal cues, custom supplies or equipment, facilities, and staff education. For those interested in information about our Therapeutic Recreation or adaptive recreation programs see pages 26-27.

Therapeutic Recreation

Therapeutic Recreation (TR) is an adaptive form of recreation for those with disabilities or medical conditions. TR aims to promote socialization through leisure education and provide opportunities for diverse programming. Activities are designed to be easily modified based on the individual's needs. We can work with participants, parents/ guardians, and staff to help ensure support is in place to promote an enjoyable and successful program experience.

NOW HIRING!

Get paid to play this summer!

Applications are now open for Rec Instructors.

For ages 16+. Provide direct supervision of campers and leads activities.



HENRICOJOBS.COM
KEYWORD: CAMP

EVENT HIGHLIGHTS

All events are free and for the whole family.

Movie in the Park

Friday, April 3, noon & 7pm. Meadow Farm

Friday, April 17, 7pm. Eastern Henrico Rec Center

Friday, May 1, 7pm. Deep Run Park

Friday, May 22, 7pm. Three Lakes Park



Bring your lawn chair or blanket along with friends and family to enjoy a movie in the park.

For information and movie titles:
recandparks@henrico.gov or 804.501.PARK

Kite Day

*Sunday
April 12*

noon-3pm

Dorey Park



Decorate and fly your own kite!

Featuring kite demos by
Richmond Air Force Kite Club!

Concessions available for purchase.

Information: rec-eventsteam@henrico.gov

Arbor Day Celebration and Plant Sale

Saturday, April 25

11am-2pm

Virginia Randolph Museum

Tours of the Museum
Info on Trees, Plants &
the Environment
Food Trucks
Vendors
Plant Sale

Information: sch107@henrico.gov



EVENT HIGHLIGHTS

All events are free and for the whole family.



FRIEND OR FOE

5K

A HENRICO 250 EVENT

Saturday, May 2, 9am-1pm.
Osborne Park & Boat Landing

Celebrate 250 years of independence at the Friend or Foe 5K! The run begins at historic Osborne Park and travels through a Revolutionary War-era landscape. Meet Lafayette and Benedict Arnold reenactors along the way and decide for yourself: friend or foe?

[Registration required to participate in 5K.](#)

Information: riz002@henrico.gov

WALKERTON TAVERN'S

BICENTENNIAL BASH



★ ★ ★ ★ ★
Sunday, May 17
2-4pm
Walkerton Tavern



Celebrate Walkerton Tavern's
200th anniversary with
historical interpreters, activities,
games and more!

Information: den63@henrico.gov



FARM FIELD DAY and Market

Saturday, May 16, 11am-2pm
Meadow Farm

Join us for the 4th annual Farm Field Day!
Learn about agricultural practices, trades, and crafts
of days past. Local craftsmen and businesses will be
demonstrating their trades and selling wares. Create
crafts, enjoy food trucks, and learn about
farm practices.

Information: rec-eventsteam@henrico.gov



MEMORIAL DAY PARADE

Monday, May 25, 1-4pm
Sandston Rec Area

1pm - **Parade** starts on Williamsburg Road
where it intersects with Beulah Road.
Proceeds west and disbands at North
Confederate Avenue.

2pm - **Block Party** at Sandston Recreation
Area on JB Finley Street.

Information: rec-eventsteam@henrico.gov



(804) 501-PARK | henrico.gov/rec

Women's History Month

WOW Tour: Women of Woodland

Sat, Mar 7, 11am-1pm. Woodland Cemetery. #18244

All ages. Ranging from revolutionary members of the local medical field, Zenobia Gilpin and Elizabeth Gaiters, to community helpers, Elnora Branch, and educators, Florence Ragland, this tour will put a spotlight on these women and others like them who helped shape our region into what it is today. Discover more about their lives as you visit their final resting place at Woodland Cemetery. This walking tour will cover a large portion of the grounds so please dress accordingly. Information: sch107@henrico.gov

L From the Wonderland to the Hippodrome

Sat, Mar 7, 2-3pm. Parsons Comm Center. #18257

All ages. Did you know that from the 1880s through the 1930s that Richmond was a locus of industry for African American entertainers? Our presentation will focus on the intersecting stories of Amanda Thorp, the designer of the Hippodrome Theater, and Sherman Dudley, a famous comedian and founder of the Dudley Circuit. We will explore how they shaped Richmond's lively era of entertainment! Be sure to check out the exhibit *Determined: The 400-Year Struggle for Black Equality* before or after the talk. Information: sch107@henrico.gov

Science Sleuths: Women Scientists

Wed, Mar 11, 4-4:45pm. Deep Run. #18400

All ages. An interactive experience that's sure to spark curiosity and creativity! We'll kick things off with a fun demonstration-level experiment that brings science to life. Then, participants will dive right in, exploring their own experiment or activity together, all inspired by some amazing women scientists! Whether you're making something cool, solving a puzzle, or testing out new ideas, this program is all about fun, learning, and shared STEM experiences. Information: qua024@henrico.gov

L The Life and Music of Missy Elliott

Sat, Mar 14, noon-1pm. Belmont Rec Center. #18265

All ages. Discover the life, music, and legacy of the Portsmouth, Virginia native rapper, songwriter, and producer Missy Elliott in the context of Virginia hip-hop and R&B music history. Be sure to check out the exhibit *Determined: The 400-Year Struggle for Black Equality* before or after the talk. Information: sch107@henrico.gov



Women's History Month

Henrico History Bingo: Women's History Edition

Fri, Mar 20, 2-3:30pm. Belmont Rec Center. #18319
Ages 8+. Discover new stories of Henrico's women trailblazers in this game of Bingo. Come for the fun and prizes and leave with knowledge of how Henrico women contributed to our past and continue to shape the present. Information: den63@henrico.gov

Relax, Renew, and Refresh

Sun, Mar 22, 1-3pm. Eastern Henrico Rec Center. #18323
Ages 18+. Ladies, it's time to relax and enjoy "ME" time! We will have a rejuvenation station which will include sound/aroma therapy, access to massage lounge chairs, and foot massage stations! All stations are first-come, first-served during that two hour period. Information: cun04@henrico.gov

Forever Girlfriends RVA

Sun, Mar 22, 4-5pm. Eastern Henrico Rec Center. #18356
Ages 25+. The Founder and Executive Director of Forever Girlfriends RVA will discuss this wonderful program for ladies in celebration of Women's History Month. Visit the women entrepreneur vendors after the presentation. Information: cun04@henrico.gov

Historians on Tap: Unruly Women

Thur, Mar 26, 6:30PM. The Veil Brewing-Forest Hill. #18493
Ages 16+. Local historians Adrienne Robertson Ogle, Kate Egner, and Joe Rizzo will highlight the stories of women who challenged norms, defied authority, and carved out space for themselves in history. Information: riz002@henrico.gov

Homeschool Day: Revolutionary Women

Fri, Mar 27, 10am-noon. Clarke-Palmore House. #18253
All ages. From Abigail Adams and Phillis Wheatley to Molly Pitcher and camp followers, explore how women contributed to the Revolutionary War efforts. Information: sch107@henrico.gov

📖 Women's Work: Women and Craft in America

Sun, Mar 29, 2-3pm. Deep Run Rec Center. #18246
All ages. In this presentation, we will discuss the legacy of black women and a variety of craft-making processes in the South in the late 19th and early 20th centuries and into today. We will specifically talk about quilting, embroidery, weaving, spinning, knitting, and sewing and how these processes were used by women of color. Information: sch107@henrico.gov



COMMUNITY EVENTS

*All programs are free. No registration required.
Materials are available while supplies last.*

Henrico in 3D: Images of Varina, 1864-1865

Sat, Apr 4, 11am-12:30pm. Henrico Theatre. #18335

Ages 10+. Have you ever seen a 160-year-old photograph in three dimensions? There were many images taken of sites around Varina during the Civil War, such Fort Harrison, Cox's Landing, and Varina Farm. National Park Ranger, Mike Gorman, will explore the backstory and details of these unique photographs. 3D glasses will be provided. Information: den63@henrico.gov

Up! Up! And Away!

Sun, Apr 19, 2-4pm. Eastern Henrico Rec Center. #18336

All ages. In honor of National Superhero Day, suit up and soar into a day of heroic fun! Kids and families are invited to dress up as their favorite superheroes and enjoy action-packed games and activities to bring their powers to life. Information: qua024@henrico.gov

Galaxy Quest

Sat, May 2, 4-5:30pm. Eastern Henrico Rec Center. #18213

Ages 5-12. Star Wars fans will parade in costumes, challenge each other in a race game, create Star Wars origami, shoot rockets, and flashlights into the sky. Information: cun04@henrico.gov

HenBIKEo Safety Workshop

Wed, May 13, 5-7pm. Libbie Mill Area Library. #18412

All ages. Henrico is celebrating Bike Month! Join us on the Pier at Libbie Mill Lake and learn about road use safety and Henrico County's infrastructure improvements from Public Works and Recreation and Parks. The workshop will include crafts, a safety pledge and kids can develop their cycling skills with the Bike Police. After the workshop, Blue Ridge Cyclery invites cyclists of all ages and abilities on a ride with Public Works. Starting from and ending at the Pier, this supported group ride will have 3-mile and 9-mile options with five stops. Representatives from Public Works and Bike Walk RVA will present on upcoming bike lanes and trails. Helmets and front and rear bike lights are required by law. Information: rec-eventsteam@henrico.gov



End of School Celebration!

Fri, May 29, 2-4pm. Eastern Henrico Rec Center. #18212

All ages. Kick off summer fun, enjoying an inflatable obstacle course, Game Truck, RVA Train, and rock with DJ Armare! Information: cun04@henrico.gov

Spring Concert with Prabir Trio

Fri, May 29, 6-9pm. Deep Run Park. #18302

All ages. The fun begins at 6:00! Bring a chair or blanket and enjoy dinner before the show. Then join family and friends while listening to the fusion sounds of India inspired rock band, Prabir Trio. Concessions will be available for purchase. Information: tru08@henrico.gov

Bounce House Bonanza

Sun, May 31, 11am-1pm. Crump Park. #18267

Ages 2+. Get ready to bounce into fun and celebrate National Bounce House Day! Experience a day filled with inflatable excitement as we transform our space into a wonderland of bouncy delights. From a towering slide to a whimsical obstacle course, colorful bounce houses, and giant inflatable games, you're guaranteed a day of laughter and fun. Information: qua024@henrico.gov

COMMUNITY PROGRAMS

*All programs are free. No registration required.
Materials are available while supplies last.*

Pig-tastic Day of Celebration

Sun, Mar 1, 11am-1pm. Meadow Farm. #18325

All ages. Get ready to squeal with joy on National Pig Day! A celebration honoring our intelligent, adorable, and oink-tastic pig pals. Learn about their amazing traits and enjoy pig-inspired crafts and activities! Information: qua024@henrico.gov

Happy Birthday Dr. Seuss

Mon, Mar 2, 10:30-11:30am. Deep Run. #18413

All ages. March 2nd is Dr. Seuss birthday. Today we celebrate YOU! That is truer than true! There is no one alive who is you-er than you. Information: sta02@henrico.gov

The Great Cereal Celebration

Sat, Mar 7, 10-11:30am. Eastern Henrico. #18326

All ages. National Cereal Day is upon us! Celebrate by grabbing a bowl of cereal with Henrico Recreation and Parks! Tasty cereal, silly cereal games, and a mini craft await you! Information: qua024@henrico.gov

Family Jam: Improv Fun

Sat, Mar 7, 2-3:30pm. Belmont Rec Center. #18029

All ages. In collaboration with Bridge 9 Theater, get ready for laughter and surprises! The family improv comedy show will bring quick wit, silly scenes, and audience fun together for a day that everyone, kids and adults alike, will enjoy. Information: qua024@henrico.gov

Kids' Gym

Tue, Mar 10, 9:30-11:30am. Deep Run. #18344

Tu, Apr 14, 9:30-11:30am. Deep Run. #18345

Tue, May 12, 9:30-11:30am. Deep Run. #18346

Ages 3-6. Kids' Gym is a fun and safe environment for children to explore and play through physical activity. Each month we will have different activities such as parachutes, obstacle courses, games, bouncy balls and more. While staff will be present to provide guidance and encouragement, parents will be playing alongside their children, so they don't miss out on the fun. Information: leh@henrico.gov

Leprechaun Trapping

Thur, Mar 12, 3-4pm. Short Pump Park. #18299

All ages. Leprechauns are difficult to spot in the wild! Use household objects and other materials to design and build traps to catch these elusive characters. Take home your one-of-a-kind creation in hopes of trapping your very own leprechaun. Information: tru08@henrico.gov

Pot of Gold Bingo

Ages 16+. Tue, Mar 17, 10-11am. Eastern Henrico. #18473

Ages 5+. Tue, Mar 17, 6-7pm. Dorey. #18391

Let's celebrate St. Patrick's Day using a themed bingo game card. Can you find the rainbow and pot of gold for a special prize? Information: cun04@henrico.gov

Very Hungry Caterpillar Adventure

Fri, Mar 20, 10-11:30am. Eastern Henrico. #18327

Fri, Mar 20, 2:30-4pm. Deep Run. #18328

All ages. On March 20, we celebrate *The Very Hungry Caterpillar*! Celebrate this timeless book with fun movement games, caterpillar and butterfly crafts, and of course, we'll read the book we're honoring. Information: qua024@henrico.gov

Soaring Tails

Mon, Mar 30, 9:30-11am. Eastern Henrico. #18322

All ages. It's Spring Break, the perfect time to fly a kite, enjoy games, and other activities at the park. Bring your own kites to soar or get one from us. Information: cun04@henrico.gov

Spring Crafts

Tue, Mar 31, 10am-noon. The Springs. #18287

All ages. Welcome spring with fun crafts that celebrate all the new things it brings! Gather your family or friends and pick a favorite project or make them all! Information: roc35@henrico.gov

Sensational Spring Soiree

Wed, Apr 1, 2-4pm. Dorey Park. #18321

All ages. Are you ready for an exciting afternoon at Dorey Park? Enjoy hayrides, a petting zoo, pony rides, and a craft! Event will be held near the horse ring. Information: cun04@henrico.gov

COMMUNITY PROGRAMS

*All programs are free. No registration required.
Materials are available while supplies last.*

Milestone Anniversary

Fri, Apr 17, 10-11:30am. Belmont Rec Center. #18380
Ages 25+. Honor the years of love and dedication you've put into your marriage, especially if you are 20, 30, and 40 years down the line. Let's toast your special day and take a photo. There will be a special drawing for key milestone anniversaries. Information: cun04@henrico.gov

Kids Go Green

Fri, Apr 17, 1-1:30pm. Parsons Comm Center. #18268
All ages. Discover how small actions can have big impacts in this Earth Week story time followed by an activity! Information: sch107@henrico.gov

Storytime with Pearl the Sheep



Pearl and the Big Bunny Adventure

Sun, Apr 5, 2-3pm. Parsons Comm Center. #18264
All ages. Easter Eggs are disappearing at Meadow Farm! Join Pearl on breaking the case in this eggcellent adventure. Information: sch107@henrico.gov

Animals

Farm and Forest Friend Friday

Fri, Mar 13, 10am-noon. Parsons Comm Center. #18317
Fri, Apr 3, 10am-noon. Parsons Comm Center. #18271
Fri, May 22, 10am-noon. Parsons Comm Center. #18316
All ages. Visit our drop-in stations to hear a story about a farm or forest friend, do a creature craft, and explore the grounds to see if we can find our new friends. March's friends are skunks, April's are insects and May's are snakes. In April, bring a picnic and stay afterwards for a movie at noon on the grounds! Information: sch107@henrico.gov

Cow Eye Dissection

Fri, Apr 3, 10-11am. Three Lakes Nature Center. #18182
All ages. Learn the ins-and-outs of eye anatomy as Nature Center staff dissect a preserved cow's eyeball and discuss the basic structures of vision. Information: had018@henrico.gov

Teeny-Tiny Wildlife: Isopods

Fri, Apr 3, 1:30-2:30pm. Meadow Farm. #18241
All ages. Pill bugs, roly-polys, woodlouse, potato bugs: they go by many names but they're all isopods. Come meet this cool crustacean and learn about how they keep the forest clean. Information: col190@henrico.gov

Three Lakes Egg Hunt

Sun, Apr 5, 10am-3pm. Three Lakes Nature Center. #18225
Ages 3+. Stop by the Nature Center for a scavenger hunt to discover which animals lay eggs and which ones do not. Information: boy047@henrico.gov

Wetland Aquarium Keeper Chat

Wed, May 6, 11-11:45am. Three Lakes Nature Center. #18224
All ages. Celebrate the revival of Three Lakes Nature Center's beloved 40,000-gallon aquarium! Learn how its new wetland filter keeps the water clean, the fish healthy, and creates additional habitat for the park's wildlife. Information: rod075@henrico.gov

Creative Arts

Craft Club

Fri, Mar 6, 6-8pm. Parsons Comm Center. #18249
Fri, Apr 3, 6-8pm. Belmont Rec Center. #18250
Fri, May 1, 6-8pm. Eastern Henrico Rec Center. #18251
All ages. Are you stuck on a craft project and don't know what to do next? Are you looking for inspiration for your next crafting obsession? Do you want to hang out with other crafters and just vibe? Then Craft Club is for you! Once a month, we will meet at a different recreation center. Bring your in-process items, your project boards, your questions, or just yourself. Please note that we will not offer crafts. We are providing a chill environment to do your own crafts and connect with other crafters in the community. Information: sch107@henrico.gov

COMMUNITY PROGRAMS

*All programs are free. No registration required.
Materials are available while supplies last.*

Tales for Tots

Wed, Mar 11, 10-10:45am. Deep Run. #18295

Wed, Apr 8, 10-10:45am. Deep Run. #18296

Wed, May 13, 10-10:45am. Deep Run. #18297

All ages. A new day for Tales! This class meets the second Wednesday of each month. Caregivers are encouraged to join for a shared, enriching experience with your littlest learners. Enjoy captivating stories, music, and themed crafts, while fostering important social skills such as turn-taking and paying attention. Information:

tru08@henrico.gov

Make It Monday

Mon, Mar 23, 10am-noon. Deep Run Rec Center. #18293

Mon, Apr 27, 10am-noon. Deep Run Rec Center. #18294

All ages. On the fourth Monday of each month, all are welcome as we pull from our craft supply closet to see what great things can be made! Information:

tru08@henrico.gov

Paint and Sip

Fri, Apr 17, 6:30-8:30pm. Deep Run Rec Center. #18158

Ages 16+. Need a night out? Enjoy a creative evening of painting, lemonade, and fun! No experience needed, step-by-step guidance will be provided. Supplies available while they last. Come get inspired and enjoy! Information:

tru08@henrico.gov

May Day Flowers

Fri, May 1, 10-11:30am. Belmont Rec Center. #18307

All ages. Join us in celebrating May Day! Learn about May Day traditions and the language of flowers, then make a small basket to collect blooms for a neighbor or friend. Information:

tru08@henrico.gov

Craft Jamboree

Sun, May 17, 2-3:30pm.

Eastern Henrico Rec Center. #18337

All ages. You get a craft! And you get a craft! And you get a craft! Craft kits will be in abundance, as we utilize the crafts that have been collected over the years. From small to large, we have the craft for you. Information:

qua024@henrico.gov

Home & Garden

Flora and Fleece

Sat, Apr 11, 1:30-2:30pm. Meadow Farm. #18217

Ages 1+. Create a mini-flower bed using seeds, soil, and wool from the sheep at the farm. Then take home your new nursery pot and watch as your plant grows. Information:

fin018@henrico.gov

Repair, Reuse, Replant!

Thur, Apr 16, 6-7:30pm. Belmont Rec Center. #18324

All ages. What if giving new life to what you already have could help the planet? We will celebrate Earth Day by reusing, renewing, and regrowing! Bring clothing items that need a little care and learn how to patch tears, sew on buttons, and mend pockets to extend the life of your favorite garments. Also dig into the joy of growing new things by learning about how Keep Henrico Beautiful is propagating common house plants as gifts for teachers. Take home your own cutting in a reused container. Discover how small acts can lead to big impact. Information:

roc35@henrico.gov

Beyond the Basics: Granny Squares Made Fun

Thur, May 14 & 21, 6-7:30pm. Belmont Rec Center. #18470

Ages 16+. Join us for a two-session crochet workshop focused on the classic, versatile granny square! We'll cover construction, color changes, pattern variations, and tips for clean corners, tension, and joining squares. Plus, get creative ideas for turning your squares into finished projects. Prerequisite: Some crochet experience (magic circle, chaining, single and double crochet). Information:

sta02@henrico.gov



COMMUNITY PROGRAMS

*All programs are free. No registration required.
Materials are available while supplies last.*

Music & Dance

Bluegrass Jam

Wed, Mar 4-May 27, 6-8:30pm.

Hunton Comm Center. #18298

All ages. This open jam session focuses on bluegrass music of all styles vocal and instrumental. Musicians within the circle are expected to participate. All experience levels are welcome, including beginners. On the first Wednesday of each month there will be a jam etiquette lesson at 5:30pm. Spectators are welcome. Information: tru08@henrico.gov

Story Dancers

Tue, Mar 3, 4-4:45pm. Deep Run Rec Center. #18290

Tue, Apr 7, 4-4:45pm. Deep Run Rec Center. #18291

Tue, May 5, 4-4:45pm. Deep Run Rec Center. #18292

Ages 3-6. This beginner-friendly class is perfect for budding dancers who want to learn the basics of ballet and jazz in a fun, interactive environment. We will start class by reading a storybook and will then move through learning ballet and jazz concepts and choreography. Finally, we will end every class with our super fun “story dance,” where we’ll get to reenact our story and go on an adventure! Space is limited. Instructor-Bella Ballerina. Information:

tru08@henrico.gov

Nature & Outdoors

Bird Bingo

Sat, Mar 14, 9-10:30am. Three Lakes Park. #18363

All ages. Discover new species of birds and fill out your bingo cards as we trek through a local park identifying our flying friends. Binoculars, cards, and birds will be provided! We will be meeting at the outdoor classroom in front of the lake near the Three Lakes Nature Center entrance. Information: bov001@henrico.gov

Guided Nature Hike

Sat, Mar 28, 9-10:30am. Meadow Farm. #18362

All ages. Explore scenic trails while learning about native plants and wildlife found in our local parks. This hike encourages observation, light physical activity, and a deeper appreciation for nature. The hike will start promptly at 9:00am. Participants should expect uneven terrain and narrow paths. Information:

bov001@henrico.gov

Intro to Disc Golf

Sun, Mar 29, 1-3pm. Taylor Farm Park. #18358

Sat, Apr 18, 10am-noon. Dunncroft/Castle Point Park. #18359

Sun, Apr 19, 10am-noon. Crump Park. #18360

Sat, May 23, 1-3pm. Deep Run Park. #18361

All ages. Learn the basics of the sport that is growing every day! Disc golf is a lifetime activity so all ages should stop by and throw a few. Discs, baskets, and nice grassy fields will be provided! Information: bov001@henrico.gov

Canoeing with the Community

Thur, Apr 2, 11am-1pm. Deep Run Park. #18366

All ages. Enjoy a day canoeing on the water! Whether it’s your first time or a seasoned vet, we will provide you with everything you need to have a safe and fun experience.

Information: bov001@henrico.gov

Gnome Homes & Fairy Houses

Thur, Apr 23, 3-4pm. Deep Run Rec Center. #18199

All ages. Build your own gnome home or fairy house in the park. We will take a nature walk, gather natural materials, and build a cozy, one-of-a-kind home. Information

sta02@henrico.gov.

Herpetology Hike

Sat, Apr 25, 9:30-11am. Dorey Park. #18367

All ages. Enjoy the great outdoors while searching for elusive reptiles and amphibians. Virginia native creatures are everywhere, but how do we find them? In this program, participants will learn how to safely locate and identify a variety of animals living in our parks. This program requires walking through some potentially slippery areas and unpaved paths. The hike will begin promptly at 9:30am. Information: bov001@henrico.gov

COMMUNITY PROGRAMS

*All programs are free. No registration required.
Materials are available while supplies last.*

In The Park After Dark - Like a Moth to a Cloth

Thur, Apr 30, 8-9:30pm. Deep Run Park. #18365
All ages. Experience the park after dark while learning about cool and unique insects that inhabit the area when we turn off the lights. We will be “light sheeting” to attract a variety of moths and insects. In this harmless method, we can get up close and personal with some interesting insects. Information: bov001@henrico.gov

Wild Flower Shaker

Mon, May 4, 1:30-3pm. Belmont Rec Center. #18368
All ages. This program invites participants to create simple seed shakers filled with native wildflower seeds designed to support local pollinators. Participants learn about the role of bees, butterflies, and other pollinators, the importance of native plants, and responsible seed dispersal. Information: bov001@henrico.gov

Mother's Day Marigolds

Fri, May 8, 10-11:30am. Deep Run Rec Center. #18201
All ages. Celebrate Mother's Day by planting marigold flowers to give to your mom! Learn about plants, share quality time together, and create a colorful keepsake. Information: sta02@henrico.gov

Kayaking with the Community - Dorey Park

Sat, May 9, 10am-noon. Dorey Park. #18373
All ages. Enjoy a day on the water with Kayaking with the Community. Whether it's your first time or a seasoned vet, we will provide you with everything you need to have a safe and fun experience. Information: bov001@henrico.gov

Forest Faces and Mud Monsters

Thur, May 21, 10-11:30am. Crump Park. #18301
All ages. Let's bring the forest to life. We'll create fantastical creatures using mud and items found in nature. These faces will watch over the park while we're away. Information: tru08@henrico.gov

Insect Inspectors

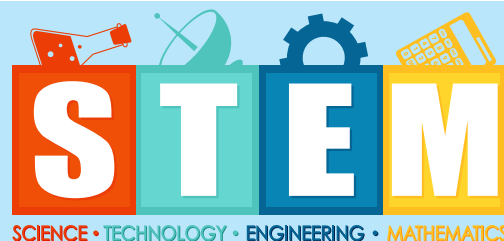
Thur, May 14, 10-11:30am. Taylor Farm Park. #18371
All ages. This program encourages curiosity, close observation, and appreciation for the diversity of insect life. Learn how insects live, what roles they play in the ecosystem, and how to observe them safely and respectfully. Information: bov001@henrico.gov

In the Park After Dark - Bat Watching

Wed, May 20, 7:30-9pm. Deep Run Park. #18372
All ages. This program offers an opportunity to observe bats as they emerge and feed at dusk. Learn about their behavior, habitats, and important role in controlling insect populations. Information: bov001@henrico.gov

Bio Blitz!

Tue, May 26, 9am-noon. Echo Lake Park. #18364
All ages. A BioBlitz is a hands-on community science program where participants work with naturalists to observe and document as many plant and animal species as possible within the local park during a set time period. Using a simple app that will be downloaded on site, and observation techniques, participants help contribute to biodiversity data while learning about local ecosystems, conservation, and the importance of protecting natural habitats. This activity is independently led. Information: bov001@henrico.gov



Science Sleuths

Wed, Apr 8, 4-4:45pm. Short Pump Park. #18402
Wed, May 13, 4-4:45pm. Cheswick Park. #18403
All ages. An interactive experience that's sure to spark curiosity and creativity! We'll kick things off with a fun demonstration-level experiment that brings science to life. Then, participants will dive right in, exploring their own experiment or activity together. Whether you're making something cool, solving a puzzle, or testing out new ideas, this program is all about fun, learning, and shared STEM experiences. Information: qua024@henrico.gov

OPEN ACCESS PASS PROGRAMS

OAP Programs are free and occur on a recurring basis.
Visit the center to receive an access pass and participate!

Open Access Pass Programs now have their own web page!

We're making it easy for you to find what you're looking for-
whether that's a certain activity, center, or you're not sure yet.

henrico.gov/rec/leisure-activities/open-access-pass-programs/



- Programs include:**
- Belmont Games Club
 - Badminton
 - Bridge
 - Basketball
 - Canasta
 - Pickleball
 - Golden Angels
 - Table Tennis
 - Mahjong
 - Volleyball
 - Pinochle
 - Tea Guild

**Participants 18 & under must be accompanied
by an adult for the initial sign-up process.**

**Participants for Youth Basketball (Ages 8-12)
must be accompanied by an adult.**

**Community rooms offer a variety of
recreational activities and games.**

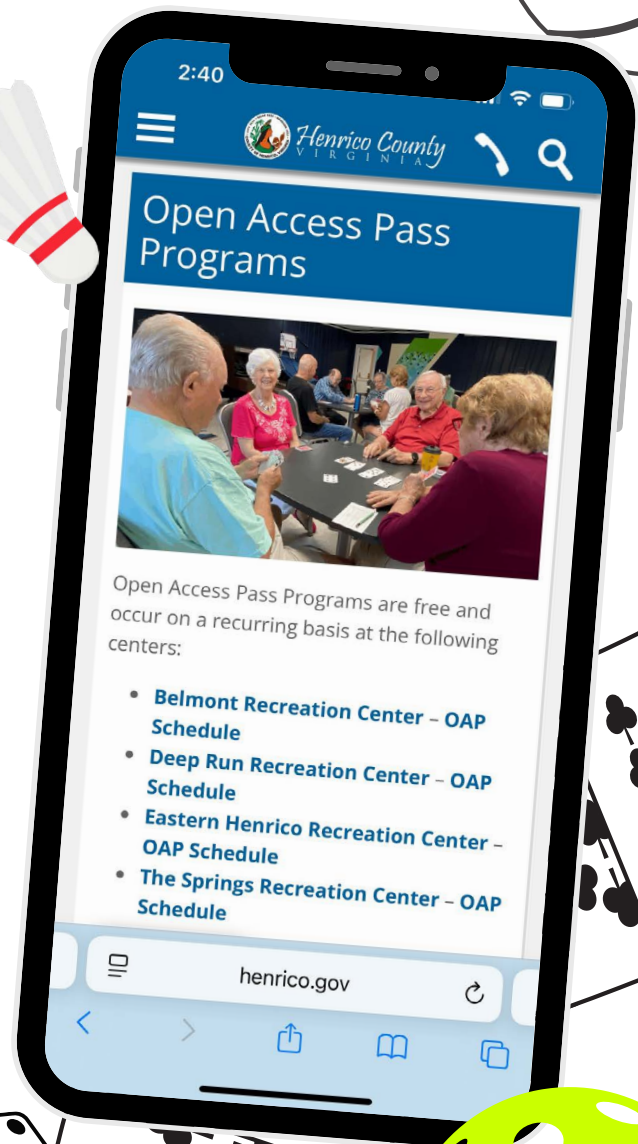
There are spaces at the following centers:

- Belmont Recreation Center
- Deep Run Recreation Center
- Eastern Henrico Recreation Center
- The Springs Recreation Center

**Ages 12 and under must be accompanied
by an adult.**

*Email or call for more information and to
check on availability.*

Get our app!
onelink.to/rquwx3



HISTORY PROGRAMS

All programs are free. No registration required.

HENRICO COUNTY VIRGINIA²⁵⁰ AMERICAN REVOLUTION

Spilling the Tea on Colonial Tea

Sat, Mar 28, 2-3:30pm. Belmont Rec Center. #18492

All ages. Why did the British and their colonies become tea drinkers? How was colonial tea service different from Victorian? Did anyone drink tea from the saucer? There will be a demonstration of how it was prepared and to taste some teas of the era. Information: den63@henrico.gov

Family Sleuths: Revolutionary Spies

Wed, Apr 1, 2-3pm. Deep Run Rec Center. #18354

Ages 8-12. Do you have what it takes to be a spy? Solve secret messages, follow clues, and try to traverse the property without getting lost or captured! Information: leh@henrico.gov

Lives, Fortunes & Sacred Honor: American Revolution Stories

Sun, Apr 19, 2-3:30pm. Belmont Rec Center. #18414

Ages 10+. Virginia War Memorial Director of Education Jim Triesler shares stories of the actions of ordinary people who took extraordinary measures to bring about our nation. Information: den63@henrico.gov

London Pleasants: From Enslaved to Redcoat

Sat, May 23, 1-2pm. Recreation and Parks Admin. #18259

Ages 10+. Follow the life of London Pleasants from enslavement to self-emancipation in Henrico County. Learn about his time as a Black Loyalist and fate after the American Revolution. Information: sch107@henrico.gov

An Audience with Lord Dunmore

Sat, May 30, 11am-12:30pm. Belmont Rec Center. #18331

Ages 10+. The colony of Virginia became more restless under the policies of the British government. Costumed interpreter, Bill Rose, portrays the last royal governor, John Murray, Earl of Dunmore. He will discuss Virginia's rising "Liberty Fever" and how he intends to cure it. Can he "defeat such treasonable purposes" and restore order to the Old Dominion? Information: den63@henrico.gov



FRIEND OR FOE

5K

A HENRICO 250 EVENT

Saturday, May 2, 9am-1pm.

Osborne Park & Boat Landing

Celebrate 250 years of independence at the Friend or Foe 5K! The run begins at historic Osborne Park and travels through a Revolutionary War-era landscape. Meet Lafayette and Benedict Arnold reenactors along the way and decide for yourself: friend or foe?

Registration required to participate in 5K.

Information: riz002@henrico.gov

WALKERTON TAVERN'S BICENTENNIAL BASH



Sunday, May 17
2-4pm
Walkerton Tavern



Celebrate Walkerton Tavern's
200th anniversary with
historical interpreters, activities,
games and more!

Information: den63@henrico.gov



(804) 501-PARK | henrico.gov/rec

HISTORY PROGRAMS

All programs are free. No registration required.

From the Stacks

A Tale of Two Spies

Tue, Mar 10, 10am-noon. Varina Area Library. #18289
Ages 10+. Rose O'Neal Greenhow of Washington, D.C. and Elizabeth Van Lew of Richmond used their position in society to conduct clandestine activities behind enemy lines during the American Civil War. A comparative biography exploring the successes and failures of their wartime activities will be presented. This presentation is in partnership with Henrico County Public Library. Information: den63@henrico.gov

Historically Speaking: Meet Abigail Adams

Sat, Mar 14, 11am-noon. Glen Allen Library. #18288
Ages 10+. Wife of the second U.S. President John Adams, Abigail Smith Adams was ahead of her time as an early supporter of women's education and rights and the abolition of slavery. Join living historian Debbie Phillips for a portrayal of Abigail Adams where she is sure to remind us "to remember the ladies." This program is held in partnership with Henrico County Public Library. Information: kbridges@henricolibrary.org

Walkerton Tavern at 200

Thur, Apr 30, 6:30-7:30pm. Glen Allen Library. #18313
Ages 10+. Along Mountain Road in Glen Allen stands a 200-year-old, three-story brick building. Although it is known as Walkerton Tavern, it has served a variety of purposes over the years. Find out how it has been used by its different owners, some unique architectural features of the building, and hear a few ghost stories. Information: leh@henrico.gov

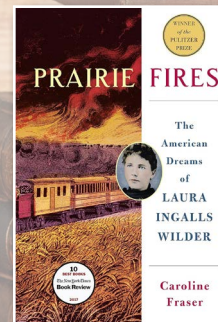
Historically Speaking: Mythbusters in the Kitchen

Thur, May 21, 2-3pm. Gayton Branch Library. #18320
Ages 10+. Take a bite or two from some historical helpings in this smorgasbord of food history from America's kitchens. From the welcoming pineapple to exploring the mysteries of separate kitchens and the inventor of ice cream, we'll focus on some myths around popular summertime food and drink. What is myth, what is fact, or does the answer lie somewhere in between? Information: den63@henrico.gov

Blast from the Past Book Club

Ages 14+. Join Recreation & Parks staff and Henrico County Public Library for our bi-monthly book club! We will read a new book and visit a different Henrico County historic site every other month. After the book discussion, we will talk about the ties between the site and the book. A tour of the site is included.

Tue, Apr 14, 1-3pm.
Deep Run Schoolhouse. #18416
Prairie Fires: The American Dreams
of Laura Ingalls Wilder
by Caroline Fraser



Information: sch107@henrico.gov

History Beyond the Textbook

From Strongman to Tomb Raider: Giovanni Battista Belzoni

Sun, Mar 8, 2-3pm. Eastern Henrico. #18275
All ages. Explore the fascinating life of Giovanni Battista Belzoni from his humble beginnings to his time as a fugitive, circus performer, and excavator responsible for several infamous pieces from Egypt for the British Museum. Information: sch107@henrico.gov

Icon Key



Lecture



Live Streaming

**For more information on live streamed programs,
contact riz002@henrico.gov**

HISTORY PROGRAMS

All programs are free. No registration required.

Henrico's Wild Weather

Sun, Mar 15, 2-3:30pm. Belmont. #18306

Ages 10+. What was Henrico's weather like in centuries past? What severe weather events impacted its residents or even the outcome of a significant moment in time? During this official Severe Weather Awareness Week, we'll explore stories of flooding, thunderstorms, and even a snowstorm for the record books. Information:

den63@henrico.gov

Captain of All These Men of Death: Tuberculosis

Sun, Mar 22, 2-3pm. Parsons Comm Center. #18273

All ages. In advance of World Tuberculosis Day, March 24, discover the forgotten history of tuberculosis. Learn how it shaped the United States and the disease's continuing impact on the world today. Information:

sch107@henrico.gov

History Investigators

History Investigators

Sat, Mar 21, 10-11am. Dabbs House Museum. #18353

Sat, May 23, 10-11am. RF&P Park. #18352

Ages 6-12. Join the History Investigators as we practice our detective skills. You will receive a folder with objectives like finding objects and following clues to hidden boxes. Information:

leh@henrico.us

Homeschool Day

School through the Centuries

Fri, Apr 10, 10am-noon. Clarke-Palmore House. #18269

All ages. Ring the bell! School is in session! Have you ever wondered what school was like in the past? Discover more about education through the centuries at various hands-on drop-in stations. Information: sch107@henrico.gov

Inventions and Innovators

Fri, May 8, 10am-noon. Clarke-Palmore House. #18255

All ages. May is National Inventors Month! From Lewis Latimer and Hedy Lamarr to automobiles and sliced bread, discover more about the inventors and inventions that help us in our daily lives. Information: sch107@henrico.gov

Saturday at the Museum

All ages. Saturdays, 10am-2pm.

Henrico Recreation and Parks owns, preserves, and interprets historic properties across the county. See and hear the stories of the people, places, and events that have shaped our county.

Mar 7: Clarke-Palmore House

The Clarke-Palmore House interprets the story of the Palmore family that lived in the house during the 1930s. See how the family adapted to the Great Depression, the introduction of electricity to the house, and still waiting for indoor plumbing. A small exhibit room displays part of the family's collection of antique sewing and kitchen implements.



Apr 4: Meadow Farm

The Meadow Farm house, built in phases from 1820 to 1858, is now interpreted as the Sheppard home during the 1860s. After the tour, you can view the exhibits at the Parsons Center, which explores the history of Native Americans from the area, the enslaved that worked the farm and the Sheppard family.



May 9: Deep Run Schoolhouse

Deep Run Schoolhouse was a two-room school that served the community from 1902-1911. Explore a re-created schoolroom of the time period and exhibit on early 20th century education.



Information: leh@henrico.gov

HISTORY PROGRAMS

All programs are free. No registration required.

Paws, Hooves, and History

Dapper Dogs: Dogs in Art

Sat, May 9, 2-3:30pm. Parsons Comm Center. #18260

All ages. This presentation will highlight the talented 19th-century artists who specialized in depicting dogs. We will explore this era's use of symbolism in fine arts and the different connotations connected to dogs. After the presentation, there will be a short activity where you can customize a small picture frame for your favorite furry friend. Information: sch107@henrico.gov

Rhythm, Resistance, & Representation



The Rise and Fall of the Fighting Editor: John Mitchell, Jr.

Sat, Mar 21, 2-3pm. Recreation and Parks Admin. #18245

Ages 13+. Born into slavery in Henrico County, John Mitchell, Jr. would become known as the fighting editor of the *Richmond Planet* newspaper, confronting the violence and injustices of the Jim Crow South through his publication. Whether it was through the organizing of boycotts, the endless crusading for antilynching laws, or public appearances to allow his persecutors to do their worst, Mitchell would not back down. Be sure to check out the exhibit *Determined: The 400-Year Struggle for Black Equality* before or after the talk. Information: sch107@henrico.gov



Virginia's Black Artists and Art History

Sat, Apr 4, 2-3pm. Eastern Henrico. #18276

All ages. Uncover Virginia's African American artists while exploring art history and legacy across mediums and through time. Information: sch107@henrico.gov

Icon Key



Lecture



Live Streaming

For more information on live streamed programs, contact riz002@henrico.gov



No Officers, No Fight:

The Story of the Mutinous Sixth

Sat, Apr 18, 2-3pm. Eastern Henrico. #18277

All ages. April 21 marks the 128th anniversary of the beginning of the Spanish American War. This war is among the lesser-known conflicts in United States history. In this presentation, we will delve into the unusual story of the 6th Virginia Volunteers, a regiment of Central Virginia based African American soldiers who never even made it to the war's front lines. Discover why they were deemed mutinous in this intriguing lecture. Information: sch107@henrico.gov



D'Angelo and the History of Neo-soul Music

Sun, May 31, 2-3pm. Eastern Henrico. #18274

All ages. Learn about the life and legacy of Richmond native, D'Angelo, and the history of Neo-soul music in this presentation. Information: sch107@henrico.gov

Woodland Cemetery Tours

Woodland Cemetery Tour

Sat, Apr 11, 11am-1pm. Woodland Cemetery. #18417

Sat, May 9, 10am-noon. Woodland Cemetery. #18254

All ages. This walking tour encompasses the final resting place of African Americans from Richmond, Henrico, and surrounding areas. On the tour, we will highlight not only the many influential people who are at rest in Woodland's sacred grounds but also the ongoing recovery efforts that have occurred in recent years. The tour will cover a large portion of the grounds so please dress accordingly. Information: sch107@henrico.gov



We send out a monthly email newsletter that includes our history events and programs.

Subscribe today!

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PERFORMING ARTS



HENRICO LIVE

Join us for another Henrico Live season! Tickets cost \$10 per show.

To purchase tickets go to henricolive.com or visit the box office.

All performances will be held at Henrico Theatre.

Box Office Hours: Mon, Wed, Fri, 12-4pm. 804-652-1460

THESE PERFORMANCES ARE SOLD OUT

KOS

Fri, Apr 17, 7pm.

Soul Expressions

Fri, May 15, 7pm.

Twelve Angry Jurors

Fri-Sun, Mar 6-15.

Henrico Theatre Company presents a drama adapted by Sherman L. Sergel. A 19-year-old man has just stood trial for the fatal stabbing of his father. "He doesn't stand a chance," mutters the guard as the 12 jurors are taken into the jury room. It looks like an open-and-shut case – until one of the jurors begins opening the others' eyes to the facts. Tempers get short, arguments grow heated, and jurors become 12 angry people. One of the greatest plays in years, it's exciting and a real thrill! Directed by Sarbajeet Das.

Susan Greenbaum

Fri, Mar 20, 7pm.

Susan Greenbaum has committed the first sin of musicians: She quit her day job. After working as a corporate executive in Fortune 500 companies, Susan traded her power suits for performing. Susan is a Henrico Theatre mainstay and the recipient of several songwriting awards.

Bravo for Broadway

Fri-Sun, Jun 5-14.

Join Henrico Theatre Company as they salute Broadway like no one else can! Including some of the greatest songs from some of the greatest Broadway musicals such as *Barnum*, *Pippin*, *Annie Get Your Gun*, *Sweet Charity*, *Guys and Dolls*, *The Wiz*, *Pajama Game*, *My Fair Lady* and *Wicked*. You won't want to miss this exhilarating performance of songs by some of HTC's most favorite and most incredible performers! Directed by Amy Perdue.

HENRICO THEATRE MOVIES

SILVER SCREEN MOVIES

Showtime: 10am

Mar 25, April 29 & May 27



TICKETS &
CONCESSIONS:
\$1/EACH

KIDS MOVIES

Showtime: 10am

Mar 18, Apr 22 & May 20

804.652.1460 | henricotheatre.com



Additional Performances

On the Air Radio Players present *My Favorite Wife*

Wed & Thur, Apr 15 & 16, 7pm. Henrico Theatre.

On the Air Radio Players present an hour of fun with *My Favorite Wife*. Directed by Jo Rake. Come and join us for this hour of a live radio show including live music and sound effects! Information: per22@henrico.gov

Henrico Pops Chorus Spring Concert

Tue, May 12. 7pm. Henrico Theatre.

The Henrico Pops Chorus will present their annual spring concert. Come out and join the chorus for musical fun. Information: per22@henrico.gov or 804-652-1460.



(804) 501-PARK | henrico.gov/rec

PERFORMING ARTS

Audition Announcements

No performers paid. For additional information:

per22@henrico.gov

On the Air Radio Players will hold auditions for their production of ***My Favorite Wife*** on March 2 & 3 at 7pm at Belmont Recreation Center. Director Jo Rake is seeking 10 men and women for a variety of voice and sound effects roles. Readings will be from the script. Rehearsals will start on March 16 for an April 15 & 16 run at Henrico Theatre.

Henrico Theatre Company will hold auditions for their production of ***Getting Sara Married*** by Sam Bobrick on March 8, 4-6pm and March 10, 7-9pm at The Cultural Arts Center at Glen Allen. Director Amber dePass is seeking 3 men ages 30-50 and 3 women, two ages 20-40 and one age 60-75. Readings will be from the script. Rehearsals will start around mid-March for a May 1-17 run.

A SALUTE TO KAREN CARPENTER



Sun, Mar 15

3 & 7 pm

The Cultural Arts Center
at Glen Allen

Tickets: \$25

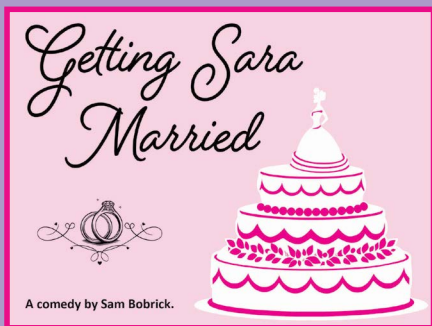
One of the most beautiful and soothing voices of all time undoubtedly belonged to Karen Carpenter. She rose to fame in the early 70's along with her brother Richard as darlings of the easy-listening duo, The Carpenters. Join Shannon Gibson Brown as she serenades in this beautiful salute to the music of Karen Carpenter.

Info: 804-501-5138 or www.artsglenallen.com

HENRICO THEATRE COMPANY

All HTC tickets can be purchased in person at The Cultural Arts Center at Glen Allen, by calling 804-261-2787, or online at artsglenallen.com. Individual Tickets: \$12 for adults and \$10 for seniors (55+) and students per show.

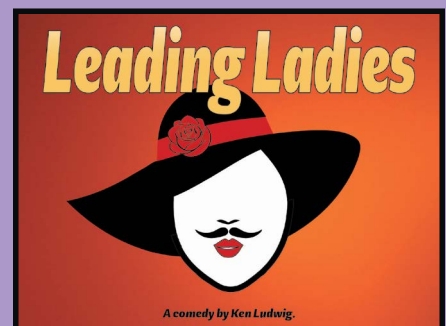
These HTC performances are held at The Cultural Arts Center at Glen Allen.



May 1-17

A comedy by Sam Bobrick.

Aunt Martha has decided to get her reluctant niece, Sara married at any cost. In this case it amounts to bopping the prospective groom over the head and having him brought to her apartment. Unfortunately, Aunt Martha's choice is someone already engaged to be married. This funny, bright and breezy evening of delightful theatre has just about everything you'd want in a romantic comedy: two reluctant suitors, a meddling aunt, a bout of amnesia and some serious food allergies. It doesn't get more fun than this!



July 17-August 2

A comedy by Ken Ludwig.

In this hilarious comedy, two Shakespearean actors, Leo and Jack, find themselves so down on their luck that they're performing on the Moose Lodge circuit in Pennsylvania. But then, they hear that dear old Florence of nearby York, PA is about to die and leave her fortune to her two long lost English nephews whom she has never seen. For Jack and Leo it is the work of an instant to turn themselves into nephews Max and Steve and grab the cash. And that's when the complications set in... Romantic entanglements abound in this screwball comedy filled with bad behavior, high heels, and a world of comedy.

YOUTH CLASSES

All programs are free; however, programs with a ► next to the title require registration in advance.

Creative Arts

► Magician Apprentice Class

Wed, Mar 18, 4-5pm. Deep Run Rec Center. #18355
Ages 7-12. Fascinated by magic? Begin your journey into magic by learning some basic tricks. When you leave, you will be able to perform your own mini magic show. Information: leh@henrico.gov

► Studio at The Springs: Pottery Coil Bowl

Sat, Apr 18-May 16, 10am-noon.
The Springs Rec Center. #18157
Ages 10-16. Discover the skill of clay coiling in this two-part class and transform simple clay coils into a bowl that's anything but ordinary. Information: tru08@henrico.gov

Home & Garden

► Spring into a Slice of Pizza

Thur, Apr 2, 10am-1pm. Belmont Rec Center. #18332
Ages 6-12. Victoria's Kitchen will provide a hands-on cooking class where participants create their own customized pizza from the dough to the toppings. This fun and flavorful program is perfect for young chefs. Instructor: Victoria's Kitchen. Information: qua024@henrico.gov

Music & Dance

► Ballet Groove

Mon, Mar 9-30, 4:30-5:30pm. Eastern Henrico Rec. #18230
Mon, Apr 6-27, 4:30-5:30pm. Eastern Henrico Rec. #18386
Ages 5-7. This class blends ballet, jazz, and creative movement to create a fun, energetic class that enhances coordination, motor skills, and musicality. Information: cun04@henrico.gov

► Introduction to Guitar 1

Tue, Mar 10-31, 5:45-6:30pm. The Springs Rec. #18282
Ages 6-12. Do you want to see if guitar is the instrument for you? In this class, you will learn introductory guitar techniques and playing skills. The instructor has taught hundreds of musicians and will teach good playing habits while keeping learning challenging and fun. Please bring a guitar. Information: roc35@henrico.gov

► Introduction to Guitar 2

Tue, Apr 14-May 5, 5:45-6:30pm. The Springs Rec. #18284
Ages 6-12. This class is for participants who have completed Guitar I and are ready to continue building their skills. The instructor has taught hundreds of musicians and will teach good playing habits while keeping learning challenging and fun. The Introduction to Guitar 1 course is a prerequisite. Please bring a guitar. Information: roc35@henrico.gov

► Story Dancers

Tue, Apr 7, 4-4:45pm. Deep Run Rec Center. #18291
Ages 3-6. This beginner-friendly class is perfect for budding dancers who want to learn the basics of ballet and jazz in a fun, interactive environment. We will start class by reading a storybook and will then move through learning ballet and jazz concepts and choreography. Finally, we will end every class with our super fun "story dance," where we'll get to reenact our story and go on an adventure! Space is limited. Instructor-Bella Ballerina. Information: tru08@henrico.gov

► Tiny Dancers

Mon, Mar 9-30, 3:30-4:30pm. Eastern Henrico Rec. #18226
Mon, Apr 6-27, 3:30-4:30pm. Eastern Henrico Rec. #18409
Ages 3-4. A fun-filled movement class that incorporates beginning ballet skills and technique through creative games and dances. Information: cun04@henrico.gov

PROGRAM REGISTRATION

Spring 2026 Registration Begins:

Tue, Feb 17 for Henrico Residents
Fri, Feb 20 for Non-Henrico Residents

Begins
at
7am

YOUTH CLASSES

All programs are free; however, programs with a ► next to the title require registration in advance.

Nature & Outdoors

► Indoor Archery

Sun, Mar 1, 2-3:30pm. Deep Run Rec Center. #18198
Ages 10-17. In this hands-on course, archers will learn the fundamentals of archery based on the NASP curriculum, including proper technique, safety, and the importance of focus and patience. Through practice and friendly competition, participants will build confidence and develop valuable skills. Whether you're a beginner or have some experience, our certified instructors will guide you every step of the way. Archery is a great opportunity for home schooled students to gain a PE credit. Information: bon37@henrico.gov

► Indoor Archery

Fri, Mar 20, 10am-noon. Eastern Henrico Rec Center. #18370
Ages 10-17. In this hands-on course, archers will learn the fundamentals of archery, including proper technique, safety, and the importance of focus and patience. Through practice and friendly competition, participants will build confidence and develop valuable skills. Whether you're a beginner or have some experience, our expert instructors will guide you every step of the way. This program will follow the USA Archery curriculum. Information: bov001@henrico.gov



Let's Grow, Henrico! is a free camp for Henrico residents. This program is for rising 1st – 7th grade students.

Each participant can only register for (1) two-week session for the summer.

2026 Camp Dates

Camp is held from 8am-4:30pm.

Session I: Mon, June 22 - Thur, July 2

Session II: Mon, July 6 - Thur, July 16

Session III: Mon, July 20 - Thur, July 30

SITES FOR RISING 1ST - 4TH GRADES:

- Deep Run Rec Center
- Dorey Rec Center*
- Eastern Henrico Rec Center*
- The Springs Rec Center*
- Twin Hickory Rec Center

SITES FOR RISING 5TH - 7TH GRADES:

- Elko Community Center*
- Hunton Community Center
- Hidden Creek Rec Center*

**Locations qualify for the Summer Food Service Program.*

INCLUSION SERVICES

For more details about inclusion services, see page 3.

Information: camps@henrico.gov

ADULT/FAMILY CLASSES

All programs are free; however, programs with a ► next to the title require registration in advance.



A canvas for our community. Come create with us and explore various forms of art with instruction. Participants may only sign up for one session of each class.

► Beaded Wrap Bracelets

Tue, Mar 3, 6:30-8:30pm. The Springs Rec Center. #18308
Ages 16+. Create a beaded bracelet using a variety of colorful or earth-tone beads. We'll guide you through the process of creating a personalized piece of jewelry. Instructor: Susan Kewer. Information: roc35@henrico.gov

► Blackout Poetry Creations

Tue, Mar 10, 6:30-8:30pm. The Springs Rec Center. #18309
Ages 16+. Step into the world of poetry and art! Learn the process of blackout poetry taking text from a book or newspaper and creating a unique piece of artwork. Instructor: Samantha Forbes. Information: roc35@henrico.gov

PROGRAM REGISTRATION

Spring 2026 Registration Begins:

Tue, Feb 17 for Henrico Residents
Fri, Feb 20 for Non-Henrico Residents

Begins
at
7am



► Leather Earrings

Thur, Mar 19, 1:30-3pm. The Springs Rec Center. #18202
Thur, Mar 19, 6-7:30pm. The Springs Rec Center. #18203
Ages 16+. Learn how to make your own trendy, one-of-a-kind leather earrings using ink and this time-honored leather crafting tradition! Take these skills and make countless gifts or simply expand your earring collection. Project requires use of fine motor skills and tools. Information: sta02@henrico.gov

► Pottery Coil Bowl

Tue, Apr 14-May 12, 1:30-3:30pm. The Springs Rec. #18155
Tue, Apr 14-May 12, 6:30-8:30pm. The Springs Rec. #18156
Ages 16+. Discover the skill of clay coiling in this two-part class and transform simple clay coils into a bowl that's anything but ordinary. Information: tru08@henrico.gov

► Painted Slate Tile

Tue, Apr 28, 1:30-3:30pm. The Springs Rec Center. #18159
Tue, Apr 28, 6:30-8:30pm. The Springs Rec Center. #18160
Ages 16+. Create a one-of-a-kind piece by painting on slate tiles, choosing to design freehand or use stencils for guidance. Information: tru08@henrico.gov

ADULT/FAMILY CLASSES

All programs are free; however, programs with a ► next to the title require registration in advance.

Creative Arts

► Still Life on the Farm

Sun, Mar 15, 1:30-2:30pm. Meadow Farm. #18234
Ages 12+. Stretch your creative muscles and capture a farm-themed still life with a watercolor painting activity. Materials will be provided. Information: col190@henrico.gov

History

► Cross Stitch Workshop

Sat, Apr 4-11, 1-3pm. Parsons Comm Center. #18272
Ages 12+. This two-part workshop will explore the history and process of creating cross stitch. In the first session, discover the history of cross stitch, pattern-making, and starting a canvas. In the second, we will learn the canvas finishing methods and share our creations. The experience is designed to be enjoyable for beginners and experienced artists alike. Project requires the use of fine motor skills and use of tools. Information: sch107@henrico.gov

► Chainmail Workshop

Sat, May 2, 2-4pm. Parsons Comm Center. #18278
Ages 12+. Discover the history of chainmail and create a small chainmail project. This project requires the use of fine motor skills and tools. Information: sch107@henrico.gov

► Revolutionary Wool Workshop

Sat, May 30, 10-11:30am. Parsons Comm Center. #18279
Sat, May 30, 1-2:30pm. Parsons Comm Center. #18418
Sat, May 30, 3:30-5pm. Parsons Comm Center. #18419
Ages 12+. During this workshop, you will unravel the truth about the homespun movement during the American Revolution, learn about yarn making from fleece to finish, comb shorn wool, try your hand at the drop spindle, and work on a spinning wheel. All three sessions will present the same information. Please only sign up for one session. Project requires the use of fine motor skills and tools. Information: sch107@henrico.gov

Home & Garden

► April Showers Cookie Workshop

Thur, Apr 9, 6-7:30pm. Belmont Rec Center. #18200
Ages 18+. Ready for a spring decorating adventure? No experience needed - we will decorate three spring-themed cookies, a butterfly, flower, and umbrella, in soft pastels to take home. Instructor: Carla Mentry. Information: sta02@henrico.gov

► Spring Soap

Thur, Apr 30, 6:30-8pm. The Springs Rec Center. #18286
Ages 15+. Welcome spring with the beauty of blooms! We'll be crafting soaps using dried flowers and fresh floral fragrances. Choose your favorites or experiment with new scents to create a perfect springtime treat for yourself or as a gift. Information: roc35@henrico.gov

► Unity in the Kitchen: Flavors of AAPI

Fri, May 1, 6-9pm. Belmont Rec Center. #18334
Ages 6+. Celebrate Asian American and Pacific Islander Heritage through a hands-on family cooking experience! Discover vibrant flavors, learn simple cultural dishes together, and enjoy a delicious meal. All family members must be registered. No more than 4 family members per group. Instructor: Victoria's Kitchen. Information: qua024@henrico.gov

Music & Dance

► Line Dance

Wed, Mar 4-18, 11am-noon. Belmont Rec Center. #18303
Wed, Apr 1-29, 11am-noon. Belmont Rec Center. #18474
Wed, May 6-20, 11am-noon. Belmont Rec Center. #18475
Fri, Mar 6-20, 10:30-11:30am. Deep Run Rec Center. #18236
Fri, Apr 3-24, 10:30-11:30am. Deep Run Rec Center. #18237
Ages 18+. Meet new people and keep fit! Line dancing provides a great form of low-impact exercise. It's perfect for improving coordination, balance, memory, and increasing cardiovascular health. Learn dance terminology and easy dance moves to a variety of music. No partner needed. Information: tru08@henrico.gov

ADULT/FAMILY CLASSES

All programs are free; however, programs with a ► next to the title require registration in advance.

► Line Dance

Thur, Mar 5-26, 5:30-6:30pm. Eastern Henrico Rec Center. #18205
Thur, Apr 2-30, 5:30-6:30pm. Eastern Henrico Rec Center. #18407
Thur, May 7-28, 5:30-6:30pm. Eastern Henrico Rec Center. #18408
Sat, Mar 7-28, 10-11am. Eastern Henrico Rec Center. #18208
Sat, Apr 4-25, 10-11am. Eastern Henrico Rec Center. #18209
Sat, May 2-30, 10-11am. Eastern Henrico Rec Center. #18210
Ages 18+. Line dancing is a fun, choreographed dance set to upbeat cultural music where everyone moves together in rhythm! Each routine features repeating step patterns with both high and low-impact aerobics. It's perfect for improving physical health, balance, coordination, and cardiovascular fitness. No partner needed. Information: cun04@henrico.gov

► Precision RVA Step Dance Class

Wed, Mar 4-25, 6:30-7:30pm. Eastern Henrico Rec Center. #18426
Ages 15+. This class introduces the fundamentals of stepping while building confidence, coordination, and teamwork. The class blends traditional step elements with modern style, rooted in rhythm and movement. Information: cun04@henrico.gov

► Introduction to Guitar 1

Tue, Mar 10-31, 6:45-7:30pm. The Springs Rec. #18283
Ages 13+. Do you want to see if guitar is the instrument for you? In this class, you will learn introductory guitar techniques and playing skills. The instructor has taught hundreds of musicians and will teach good playing habits while keeping learning challenging and fun. Please bring a guitar. Information: roc35@henrico.gov

► Introduction to Guitar 2

Tue, Apr 14-May 5, 6:45-7:30pm. The Springs Rec. #18285
Ages 13+. This class is for participants who have completed Guitar I and are ready to continue building their skills. The instructor has taught hundreds of musicians and will teach good playing habits while keeping learning challenging and fun. The Introduction to Guitar 1 course is a prerequisite. Please bring a guitar. Information: roc35@henrico.gov

Nature & Outdoors

► Indoor Archery

Fri, Mar 20, 1-3pm. Eastern Henrico Rec Center. #18369
Ages 18+. In this hands-on course, archers will learn the fundamentals of archery, including proper technique, safety, and the importance of focus and patience. Through practice and friendly competition, participants will build confidence and develop valuable skills. Whether you're a beginner or have some experience, our expert instructors will guide you every step of the way. This will follow the USA Archery curriculum. Information: bov001@henrico.gov

► Stepping into Nature:

Where the Wild Things Flow

Tues, Apr 14, 5:30-7pm. Parsons Comm Center #18468
Ages 8+. This hands-on Earth Day workshop invites youth and families to explore trails, wetlands, and wooded habitats. Participants will discover how water, soil, wildlife, and decomposition shape the landscape while learning about frogs, toads, snakes, and other native species. Information: bov001@henrico.gov

► Kayak Tour

Mon, Apr 20, 10am-noon. Deep Bottom Park. #18374
Ages 10+. Spring into the season with a peaceful paddle through calm waters. Take in the scenery and sounds as we make our way upriver. This program is accepting of all skill levels. This program will begin promptly at 10. Information: bov001@henrico.gov

► Invertebrate Dip Netting

Wed, May 20, 10-11:30am. Three Lakes Park. #18183
Ages 10+. Learn how scientists can determine the health of a stream or river based on the invertebrates that live there. Accompany animal care staff and take part as they fish up and identify species of benthic macroinvertebrates. Information: had081@henrico.gov

► Wildlife BINGO

Tue, May 26, 10-11am. Three Lakes Nature Center. #18180
All ages. Search for native species as we walk the trails of the park and learn about the many animals that call Three Lakes their home. Can you get BINGO? Information: bai051@henrico.gov

THERAPEUTIC RECREATION

All programs are free; however, programs with a ► next to the title require registration in advance.

Therapeutic Recreation (TR) offers inclusive and adaptive programs for individuals with disabilities or medical conditions that promote socialization, friendship, and personal growth. Using recreation and leisure activities, these programs support physical, emotional, and social well-being in a fun and engaging way. From creative arts and fitness to social events and life skills, participants enjoy meaningful experiences in a welcoming, supportive environment. TR programs can be easily modified to meet individual needs—ensuring everyone can participate and thrive.

FIT FOR ALL: ADAPTIVE FITNESS



Tue, Mar 3, Apr 7 & May 5, 11-11:45am.
Deep Run Rec Center. #17947

Wed, Mar 18, Apr 15 & May 20, 11-11:45am.
Eastern Henrico Rec Center. #17946

Ages 18+. This adaptive fitness class is designed for people of all abilities. The program focuses on building strength, flexibility, and endurance. With supportive instruction and a welcoming environment, participants can stay active, improve overall wellness, and enjoy movement at their own pace. A Group Exercise Pass is required to participate in this program.

Information: mcc159@henrico.gov

Cup of Joe

Thur, Mar 5, 10:30-11:30am. Eastern Henrico. #18357

Thur, Apr 2, 10:30-11:30am. Eastern Henrico. #18378

Ages 16+. Take a moment to sip and serve! Cup of Joe is a relaxed community gathering where participants enjoy a warm cup of coffee, cocoa, or tea while working on meaningful projects - like writing cards of thanks and encouragement to local service groups. It's a great way to build social skills in a low-pressure setting, offering opportunities for casual conversation, teamwork, and connection. Participants can choose to engage with others or work independently, making it a flexible and welcoming space for all. Information: rec-inclusion@henrico.gov

Bingo

Tue, Mar 10, 10:30-11:30am. Belmont. #18379

Tue, Apr 14, 10:30-11:30am. Belmont. #18392

Tue, May 12, 10:30-11:30am. Belmont. #18395

Ages 5+. Monthly bingo for all abilities. We offer a variety of bingo board styles to meet different needs. Each session will have various prizes. Information:

rec-inclusion@henrico.gov

Open Gym Basketball

Wed, Mar 11, 11am-12:30pm. Eastern Henrico. #18421

Ages 18+. This fun, active basketball clinic designed for all abilities and all skill levels! We'll shoot around, work on fundamentals like dribbling and passing, and play classic games like HORSE and Around the World! Bring your love for music and movies! Instructor: Jacob's Chance.

Information: rec-inclusion@henrico.gov

► Sensory Explorers

Tue, Mar 17, 10:15-11:15am. Deep Run. #18376

Tue, Apr 21, 10:15-11:15am. Deep Run. #18393

Tue, May 19, 10:15-11:15am. Deep Run. #18396

Ages 2-5. Sensory Explorers offers little ones a fun and messy way to learn and grow! Each monthly class features a new theme with guided activities that support creativity, sensory development, and fine motor skills. Parents and caregivers join in for hands-on fun as children are exposed to a wide variety of sensory materials like paints, shaving cream, glue, sensory bins, and more - making each session a playful and enriching experience. Information:

rec-inclusion@henrico.gov

Chair Yoga

Tue, Mar 24, 10-11am. Belmont. #18422

Ages 18+. Get active with the gentle movement and relaxation of chair yoga! Participants will practice seated and standing movements focused on flexibility, relaxation, and mindful breathing. No experience needed. Instructor: Jacob's Chance. Information: rec-inclusion@henrico.gov

PROGRAM REGISTRATION

Spring 2026 Registration Begins:

Tue, Feb 17 for Henrico Residents

Fri, Feb 20 for Non-Henrico Residents

Begins
at
7am



THERAPEUTIC RECREATION

All programs are free; however, programs with a ► next to the title require registration in advance.

STEPNUP CLUB 1111

THUR, MAR 26, 11AM-12:30PM

EASTERN HENRICO REC CENTER

THUR, APR 23, 11AM-12:30PM

EASTERN HENRICO REC CENTER

THUR, MAY 28, 11AM-12:30PM

EASTERN HENRICO REC CENTER

AGES 16+. IN COLLABORATION WITH STEPNU UP AND HENRICO AREA MENTAL HEALTH & DEVELOPMENTAL SERVICES, DANCE, SING, EAT, AND ENJOY SOME MUSIC WITH FRIENDS. SPACE IS LIMITED AND CAREGIVERS ARE REQUIRED TO STAY ON-SITE.

INFORMATION:
[REC-INCLUSION@HENRICO.GOV](mailto:rec-inclusion@henrico.gov)

From Trash to Treasure

Tue, Apr 21, 10:30-11:30am. Eastern Henrico. #18424
Ages 18+. Celebrate Earth Day by creating collages and artwork using recycled materials. Participants will explore creativity and self-expression while transforming everyday items into something new in a fun, inclusive environment. Instructor: Jacob's Chance. Information: rec-inclusion@henrico.gov

Gather and Game

Fri, Apr 24, 10-11:30am. Eastern Henrico. #18423
Ages 18+. Roll the dice, make new friends, and have fun! This inclusive board game program for adults with disabilities creates a welcoming space to play, connect, and unwind together. Instructor: Jacob's Chance. Information: rec-inclusion@henrico.gov

Movie Star Karaoke

Thur, May 7, 10-11:30am
Belmont Rec Center
#18397



Ages 18+. Lights, camera, sing-along! Looking for a fun and energetic karaoke-style event where you can sing your heart out to your favorite songs from popular movies? Whether you're channeling your inner Disney hero, belting out a musical classic, or performing a blockbuster hit, this is your moment to shine. Bring your love for music and movies! Instructor: Jacob's Chance.

Information:
rec-inclusion@henrico.gov

Nature Scavenger Hunt

Fri, May 15, 10-11:30am. Three Lakes Park. #18425
Ages 18+. Participants will explore the outdoors at their own pace while searching for plants, animals, and insects along the way. This inclusive program encourages teamwork, sensory exploration, and connection to nature. All scavenger hunt materials will be provided once on-site at the shelter. Instructor: Jacob's Chance. Information: rec-inclusion@henrico.gov



FITNESS

**CENTERS &
PASSES**

Henrico County has two fitness centers and offers
a variety of fitness classes across the county.

FITNESS CENTERS

Deep Run Rec Center

9900 Ridgefield Parkway

Eastern Henrico Rec Center

1440 N. Laburnum Ave

HOURS

Monday-Thursday: 7am-9pm

Friday: 7am-8pm

Saturday: 8am-5pm

Sunday: 1-5pm

MEMBERSHIP OPTIONS

Individual: \$10/month

Family: \$20/month

**College Student: \$30 for 3 months
(paid in advance)**

**Fixed Rate: Pay for as many months
as you want up to 12 months.**

**No contracts, no extra fees,
and no mandatory orientations.*

Group Exercise Access Pass

*A Group Exercise Access Pass is required to participate in any
Henrico County Recreation and Parks fitness class.*

- Passes must be scanned prior to participation in each, individual class.
- Please note the minimum age for each class.
- Passes are unique to the access pass holder.
- Classes operate on a first-come, first-served basis.
- Maximum capacity is based on the nature of the class and the space being utilized.
- Group Exercise Access Passes are required to be renewed on an annual basis.
- Patrons agree to abide by all Group Exercise rules and regulations.
- Henrico Recreation and Parks reserves the right to revoke access from patrons abusing rules, regulations, and facilities.

HENRICO RECREATION & PARKS

FITNESS

GROUP EXERCISE

Henrico County offers a variety of free fitness classes across the county.

LOCATIONS

Belmont Rec Center

1600 Hilliard Road

Deep Run Rec Center

9900 Ridgefield Parkway

Dorey Rec Center

2999 Darbytown Road

Eastern Henrico Rec Center

1440 N. Laburnum Avenue

CLASS SCHEDULES

A current class schedule is available online
and at each center.

Use the filters to view by location or type!

Scan or [Click to View Schedule](#)



TYPES OF CLASSES

- 30/30
- Balance & Core
- Barre
- Bellydance Fusion
- Body Sculpt
- Body Strength
- Chair Yoga for Resilience
- Chill Flow Yoga
- Core & Kettlebells
- Core Flow Yoga
- Fitness Fun & Flexibility
- Flex & Flow
- Flex & Stretch
- Function
- Hatha Yoga
- HIIT
- KidsFit
- Midday Zumba®
- Mindful Morning Yoga
- Monday Mobility
- Pilates
- PITAIYO
- Popp Cycle
- Power 45
- Relax & Restore Yoga
- Rest & Recharge Yoga
- Rockin' with Weights
- Seated Bootcamp
- Seats & Beats
- Senior Balance & Core
- Senior Tai Chi
- Senior Wellness
- Small Group Training
- Step Jam
- Strength & Cardio
- Tabata
- Tone-Up
- Total Body Strength
- Tranquility Spill
- Trifit
- TRX Body Sculpt
- Vibrant Flow Yoga
- Warrior Revolution
- Well Being Tai Chi
- Xtreme Burn
- Yoga Sculpt
- Youth Fit
- Zumba®

Class offerings and schedules are subject to change.

Group Exercise Access Pass

*A Group Exercise Access Pass is required to participate in any
Henrico County Recreation and Parks fitness class.*