



Program Guide

December 2024 - February 2025



**Registration
opens at 7am!**

Henrico Residents: Nov 18

Non-Residents: Nov 22

Message from the Director

We don't know about you, but this fall really flew by for us! A few notable things from this season would be pickleball and re-accreditation. We opened the expanded pickleball complex at Pouncey Tract Park which adds 12 more courts to our park system, including two championship courts. The Division also met the requirements to remain an accredited agency by the National Recreation and Park Association, meaning that we will keep providing our citizens with the highest level of services and spaces. As we move into the holidays, Santa is coming to a location near you during the Henrico Express Tour. You'll also find many opportunities to celebrate Black History Month, Valentine's Day, and a variety of other days in this Guide. 2024 was a banner year for our Department and we're excited to see what 2025 has in store.

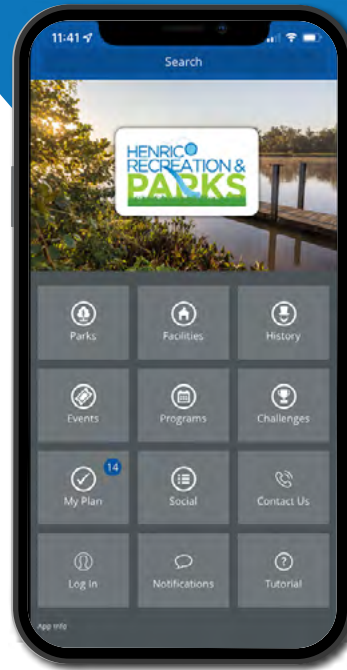
John Zannino



Henrico County Recreation & Parks received CAPRA re-accreditation status in October 2024. This keeps the division in the ranks of elite park and recreation agencies across the country by both earning and keeping accreditation through the Commission for Accreditation of Park and Recreation Agencies (CAPRA) and the National Recreation and Park Association (NRPA).

CAPRA accreditation is the only national accreditation for park and recreation agencies and is a measure of an agency's overall quality of operation, management and service to the community. This mark of distinction indicates that an agency has met rigorous standards related to the management and administration of lands, facilities, resources, programs, safety and services.

DOWNLOAD OUR APP



Explore. Experience. Enjoy.

Parks ♦ Amenities ♦ Events
Programs ♦ History ♦ Challenges

Join the Challenge!

Look for challenges in the APP.
These challenges give you a chance to explore our parks. Some challenges have a prize at the end.



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PROGRAM REGISTRATION

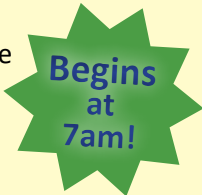
Registration Start Dates & Time

Time

Registration opens at **7am** for each start date

Winter 2024-2025

Henrico Residents: Mon, Nov 18
 Non-Henrico Residents: Fri, Nov 22



Fitness Registration

Registration is no longer required for these classes. A Group Exercise Access Pass is required to participate in any Henrico County Recreation and Parks fitness class. ([see page 23](#))

Ways to Register

1 Online Registration

connect.henricorecandparks.com

Opens at 7am for each start date.

2 Walk-In Registration

Mon-Fri, 7am-4:30pm

-Deep Run Rec Center
 -Eastern Henrico Rec Center

Mon-Fri, 8am-4:30pm

-Belmont Rec Center
 -Dorey Rec Center

Online Registration Tips:

Register on the go, the site is mobile friendly!

Registering online for the first time?

Be sure to create your account prior to the first day of registration, and add your family members too!

Having trouble registering?

Click the FAQs at the bottom of the online registration page.



Inclusion Services and Therapeutic Recreation

Inclusion Services

Henrico Recreation strives to produce accessible recreation opportunities for all community members. If you or a family member needs assistance or program modifications for any (registration-based) programs due to a disability or medical condition, please contact our Inclusion Services team at 804-652-1413 or rec-inclusion@henrico.gov.

All inclusion services requests are reviewed on a case-by-case basis and require a minimum two-week notice before the start of the program. While registering for programs, please select “yes” on the custom question for the need for inclusion services, and a member of the Inclusion Services team will contact you. Activity modifications to any registration-based program could include (but are not limited to) visual aids and verbal cues, custom supplies or equipment, facilities, and staff education. For those interested in information about our Therapeutic Recreation or adaptive recreation programs see pages 21-22.

Therapeutic Recreation

Therapeutic Recreation (TR) is an adaptive form of recreation for those with disabilities or medical conditions. TR aims to promote socialization through leisure education and provide opportunities for diverse programming. Activities are designed to be easily modified based on the individual’s needs. We can work with participants, parents/ guardians, and staff to help ensure support is in place to promote an enjoyable and successful program experience.



EVENT HIGHLIGHTS

All events are free and for the whole family.



**Cultural Arts Center
Tree Lighting**

December 7, 4:30-7pm
The Cultural Arts Center at Glen Allen

Join us for this beloved holiday event. ✦

Musical performances
Toasty bonfire
Visit from Santa to light the tree

Information: performingarts@artsglenallen.com

Clarke-Palmore Christmas Open House

Sun, Dec 8
2-4pm

Clarke-Palmore House Museum

Tours of the house
Crafts, games and s'mores
Hot apple cider and light
refreshments while supplies last.

Information: leh@henrico.gov



HENRICO HOLIDAY EXPRESS TOUR



TUE, DEC 10: THREE CHOPT & TUCKAHOE
WED, DEC 11: VARINA
THUR, DEC 12: BROOKLAND & FAIRFIELD

Tours run from 5-8pm each night. Details available at henrico.gov/rec.



**BELMONT
HOLIDAY
OPEN HOUSE**

Celebrate the holiday season with fun
activities and refreshments. Learn about our
community clubs and partnerships.

SAT, DEC 14, 9-11AM
Belmont Rec Center

Information:
cli04@henrico.gov



(804) 501-PARK | henrico.gov/rec

EVENT HIGHLIGHTS

All events are free and for the whole family.

SANTA PAWS



Sat, Dec 14, 10am-1pm
Short Pump Park

- Take a photo with Santa
- Shop local vendors
- Marshmallow roasting
- Concessions for purchase

Information: rec-eventsteam@henrico.gov



Sat, Dec 14, 1-4pm
Osborne Park

Enjoy a parade, food trucks
and smore's making.

Information: rec-eventsteam@henrico.gov

Cinema at the Center

Enjoy an indoor movie at your local center.

Sat, Dec 21, 1pm.
Meadow Farm

Fri, Jan 3, 9am, 2pm
Belmont Rec Center

Wed, Jan 15, 2pm
Eastern Henrico Rec Center

Tue, Feb 18, 2pm
Dorey Rec Center

Free popcorn while supplies last.
Come early as space is limited.

Call or email for the movie title.

Information: 804-501-7275 or recandparks@henrico.gov

MOVIES & MORE

Rock and Reel

Wed, Jan 15, 1-5pm. Deep Run Park.

All ages. Get ready to conquer new heights with our thrilling 24-foot rock wall! Test your agility and skill by climbing from 1-3pm. Be sure to bring a chair or blanket, so you can sit back and relax inside the center from 3-5pm while watching a movie.

Information: bar174@henrico.gov

Pluto Day Celebration and Creative Adventures

Tue, Feb 18, 1-3:30pm. Belmont Rec Center.

All ages. Enjoy a movie and stay for a space related project and prize. Information: cli04@henrico.gov



(804) 501-PARK | henrico.gov/rec

HOLIDAY HAPPENINGS

All programs are free. No registration required.
Materials are available while supplies last.

Holiday Story Tots and Tunes

Tue, Dec 3, 10-10:45am. The Springs Rec Center. #16551
Ages 2-5. Get ready to meet and play with Mrs. Claus while she takes a break from her duties at the North Pole. She will be bringing fun holiday stories and songs to share! It's the perfect way to kickstart the holiday season with a sprinkle of magic and a whole lot of sweetness! Children must be accompanied by an adult. Information: pit02@henrico.gov

Cookie Decorating and Letters to Santa

Wed, Dec 4, 10am-12pm & 2:30-4:30pm. Deep Run Rec Center. #16504
All ages. It's National Cookie Day and Write a Letter to Santa Day! We'll celebrate both in a holiday infused way. Join in the fun as you decorate your own cookie with holiday accents and write a letter to Santa with your wishes for a special holiday. Information: tru08@henrico.gov

Santa's Mail....Write Your Christmas Wishes!

Fri, Dec 6, 10am-4pm. Eastern Henrico Rec Center. #16616
All ages. Get into the holiday spirit by writing your very own letter to Santa! Join us for a festive and fun-filled workshop where you can craft heartfelt letters to the North Pole! We'll provide all the supplies, colorful paper, pens, stickers and more to help you create a magical message for Santa! Information: qua024@henrico.gov

Fresh Holiday Sprays

Sat, Dec 7, 10am-noon. Eastern Henrico Rec Center. #16474
Sun, Dec 8, 2-4pm. Deep Run Rec Center. #16450
Ages 16+. Create a beautiful holiday adornment using freshly-cut greenery of cedar, boxwood, pine, magnolia, and nandina while supplies last. Participants, please bring garden shears and garden gloves. Information: ola@henrico.gov



Gift Wrapping Station
Dec 2-23
Mon-Fri, 8am-8pm & Sun, 1-5pm
Deep Run Rec Center

All ages. If you need an out-of-the-way place where kids and pets won't interrupt your gift wrapping you can use this designated space to take care of holiday needs. During open hours, a gift-wrapping station will be set up for you to wrap your gifts at your own pace. Wrapping paper, bows, and gift tags will be provided along with scissors and tape. Information: tru08@henrico.gov

The graphic features the text "Gift Wrapping Station" in a large, red, cursive font. Below it, the dates "Dec 2-23" and times "Mon-Fri, 8am-8pm & Sun, 1-5pm" are listed, followed by the location "Deep Run Rec Center". The background is a wooden surface decorated with pinecones, evergreen branches, and wrapped gifts in green and red paper.

Holiday Ornament Creations

Sat, Dec 7, 10am-noon. Belmont Rec Center. #16438
All ages. Have fun making holiday ornaments! Choose from a selection of various ornaments from youth to adult. Try painting on wooden shapes, the very popular yarn tree, and more. Information: cli04@henrico.gov

Feathered Festivities: A Holiday Bird Count

Tue, Dec 17, 8:30-10am. Tuckahoe Creek Park. #16458
All ages. Embrace the holiday spirit with a special nature walk that doubles as a Christmas Bird Count! Join fellow bird enthusiasts and nature lovers on this guided walk as we explore scenic trails, observing and identifying various bird species that call our area home during the winter months. Whether you're an experienced birder or a beginner, this is a wonderful opportunity to connect with nature, contribute to citizen science, and enjoy the beauty of the season. Meet at the Old Coach Lane entrance. Information: bar174@henrico.gov

Pearl's Holiday Silly Sing-A-Long

Fri, Dec 20, 10-11am. Meadow Farm. #16566
All ages. Pearl the puppet has visions of sugar plums dancing in her wooly head as she tries to learn silly rhymes and songs of the season. Join an elfish sheep for some cheerful holiday fun! Information: sch107@henrico.gov



BLACK HISTORY MONTH

All programs are free; however, programs with a ► next to the title requires registration in advance.

History Bingo: Henrico Black History Month Edition

Sat, Feb 1, noon-2pm. Fairfield Area Library. #16549

All ages. Learn more about Henrico's African American History in this game of bingo. Come for the fun and prizes and leave with knowledge of how Black Henricoans contributed to our past, shape our present, and will impact our future. Program held in partnership with Henrico County Public Library. Information: den63@henrico.gov

Young Black Artists

Thur, Feb 6, 6-7pm. Eastern Henrico Rec Center. #16614

Ages 8-15. In honor of Black History Month, learn about ten famous Black artists and painters. Draw and paint a portrait to be showcased during February at the center. Information: cun04@henrico.gov

Woodland Cemetery Tour

Sat, Feb 8, 10am-noon. Woodland Cemetery. #16480

All ages. Join us for a walking tour of historic Woodland Cemetery, the final resting place of African Americans from Richmond, Henrico and surrounding areas. This tour will highlight not only the many influential people who are at rest in Woodland's sacred grounds but also the ongoing recovery efforts that have occurred in recent years. This walking tour will cover a large portion of the grounds so please dress accordingly. Information: sch107@henrico.gov

The Ragged Road of Reconstruction: Education

Sat, Feb 8, 2-3pm. Virginia Randolph Museum. #16481

All ages. Teachers have always been unsung heroes. Today, teachers continue to supply students with pencils, paper, and more, but imagine having to provide everything from the roadway to the building itself. Teachers like Virginia Randolph, Mary McLeod Bethune, and Janie Porter Barrett faced these challenges and more in the segregated South after the Civil War. Discover more about these remarkable educators in this presentation. Information: sch107@henrico.gov

Quasi-Freedom: Henrico's Register of Free Blacks

Sun, Feb 9, 2-3:30pm. Belmont Rec Center. #16550

Ages 10+. In the first three decades after the Revolutionary War, Virginia ranked first with the largest free Black population. To monitor this population, Virginia law required each free Black person to register in their locality. Much of Henrico's register survives and reveals the little-known history of this group of people. Join us as we explore these surviving documents and discover more about the free individuals living in an enslaved society. Information: den63@henrico.gov

► Soul Food Healthy Heart Class

Thur, Feb 13, 6-7pm. Eastern Henrico Rec Center. #16526

Ages 11+. Good meals are a shared pleasure at the heart of most family life and special celebrations. During Black History Month join Virginia Cooperative Extension to learn how to keep your heart healthy and sample healthier versions of favorite soul food recipes. Information: cun04@henrico.gov

Last Seen: Finding Family After the Civil War

Sat, Feb 15, 2-3pm. Meadow Farm. #16482

All ages. After the Civil War, African Americans across the United States desperately and passionately sought information on relatives who had self-emancipated, been sold from their families, or fought in the war. In a powerful twist, they repurposed a tool of enslavement to rebuild the bonds the system sought to destroy. In this presentation, we delve into the heartache and hope inherit in these advertisements seeking information on loved ones. Information: sch107@henrico.gov

Black Minds in STEM: Experiments of Black Scientists

Tue, Feb 18, 11am-12:30pm. Taylor Farm Park. #16642

All ages. Welcome to an exciting Black History Month program, celebrating African American inventors who changed the world! Discover the brilliance behind the traffic light, ice cream, and mobile refrigeration as we honor the groundbreaking scientists who made everyday life better for all of us. Information: qua024@henrico.gov

Amaza Lee Meredith

Sat, Feb 22, 2-3pm. Meadow Farm. #16522

All ages. In this presentation, we will delve into the life of a little-known regional architect, artist, and educator by the name of Amaza Lee Meredith. Despite discrimination due to her race and sex in the Jim Crow era South, Mazie would go on to create works in her field that still inspire many to this very day. Information: sch107@henrico.gov

► Legendary Dance Night

Sat, Feb 22, 6:30-8:30pm. Eastern Henrico Rec Center. #16509

Ages 50+. Dance the night away honoring music legends such as Beyoncé, Frankie Beverly, Whitney Houston, Luther Vandross, Michael Jackson, Prince, and more! It will be a legendary night to remember! Information: cun04@henrico.gov

History Creators: Honoring Black History Month

Mon, Feb 24, 10:30-11:30am. Eastern Henrico Rec Center. #16485

Ages 13+. Explore history with us as we discuss and recreate historic artwork from famous Black artists from our past. Learn about their significance and how their art shaped the future for others. Participants will be encouraged to work independently or as a group. Information: mcc159@henrico.gov

Historically Speaking: Black Revolutionary Soldiers

Thur, Feb 27, 7-8pm. Libbie Mill Area Library. #16398

Ages 10+. Historian John Pagano of Henricus Historical Park focuses on the role played by Black Virginians who camped, marched, and fought side by side with their neighbors in pursuit of liberty and independence from English rule. Sponsored by the Friends of Henrico County Public Library. Information: kbridges@henricolibrary.org

Pearl Meets a Spy Called James

Fri, Feb 28, 10-11am. Meadow Farm. #16571

All ages. In this puppet show and story time, Pearl learns about James Lafayette, an enslaved spy during the American Revolution. Discover the pivotal role James played in ending and the Americans winning the war. Information: sch107@henrico.gov

VALENTINE'S DAY

All programs are free; however, programs with a ▷ next to the title requires registration in advance.

Materials are available while supplies last.

Hearts and Hands

Sun, Feb 2, 2-4pm. Belmont Rec Center. #16444

All ages. Enjoy making a valentine card to take with you and make one to give back to our senior community! Information: cli04@henrico.gov

Quilling a Valentine's Day Card

Wed, Feb 5, 10-11am. Deep Run Rec Center. #16487

Wed, Feb 5, 5-6pm. Deep Run Rec Center. #16486

Ages 8+. Quilling is the art of rolling thin papers to make decorative works of art. During this class you will learn how to curl the fine strips of paper to make a Valentine's Day card that a loved one will love to receive. Information: leh@henrico.gov

▶ Valentine Soap Making

Thur, Feb 6, 6:30-8pm. The Springs Rec Center. #16436

Ages 13+. Let's make soap! Use colors, scents and embellishments to personalize for you or someone you love. Information: roc35@henrico.gov

Cupid's Craft Corner

Sun, Feb 9, 2-4pm. Deep Run Rec Center. #16518

All ages. Love is meant to be shared. Make a valentine to give to that special someone using various supplies and mediums. All supplies will be provided. Information: tru08@henrico.gov

Love in Bloom

Fri, Feb 14, 8:30-10am. Deep Run Park. #16460

All ages. Celebrate love in the most serene setting with our Valentine's Day Nature Walk. Stroll hand-in-hand along picturesque trails, surrounded by the natural beauty of the season. As you walk, enjoy the sights and sounds of the outdoors, learn about the area's flora and fauna, and create lasting memories in a tranquil environment. Meet in front of the recreation center. Information: bar174@henrico.gov

Pearl Hearts You

Fri, Feb 14, 10-11am. Meadow Farm. #16570

All ages. Puppet Pearl loves all her animal and human friends at Meadow Farm. Our puppet show and story time will be a tale of friendship and love. Information: sch107@henrico.gov

▶ Cupid Shoot: Beginner Archery

Ages 8-13. Sat, Feb 15, 9-10:30am. Deep Run Rec Center. #16631

Ages 14-17. Sat, Feb 15, 11am-12:30pm. Deep Run Rec Center. #16632

This class will teach participants how to safely and successfully shoot a compound bow and arrow, just like Cupid. The course will follow the National Archery in the Schools Program (NASP) curriculum. Appropriate for individuals with little to no archery experience. Expect festive flair during this Valentine's Day themed course. Please be on time. Once gym doors are closed, the range is active and no participants will be allowed in gymnasium. Information: qua024@henrico.gov

INCLUSION SERVICES

For more details about specific modifications or inclusion services, see page 3.

Information: rec-inclusion@henrico.gov or 804-652-1413.

VALENTINE BOOGIE WITH YOUR VIP

Fri, Feb 7 6:30-8pm

Eastern Henrico Rec Center. #16527

Ages 6+. Wear Valentine colors, red, black, pink, or white and dance with your Very Important Person! Kids, bring your favorite adult. Join us for a fun-tastic night filled with entertainment, dessert, dancing, games, and a photo booth.

Information: cun04@henrico.gov



COMMUNITY PROGRAMS

All programs are free. No registration required.
Materials are available while supplies last.

Game Time

Spades

Tue, Dec 3-17, 9-11am. Eastern Henrico Rec Center. #16529
Tue, Jan 7-28, 9-11am. Eastern Henrico Rec Center. #16531
Tue, Feb 4-25, 9-11am. Eastern Henrico Rec Center. #16532
Ages 18+. Relax and challenge your friends playing spades. Have lots of fun strategizing to win. Information: cun04@henrico.gov

Bingo at Belmont

Thur, Jan 2, 10-11am. Belmont Rec Center. #16440
Thur, Jan 2, 2-3pm. Belmont Rec Center. #16441
All ages. Create your own bingo card and join us for bingo fun or enjoy our community game room. Bingo prizes will be available to win! Information: cli04@henrico.gov

Game On!

Thur, Jan 9, 10:30-11:30am. Eastern Henrico Rec Center. #16498
Ages 13+. Come out and compete against your friends and family in a life-size jeopardy game! You can play individually or with a team. Enjoy free popcorn in celebration of National Popcorn Day (1/19). This is your chance to show off your trivia knowledge and have a little fun. Information: mcc159@henrico.gov

Bingo & Games

Thur, Jan 16, 10-11am. Eastern Henrico Rec Center. #16612
Ages 16+. Enjoy a fun filled hour of bingo, and other exciting card games. Win prizes and meet new friends. Information: cun04@henrico.gov

Family Night Bingo & Games!

Thur, Jan 23, 6-7pm. Dorey Rec Center. #16613
Ages 5+. Win prizes playing bingo! Try strategic moves playing board and card games! The biggest win of the night is having fun playing games with family and friends. Information: cun04@henrico.gov

Sip & Games

Tue, Feb 18, 3:30-5:30pm. The Springs Rec Center. #16434
All ages. Warm up with hot tea, hot chocolate and coffee. Bring a friend to play board games, arcade games, and foosball! Information: roc35@henrico.gov

Kids' Gym

Tue, Dec 10, 9:30-11:30am. Deep Run Rec Center. #16455
Tue, Jan 14, 9:30-11:30am. Deep Run Rec Center. #16456
Tue, Feb 11, 9:30-11:30am. Deep Run Rec Center. #16457
Ages 2-6. Kids' Gym is a fun and safe environment for children to explore and play through physical activity. Each month we will have different activities such as parachutes, obstacle courses, carnival style games, bouncy balls and more. While staff will be present to provide guidance and encouragement, parents will be playing alongside their children, so they don't miss out on the fun. Information: leh@henrico.gov

Singing in the New Year

Fri, Jan 3, 5-8pm. Eastern Henrico Rec Center. #16633
Ages 10+. It's 2025! Bring friends and family to SING in the New Year with karaoke and dancing. Snacks will be provided. Information: roc35@henrico.gov

Colors of the Imagination

Mon, Jan 6-Feb 24, 9-11am. The Springs Rec Center. #16555
Ages 18+. Coloring engages the mind and forces it to focus on the task at hand, giving a temporary relief from the everyday stresses. We will provide all coloring materials such as pencils, crayons, and fine-tipped markers, and even the coloring pictures. Coffee will be available and, of course, conversation. Information: pit02@henrico.gov

Sticker Day

Mon, Jan 13, 10am-noon. Deep Run Rec Center. #16515
All ages. It's National Sticker Day! Be colorful and creative as you design your own stickers. The hardest part will be finding a place to display them! Information: tru08@henrico.gov

National Puzzle Day

Wed, Jan 29, 10am-noon. Deep Run Rec Center. #16517
All ages. Today is National Puzzle Day! If you love puzzles this program is for you! There will be puzzles to work on and friends to make. If you have a puzzle in need of a new home bring it along for a puzzle swap. There will even be a raffle for a special puzzle. Information: tru08@henrico.gov

Sweet Treat Making

Sat, Feb 1, 10am-noon. Dorey Rec Center. #16634
All ages. Making sweet treats is fun and you get to pick what is in it. Come and make a few treats for yourself or to share. Information: roc35@henrico.gov



COMMUNITY PROGRAMS

All programs are free. No registration required.
Materials are available while supplies last.

Celebrating LEGO®

Sun, Feb 2, 2:30-4:30pm. The Springs Rec Center. #16432
All ages. On January 28, 1958 the creator of LEGO® filed for a patent in Denmark. So let's celebrate with our creativity while building, playing games, having competitions and enjoying snacks. Information: roc35@henrico.gov

Polar Bear Day

Fri, Feb 28, 10am-noon. Deep Run Rec Center. #16521
All ages. In recognition of National Polar Bear Day we'll be celebrating all things polar bear. There will be indoor makeshift ice skating, crafts, and an igloo to explore. For those who dare there will be a polar plunge! Information: tru08@henrico.gov

Creative Arts

Fingerprint Wreath

Sun, Dec 1, 2-4pm. Twin Hickory Rec Center. #16499
All ages. Make a memory that will last as you grow. Families or individuals can use their unique fingerprints to create a unique acrylic painted wreath to hang year after year or give as a gift. Information: tru08@henrico.gov

Tales for Tots

Thur, Dec 12, Jan 9 & Feb 13, 10-10:45am. Deep Run Rec Center. #16506
All ages. Caregivers are encouraged to join for a shared, enriching experience with your littlest learners. Enjoy captivating stories, music, and themed crafts, while fostering important social skills such as turn-taking and paying attention. Meets every second Thursday of each month. Information: tru08@henrico.gov

Do You Wanna Build A Snowman?

Fri, Dec 20, 11am-12:30pm. Eastern Henrico Rec Center. #16617
All ages. Come in from the cold and create a snowman that does not melt. We will build our snowmen from socks, buttons, rice, and other cool materials. Information: qua024@henrico.gov

Make It Monday

Mon, Dec 23, Jan 27, & Feb 24, 10am-noon.
Deep Run Rec Center. #16511
All ages. On the fourth Monday of each month, all are welcome as we pull from our craft supply closet to see what great things can be made! Information: tru08@henrico.gov

Let It Snow!

Fri, Jan 3, 10-11:45am. Eastern Henrico Rec Center. #16621
All ages. Ever dreamed of a snow day on demand? Create your own snowy wonderland! Join us for a hands-on adventure as we mix up some frosty fun with easy, kid-friendly recipes to make snow! Information: qua024@henrico.gov

Story Tots and Tunes

Tue, Jan 7 & 21, Feb 4 & 18. 10-10:45am. The Springs Rec Center. #16553
Ages 2-5. Tots, Parents, and Grans - Join Ms. Bari as she introduces your child to books, rhymes and rhythm, music and song, puppets, taking turns, paying attention, and being in a group. Information: pit02@henrico.gov

Galaxy in a Jar

Sat, Jan 18, 10am-noon. Eastern Henrico Rec Center. #16624
All ages. Ready to capture the cosmos? Dive into a fun, out-of-this-world craft where you'll design your own swirling, glittering galaxy in a jar! Information: qua024@henrico.gov

Charmed

Sun, Feb 23, 2-3:30pm. Belmont Rec Center. #16445
Ages 13+. Create a necklace using a connector, jump rings, charms, and a bead or two. Project requires the use of fine motor skills and use of tools. Information: cli04@henrico.gov

Story Time with Pearl & Friends

All ages. Spend the morning with Pearl and friends and learn about their adventures. Information: sch107@henrico.gov

Fridays, 10-11am at Meadow Farm Museum.

Dec 6: Do Teddy Bears Sleep in the Woods?

Pearl the puppet explores the history of the cuddly bears and why they are called Teddy.

Jan 3: Snow What?!

A Cool Story About Snowflakes and a Princess
Pearl the sheep discovers the unique beauty of snowflakes in a cool story time!

Jan 17: Pearl and Billy's Goat

Puppet Pearl the Sheep meets a friend named Billy who is a silly goat who eats everything he can find- even things that can cause a tummy ache!

Jan 31: Igloo The Brave Canine Polar Explorer

Hear the true story of a brave little dog who faced the ferocious cold of Antarctica to help Virginian, Admiral Richard Byrd, in his exploration for the South Pole.



COMMUNITY PROGRAMS

All programs are free. No registration required.
Materials are available while supplies last.

Home & Garden

Yes! You Can Do It – Tiling

Thur, Jan 9, 6:30-8:30pm. Eastern Henrico Rec Center. #16415
Ages 18+. Hey ladies! Come and learn the basics of tiling. Gain knowledge of the various materials, tools and supplies you'll need to get the job done. You'll have the opportunity to get your hands dirty!
Information: ola@henrico.gov

Music & Dance

Bluegrass Jam

Wed, Dec 4-Feb 26, 6-8:30pm. Hunton Community Center. #16510
All ages. This open jam session focuses on bluegrass music of all styles vocal and instrumental. Musicians within the circle are expected to participate. All experience levels are welcome, including beginners. On the first Wednesday of each month there will be a jam etiquette lesson at 5:30pm. Spectators are welcome. No sessions Dec 25 and Jan 1.
Information: tru08@henrico.gov

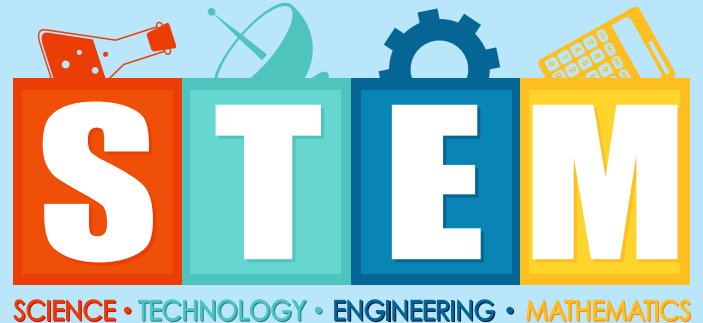
Nature & Outdoors

Roots and Routes

Wed, Jan 22, 8:30-10am. Three Lakes Park. #16459
All ages. Join us for a peaceful nature walk through scenic trails, where you'll explore the vibrant flora and fauna of our local ecosystem. This guided walk is perfect for all ages, offering a chance to connect with nature, observe wildlife, and learn about the natural environment. Meet in front of the Nature Center. Information: bar174@henrico.gov

Rock Wall Adventure

Sat, Jan 25, 2-4pm. Eastern Henrico Rec Center. #16628
All ages. Reach new heights with our Mobile Rock Wall! Whether you're a beginner or a pro climber, this thrilling vertical adventure brings the mountain to you. Information: qua024@henrico.gov



Science Sleuths: Winter Wonderland

Fri, Dec 27, 3:30-4:30pm. Twin Hickory Park. #16461
All ages. Unleash the magic of winter through science! Join us and Mad Science for an exciting Winter Wonder science demonstration where kids can explore the frost mysteries of the season!

Science Sleuths: Air Pressure

Thur, Jan 9, 4-5pm. Crump Park. #16462
All ages. Dive into the world of air pressure with Mad Science! In this interactive program kids will explore the power of air pressure through hands-on experiments and exciting demonstrations. Watch as every day objects are transformed by the invisible force of air pressure and discover how it impacts our daily lives in surprising ways!

Science Sleuths: Magic Genie

Thur, Feb 6, 4-5pm. Deep Run Park. #16468
All ages. Experience the magic of science by witnessing the mesmerizing "Magic Genie" demonstration! Then, roll up your sleeves and create your own explosive reaction using baking soda and vinegar. This hands-on experiment will have you bubbling with excitement as you discover the wonders of chemistry.

Information: bar174@henrico.gov

INCLUSION SERVICES

For more details about specific modifications
or inclusion services, see page 3.

Information: rec-inclusion@henrico.gov or 804-652-1413.



(804) 501-PARK | henrico.gov/rec

DROP-IN PROGRAMS

Scroll through to find our drop-in activity schedules. Some activities happen at multiple locations. If you'd like to know more about the center, click the name at the top to be redirected to the site.

Colonial Dance Club
Golden Angels
Tea Guild
The Springs Croquet Club



Special Interest Groups

Badminton
Basketball
Pickleball
Table Tennis
Volleyball



Open Gyms

Variety of recreational activities. Ages 12 and under must be accompanied by an adult.



Game Rooms



Center Information

Belmont Recreation Center

804-652-1410 or Belmont@henrico.gov

Deep Run Recreation Center

804-652-1430 or DeepRun@henrico.gov

Eastern Henrico Recreation Center

804-652-1450 or EasternHenrico@henrico.gov

The Springs Recreation Center

804-652-1420 or TheSprings@henrico.gov

Full Schedule:
bit.ly/HenricoDropIn



Belmont Games Club
Bridge (Kriss Kross & Social)
Canasta
Mahjong
Pinochle

Games



(804) 501-PARK | henrico.gov/rec

HISTORY PROGRAMS

All programs are free. No registration required.

HENRICO COUNTY VIRGINIA₂₅₀ AMERICAN REVOLUTION

Benedict Arnold's Raid Encampment

Fri, Jan 3, noon-5pm. Clarke-Palmore House. #16545

All ages. Did you know Benedict Arnold led more than 1,000 British and Hessian troops through Henrico in January 1781? Travel back in time to visit a small Revolutionary War encampment of local militia to learn more about their uniforms, gear, and life of the common soldier. Hear about the Patriots struggle to defend Richmond.

Information: den63@henrico.gov

Arnold's Raid Encampment & Skirmish

Sat, Jan 4, 10am-4pm. Clarke-Palmore House. #16727

All ages. Drop in throughout the day to experience life in a local Patriot militia encampment. What's a powder magazine and why does it need to be guarded? Learn about the local militia's defense as British troops fought their way through Henrico into Richmond. Engage with reenactors as they demonstrate how to load and fire weapons. Information: den63@henrico.gov

London Pleasants: From Enslaved to Redcoat

Sun, Jan 12, 2-3pm. Belmont Rec Center. #16524

Ages 10+. Join us as we follow the life of London Pleasants from enslavement to self-emancipation in Henrico County. Learn about his time as a Black Loyalist and fate after the American Revolution.

Information: sch107@henrico.gov

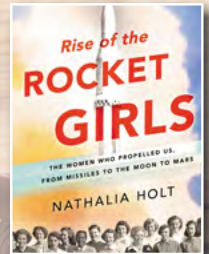
Hands-on History: Happy Birthday George Washington

Tue, Feb 18, 2-4pm. Deep Run Rec Center. #16541

Ages 5+. This month George Washington would have turned 293 years old! Join us for family-friendly crafts, activity stations, and trivia. Enjoy some birthday cake while learning more about the life and times of our fellow Virginian, Revolutionary War leader, and first president. Information: den63@henrico.gov

Blast from the Past Bookclub

Ages 14+. Join Meadow Farm staff and Henrico County Public Library for our bi-monthly book club! We will read a new book and visit a different Henrico County historic site every other month. After the book discussion, we will talk about the ties between the site and the book. A tour of the site is included.



Tue, Dec 10, 1-3pm.
Hidden Creek Rec Center. #16547
Rise of the Rocket Girls
by Nathalia Holt

Tue, Feb 11, 1-3pm.
Walkerton Tavern. #16548
Washington's Spies
by Alexander Holt



Information: sch107@henrico.gov

Take A Tour

Friday at the Museum

Fri, Dec 6, noon-4pm. Dabbs House Museum. #16451

Fri, Jan 10, noon-4pm. Recreation and Parks Admin. #16454

Fri, Feb 7, noon-4pm. Virginia Randolph Museum. #16452

All ages. Henrico Recreation and Parks owns, preserves, and interprets historic properties all over the County. Discover the rich and varied heritage of this vibrant community we call home. Join us to hear the stories of the people, places, and events that have shaped our county. Information: leh@henrico.gov

Woodland Cemetery Tour

Sat, Dec 14, 10am-noon. Woodland Cemetery. #16525

Sat, Jan 18, 10am-noon. Woodland Cemetery. #16479

Sat, Feb 8, 10am-noon. Woodland Cemetery. #16480

All ages. Join us for a walking tour of historic Woodland Cemetery, the final resting place of African Americans from Richmond, Henrico and surrounding areas. This tour will highlight not only the many influential people who are at rest in Woodland's sacred grounds but also the ongoing recovery efforts that have occurred in recent years. This walking tour will cover a large portion of the grounds so please dress accordingly. Information: sch107@henrico.gov

ADDITIONAL HISTORY PROGRAMS

IN CELEBRATION OF

BLACK HISTORY MONTH

SEE PAGE 7



(804) 501-PARK | henrico.gov/rec

HISTORY PROGRAMS

All programs are free. No registration required.

Home, Hearth & Heroes

Quilts to Build a Dream On: The History of Quilts

Sat, Dec 7, 2-3pm. Meadow Farm. #16552

All ages. In earlier times, quilts were a beloved and necessary household item from the cradle to the grave. Quilters for centuries imbued symbols onto cloth to exemplify hope, dreams, and warnings for the future. Glimpse of history through the eye of a needle in this presentation. Information: sch107@henrico.gov

The Icy Death of the USS Jeannette

Sat, Jan 11, 2-3pm. Meadow Farm. #16557

All ages. For centuries, the lure of adventure has driven Arctic explorers to push the boundaries of human endurance. Learn about the dangerous journey of Virginian Dr. James M. Ambler and his crew members deadly struggle to find a route to North Pole via the Pacific Ocean. Information: sch107@henrico.gov

Finding Light in the Darkness: Helen Keller

Sat, Jan 25, 2-3pm. Meadow Farm. #16560

All ages. When Helen Keller was younger than two years old, she became imprisoned within herself, unable to see or hear. Through the aid of pioneering teaching methods, Helen discovered the world through the tips of her fingers. Finally free to express herself, she showed others how to see beyond her disabilities and communicate her insightful wisdom. This presentation will discuss the extraordinary life of Helen Keller. Information: sch107@henrico.gov

Abraham Lincoln at Home in the Kitchen

Sun, Feb 23, 2-3pm. Meadow Farm. #16563

All ages. As a young lawyer with a growing family in Springfield, Illinois, Abraham Lincoln often donned an apron to help whip up dinner when his wife was in need. What tasty dishes did he prepare? We'll explore the simple cookbooks available in his era with such tasty treats as jumble cookies, rhubarb tonic, and slow-cooked barbecue. This presentation will take a culinary look at Abe Lincoln's dinner table. Information: sch107@henrico.gov

INCLUSION SERVICES

For more details about specific modifications or inclusion services, see page 3.

Information: rec-inclusion@henrico.gov or 804-652-1413.

VISIT MEADOW FARM MUSEUM & PARSONS COMMUNITY CENTER



Inside, visitors can expand their knowledge of the property through exhibits featuring all the inhabitants of the land at Crump Park. Three permanent exhibits were researched and curated by staff to tell the stories of Native Americans, Gabriel, and the Parsons family. This addition to the site is part of a commitment to share the complete history of all our historic properties.

Hours: Sat & Sun: 12-4pm
(804) 652-1455 or
meadowfarm@henrico.gov

SIGN UP FOR

HENRICO HISTORY PROGRESS E-NEWSLETTER

We send out an email newsletter twice a year featuring articles on brand-new research our staff has conducted, examinations of artifacts in our collections, and the stories behind various landmarks around the county.

Sign up at henrico.gov/rec/history/



(804) 501-PARK | henrico.gov/rec

HENRICO LIVE



HENRICO LIVE

Join us for the rest of the Henrico Live season! Save big and see it all with a season ticket! The more shows you select, the bigger the discount! Select 3 or 4 performances and receive a 25% discount; select 5 or more performances to receive a 50% discount.

Individual Tickets cost \$10 per show.

To purchase tickets go to henricolive.com or visit the box office.

All performances will be held at Henrico Theatre.

Box Office Hours: Mon, Wed, Fri, 12-4pm. 804-652-1460

Christmas with KOS and Susan Greenbaum

Sat, Dec 14, 2 & 7pm.

We've said it before and we'll say it again. It wouldn't be Christmas without KOS and Susan Greenbaum! Come join us for an evening filled with holiday favorites from Richmond's own KOS and Susan Greenbaum. Listen to their unique arrangements and sounds of the seasonal songs you love.

Motown of Love – SOLD OUT!

Fri, Feb 14, 7pm.

Some of the best music that Motown produced were their love songs. Grab your loved one and share a special night enjoying the music that brought you together.

Susan Greenbaum

Fri, March 21, 7pm.

Susan Greenbaum has committed the first sin of musicians: She quit her day job. After working as a corporate executive in Fortune 500 companies, Susan traded her power suits for performing. Susan is an Henrico Theatre mainstay and the recipient of several songwriting awards. This concert will feature new music, never performed before in front of a live audience!

The Taters

Fri, April 25, 7pm.

Now in their 3rd decade (you read that right) of Tatering, they are sticking to their credo of No Two Shows the Same! We're just as excited as you to see what they're bringing during their return to the Henrico Theatre stage.

KOS – SOLD OUT!

Fri, May 30, 7pm.

KOS has been playing the best of beach, Motown, "rock and roll" and classic swing for over 30 years and still have people of all ages crowding dance floors up and down the east coast! The KOS Band does it all - ALL night long.

Erma Bombeck: At Wit's End

Fri-Sun, June 20-29



Starring Amy Berlin



Part of Henrico Theatre Company's Second Stage at Henrico Theatre.

A comic look at one of our country's most beloved voices, who captured the frustrations of her generation by asking, "if life is a bowl of cherries, what am I doing in the pits?" Discover the story behind America's beloved humorist who championed women's lives with wit that sprang from the truth!

CLOSED FOR RENOVATIONS



Henrico Theatre will be closed
January 1-31 for floor restoration.
We apologize for the inconvenience.



Spend the holidays at Henrico Theatre!



Elf

*Dec 7 & 8 at 3pm

Christmas with the Kranks

Dec 7 & 13 at 7pm

The Grinch

Dec 15, 21, & 22 at 3pm

Miracle on 34th Street

Dec 18 at 10am

A Christmas Carol

Dec 20 & 21 at 7pm

Polar Express

Dec 23 at 10am, 1 & 7pm

On the Air Radio Players presents A Jazzy Christmas with Mr. Dickens

Tue & Wed, Dec 3-4, 7-8pm. Henrico Theatre. #16540

All ages. On the Air Radio Players are excited to present an old-time radio show, *A Jazzy Christmas with Mr. Dickens* - an art deco take on *A Christmas Carol*! Come and be a part of the studio audience for this hour-long taping featuring live music and sound effects.

*Blended Voices: Holiday Concert

Sat, Dec 7, 3-3:20pm. Henrico Theatre. #16186

All ages. Come out and enjoy a holiday performance by our award-winning Therapeutic Recreation program Blended Voices members. Members of the Henrico Theatre Company will also accompany our Blended Voices participants. The concert will occur before the showing of *Elf*. Concessions stands are open for purchase before the performance.

Henrico Pops Chorus Holiday Concert

Tue, Dec 10, 7-8pm. Henrico Theatre. #16534

All ages. The Henrico Pops Chorus will once again present their annual holiday concert. Come out and join the chorus for all your holiday favorites. Under the direction of Jennifer Grundy and accompanied by Sarah Cothern.

Henrico Concert Band Holiday Concert

Mon, Dec 16, 7-8:30pm. Henrico Theatre. #16537

All ages. Celebrate the holidays with a concert full of your favorite holiday songs performed by Henrico Concert Band under the direction of Randy Abernathy.



For more information, call 804-652-1460 or
visit us online at henricotheatre.com



PERFORMING ARTS

All HTC tickets can be purchased in person at The Cultural Arts Center at Glen Allen, by calling 501-5859 or 261-2787, or online at artsglenallen.com; click on Performances then Henrico Theatre Company to purchase tickets.

Individual Tickets: \$12 for adults and \$10 for seniors (55+) and students per show.

HENRICO THEATRE MOVIES

SILVER SCREEN MOVIES

Showtime: 10am

Dec 18: *Miracle on 34th Street*

Feb 26: *Get On Up*



KIDS MOVIES

Showtime: 10am

Feb 19

TICKETS & CONCESSIONS: \$1 EACH

804.652.1460 | henricotheatre.com



HENRICO THEATRE COMPANY *presents*



May 2-18

A comedy by A. R. Gurney.

Greg and Kate have moved to Manhattan after 22 years of child-raising in the suburbs. Greg brings home a dog he found in the park, bearing only the name 'Sylvia' on her nametag. This street-smart mix of lab and poodle becomes a main bone of contention between husband and wife. Directed by Amy Berlin.



July 18-August 3

A musical created by Rick Seeber.

Back by popular demand! With propulsive rhythms and dazzling harmonies, this is a fast-paced musical romp through one of the most impassioned decades ever. Put on your leisure suits, halter tops and platform shoes and get ready to boogie down through 10 years of sound breaking music! Directed by Amy Perdue.

These HTC performances are held at The Cultural Arts Center at Glen Allen. For specific showtimes, go to artsglenallen.com.

Information: 501-5859 or per22@henrico.gov

- Email Sign-Up -
AUDITIONS NOTIFICATION

Sign up to receive information regarding auditions for Henrico Theatre Company, Henrico Teen Theatre Company, and On the Air Radio Players

Email per22@henrico.gov to sign up!



(804) 501-PARK | henrico.gov/rec

PROGRAMS WITH REGISTRATION

All programs are free.
Registration is required in advance.

Breakfast and Storytime with Santa and His Friends



Sat, Dec 7, 9-11am.

The Springs Rec Center. #16643

All ages. Children must be accompanied by an adult.
Registration of all adults and children attending is required.
Come as you are, even in your holiday pajamas and join Santa and his friends for a light breakfast and special visit. There will be stories and time for telling Santa what you would like for Christmas. Bring your camera for those special pictures!

Information: pit02@henrico.gov

Holiday Tea

Thur, Dec 12, 10-11:30am.

Eastern Henrico Rec Center. #16503

Ages 50+. Get in the holiday spirit while having a fabulous time listening to holiday music and tasting a variety of teas and pastries with friends!

Registration is required.



Information:
cun04@henrico.gov

WINTER CAMP

Mon & Tue, Dec 30 & 31, 9am-3pm
Eastern Henrico Rec Center. #16543.

Ages 10-12.

Winter Camp is a great way to beat those winter blues. Two jam-packed days of sports, games, fitness, crafts and more!

Registration is required.



Information: cun04@henrico.gov

WINTER WONDERS

Ages 8-10. Thur, Jan 2, 9am-3pm. Deep Run Rec Center. # 16512

Ages 11-12. Fri, Jan 3, 9am-3pm. Deep Run Rec Center. # 16513

Beat the winter blues with a day of activities.

- Sports
- Games
- Fitness
- Crafts

Registration is required.

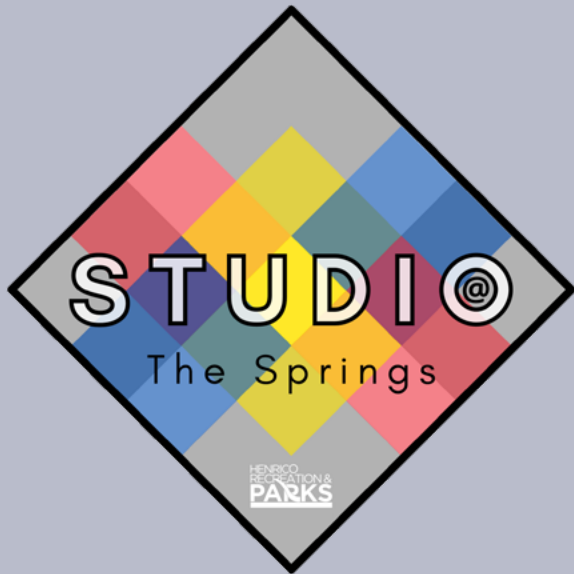
Information: tru08@henrico.gov



(804) 501-PARK | henrico.gov/rec

PROGRAMS WITH REGISTRATION

All programs are free; however, programs with a ► next to the title require registration in advance.



A canvas for our community. Come create with us and explore various forms of art with instruction. Participants may only sign up for one session of each class.

► Studio at The Springs: Stained Glass Sun Catcher

Tue, Dec 10 & 17, 1:30-3:30pm. The Springs Rec Center. #16473
Tue, Dec 10 & 17, 6:30-8:30pm. The Springs Rec Center. #16471
Ages 18+. Make a beautiful stained glass suncatcher. In this class you'll begin the process of learning how to work with glass and the tools required to make a beautiful piece of stained-glass art. This is a two-night class. Information: ola@henrico.gov

► Studio at The Springs: Intermediate Stained Glass

Tue, Jan 7-28, 1:30-3:30pm. The Springs Rec Center. #16472
Tue, Jan 7-28, 6:30-8:30pm. The Springs Rec Center. #16427
Ages 18+. Make a beautiful stained-glass window in this four-night class. Participants must have completed one of the stained-glass classes previously offered at the studio. Information: ola@henrico.gov

► Studio at The Springs: Pottery

Tue, Feb 4 & 11, 1:30-3:30pm. The Springs Rec Center. #16477
Tue, Feb 4 & 11, 6:30-8:30pm. The Springs Rec Center. #16476
Ages 18+. Learn to work with clay to create a beautiful, patterned dish. Choose from a variety of patterns and glazes. Information: ola@henrico.gov

► Studio at The Springs: Glass Fusing

Tue, Feb 25, 1:30-3:30pm. The Springs Rec Center. #16535
Tue, Feb 25, 6:30-8:30pm. The Springs Rec Center. #16536
Ages 18+. Learn the artistic technique of fusing glass. We'll use various types, sizes and colors of glass that, once fired in a kiln, fuse together to become a beautiful piece of art. Information: cli04@henrico.gov

Creative Arts

► Jingle Bling Holiday Necklace and Earrings

Sun, Dec 1, 2-3:30pm. Belmont Rec Center. #16437
Ages 13+. Make a holiday necklace and a pair of holiday earrings with charms and beads. Project requires the use of fine motor skills and use of tools. Information: cli04@henrico.gov

► Hot Glue Window Clings

Wed, Jan 8, 1:30-3:30pm. Deep Run Rec Center. #16514
Ages 18+. Hot glue guns will be used to create your own individual window clings that reflect the winter season with snowflakes or other designs. Information: tru08@henrico.gov

► Cooking at The Springs

Sun, Jan 26, 2-3:30pm. The Springs Rec Center. #16449
Ages 10-12. Have fun cooking and making delicious treats. We will be making brownies and a caramel sauce to go on top!! Information: cli04@henrico.gov

Home & Garden

► Essential Oils

Wed, Feb 12, 1:30-3pm. Deep Run Rec Center. #16520
Ages 18+. Essential oils can be powerful healers. Learn about their benefits and make a macrame diffuser to hang in a place where you can reap the benefits. Information: tru08@henrico.gov

PROGRAM REGISTRATION

Winter 24-25 Registration Begins:

Mon, Nov 18 for Henrico Residents
Fri, Nov 22 for Non-Henrico Residents

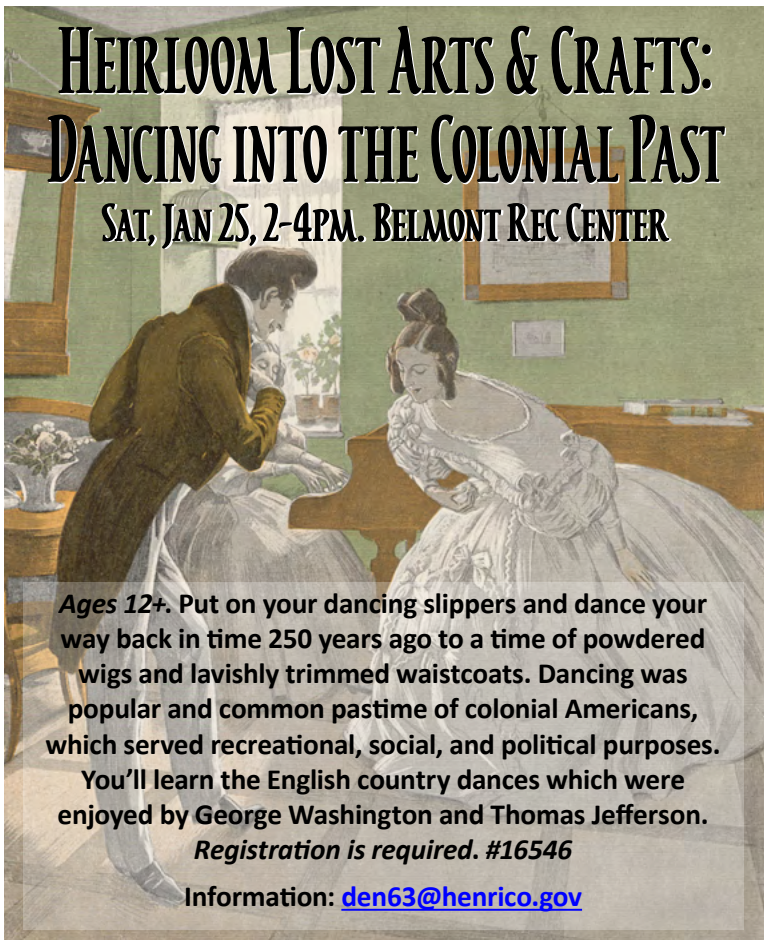
Begins
at
7am



PROGRAMS WITH REGISTRATION

All programs are free; however, programs with a ► next to the title require registration in advance.

HEIRLOOM LOST ARTS & CRAFTS: DANCING INTO THE COLONIAL PAST SAT, JAN 25, 2-4PM. BELMONT REC CENTER



Ages 12+. Put on your dancing slippers and dance your way back in time 250 years ago to a time of powdered wigs and lavishly trimmed waistcoats. Dancing was popular and common pastime of colonial Americans, which served recreational, social, and political purposes. You'll learn the English country dances which were enjoyed by George Washington and Thomas Jefferson.

Registration is required. #16546

Information: den63@henrico.gov

Music & Dance

► Line Dance

Sat, Dec 7-21, 10-11am. Eastern Henrico Rec Center. #16500

Sat, Jan 4-25, 10-11am. Eastern Henrico Rec Center. #16501

Sat, Feb 1-22, 10-11am. Eastern Henrico Rec Center. #16502

Tue, Feb 25, 10:30-11:30am. Belmont Rec Center. #16717

Ages 18+. Line dancing teaches a group of people to perform a series of choreographed steps in unison while facing the same direction to music. No partner required, a fun way to exercise! Information:

Eastern Henrico Rec Center: cun04@henrico.gov;

Belmont Rec Center: cli04@henrico.gov

INCLUSION SERVICES

For more details about specific modifications or inclusion services, see page 3.

Information: rec-inclusion@henrico.gov or 804-652-1413.

► Introduction to Guitar

Ages 6-12. Tue, Jan 21-Feb 11, 5:45-6:30pm.

The Springs Rec Center. #16637

Ages 13+. Tue, Jan 21-Feb 11, 6:45-7:30pm.

The Springs Rec Center. #16638

Do you want to see if guitar is the instrument for you? In this class you will learn introductory guitar techniques and playing skills. The instructor has taught hundreds of musicians and will teach good playing habits while keeping learning challenging and fun. Please bring a guitar.

Information: roc35@henrico.gov

Nature & Outdoors

► Cosmic Archery

Fri, Jan 24, 5-7pm. Deep Run Rec Center. #16469

Ages 18+. In this glow-in-the-dark adventure, participants will take aim at illuminated targets, using special glow-in-the-dark equipment. Perfect for archery enthusiasts and beginners alike, this unique nighttime activity combines archery and a cosmic light show.

Information: bar174@henrico.gov

Come Work Camp!

Get paid to play this summer!

Applications will open in December.
Positions for ages 15+.

Info: linktr.ee/henricorecparks

HENRICO RECREATION & PARKS



THERAPEUTIC RECREATION

All programs are free; however, programs with a ► next to the title require registration in advance.

Therapeutic Recreation (TR) is an adaptive form of recreation for those with disabilities or medical conditions. TR aims to promote socialization through leisure education and provide opportunities for diverse programming. Activities are designed to be easily modified based on the individual's needs. We can work with participants, parents/guardians, and staff to help ensure support is in place to promote an enjoyable and successful program experience.

Studio at The Springs

Wed, Dec 11, 10:30-11:45am. The Springs Rec Center. #16419
Mon, Jan 6, 10:30am-11:45am. The Springs Rec Center. #16423
Thur, Feb 20, 10:30am-11:45am. The Springs Rec Center. #16424
Ages 6+. Classes do not require registration but are first-come first-served while supplies last. Art projects require the use of fine motor skills and various art tools. Participants may be asked to work independently through guided instructions or in small groups. Caregivers are encouraged to assist as there will be limited staff. Information: ola@henrico.gov

► Cup of Joe

Thur, Dec 5, 10:30-11:45am. Eastern Henrico Rec Center. #16488
Thur, Feb 6, 10:30-11:45am. Eastern Henrico Rec Center. #16489
Ages 16+. Cup of Joe is all about building social skills while enjoying a cup of coffee or tea. Connect with others through ice-breaker games and group discussions while creating a community project. Information: mcc159@henrico.gov

Blended Voices: Holiday Concert

Sat, Dec 7, 3-3:20pm. Henrico Theatre. #16186
All ages. Come out and enjoy a holiday performance by our award-winning Therapeutic Recreation program Blended Voices members. Members of the Henrico Theatre Company will also accompany our Blended Voices participants. The concert will occur before the showing of *Elf*. Concessions stands are open for purchase before the performance. Information: per22@henrico.gov

► Weekday Sampler

Tue, Dec 10, 10:30-11:45am. Belmont Rec Center. #16492
Tue, Jan 14, 10:30-11:45am. Belmont Rec Center. #16493
Tue, Feb 11, 10:30-11:45am. Belmont Rec Center. #16494
Ages 16+. Weekday samplers are a great way to do a variety of activities. Classes can consist of engaging in creative arts, exercises, group games, and other social opportunities. Each class offers a different set of activities, so no class will ever be the same. Information: mcc159@henrico.gov

► Holiday Music Jeopardy

Thur, Dec 12, 10-11am. Belmont Rec Center. #16639
Ages 18+. Join Jacob's Chance in playing music Jeopardy with a team of new friends! Help your team win points by testing your knowledge of popular holiday songs. Information: mcc159@henrico.gov

► Winter Karaoke

Mon, Dec 16, 6-7pm. Belmont Rec Center. #16640
Ages 18+. Grab the mic and join your Jacob's Chance friends for a festive hour of singing and dancing to your favorite tunes! Information: mcc159@henrico.gov

► Sensory Explorers

Tue, Dec 17, 10:15-11:15am. Deep Run Rec Center. #16495
Tue, Jan 21, 10:15-11:15am. Deep Run Rec Center. #16496
Tue, Feb 18, 10:15-11:15am. Deep Run Rec Center. #16497
Ages 2-5. Sensory Explorers is the perfect activity for your little one to engage in a little mess and learning at the same time. Watch them use their imaginations and develop their fine motor skills as they play and craft with various sensory objects. Such activities could include having them work with paints, shaving cream, tissue paper, glue, rice, giant spoons, mixing bowls, and themed crafts! Each monthly class has a different theme. Information: mcc159@henrico.gov

The Sensory Santa Experience

Thurs, Dec 19, 10:30-11:45am
Thurs, Dec 19, 6:30-7:45pm
at
Eastern Henrico Rec Center

Ages 2+. Meet Santa, enjoy refreshments, and craft with others in a low-sensory setting. All activities are independently led for participants and families to enjoy at their own pace. Towards the end of the program staff will encourage attendees to participate in a sing-a-long to a few classic carols.

Information: mcc159@henrico.gov

PROGRAM REGISTRATION

Winter 24-25 Registration Begins:
Mon, Nov 18 for Henrico Residents
Fri, Nov 22 for Non-Henrico Residents

Begins
at
7am



THERAPEUTIC RECREATION

All programs are free; however, programs with a ► next to the title require registration in advance.

Game On!

Thur, Jan 9, 10:30-11:30am. Eastern Henrico Rec Center. #16498
Ages 13+. Come out and compete against your friends and family in a life-size jeopardy game! You can play individually or with a team. Enjoy free popcorn in celebration of National Popcorn Day (1/19). This is your chance to show off your trivia knowledge and have a little fun. Information: mcc159@henrico.gov

► Hat Creations

Thur, Jan 16, 11am-12:15pm. Belmont Rec Center. #16635
Ages 16+. In honor of National Hat Day (January 15th) participants will be able to create their own unique hat! Add gems, feathers, or stickers. Draw rainbows, flowers, or animals. All simple and wacky creations are welcome! We also encourage those registered to wear their favorite hats to class. Information: mcc159@henrico.gov

► Snowflake Scavenger Hunt

Tue, Jan 21, 5-6pm. Deep Run Rec Center. #16683
Ages 8-22. Join your Jacob's Chance friends and buddies for a building-wide scavenger hunt! Grab a scavenger hunt card and see if you can find each hidden snowflake. Afterwards, join us for a hot chocolate and a winter craft! Information: mcc159@henrico.gov



Line Dancing with Jacob's Chance

Wed, Jan 29, 10:30-11:30am. Eastern Henrico Rec Center. #16641
Ages 18+. Put on your dancing shoes and join your Jacob's Chance friends for an hour of your favorite line dances! We will rehearse the dance moves before each song. Information: mcc159@henrico.gov

► Valentine's Paint & Sip

Mon, Feb 3, 6:30-7:30pm. Deep Run Rec Center. #16684
Ages 18-40. Grab a brush and a Shirley Temple and join your Jacob's Chance friends for a step-by-step tutorial of a Valentine's themed painting. Information: mcc159@henrico.gov

► All About Love Karaoke

Fri, Feb 7, 10-11:30am. The Springs Rec Center. #16685
Ages 18+. Grab the mic and join your Jacob's Chance friends for a festive hour of singing and dancing to your favorite songs all about love! Information: mcc159@henrico.gov

History Creators: Honoring Black History Month

Mon, Feb 24, 10:30-11:30am. Eastern Henrico Rec Center. #16485
Ages 13+. Explore history with us as we discuss and recreate historic artwork from famous Black artists from our past. Learn about their significance and how their art shaped the future for others. Participants will be encouraged to work independently or as a group. Information: mcc159@henrico.gov

► Pizza & Bingo

Wed, Feb 26, 5:30-7pm. Deep Run Rec Center. #16644
Ages 6+. Who doesn't love eating pizza, playing bingo, and winning prizes! This co-sponsored program with the Positive Vibe Foundation will have everyone socializing. Please register each person looking to play and eat. Information: mcc159@henrico.gov

STEPNUP CLUB 1111

THUR, JAN 23, 11AM-1PM

BELMONT REC CENTER. #16686

FRI, FEB 28, 6-8PM

EASTERN HENRICO REC CTR. #16687

AGES 16+. JOIN OUR MONTHLY SOCIALS!
IN COLLABORATION WITH STEPNUP AND
HENRICO AREA MENTAL HEALTH &
DEVELOPMENTAL SERVICES, DANCE, SING,
EAT, AND ENJOY SOME MUSIC WITH FRIENDS.
SPACE IS LIMITED AND CAREGIVERS ARE
REQUIRED TO STAY ON-SITE.

INFORMATION:
MCC159@HENRICO.GOV



FITNESS

**CENTERS &
PASSES**

Henrico County has two fitness centers and offers a variety of fitness classes across the county.

FITNESS CENTERS

Deep Run Rec Center

9900 Ridgefield Parkway

Eastern Henrico Rec Center

1440 N. Laburnum Ave

HOURS

Monday-Thursday: 7am-9pm

Friday: 7am-8pm

Saturday: 8am-5pm

Sunday: 1-5pm

MEMBERSHIP OPTIONS

Individual: \$10/month

Family: \$20/month

**College Student: \$30 for 3 months
(paid in advance)**

**Fixed Rate: Pay for as many months
as you want up to 12 months.**

**No contracts, no extra fees,
and no mandatory orientations.*

Group Exercise Access Pass

*A Group Exercise Access Pass is required to participate in any
Henrico County Recreation and Parks fitness class.*

- Passes must be scanned prior to participation in each, individual class.
- Please note the minimum age for each class.
- Passes are unique to the access pass holder.
- Classes operate on a first-come, first-served basis.
- Maximum capacity is based on the nature of the class and the space being utilized.
- Group Exercise Access Passes are required to be renewed on an annual basis.
- Patrons agree to abide by all Group Exercise rules and regulations.
- Henrico Recreation and Parks reserves the right to revoke access from patrons abusing rules, regulations, and facilities.

FITNESS

GROUP EXERCISE

Henrico County offers a variety of free fitness classes across the county.

LOCATIONS

Belmont Rec Center

1600 Hilliard Road

Deep Run Rec Center

9900 Ridgefield Parkway

Dorey Rec Center

2999 Darbytown Road

Eastern Henrico Rec Center

1440 N. Laburnum Avenue

CLASS SCHEDULES

A current class schedule is available online and at each center.

Use the filters to view by location or type!

Scan or [Click to View Schedule](#)



TYPES OF CLASSES

- 30/30
- Barre
- Bellydance Fusion
- Body Sculpt
- Boot Camp Conditioning
- Cardio Blast
- Cardio Kickboxing
- Cardio Kinetics
- Chair Yoga
- Chill Flow Yoga
- CIRCL Mobility
- Core & Kettlebells
- Core Flow Yoga
- Cycle
- Evening Unwind Yoga
- Flex & Stretch
- Hatha Yoga
- HIIT
- Kickboxing
- Kids Yoga
- KidsFit
- Pilates
- PITAIYO
- Power Yoga
- Relax & Restore Yoga
- Rest & Recharge Yoga
- Rockin' with Weights
- Senior Balance & Core
- Senior Tai Chi
- Senior Wellness
- Small Group Training
- Strength & Cardio
- STRONG Nation
- Tone-Up
- Total Body Strength
- TRX
- Tweens Yoga
- Vibrant Flow Yoga
- Well Being Tai Chi
- Xtreme Burn
- Xtreme Step
- Youth Fit
- Zumba

Class offerings and schedules are subject to change.

Group Exercise Access Pass

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