

SERVICE/PROGRAM (All groups may be provided in east and west locations when feasible)	VJCCCA PROGRAMMING DESCRIPTION/HIGHLIGHTS (as of 7.1.23)	AGE	OFFENDER/OFFENSE CRITERIA (ALL YOUTH MUST MEET CRITERIA FOR VJCCCA FUNDED SERVICES OR PREVENTION SERVICES); (All programs require parental participation)	COST TO FAMILY
Anger Management	Anger management is a 14 hour education and counseling group that provides information on conflict resolution, problem solving, coping skills, appropriate communication skills, family patterns and anger styles. The program utilizes an evidence-based curriculum that is a strength based, support building cognitive behavioral program. Parents attend 3 sessions with their child.	10 - 18	Services are available at intake, CSU Case management, youth on supervised probation or court ordered. Primarily for youth with assault, vandalism, or other offenses that include assaultive behavior. Youth in need of resources to appropriately address underlying issues related to anger and poor decision making. Youth must have the ability to function in a group setting. Ability to provide in Spanish available. Available for Prevention Services.	None
Case Management Services as of 12.30.13 (Locally funded position)	This locally funded position was developed to provide case management services for youth court ordered into VJCCCA programs and not placed on supervised probation. The goal is to ensure VJCCCA services are coordinated and families are provided direct case management services. The staff provides liaison services with families and other agencies and ensures the judiciary is apprised of program status. The goal is to enhance compliance with court ordered VJCCCA programs. The position was enhanced in FY21/22 to provide case management for Prevention Services referrals.	All	Youth court ordered into a VJCCCA program and not placed on supervised probation. Youth referred to VJCCCA programming under Prevention Services.	None
GPS Tracking and Monitoring System - VJCCCA Supervised	This program is for those youth in need of an increased level of monitoring while in the community or as a step down from Outreach Detention.	All	These local positions (as of 7.1.18) provide electronic monitoring services for youth court ordered or as a short term graduated sanction for youth on supervised probation. Generally low and moderate risk youth. Youth with serious felony offenses are excluded.	None
Outreach Detention w/ electronic monitoring	The program provides the judiciary a closely monitored community alternative to secure detention and placement on electronic monitoring with outreach detention staff supervision.	All	Youth pending court disposition that meet the statutory requirement for secure detention who may be maintained in the community but require electronic monitoring with close monitoring by outreach detention staff. Juveniles charged with violent crimes such as murder, rape, arson, malicious wounding or felonious assault are generally excluded.	None
Outreach Detention	This program provides the judiciary a closely monitored community alternative to secure detention with outreach detention staff supervision without electronic monitoring component. This is a step down from outreach with electronic monitoring.	11 - 17	Identified population is non violent, low risk youth determined by judiciary can be safely maintained in the community pending court. Juveniles charged with violent crimes such as murder, rape, arson, malicious wounding or felonious assault are generally excluded.	None
Home Based Services (VJCCCA)	Home base services are provided to assist youth and families through the use of evidence-based, best practice models to strengthen and stabilize the family. Treatment models may include: Cognitive Behavioral Therapy, Reality Therapy, Functional Family Therapy (FFT) and Solution Focused Therapy. Families are in need of a high level of intervention to address the severity of offense and treatment needs. The goal is to move a family out of crisis through regular sessions with the youth, parent and applicable family members.	All	Services are available at intake, CSU Case management, youth on supervised probation or court ordered. Based on the graduated sanction model that services are to "correspond to the severity of offense and treatment needs" it is recommended that utilization of group services is attempted prior to referral to home base services. Available for Prevention Services. Ability to provide in Spanish may be available.	None
Larceny Reduction Program (LRP) - Tier One	LRP- 1 is designed to provide evidence based practices to reduce continued larcenous behavior of juveniles. The curriculum used is competency development focused and incorporates strategies for addressing maladaptive behavior using a multi-faceted approach. The group program consists of three 2 hour sessions with parents required to attend all 3 sessions with their child. The program also requires youth to participate in an 8 hour day of supervised community service within Henrico in collaboration with other County agencies.	12 - 18	Services are available at intake, CSU Case management, youth on supervised probation or court ordered. Referrals are generally for youth with a larceny related offense. There is to be no weapon involved in the commission of the offense. Youth must have the ability to function in a group setting. Ability to provide in Spanish available.	None

Mentoring services	Mentoring is designed to educate youth on alternatives to risky behavior and introduce youth to positive resources within the community to enhance healthy behavior. Mentoring may be provided as part of home base services or as a separate program to youth. The vendors that have been awarded County contracts for home base services can also provide mentoring services.	All	Services are available at intake, CSU Case management, youth on supervised probation or court ordered. Mentoring is designed for youth in need of competency development, positive role model, prosocial skill building and enhanced coping skills.	None
Parenting Group - Level One	This is a group program developed with the purpose of enhancing family resilience and decreasing risk factors. The curriculum will generally encompass parental skill building, appropriate parenting skills; developing parenting action plans to include effective limit setting; developmentally appropriate behavior, consequences, and clear communication; assisting parents in building relationships with their child, non-custodial parent, school personnel, community resources and court personnel.	All	Services are available at intake, CSU Case management, youth on supervised probation or court ordered. Parents of Delinquent or CHINS youth where parents have been identified in need of parenting skills. Parents of youth exhibiting behaviors that are due to lack of supervision, negative peer group, poor self-esteem, substance abuse, and school related issues. Parents must have the ability to function in a group setting. Available for Prevention Services. Ability to provide in Spanish available.	None
Parent Coaching	Parent Coaching is a program available to the court to provide one on one parent coaching to those parents with skill deficits in order to increase their parenting skills and reduce their child's further involvement in the juvenile justice system.	11 - 17	Parents in need of Parent Coaching services are referred only by court order. The parent must have a child that meets VJCCA program eligibility. The program is available to the parent/s or legal guardian/s of youth who have come before the Court and are in need of enhanced parenting skills beyond Level One. Parents must have the ability to participate in services without mental health needs that prevent active participation. Ability to provide in Spanish available.	None
The "PEARLS" Program (Promoting Power and Resiliency Through Learning Strengths)	A gender specific group that addresses the underlying reasons for delinquent and unhealthy behavior in females using cognitive behavioral therapy and solution focused therapeutic approaches. The group consists of ten 2 – hour weekly sessions (youth) and four 2 - hour weekly sessions with the parent/guardian culminating in a graduation ceremony incorporated in the last session. Age appropriate information provided includes: manners and etiquette, dressing/speaking appropriately, self concept and body image, positive thinking/empowerment, emotional health and coping skills, social pressures, peer relationships, an awareness to and reaction to trauma, grief, loss, unhealthy attachments/relationships, promiscuity, substance abuse, risky behavior, dangers of social media, family relationships, support circle, importance of mother/daughter relationship, personal goals.	12 - 17	Services are available at intake, CSU Case management, youth on supervised probation or court ordered. Females with offenses that reflect behaviors that are due to poor decision making, anger control or poor conflict resolution skills or exhibiting inappropriate sexual behavior or risky behavior that could benefit from material provided in the program. Considered amenable to treatment within the community and without mental health concerns that would impede ability to actively engage in group dynamics and intervention. Youth must have the ability to function in a group setting. Available for Prevention Services. Ability to provide in Spanish available.	None
Project Fresh Start	Project Fresh Start consists of a 6-week program with collaborative youth and parent groups led by trained, experienced, and culturally informed clinicians and qualified mental health professionals. Group sessions incorporate Cognitive Behavioral Therapy (CBT) & Dialectic Behavior Therapy (DBT) interventions & techniques. Participants will engage in interactive, educational, and comprehensive sessions that will stabilize and improve effective communication as well dynamics within their family. The goals of Project Fresh Start are to build mutual respect, increase honest communication, model appropriate actions, increase accountability, learn effective problem-solving skills and strengthen family relationships. Participants will also collaborate on a community service project.	11 - 17	Services are available as an option to the CSU for diverted youth that would benefit from the level of intervention for low risk but high need youth, CSU Case management, youth on supervised probation or court ordered. The identified population are status and non aggressive delinquent youth who lack strong family/community structure or a family in need of strengthening communication skills. Youth must have the ability to function in a group setting. Available for Prevention Services families.	None
Prevention services (Locally funded)	The VJCCA Code was amended in 2019 to include the ability to use VJCCA programs for prevention services. The General Assembly, to ensure <i>the prevention of juvenile crime and the imposition of appropriate and just sanctions and to make the most efficient use of community diversion and community-based and correctional resources for those juveniles who have been screened for needing community diversion or community-based services using an evidence-based assessment protocol....</i> The purpose of this system shall be to deter crime by providing <i>community diversion or community-based services to juveniles who are in need of such services and by providing an immediate, effective punishment that emphasizes accountability of the juvenile offender for his actions as well as reduces the pattern of repeat offending.</i>	11-17	Prevention Services available currently to Henrico public schools (truant youth), Henrico Mental Health, and Henrico Police are: Anger Management, Parenting groups, Project Fresh Start, PEARLS, Home base services, Weapons Violence Prevention.	None

Service Through Opportunity program (STOP)	Provides a sentencing alternative to the Court in lieu of secure detention. Holds youth accountable by placement in a weekend supervised community service project.	14 - 17	Youth must meet requirement for secure detention. Identified population is generally non violent, low risk youth that are ordered to program in lieu of placement in secure detention for a short period of time.	None
Service Plan Supervision	This program is developed to provide specific non residential services that may be helpful to increase skill levels within families or to address a unique need that could benefit the family outside of approved VJCCCA programs and other funding resources. This program will afford an opportunity to make referrals based on unique individual needs of the child/family and provide services in a timely manner. Examples of services may include trauma assessments, trauma counseling, and language specific services.	All	Youth in need of specific non-residential services not provided elsewhere under VJCCCA. Youth must meet VJCCCA program criteria and all referrals must be reviewed by the VJCCCA Office to ensure services can be provided within the locality and sufficient funding is available. The goal is to increase skill levels and/or protective factors.	None
Weapons Violence Prevention Program	This program was developed to address the behaviors and thought processes behind why a youth may use a weapon. The groups consist of ten 2 – hour weekly sessions (youth) and four separate 2 - hour weekly sessions with the parent/guardian. Participants will engage in immersive, interactive, educational and comprehensive sessions to challenge their perceptions and understanding of all forms of violence especially with the use of a weapon. The goals will include youth being able to understand connections between their thoughts, feelings, and behaviors, especially in relation to violence. The objectives are to help families understand the ongoing effects of violence, identify triggers/causes to violence, learn positive coping skills, increase communication and influence positive decision making.	All	Services are available at intake, CSU Case management, youth on supervised probation or court ordered and may include youth charged with a weapons related offense or related offense (i.e. Assault) while using a weapon. Available through Prevention Services which may include referrals of youth in contact with police or resource officers who are found using an object as a weapon that may not meet the level of a delinquent offense.	None
Updated 10.12.23	NOTE: Information provided is not all inclusive regarding specific programs. ANY QUESTIONS MAY BE DIRECTED TO THE VJCCCA OFFICE IN THE HENRICO JUVENILE AND DOMESTIC RELATIONS DISTRICT COURT BUILDING. MS. NEDERVELT'S CONTACT INFORMATION IS 804.501.4418 and ned@henrico.us			