

All programs are free. No registration required. Materials are available while supplies last.

### **DEEP RUN REC CENTER**

**Snake Walk and Talk** Mon, Jul 7. 10–11:30am.

**TR\* Totally Tubular Tuesday** Tue, Aug 5. 6-7:30pm. Ages 5+. TR\* Positive Vibes Bingo Night!

**Paint and Sip** 

Fri, Jul 18. 6:30-8:30pm. Ages 16+.

Wed, Aug 13. 6-7:15pm. Ages 5+.

**Tales for Tots.** Ages 2–5 with an adult. Thursdays, 10–10:45am. Jun 12, Jul 10 & Aug 14.

**Nature Bingo** Fri, Jun 27. 8am-4pm.

Seasonal Stroll

Tue, Aug 5. 10-11:30am.

**Bluegrass Jam** Wednesdays. 6-8:30pm. Jun 18-Aug 27. **Make It Monday.** Mondays, 10am-noon. Jun 23, Jul 28 & Aug 25.

#### What is TR?\*

**Therapeutic Recreation** (TR) is an adaptive form of recreation for those with disabilities or medical conditions. We also offer **Inclusion Services.** More information can be found in our **Program Guide.** 

# FRIDAY AT THE MUSEUM



Jun 6. Dabbs House Museum. Jul 11. Virginia Randolph Museum. Aug 1. Deep Run School House. A Paw Patrol® Party Party Wed, Aug 20. 10am-noon. Deep Run Park. Enjoy Paw Patrol themed activities while learning about some of the great community

PAWS AND PROTECTORS

services Henrico has to offer. History Investigators

Sat, Aug 2. 10-11am. Ages 5-11. Deep Run School House.





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#### THREE LAKES PARK

Dragons in the Lake Sat, Jun 14. 10am-noon.

Kayaking with the Community Thur, Jun 26. 8am-noon.

**Canoeing with the Community** Thur, Jun 26. 3-6pm.

> **Slithery Snakes** Sun, Jul 13. 11am-noon.

Safari Adventure Fri, Jul 18, 10-11:30am.

**TR\*** Inclusive Nature Hike Tue, Jul 22. 10-11:30am. Ages 5+.

> Seeds on the Move Fri, Jul 25. noon-2pm.

Lizard MVPs Tue, Aug 12. 10am-noon.



## **Science Sleuths**

Tuesdays, 3:30-4:30pm Jun 24: Twin Hickory Park Jul 22: Short Pump Park Aug 26: Crump Park

**DIY Dryer Balls.** Sun, Jul 20. 10-11am. Ages 10+.

The Mafia & the LGBTQ+ Community. Sun, Jun 1. 2-3pm. Ages 18+.

> Bird Bingo. Fri, Jun 27. 10am-noon. Ages 8+.

Barnyard Bingo. Fri, Jun 27. noon-1pm.

Pearl on a Mission. Fri, Aug 8. 2-3pm.

Pearl Finds a Hare in Her Cereal. Fri, Aug 22. 2-3pm.

Keeping it Cool. Sat, Jun 7. 10–10:30am. Ages 4+.



Sun, Jun 1. 11am-1pm. Crump Park.

it's all here:

501-PARK

#### **MEADOW FARM**

Wild Jobs. Sun, Jul 13. 9-11am. Ages 14+.

**DIY Felted Soap.** Sun, Aug 10. 9:30-11am. Ages 10+.

Wound and Bound: Macrame Workshop. Sat, Aug 23. 2–3pm.

**Edible Plants and Foraging.** Sat, Jul 12. 2–4pm.

June Bugs, Beetles, Fireflies, and Cicadas: Oh, my! Sat, Jul 19. 2–3pm.

> Sock Walk. Tue, Aug 5. 9-10am.

Fashion Goes to War. Sat, Aug 9. 2-3pm.



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