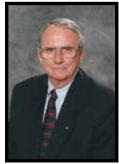


### WELCOME

### **Welcome to Henrico County's Program Guide!**

This joint publication provided by the County of Henrico offers a variety of services, events, classes, and programs available through the Division of Recreation and Parks and the Public Library. We hope you will take some time to read through the entire publication. We're certain you will find some great activities!

### **Henrico County Board of Supervisors**



Richard W. Glover Brookland



Frank J. Thornton Fairfield



David A. Kaechele Three Chopt



Patricia S. O'Bannon Tuckahoe



Tyrone E. Nelson Varina



John A. Vithoulkas County Manager





#### **Our Mission**

The Division of Recreation and Parks exists to enhance the quality of life and to foster a sense of well being and community for the citizens of Henrico County. This is accomplished through management of resources and by facilitating leisure services and recreational opportunities in safe and well maintained environments.

#### **Parks and Recreation Advisory Commission**

The Henrico Parks and Recreation Advisory Commission represents the citizens of Henrico County and provides them with a voice in parks planning, programs, activities, and services. Meetings are held on the first Wednesday of each month at 7pm at the Human Services Building.

Representing Henrico's five magisterial districts are:

Representing Henrico's five magisterial districts are:				
BrooklandHerbert L. Dunford, Jr.				
& Thomas F. Kelley IV				
FairfieldJoseph L. Coleman, Jr.				
& Joyce Robinson				
Three ChoptJoshua M. Dickerson				
& Sandra M. Marshall				
TuckahoeJohn A. Ficklin & Anne D. Sterling				
VarinaThurgood Ampey & William Mackey, Jr.				
<b>Board of Supervisors Representative</b> : Frank J. Thornton				
School Board Representative: Lamont Bagby				

#### **Historic Preservation Advisory Committee**

The Committee advises the Henrico County Board of Supervisors regarding the identification, interpretation, rehabilitation, protection, and preservation of historical and cultural resources located within the County. Meetings are held on the second Tuesday of each month at 8:30am at the Human Services Building.

& Dr. Henry L. Nelson, Jr.

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### Public Library Programs

#### **Library Programs**

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Libbie Mill Library opening late October 2015.

### REGISTRATION INFORMATION

### Fall Registration - Begins August 15 at 8am

#### Ways to Register:





#### **HCRP Connect (Online Registration)**

- connect.henricorecandparks.com
- Registration opens at 8am on Aug 15.
- Create a family account (and add your family members) prior to Aug 15.
- Already have an account? Log in and make sure your information is accurate.



#### Walk-In Registration Saturday, August 15, 8-11am

- Belmont Recreation Center
- Deep Run Recreation Center
- Eastern Henrico Recreation Center

#### Monday-Friday, 8am-4:30pm

- The Armour House & Gardens
- Belmont Recreation Center
- Confederate Hills Recreation Center
- Deep Run Recreation Center
- Dorey Recreation Center
- Eastern Henrico Recreation Center
- Recreation & Parks Admin, Office



#### Mail

Forms will be processed beginning Monday, Aug 17. Registration forms are available on our website and at our recreation facilities.

Mail completed form and payment (check or money order), if applicable, to: Program Registration Henrico Recreation and Parks PO Box 90775, Henrico, VA 23273-0775

#### **Online Registration Mobile Site**

HCRP Connect is now mobile friendly! Register online with ease using your smartphone or tablet.

Go to connect.henricorecandparks.com today to check it out.

#### Inclement Weather Announcements

- Henricorecandparks.com
- Hotline (501-5132)
- HCTV-Channel 17 (Verizon channel 39)

#### Registration Notes:

- A minimum number of participants is needed for a program to be held. (Programs are evaluated one week prior to the start date.)
- Registration may be accepted up until one business day prior to the start date, if space is available and class has not been cancelled.
- Participants must be the required age by the first day of the program unless otherwise stated.
- Paper copies of the guide are sent to customers who have requested a mailed copy and registered for a program in the past year.
- All customers (on our email list) are notified by email when a new guide is available and also provided a link to the online version.

#### Payment Options

- · Cash (Walk-in only.)
- Check or Money Order: Pay to County of Henrico (Mail or Walk-in only.)
- Credit Card: (Walk-in and online\* only.)
- · Debit Card (Pin-based only. Walk-in only.)

\*A processing fee (up to \$3) will be applied to online transactions.

A \$50 service charge will be assessed in addition to any check or electronic debit that is returned unpaid as allowed by the Code of Virginia and the Code of Henrico County.

#### Financial Assistance

Limited financial assistance is available to Henrico County residents who qualify. Required information must be approved prior to enrollment for each program guide season. Information: 501-5102.

**Refunds:** Written requests for refunds must be received 10 working days prior to program start date.

\*The processing fee charged with an online transaction is non-refundable.

**Satisfaction Guaranteed!** If our program does not meet your expectations, write us. We will gladly refund your money. (No refunds allowed after first scheduled day of play for adult sports leagues.)

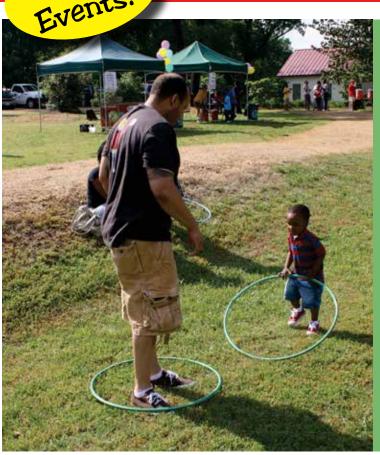
Refund requests may be sent by mail or email (rec-cancel@henrico.us).

Registration Questions? Call 501-7275 or email registration@henrico.us.

If you have a disability and will need assistance or special accommodations in order to enjoy any of these programs, check the accommodation box on the registration form and call Therapeutic Recreation at 501-5135 no later than ten working days prior to the program date. Notification is required for each program and new participants must submit paperwork 10 days prior to the start of the program.

Free Events!

### EVENT HIGHLIGHTS



Celebrate
National Grandparents' Day
at

### Grand Family Affair

Sun, Sep 13, 2-4pm Walkerton Tavern

A timeless way to celebrate and play! Take a giant step back into time and join us for an afternoon of lawn games and 19<sup>th</sup> century fun as we pay tribute to National Grandparents' Day 2015. Bring the whole family, to this multi-generational event.

Information: lew56@henrico.us

### **Glen Allen Day**

The Glen Allen Ruritan Club in association with Henrico Recreation and Parks will host Glen Allen Day; one of Henrico County's largest outdoor festivals! The festivities kick off with a parade at 9:30am on Mountain Road. Activities in the park include balloon animals by Miss Sheri the Clown, a petting zoo, airbrush designs, arts, crafts, business fair, and local musicians on two stages. Concessions will be available for purchase.

For details, including a participant application, please visit www.glenallenday.org or call the Glen Allen Ruritan hotline at 257-9605.



### EVENT HIGHLIGHTS





# Sunday Afternoon with the Classics

**Trucks - The Workhorses of the Automotive World** 

Sun, Oct 18, 2-3:30pm Dorey Recreation Center

From Model T's to semis, the "truck" definitively embodies the idea of carrying cargo - but the idea has come a long way from the early workhorses. Join Morris Cameron, the Richmond Region AACA and the Old Dominion Historical Fire Society for a presentation and see examples of many makes and models of antique trucks and fire engines. Information: nol@henrico.us

## The World of Automotive Orphans

Sun, Nov 15, 2-3:30pm

#### **Deep Run Recreation Center**

An 'orphan' is a vehicle that has outlived its parent manufacturing company and over 2,000 notable cars classified as 'orphans' have flashed onto the American automotive scene, only to eclipse and fade into memory. Join George Duke and Budd Lacy from Richmond Region AACA for a presentation and see examples of orphans including Nash, Packard, Auburn, Plymouth, and Pontiac. Information: nol@henrico.us

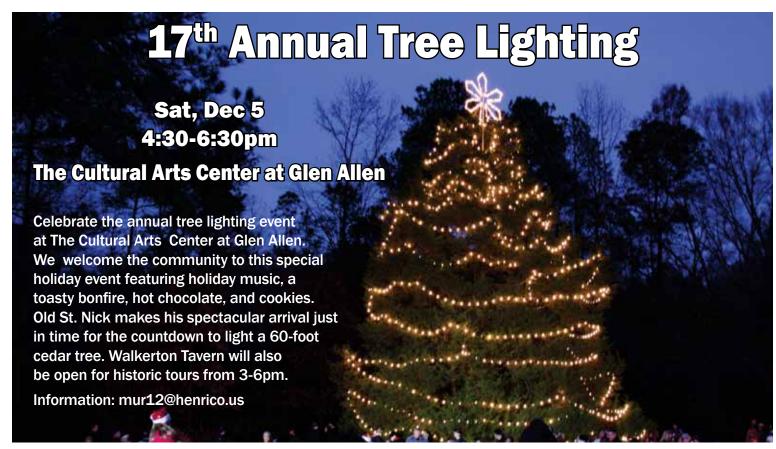
### **Monster Mash**

## Fri, Oct 30, 5-8pm Dorey Recreation Center

Dorey Recreation Center transforms into a creepy camp site to celebrate the hair-raising fun of Halloween! Experience s'mores and spooky stories by a larger-than-life bonfire, show off your costume in a contest of epic proportions, create Halloween crafts to delight the senses, and eat candy and play games 'til your heart's content! Concessions will be available for purchase.

Information: bog09@henrico.us





### EVENT HIGHLIGHTS



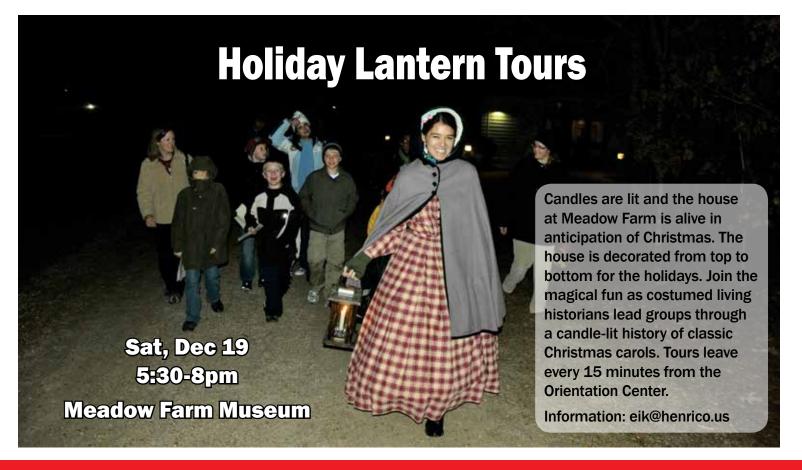
### **James River Parade of Lights**

Sail into the season with a lighted boat parade sponsored by the James River Advisory Council. Henrico Recreation and Parks will be hosting a viewing area at Osborne Park beginning at 4:30pm. Enjoy holiday music, festive activities, and more! A Toy Parade on Osborne Turnpike sponsored by the Battlefield Ruritans will precede the boat parade beginning at 3pm.

Information: mur12@henrico.us

**Sat, Dec 12 4-8pm** 

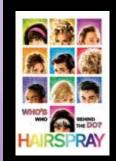
**Osborne Boat Landing** 



### PERFORMING ARTS

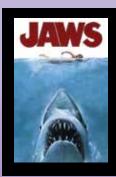


Enjoy classic movies on the big screen at Henrico Theatre! Tickets are only \$1 per person and can be purchased at the door.



### HAIRSPRAY (PG)

Fri, Sep 4 at 7pm Sat, Sep 5 at 2 & 7pm



### JAWS (PG)

Fri, Oct 2 at 7pm Sat, Oct 3 at 2 & 7pm



### BEETLEJUICE (PG)

Fri, Oct 30 at 7pm

Come in costume and receive a goody bag of treats!



### BREAKFAST AT TIFFANY'S (NR)

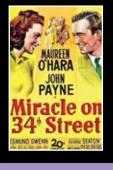
Fri, Nov 6 at 12 & 7pm Sat, Nov 7 at 2 & 7pm

Special showing and brunch for Senior Adults on Nov 6. See page 30 for details.



### ELF (PG)

Fri, Dec 11 at 7pm Sat, Dec 12 at 2pm



### MIRACLE ON 34<sup>™</sup> STREET (NR)

Thur, Dec 3 & Fri, Dec 4 at 7pm Sat, Dec 5 at 2 & 7pm

Performers from Henrico Theatre Company will sing and dance to holiday tunes prior to the movie.



### POLAR EXPRESS (G)

Fri, Dec 18 at 10am & 7pm

Come early to visit the train exhibit, meet the conductor, and receive your golden boarding ticket and bell. Refreshments will be available for purchase.

Information: 328-4491 or henricotheatre@henrico.us

### PERFORMING ARTS



Join us for Henrico Theatre's second season of Henrico Live featuring groups from LA to New York. Information: henricotheatre@henrico.us

**Season Tickets** can be purchased at www.henricolive.com beginning Aug 15. Cost is \$25 for all five shows.

**Individual Tickets** can be purchased at www.henricolive.com or in person at Henrico Theatre. Cost is \$10 per show.

#### The Cash Express

The Cash Express is a Johnny Cash Tribute Band playing a "Cash" mix of rock-a-billy, old country, blues, and traditional hits - coined by the band as pure "Cash-a-billy."

F Sep 18 7pm \$10 HT

#### The Currys

The Currys have developed their brand of homegrown, harmony-rich Americana through summers of writing and performing on the Florida Gulf Coast. Brothers Jimmy and Tommy Curry and cousin Galen Curry began with acoustic performances in local restaurants, but over time the trio gained a regional following performing regularly at festivals and venues around the Southeast.

F Nov 20 7pm \$10 HT

#### **M-Pact**

Imagine the smooth soul of Stevie Wonder, the percussive power of Stomp, the funk and drive of Earth, Wind, & Fire, the hip licks of Take 6, and the brass bite of Harry Connick, Jr.'s Big Band... all created by the human voice alone. M-Pact is respected worldwide as a cutting edge trailblazer in the realm of vocal music.

F Jan 22 7pm \$10 HT

#### **Route 66: Finding Nat King Cole**

A phenomenal one-man show featuring the multi-talented film and stage actor Dr. Jeff Obafemi Carr! This one-act blockbuster takes us backstage to the dressing room of the actor tasked with bringing to life the music and memory of the great Nat King Cole.

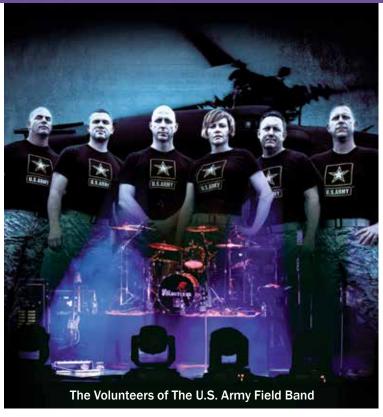
F Mar 18 7pm \$10 HT

#### **Matt Beilis**

New Yorker Matt Beilis was born with a distinct voice. Some would say it's unconventional, which would fit the personality of this singer/ songwriter/pianist. Matt traded in his Ivy League education for a gig in a piano store, betting that his artistic talents would propel him beyond the comfort that his academic achievements all but guaranteed.

F May 20 7pm \$10 HT

www.henricolive.com



### Concerts & Shows

#### **Sunday in the Park with Jazz**

Enjoy a fun-filled fall day on the grounds at Walkerton Tavern! Bring your lawn chair and listen to the musical stylings of Doctors of Jazz. Information: per22@henrico.us

Su Oct 11 3-4pm Free WT

#### The Volunteers of The U.S. Army Field Band

Since 1981, The Volunteers have been bringing the Army Story to life through rock, pop, country, and patriotic music. Whether rocking out major arenas around the country, thrilling crowds at community events, or entertaining Veterans in more intimate shows, these Soldier-Musicians proudly represent their fellow Soldiers. Information: henricotheatre@ henrico.us

Th Oct 15 7pm Free HT

#### **Doors Wide Open**

DWO will take you on a musical journey performing jazz, funk, and fusion with a touch of rhythm and blues. A wonderful evening of entertainment that will leave you wanting more! Information: henricotheatre@henrico.us

Sa Oct 17 7pm \$5 HT

#### **Henrico Community Band Holiday Concert**

Start your holiday season off right with the Henrico Community Band. Under the direction of Archer Johnson, this concert is holiday fun for the entire family. Reservations can be made beginning Nov 2 by calling 501-5859.

Th Dec 3 7:30pm Free The Cultural Arts Center at Glen Allen

#### **Henrico Concert Band Holiday Concert**

Celebrate the holiday season with Henrico Concert Band. Under the direction of Randy Abernathy, the band will get you in the mood for this festive season with all of your holiday favorites. Reservations can be made beginning Nov 2 by calling 328-4491.

M Dec 7 7:30pm Free HT

#### On the Air Radio Players present Stay Tuned For Christmas

The On the Air Radio Players are pleased to present, *Stay Tuned For Christmas*, a live radio show with your favorite holiday stories from the "golden age of radio." Come be a part of the live studio audience featuring live sound effects and music. No reservations are required for this program. Information: per22@henrico.us

Tu, W Dec 8 & 9 7:30pm Free The Cultural Arts Center at Glen Allen

#### **Henrico Pops Chorus Holiday Concert**

Join the Henrico Pops Chorus, under the direction of Bobbie Moore, for an evening of holiday fun and seasonal classics! Reservations can be made beginning Nov 2 by calling 501-5859.

Tu Dec 15 7:30pm Free The Cultural Arts Center at Glen Allen

#### **Christmas with Susan Greenbaum and KOS**

Come join us for an evening filled with holiday favorites from Richmond's own Susan Greenbaum and KOS. Listen to their unique arrangements and sounds of the seasonal songs you love. Information: henricotheatre@henrico. us

Sa Dec 19 4pm & 7pm \$5 HT

### <u>Dance Groups</u>

#### **USA Dance, Inc. - Ballroom Dance**

Dances are held the first Saturday of each month at Brookland Middle School and the third Saturday at Deep Run Recreation Center from 7:30-10:30pm. Information: Phil Sisk, 447-0175.

#### The Candlelight Club - Ballroom Dance

Dances are held on the third Friday of each month at Belmont Recreation Center from 7-10pm. Information: Gail McGhee, 357-6450.

#### **Colonial Dance Club - English Country Dance**

The club meets every Wednesday from 7:30-9:30pm at Belmont Recreation Center. Information: Linda Salter, 266-7355.

#### **Hirshjaeger Dancers - German Folk Dancing**

Meetings are held on the first, third, and fifth Fridays of each month from 8-10pm at Three Chopt Presbyterian Church. Information: Mark Cheek, 541-5400.

#### **International Folk Dance Club**

Meetings are held on the first, third, and fifth Fridays of each month from 7:30-10:30pm at Dumbarton Elementary School. Information: Cindy Stockdon, 261-3624.

#### **Square and Round Dance Clubs**

America's official dance form! A free listing of our many square and round dance clubs with dates, times, and locations is available. Information: per22@henrico.us

### CALLING ALL MUSICIANS!

For musicians of all ages and abilities! Come out for a few jam sessions with fellow musicians. Never been to a jam session? Now is the time to give it a try. Acoustic only. Children must be accompanied by an adult. Information: nes@henrico.us

#### **Bluegrass Coffeehouse**

Th Sep 10, Oct 8, Nov 19, & Dec 10 7-9pm Free Dorey Recreation Center

#### **Old Time Tuesdays**

Tu Sep 15, Oct 20, Nov 17, & Dec 15 7-9pm Free Belmont Recreation Center

### <u>Music Groups</u>

For more information on these groups, call 501-5138.

#### **Henrico Community Band**

Rehearsals held on Thursday evenings from 7:30-9:30pm at Tuckahoe Middle School.

#### **Henrico Concert Band**

Rehearsals are held Monday evenings from 7:30-9:30pm at Lakeside Baptist Church.

#### **Henrico Pops Chorus**

Rehearsals are held Tuesdays at 7pm at Lakeside United Methodist Church.

### <u>Theatre Groups</u>

For more information on these groups, call 501-5138.

#### **Henrico Theatre Company Volunteers**

Come and volunteer with Henrico Theatre Company! We are always looking for volunteers to help with set construction, props, backstage crew, costume sewing and ushering.

#### **On the Air Radio Players**

The group produces live broadcasts of 1940s radio shows and is also interested in developing and performing original works.



### HENRICO THEATRE COMPANY

Join us for our 37<sup>th</sup> Season of Plays! All performances will be held at The Cultural Arts Center at Glen Allen. Showtimes are at 8pm except for Sunday matinees which are at 2:30pm. For specific showtimes and to make reservations go to www.artsglenallen.com. Information: 501-5859 or per22@henrico.us

Season Tickets: \$30 for adults and \$25 for seniors (55+) and students for all five shows.

Individual Tickets: \$10 for adults and \$8 for seniors (55+) and students per show.

All tickets can be purchased in person at The Cultural Arts Center at Glen Allen, by calling 501-5859, or online at www.artsglenallen.com, click on **Performances** then **Henrico Theatre Company**.



A comedy by Neil Simon.

Oscar the slob and Felix the clean-freak decide to room together with hilarious results! The patterns of their own disastrous marriages begin to reappear in this arrangement; and so this too must end. This comedy is incredibly and continuously funny! "....There is scarcely a moment that is not hilarious." – NY Times.

Tickets on sale Aug 17.



A musical with music and lyrics by Frank Loesser and book by Jo Swerling and Abe Burrows.

From the heart of Times Square to the cafes of Havana, Cuba and even into the sewers of New York City, colorful characters and a bright score combine to make *Guys and Dolls* a celebration of American musical theatre! High rolling gamblers, mission dolls, 14-year engagements and an infamous floating Craps game all come together for a fun-filled romantic comedy based on a story and characters by Damon Runyon.

Tickets on sale Apr 4.



A musical drawn from two short stories by O. Henry, with book by Mark St. Germain, music by Randy Courts and lyrics by Mark St. Germain and Randy Courts.

It is Christmas in New York, but for two young lovers, Jim and Della, the prospects are bleak as they are both out of work and penniless. Their dilemma is solved when both part with their most precious possessions in order to buy presents for each other, thereby creating an aura of warmth and giving in the cold, impersonal winter city. A heart-warming and captivating musical treat! "...calculated to bring a laugh to the throat and a misty tear to the eye of theatergoers, young or old." – NY Tribune.

Tickets on sale Oct 5.

# The 30<sup>th</sup> Annual One Act Showcase

Feb 5-14

Three one act plays featuring the winners of the HTC Playwriting Competition.

The area's oldest one act festival will once again feature the winners of the annual HTC One Act Playwriting Competition. These world premiere productions promise to be unusual and compelling. Winning titles will be announced in December.

Tickets on sale Jan 4.



Jul 8-24

A comedy by Caroline Francke, from the novel by Edward Streeter.

Daughter Kay announces her engagement out of nowhere. Mrs. Banks and her sons are happy, but Mr. Banks is in a dither. The guest list grows larger by the day, a caterer is called in, florists, furniture movers and dressmakers take over, and the Banks household is soon caught in turmoil – not to mention growing debt. But of course, despite last minute crises, the wedding comes off beautifully and father of the bride is a happy and proud man.

Tickets on sale Jun 6.

### PRESCHOOL

### Kidz Corner

Ages 3-5. Come and join our kid-friendly staff as children participate in hands-on crafts, imaginative play, stories, and music time. While you enjoy a little free time, your child will experience interacting with other children, and learn positive social skills and independence. Children must be toilet-trained. Please bring a snack and drink. Information: pit02@henrico.us

M W	Sep 9-30	9:30am-noon	\$17.50	DR	4523
M W	Oct 5-28	9:30am-noon	\$20	DR	4645
M W	Nov 2-25	9:30am-noon	\$17.50	DR	4661
M W M W M W	Sep 9-30 Oct 5-28 Nov 2-25	9:30am-noon 9:30am-noon 9:30am-noon	\$17.50 \$20 \$17.50	EH EH	4646 4525 4660
Tu Th	Sep 8-Oct 1	9:30am-noon	\$20	BE	4651
Tu Th	Oct 6-29	9:30am-noon	\$20	BE	4652
Tu Th	Nov 3-24	9:30am-noon	\$17.50	BE	4656
Tu Th	Sep 8-Oct 1	9:30am-noon	\$20	TH	4650
Tu Th	Oct 6-29	9:30am-noon	\$20	TH	4653
Tu Th	Nov 3-24	9:30am-noon	\$17.50	TH	4654

### Dance

#### **Creative Dance**

Ages 3-4. This is the perfect program for young children interested in learning ballet who have never attended a group class. In a social environment, participants will combine dance, music, props, and imagination to learn movement patterns, basic ballet motor skills, rhythm, and listening skills. Leather ballet shoes are recommended. Instructor: Village Dance Studio. Information: nes@henrico.us

M	Sep 14-0ct 19	1:30-2:30pm	\$37.50	BE	4535
М	Nov 9-Dec 14	1:30-2:30pm	\$37.50	BE	4536
W	Sep 16-Oct 21	11am-noon	\$37.50	DR	4537
W	Nov 4-Dec 16	11am-noon	\$37.50	DR	4538
Sa	Sep 12-Oct 17	9:30-10:30am	\$37.50	EH	4539
Sa	Nov 7-Dec 12	9:30-10:30am	\$37.50	EH	4540

#### **Intro to Ballet**

Ages 5-6. Explore the graceful movements of ballet. This program provides beginners with an engaging introduction to movement, terminology, and the basics of ballet that can give them fundamentals to be built upon in future dance pursuits. Leather ballet shoes are recommended. Instructor: Village Dance Studio. Information: nes@henrico.us

Th	Sep 17-0

Th	Sep 17-0ct 22	4:30-5:30pm	\$37.50	TH	4541
Th	Nov 5-Dec 17	4:30-5:30pm	\$37.50	TH	*4542
Sa	Sep 12-Oct 17	10:30-11:30am	\$37.50	EH	4543
Sa	Nov 7-Dec 12	10:30-11:30am	\$37.50	EH	4544
*No c	lass Nov 26.				

#### **Mom and Me Dance Fit**

Ages 2-3. An adult must accompany each child. This program is an excellent first social experience for children and offers a great workout for mom. In a fun, non-competitive and supportive environment, dance and strength training are combined to give moms a great routine and creative dances keep the little ones moving and grooving! Fee is for participant and adult. Information: nes@henrico.us

W	Sep 16-0ct 21	noon-1pm	\$37.50	DR	4547
W	Nov 4-Dec 16	noon-1pm	\$37.50	DR	4548

### Nature & Outdoors

#### 'B' is for Birds

Ages 4-5. Wouldn't it be fun to fly? Imagine yourself living the life of a bird. Where would you choose to build your nest? What would your feathers look like? Come build a giant nest and explore the world of birds where your imagination can soar! Information: bon37@henrico.us

M	Sep 28	5:30-6:30pm	\$10	DR	4310

#### Big Fish, Little Fish

Ages 4-5. Visit the aquarium at Three Lakes to see different shapes and sizes of fish then try your luck at catching fish in a make-believe pond. Hike out to the lake to see a natural fish nursery and join in other fishy fun. Information: mon08@henrico.us

Su	Oct 11	1:30-2:30pm	\$10	TL	4575
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#### **Bats in a Cave!**

Ages 4-5. Deep in the dark, dark cave, little bats hang upside down. Using flashlights, can you find them? Explore our homemade cave as you learn all about these furry little insect-eating mammals. Fun bat crafts to follow! Information: mon08@henrico.us

Su	Oct 25	1:30-2:30pm	\$10	TL	4590
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#### **Weather Wonders: Clouds**

Ages 4-5. Learn about the wonders of clouds! Crafts and experiments will be used to teach children about how clouds and rain are formed. Information: bon37@henrico.us

Su	Nov 1	2:30-3:30pm	\$10	DR	4311
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### Registration begins August 15.

See page 4 for details.

#### **Location Codes**

AN: Antioch Comm Ctr AH: Armour House BE: Belmont Rec Ctr CH: Confederate Hills Rec Ctr DH: Dabbs House DR: Deep Run Rec Ctr DO: Dorey Rec Ctr

EH: Eastern Henrico Rec Ctr EL: Elko Comm Ctr HC: Hidden Creek Rec Ctr HT: Henrico Theatre HU: Hunton Comm Ctr MF: Meadow Farm TL: Three Lakes TH: Twin Hickory Rec Ctr WT: Walkerton Tavern

### PRESCHOOL

### <u>Sports</u>

#### **Preschool Basketball**

Ages 4-5. Players will learn basic skills and techniques of basketball. Skills will include ball control, dribbling, passing, and shooting. Your future basketball star will learn the importance of teamwork and sportsmanship, all while having fun. Information: mcn11@henrico.us

Tu	Sep 8-29	5-5:45pm	\$15	EH	4386
Tu	Oct 6-27	5-5:45pm	\$15	EH	4387
Tu	Nov 3-24	5-5:45pm	\$15	EH	4388
Tu	Dec 1-15	5-5:45pm	\$11.25	EH	4389
W	Sep 9-30	4:45-5:30pm	\$15	DR	4382
W	Oct 7-28	4:45-5:30pm	\$15	DR	4383
W	Nov 4-25	4:45-5:30pm	\$11.25	DR	*4384
W	Dec 2-16	4:45-5:30pm	\$11.25	DR	4385
*No	class Nov 11.				

#### **Preschool Soccer**

Ages 4-5. Players will learn basic skills and techniques of soccer. Skills will include ball control, dribbling, passing, and shooting. Your future soccer star will learn the importance of teamwork and sportsmanship, all while having fun. Information: mcn11@henrico.us

Th Th Th Th	Sep 10-Oct 1 Oct 8-29 Nov 5-19 Dec 3-17	5-5:45pm 5-5:45pm 5-5:45pm 5-5:45pm	\$15 \$15 \$11.25 \$11.25	EH EH EH	4394 4395 4396 4397
F F F	Sep 11-25 Oct 2-23 Oct 30-Nov 20 Dec 4-18	4:45-5:30pm 4:45-5:30pm 4:45-5:30pm 4:45-5:30pm	\$11.25 \$15 \$15 \$11.25	DR DR DR DR	4390 4391 4392 4393



#### **Fun-Time Sports**

Ages 3-4. Bring your child to this fun, action-packed class that will get them moving with a different sporting theme each week. The class will introduce your little one to basic skills like hitting, dribbling, or kicking a ball, plus many more. Information: mcn11@henrico.us

W	Sep 9-30	12:15-12:45pm	\$10	EH	4362
W	Oct 7-28	12:15-12:45pm	\$10	EH	4363
W	Nov 4-25	12:15-12:45pm	\$7.50	EH	*4364
W	Dec 2-16	12:15-12:45pm	\$7.50	EH	4365
*No	class Nov 11.				

#### **Preschool T-Ball**

Ages 4-5. Players will learn basic skills and techniques of T-ball, such as catching, fielding, hitting, running the bases, and more. The class will focus on having fun while learning the importance of good sportsmanship and teamwork. Information: mcn11@henrico.us

M	Sep 14-28	4:45-5:30pm	\$11.25	DR	4398
M	Oct 5-26	4:45-5:30pm	\$15	DR	4399
M	Nov 2-23	4:45-5:30pm	\$15	DR	4400
М	Nov 30-Dec 14	4:45-5:30pm	\$11.25	DR	4401

#### **Preschool Tennis**

Ages 4-5. Tennis is a great sport that you can play your whole life. What better time to get started than when you are young! Learn the fundamentals of the game and practice drills in proper strokes, serves, and volleys. Taught by a certified Tennis Teaching Professional, there is a low ratio of students per instructor. Participants will need to bring their own tennis racquets. Information: pet67@henrico.us

	Sep 29-Oct 20 nia Randolph Tenr	•	\$24	4608			
Th	Nov 19-Dec 17		\$24	*4609			
Tu	Nov 24-Dec 15	3-3:30pm	\$24	4610			
Dee	Deep Run Recreation Center Gym						
*No class Nov 26.							





### Visual Arts

#### **Playground Art: Chalk Drawing**

Ages 3-6. Put your imagination to work making fun and colorful chalk art. Create art on a big public chalkboard and on the sidewalk for everyone to enjoy! Create your own personal art piece on a framed chalkboard to take home. Information: ola@henrico.us

Sa Oct 3 9:30-10:30am \$10 AH 4647

#### **Tissue Paper Stained Glass**

Ages 3-6. Adhere bright and colorful tissue paper on a piece of framed glass! Hang this masterpiece in your window and enjoy the color all year long. Information: ola@henrico.us

Sa Nov 7 9:30-10:30am \$10 TH 4649

### More Fun Stuff

#### **UPcycle Art and Nature**

Ages 3-5. Are you teaching your child to be a good steward to our planet? Why not teach them how to turn leftover supplies in your own home into a fun creative art project. We will be making a fun glow bug, a planter and a healthy snack. What are they made of? Come to the class to find out. Information: god001@henrico.us

Sep 11 10-11:30am \$10 TH 4696

#### **A Pint-Size Pirate Adventure**

Ages 3-5. Ahoy, mateys! Come aboard as we travel to Pirate Island where we'll find treasure chests, colorful parrots, and lots of fun adventure. We will create treasure maps, pirate hats, ships, and more. Along the way, we'll play games, sing songs, read pirate stories, and hunt for treasure. Arrgh! Children must be toilet-trained. Information: pit02@henrico.us

F Sep 25 10-11:30am \$10 TH 4521

#### A Mix of Music

Ages 3-6. Now trending in our studio...your opportunity to explore musical instruments! Play the drums, keyboard, piano, guitar, or thumb piano. Young vocalists can also sing a cappella or with a Karaoke machine. You're welcome to bring a favorite CD. Information: cun04@henrico.us

W	Sep 30	10-11am	\$10	BE	4571
W	Oct 7	10-11am	\$10	DO	4576

#### **Book Cooks**

Ages 3-5. Join us as we stir up eager readers and cooks! Each week, we will share a story and prepare a related recipe. We'll kick off the program with a reading of *Clifford* followed by making dog bones! Information: cli04@henrico.us

Tu Oct 6-27 10-11am \$20 EH 4595

#### **Kids N Motion**

Ages 3-5. Join in active fun with noodles, a parachute, bean bags and basic floor games! Information: cli04@henrico.us

W Oct 7-21 9:30-10:15am \$10 BE 4597

#### **Blast Off!**

Ages 3-5. Blast off to another world and explore the stars in this fun-filled space program. First, you'll create a one-of-a-kind astronaut suit. Then you will play games, make an out-of-this world treat and shoot for the stars with friends! Information: god001@henrico.us

F Oct 9 10-11:30am \$10 HU 4697



If you have a disability and will need assistance or special accommodations in order to enjoy any of these programs, check the accommodation box on the registration form and call Therapeutic Recreation at 501-5135 no later than ten working days prior to the program date. Notification is required for each program and new participants must submit paperwork 10 days prior to the start of the program.

### PRESCHOOL



#### **Royal Party**

Ages 3+. A registered adult must accompany the child. This is a special invitation for costumed princesses, princes, and their adult guest to join us at the palace! Walk the red carpet wearing your crowns and tiaras. Take a carriage ride, build a LEGO® castle, and play royal games. End the evening decorating scrumptious cupcakes. Fee is for child and parent. Information: cunO4@henrico.us

Su Oct 11 2-4pm \$20 EH 4577

#### **Rainbow Magic**

Ages 3-6. Are you intrigued with the beautiful colors of the rainbow? Join us for a series of magical activities that feature colorful wands, art, games, improv character storytelling, and cooking. Come taste the rainbow cookies, cupcakes, and more! Information: cun04@henrico.us

F Oct 16-Nov 6 10-11am \$10 DR 4578

#### **Print Them Up!**

Ages 3-5. Have fun with us making potato print wrapping paper and fruit prints. We'll also hunt for leaves to create leaf rubbings and cards! Information: cli04@henrico.us

Th Nov 5 9:30-11:30am \$10 AH 4599

#### **Wee Bakers and Cupcake Creations**

Ages 3-5. This is a tiny-tot course in cupcake frosting and decorating. Our first class will involve making an apron of our very own and deciding what kind of cupcakes to bake. The second class will involve the kids learning how to mix colors with butter cream frosting and how to use different decorating tips. Children must be toilet-trained. Information: pit02@henrico.us

Th Nov 5-12 10-11am \$15 CH 4517

#### Chicka-Chicka-Boom-Boom

Ages 3-5. Come climb a coconut tree and find numbers and alphabet letters. Enjoy a special story time and decorate an edible alphabet treat! Children must be toilet-trained. Information: pit02@henrico.us

Nov 6 10-11am \$10 BE 4518

#### **Teddy Bear's Christmas Tea Party**

Ages 3-5. Come to Teddy Bear's Christmas Tea Party! Bring your favorite bear, an adult, and wear your tea party finest. Have a charming time making a bear Christmas ornament to hang on your tree. We will enjoy the afternoon having an old-fashioned tea party. Teddy Bear's favorite menu: cookies, cakes, bearberries, honey bread, and peppermint tea. Teddy Bear will be there for the party so bring your camera! Parent participation required. Information: pit02@henrico.us

Su Dec 13 2:30-4pm \$10 CH 4520

#### **Elves in Training**

Ages 3-5. Cookies, stockings, trees, reindeer games, presents and, other fun stuff! We are going to do lots of fun activities, just like Santa's elves! And, together - we will emphasize caring and being kind to others. Come spend a few mornings with us while Mom prepares for the holidays! Children must be toilet-trained. Please bring a snack and drink. Information: pit02@henrico.us

M W M W	Nov 30-Dec 9 Nov 30-Dec 9		\$10 \$10	DR EH	4667 4669
Tu Th	Dec 1-10	9:30am-noon	\$10	BE	4665
Tu Th	Dec 1-10	9:30am-noon	\$10	TH	4666

### ADMIT ONE

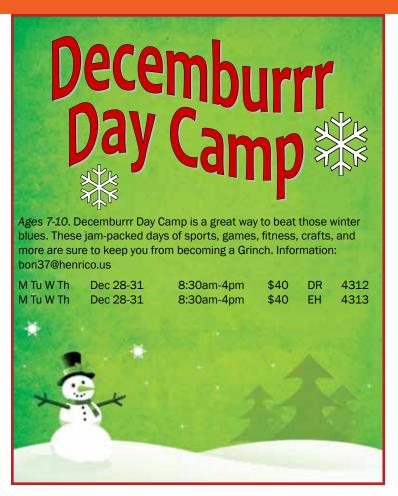
### POLAR EXPRESS (G)



#### Fri, Dec 18 at 10am

For all who truly believe - come and see holiday favorite The Polar Express at historic Henrico Theatre. Visit the train exhibit, meet the conductor, and receive your golden board ticket and bell - only those children who truly believe can hear the bell ring.

Information: 328-4491.



### Dance

#### **Ballet and Tap**

Ages 7-9. Introduce your child to the fundamentals and basics of ballet and tap. This fun dance class will teach the techniques of alignment, strength, and rhythmic tapping. Leather ballet and tap shoes are recommended. Instructor: Village Dance Studio. Information: nes@henrico.us

Th Sep 17-Oct 22 5:30-6:30pm \$37.50 TH 4545 Th Nov 5-Dec 17 5:30-6:30pm \$37.50 TH \*4546 \*No class Nov 26.

### Classes fill quickly. Register early!

Please register at least one week prior to the start date.

### Fitness

#### **Youth Fit**

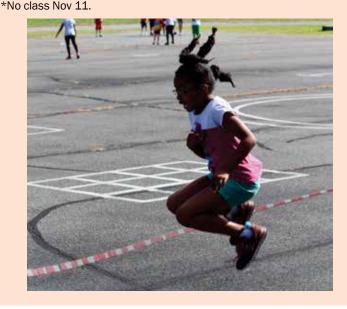
Ages 7-12. Get your kids off the couch! Youth Fit will feature relays, obstacle courses, cardio, strength, and flexibility; boot-camp style. These classes will help children gain confidence while introducing the important principles of exercise in a fun atmosphere. Information: mcn11@henrico.us

W	Sep 9-30	5-5:45pm \$15	ЕН	4481
W	Oct 7-28	5-5:45pm \$15	ЕН	4482
W	Nov 4-25	5-5:45pm \$11.25	ЕН	*4483
W	Dec 2-16	5-5:45pm \$11.25	ЕΗ	4484
*No	class Nov 11.			

### Jump Rope/Double Dutch

Ages 5+. Registration of a paying adult is required with anyone age 15 and under. Did you know that jumping rope for 10 minutes is equivalent to running an 8-minute mile? Jumping rope is an effective cardio exercise that works your arms, legs, and core. It also improves balance, strengthens bones, and improves coordination. Jump into this active, heart-healthy, exciting class! Learn basic to intermediate single rope skills, partner tricks, long rope games, and double dutch. All skill levels are welcomed. Information: mcn11@henrico.us

W	Sep 9-30	6-7pm	\$20	EH	4490
W	Oct 7-28	6-7pm	\$20	EH	4491
W	Nov 4-25	6-7pm	\$15	EH	*4492
W	Dec 2-23	6-7pm	\$20	EH	4493
401-	-1 NI- 44				



#### **Location Codes**

AN: Antioch Comm Ctr AH: Armour House BE: Belmont Rec Ctr CH: Confederate Hills Rec Ctr DH: Dabbs House DR: Deep Run Rec Ctr DO: Dorey Rec Ctr EH: Eastern Henrico Rec Ctr EL: Elko Comm Ctr HC: Hidden Creek Rec Ctr HT: Henrico Theatre HU: Hunton Comm Ctr MF: Meadow Farm TL: Three Lakes
TH: Twin Hickory Rec Ctr
WT: Walkerton Tavern

### YOUTH

### <u>History</u>

#### **Mexican Bark Painting**

Ages 8-9. Originally used during the Aztec Empire, bark paper is still made in Mexico from fig tree fibers. Nowadays, ceremonial and artistic paintings on this paper are often nature-based with vibrant colors. Learn about this ancient folk art and try your hand at creating your own masterpiece. Information: mon08@henrico.us

Sa Dec 5 10-11:30am \$10 TH 4573

### Music

#### **Youth Guitar for Beginners**

Ages 8-12. This class targets the complete beginner. Learn about holding the guitar, tuning, chords, and notes. Students will develop skills to continue in music and are introduced to simple music notation. An acoustic guitar and a desire to learn are the only requirements. Instructor: Scott Martin. Information: nes@henrico.us

M Sep 21-Oct 12 5-6pm \$25 TH 4529 M Oct 26-Nov 16 5-6pm \$25 TH 4530

### Nature & Outdoors

#### **The Big Bug Search**

Ages 8-10. Have you ever seen a preying mantis? What do doodlebugs actually do? Find out what insects live in the park, then armed with nets and other collecting equipment, traverse the fields, forests, and lake edges to see what we can find and identify. Information: mon08@henrico.us

Sun Sept 20 1:30-3 pm \$10 TL 4574

#### **Follow the Foxfire Trail**

Ages 8-9. Foxfire is a glow created by certain fungi that live on decaying wood. This mysterious glow is linked to folktales throughout the world. Follow a trail of foxfire through the dark forest to see what surprises live within its leafy shadows and glens. For adventurous explorers only! Information: mon08@henrico.us

F Oct 16 7:30-9pm \$10 TL 4591

#### **Nature in the Lab**

Ages 6-7. Can you really create a tornado in a bottle? Join us in the lab and we'll find out as we experiment with science to help explain some of nature's surprising mysteries. Information: lew56@henrico.us

Sa Oct 17 10-11am \$10 TH 4602

#### **Modge Podge Leaf Collage**

Ages 6-7. Learn to identify leaves as we gather them on a nature hike through Deep Run Park. Then we'll come inside and make a cool collage using Modge Podge. Information: lew56@henrico.us

Sa Nov 14 10-11:30am \$10 DR 4606

#### **Fall Flee (Winter Migration)**

Ages 6-8. Should I stay or should I go? Each year some of our birds head south for warmer weather. Learn why and which birds leave for the winter. Participants will make their own birdfeeder to take home. Information: cra18@henrico.us

Th Nov 19 6-7pm \$10 BE 4522

### More Fun Stuff

#### **Culinary Crafting**

Ages 6-8. Food will seem to come alive as we pull items from our pantry and craft them into something else entirely. Craft a hungry caterpillar, form "faux sushi," make edible sand, and more! Information: nes@henrico.us

W Sep 9-23 6-7pm \$15 EH 4558

#### **Dinosaur Safari**

Ages 8-9. Join us for a safari like no other! Participants will search for dinosaur eggs and tracks while we learn about these impressive creatures that roamed the earth millions of years ago. Information: new27@henrico.us

Tu Sep 29 6-7:30pm \$10 TH 4568

#### Potions 101

Ages 8-10. Welcome all little witches and wizards in training. Double double, toil, and trouble! By combining science and creativity, our cauldrons will bubble. Information: nes@henrico.us

Su Oct 25 2-3pm \$10 TH 4557

#### Santa's Workshop

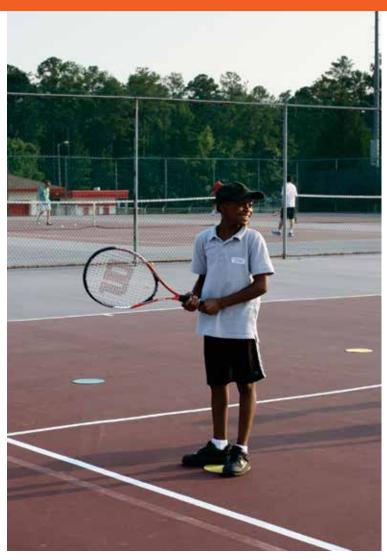
Ages 6-10. Come tinker with the elves in Santa's workshop. In the spirit of the season, create a model toy to take home and prepare another to be donated to the Henrico County Christmas Mother. One adult must accompany each child. Information: nes@henrico.us

Su Dec 13 2-3pm \$15 BE 4560



Inclement Weather Hotline 501-5132

(Please call after 3pm on weekdays and after 7:30am on weekends.)



### **Sports**

#### Youth Tennis

Interested in tennis? This class will focus on the basic fundamentals of the game and is perfect for any skill level. Classes are taught by a Certified Teaching Tennis Professional and there is a low ratio of students per instructor. Participants will need to bring their own tennis racquets. Information: pet67@henrico.us

#### Ages 6-7.

Tu Sep 29-Oct 20 Virginia Randolph Tennis	3:30-4pm Courts	\$24	4612
Th Nov 19-Dec 17 Tu Nov 24-Dec 15 Deep Run Recreation Cel	3:30-4pm 3:30-4pm nter. *No class No	\$24 \$24 v 26.	*4613 4614
Ages 8-11. Tu Sep 29-Oct 20 Virginia Randolph Tennis	4-5pm Courts	\$36	4615
Ages 8-9. Th Nov 19-Dec 17 Tu Nov 24-Dec 15 Deep Run Recreation Ce	4-5pm 4-5pm nter. *No class No	\$36 \$36 v 26.	*4616 4617

#### **Throwback Thursdays**

Ages 8+. They say you can't go back, but we say you can! Relive your childhood every Thursday evening with epic gym games from the past like Crab Soccer, Pin Dodge, Sharks & Minnows, Steal the Bacon, and more! Come for one week or all eight and bring your friends! Equipment will be provided. Please wear comfortable clothing that allows movement as well as appropriate footwear. Registration required. Information: sin10@henrico.us

Th Oct 1-Nov 19 7-8pm Free EH 4489

#### **Introduction to Disc Golf**

Ages 6+. Registration of a paying adult is required with children ages 6-11. Disc golf is a very popular sport that has grown tremendously over the last several years. Played on a wooded course with plastic discs, this sport follows a set of rules similar to traditional golf. Participants will be introduced to basic techniques and strategies for playing the game. Equipment will be provided. Information: pet67@henrico.us

M Oct 12 1-4pm \$10 4619 Dunncroft/Castle Point Park

### Visual Arts

#### **Pendulum Painting**

Ages 7-9. Science and art come together to create a colorful masterpiece! Unique painted designs will come to life as a result of forces of physics. Suspending various paint colors from a tripod, creating a pendulum, participants will manipulate the pendulum sending it on various paths to create patterned artworks. Information: bog09@henrico.us

Sa Sep 26 12:30-2pm \$10 AH 4684

#### **Chinese Brush Painting**

Ages 6-8. Experience the beauty of Chinese arts. Use bamboo brushes, watercolors, and ink to learn the basic strokes of Chinese brush painting. Instructor: Vicky Chiu. Information: cliO4@henrico.us

Su Oct 4-25 2-3pm \$23 DR 4636

#### **Reverse Fabric Batik**

Ages 7-9. Batik is an ancient art of fabric dyeing. Flip-flop the process and do it in reverse! Start with brightly colored fabric, and using a special pen, watch the color disappear before your very eyes! Create amazing patterns and fabulous images. Information: bog09@henrico.us

Sa Oct 24 9:30-10:30am \$10 DR 4693

#### **Paint Play!**

Ages 7-10. Get lost in a color rainbow of your own creation! Learn to make every color imaginable with just red, yellow, and blue. We will cover basic color mixing and work together to create a painted canvas to take home. Information: bog09@henrico.us

Su Oct 25 2:30-4pm \$10 BE 4694

#### Nature's Art Kit

Ages 8-9. Create yucca and river cane paintbrushes with the same primitive methods used hundreds of years ago by the Anasazi Indians. Experiment with paints made from natural materials such as roots, fruit, and minerals. Information: mon08@henrico.us

F Nov 13 7-8:30pm \$10 TH 4593

### TWEENS

### History

#### **Exploring the Wilderness with Capt. John Smith**

Ages 10-12. John Smith surveyed Virginia's coastal regions and interior woodlands over 400 years ago. He discovered new animals, plants, and minerals. Explore the wild woods using a compass and map like Captain Smith. Make discoveries, blaze trails, then set camp in the woods with a meal by campfire. Information: mon08@henrico.us

Sa Oct 3 10am-1pm \$10 TL 4572

### **Sports**

#### **Introduction to Ultimate**

Ages 8+. Ultimate is a limited-contact field sport that is played with a flying disc. The sport is growing in popularity with all age groups, but especially among teens and young adults! You'll be introduced to basic rules, techniques, and strategies for playing Ultimate. Discs will be provided. Registration is required. Information: wie002@henrico.us

Su Sep 20 2-4pm Free 4512 Deep Run Park

#### **Volley Futbol Clinic**

Ages 9-11. Volley Futbol is a fun, fast-paced sport that combines soccer and volleyball skills. It can be played indoors and outdoors. The game is a good training tool for participation in the other sports. Registration is required. Information: gri10@henrico.us

Sa Oct 10 1-3pm Free EH 4516



### More Fun Stuff

#### **Spinners and Spoons**

Ages 10-12. Experience the wonderful world of Echo Lake Park with an interactive, hands-on next level fishing experience. Participants will be instructed on the various methods of fishing artificial baits, including spinners, plastic worms, and crank baits. Good luck and good fishing! Information: new27@henrico.us

Sa Oct 10 10am-noon \$10 4569 Echo Lake Park

#### **Tweens Night Out**

Ages 10-12. The Richmond Game Truck is bringing video games and laser tag. We will have Nerf games and more! With snacks and drinks too, what more could a tween ask for? Can you say fun-fun-fun and more fun? Information: arc@henrico.us

F	Oct 16	7-11pm	\$10	EH	4596
F	Oct 23	7-11pm	\$10	DR	4594

#### **Creepy Confections and Spooky Sweets**

Ages 10-12. Create a scary goodie to share with your mummy! In the spirit of Halloween we will decorate cupcakes and make candy to resemble spiders, skeletons, graveyards, and more. Information: nes@henrico.us

W Oct 28 6-7pm \$10 TH 4556

### Visual Arts

#### **Comic Book Creations**

Ages 10-12. Get ready to use pencils, crayons, and paper because cartoonist Jamie Cosley is going to share tips and techniques for creating fun, original cartoon characters. Learn how to defeat writer's block while you transform ordinary vocabulary words into silly monsters! Information: bog09@henrico.us

Sa Sep 26 10-11:30am \$10 TH 4691

#### **Chinese For Fun**

Ages 9-12. Experience the beauty of Chinese arts. Use bamboo brushes, watercolors, and ink to learn the basic strokes of Chinese brush painting. Instructor: Vicky Chiu. Information: cli04@henrico.us

Su Oct 4-25 3-4pm \$23 DR 4637

#### **Crafting Like Crazy!**

Ages 8-17. We're crafting like crazy on the first Monday of each month! Tap into your creative side while your parents or siblings work out - we'll provide the tools and materials! Try your hand at a different craft each month. Registration is required. Information: nes@henrico.us

M Oct 5, Nov 2, & Dec 7 6-8pm Free 4554 Eastern Henrico Recreation Center

#### **Location Codes**

AN: Antioch Comm Ctr AH: Armour House BE: Belmont Rec Ctr CH: Confederate Hills Rec Ctr DH: Dabbs House DR: Deep Run Rec Ctr DO: Dorey Rec Ctr EH: Eastern Henrico Rec Ctr EL: Elko Comm Ctr HC: Hidden Creek Rec Ctr HT: Henrico Theatre HU: Hunton Comm Ctr MF: Meadow Farm TL: Three Lakes TH: Twin Hickory Rec Ctr WT: Walkerton Tavern



### Music

#### **Teen Guitar for Beginners**

Ages 13-17. This class targets the complete beginner. Learn about holding the guitar, tuning, chords, and notes. Students will develop skills to continue in music and are introduced to simple music notation. An acoustic guitar and a desire to learn are the only requirements. Instructor: Scott Martin. Information: nes@henrico.us

M Sep 21-Oct 12 6-7pm \$25 TH 4531

#### **Electric Guitar**

Ages 13+. Learn chords and riffs that make electric guitar sound different than acoustic guitar. Learn two-note open and moveable power chords. Please bring your own guitar; electric guitar preferred. Instructor: Scott Martin. Information: nes@henrico.us

M Oct 26-Nov 16 6-7pm \$25 TH 4532

### Nature & Outdoors

#### **Beginner Archery**

Ages 12-17. This class will teach participants how to safely and successfully shoot a compound bow and arrow. The course will follow the National Archery in the Schools Program (NASP) curriculum. Appropriate for individuals with little-to-no archery experience. Information: bon37@henrico.us

M Dec 14 6-8pm \$10 DR 4308

### **Sports**

#### **Teen Tennis**

Ages 12-17. Interested in tennis? This class will focus on the basic fundamentals of the game and is perfect for any skill level. Classes are taught by a Certified Teaching Tennis Professional and there is a low ratio of students per instructor. Participants will need to bring their own tennis racquet. Information: pet67@henrico.us

Tu Sep 29-Oct 20 5-6pm \$36 4611 Virginia Randolph Tennis Courts

#### **Introduction to Fencing**

Ages 11-16. This introduction to fencing workshop is for those who have never fenced before. Fencers will learn about the history of fencing, fundamental footwork skills, defense, counter-offense, and refereeing skills. Equipment will be provided. Information: sne02@henrico.us

Su	Oct 11	2-4pm	\$10	DR	4639
Su	Nov 1	2-4pm	\$10	BE	4641

#### **Archery Tag**

Ages 12+. Registration of a paying adult is required with participants under 16. Start your Thanksgiving break off by relieving some stress! Whether you take cover behind the inflatable bunkers or head out in the open, just tag the opposing team or destroy their base to win in this pulse-pounding new game! Archery Tag arrows are 100% safe and absolutely non-painful when used with Archery Tag bows. Fee is per person. Information: sin10@henrico.us

Tu Nov 24 7-8pm \$10 G-Force Karts

### More Fun Stuff

#### **Helping Hands**

Ages 14-17. In search of volunteer hours to fill club or school requirements? Recreation and Parks can help you and your group meet those requirements! Gain hours for your club by helping to keep our parks beautiful, helping out at special events, or providing support in one of our recreation programs. With so much going on, the opportunities are endless! Participants will be required to attend one of the following preliminary and wrap-up meetings. Information: nes@henrico.us

Preliminary: Thur, Sep 10 at EHRC or Wed, Sep 16 at TH, 6-7pm Wrap-Up: Wed, Dec 16 at TH or Thurs, Dec 17 at EHRC, 6-7pm

#### **Reverse Tie-Dye**

Ages 13-17. Customize a shirt by removing color instead of adding it. Using stencil, script, or blotting methods we will transform ordinary colored t-shirts into a one-of-a-kind piece. Information: nes@henrico.us

Sa Sep 19 11am-noon \$10 TH 4559

#### **Job Tips for Teens!**

Ages 13-17. Are you on the hunt for a job? Our etiquette experts will share tips on building a resume, having a successful interview, and proper use of social media. Instructor: The Etiquette Factory. Information: gri10@henrico.us

Sa Oct 24 10am-noon \$10 EH 4563

4488

### THERAPEUTIC RECREATION

#### **Minimum Eligibility Requirements**

All programs have minimum eligibility requirements for participation. Minimum eligibility requirements may include, but are not limited to: age, prerequisite skills, safety, endurance, behavioral, personal care, and medical issues. For specific information on a program's minimum eligibility requirements, please call 501-5135 or email god001@henrico.us.

### Art & Music

#### Show Choir-A Salute to Motown

Ages 10+. Open to individuals with disabilities who meet the minimum eligibility requirements. Come have fun with friends while singing your favorite Motown tunes, with a theatrical flare. Our staff will guide you through performance techniques for a wonderful experience in music. The last class will be a concert for all to enjoy. Information: god001@henrico.us

Oct 5-Nov 2 7-8pm \$12 4605

#### **Come Play with Me!**

Ages 4-5. Open to individuals with disabilities who meet the minimum eligibility requirements. Children with an accompanying parent will delight in art pieces they create together. As a sneak peek, this sensory integration class will offer painting with dish brushes, toe-painting a caterpillar, creating a fluffy, snowy owl and lots more fun stuff! Information: pit02@henrico.us

Nov 8-15 3-4pm DR 4511 \$12



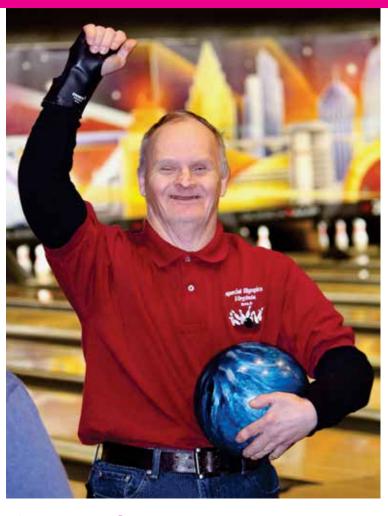
### FRIDAY NIGHT LIGHTS

Ages 12+. Open to individuals with disabilities who meet the minimum eligibility requirements. Participants will meet at a local high school and enjoy a home football game. Meet new friends and have some fun out on a Friday night! There is a \$7 admission fee to be paid at the entrance to the game. Bring additional monies if you want something from the concession stand. Information: wie002@henrico.us

Sep 18 6:30-9:30pm 4513

Nov 6 6:30-9:30pm

Freeman High School 4514 Deep Run High School



### <u>Fitness & Sports</u>

#### I Like to Move It!

Ages 12+. Open to individuals with disabilities who meet the minimum eligibility requirements. Movement, music, and games will keep you rocking and rolling in this high energy class. If you are looking for a FUN way to work out with friends, this class is for you! Please wear comfortable clothing and bring a water bottle. Information: wie002@henrico.us

Oct 1-22 7-8pm \$12 HU 4527 Th Oct 29-Nov 19 7-8pm HU 4528

#### **Bowling**

Ages 12+. Open to individuals with disabilities who meet minimum eligibility requirements. Come spend a Saturday morning with friends for some fun competition and work on your bowling skills. Participants are required to bring \$6 to each program meeting date. This program is not affiliated with Special Olympics. Information: wie002@henrico.us

Oct 3, Nov 7, & Nov 21 9am-1pm \$12 4699 **Shrader Lanes** 

#### **Location Codes**

AN: Antioch Comm Ctr AH: Armour House BE: Belmont Rec Ctr CH: Confederate Hills Rec Ctr DH: Dabbs House DR: Deep Run Rec Ctr DO: Dorey Rec Ctr

EH: Eastern Henrico Rec Ctr EL: Elko Comm Ctr HC: Hidden Creek Rec Ctr

HT: Henrico Theatre **HU: Hunton Comm Ctr** MF: Meadow Farm

TL: Three Lakes TH: Twin Hickory Rec Ctr WT: Walkerton Tavern

### THE DANCE FLOOR

#### **Spooktacular Dance**

Ages 13+. Open to individuals with disabilities who meet the minimum eligibility requirements. As the lights go down, individuals will embark in a spooktacular good time. Climb on board our hayride in search of the GREAT Pumpkin. Dance to hauntingly good music, decorate your own mini pumpkin and make a tasty treat! Costumes are welcome! Information: god001@henrico.us

Oct 23

7-9pm

\$10

DO 4592

#### **Holiday Dance and Karaoke**

Ages 13+. Open to individuals with disabilities who meet the minimum eligibility requirements. Celebrate the holidays with friends in this light hearted, casual, festive occasion. Prepare for the season with friends. music, and fun! Karaoke and dancing will get everyone ready for the holiday season! Information: god001@henrico.us

Dec 18

7-9pm

\$10

4698

### More Fun Stuff

#### What's Cooking in the Kitchen

Ages 12+. Open to individuals with disabilities who meet minimum eligibility requirements. Outdoor styles of cooking will be introduced and participants will create their own meals using dutch ovens, pie irons, aluminum foil, and more! If you enjoy cooking and being outside, we have just the recipes for you! Information: god001@henrico.us

Sep 14-28

6:30-8pm

\$12 HU

4603

#### **Weekday Sampler**

Ages 18+. Open to individuals with disabilities who meet minimum eligibility requirements. Looking for some new and exciting activities to brighten up your week? This group will focus on enhancing your leisure lifestyle! We will try a variety of activities to allow YOU the opportunity to judge for yourself what you want to do in your free time! Cooking, crafting, exercising, and socialization are just some of the new activities you will explore. Registration required. Information: god001@henrico.us

Oct 19, Nov 2, Nov 16 & Dec 7

11am-noon

Free

HU

4604





Looking for some exciting sports to do this fall / winter? Henrico Recreation and Parks is proud to support Virginia Special Olympics. They offer Bocce, Volleyball, Golf, Soccer and Basketball. A full list of activities and details are available on the Special Olympics website. Henrico County is located in Area 31 of the James River Region. http:// specialolympicsva.org

### Registration begins August 15.

See page 4 for details.

#### **Did You Know?**

#### Henrico Recreation & Parks Offers Inclusion Services!

We want everyone to enjoy our classes and programs. If you or a family member need assistance and/or accommodations (due to a disability) to be able to participate in any of our programs, we can help. For more information on Inclusion, call 501-5135.

### ADULTS

### Dance

#### **Ballroom Dance for Beginners**

Ages 18+. Dance with comfort and confidence at your next big event or wow guests at your wedding. Learn traditional, smooth dances including the Waltz, Tango, and Foxtrot working your way up to other rhythms like the Rumba, Cha-Cha, or Swing! No partner required. Instructor: Eleanor Robertson. Information: nes@henrico.us

N Oct 7-28 7-8pm \$25 DR 4549

### History

#### **Mystery of the Missing Dessert**

All ages. Children under 12 must be accompanied by an adult. Someone has gotten into the desserts and we need your help to find them! Travel to various locations around Meadow Farm to gather clues to find the guilty culprit. After the case is solved, we will taste some 19<sup>th</sup> century desserts. Fee is per family. Information: leh@henrico.us

Su Sep 20 2-3:30pm \$10 MF 4586

#### **Gabriel - Liberty or Death**

Ages 18+. The year was 1800. Gabriel, blacksmith and slave of Thomas Prosser, spearheaded an uprising that would have left hundreds dead in an effort to free all slaves. Walk around the farm to learn his story from living historians portraying Thomas Prosser and Pharoah Sheppard. Information: eik@henrico.us

Sa Oct 10 1-3:30pm Free MF

#### This Was Richmond: Photographic Tour After the Civil War

All ages. Learn about Richmond after the Civil War through photography. National Park Service historian Mike Gorman brings his dynamic storytelling skills and knowledge of Civil War photography to the big screen. Both familiar and obscure photographs focusing on Richmond after the 1865 evacuation fire will be investigated in greater detail. Information: mck32@henrico.us

Su Oct 18 2-3pm Free HT

#### Real to Reel: Lincoln (PG-13)

Ages 13+. Ever wonder how historically accurate our favorite films really are? Come and enjoy the movie, *Lincoln*. Mike Gorman, Park Ranger at Richmond National Battlefield and historical consultant on the film, will be highlighting the major historic themes including the momentous decision to abolish slavery forever. Tickets are \$1 per person and can be purchased at the door. Popcorn will be available for purchase. Information: mck32@ henrico.us

Su Nov 15 2pm \$1 HT 4630

### THE HISTORY CAFÉ

#### **Tussie-Mussies**

Ages 18+. Join us in the café as we dine on a delicious brunch and discuss the popular tussie-mussie bouquet originating during the reign of Queen Victoria. You'll create your own colorful and fragrant bouquet to take home. Information: ola@henrico.us

Sa Sep 26 11am-12:30pm \$10 AH 4662

#### "Sachet" With Us!

Ages 18+. Join us in the café as we dine on a delicious brunch and discuss the use of scented sachets, small cloth bags filled with herbs or dried flowers, through the years. You'll create your own beautiful and fragrant set of sachets to take home. Information: ola@henrico.us

Sa Oct 24 11am-12:30pm \$10 AH 4657

### Guilds

#### **Sewing Guild**

Ages 16+. If you enjoy a variety of textile projects this may be the volunteer opportunity for you. Members participate in programs as well as reproduce textile projects for program use. Meetings are the first Saturday of the month February-December from 9:30-11:30am at Meadow Farm Museum. New members are always welcome. Information: gar30@henrico.us



#### **Location Codes**

AN: Antioch Comm Ctr AH: Armour House BE: Belmont Rec Ctr CH: Confederate Hills Rec Ctr DH: Dabbs House DR: Deep Run Rec Ctr DO: Dorey Rec Ctr EH: Eastern Henrico Rec Ctr EL: Elko Comm Ctr HC: Hidden Creek Rec Ctr HT: Henrico Theatre HU: Hunton Comm Ctr MF: Meadow Farm TL: Three Lakes TH: Twin Hickory Rec Ctr WT: Walkerton Tavern

### Home and Garden

#### **Herbal Wisdom**

Ages 12+. Registration of a paying adult is required with children under 14. Ever heard of the Vinegar of the Four Thieves? Why is one herb called wormwood? What herb was known as knit-bone? Join us in the herb gardens at Meadow Farm and learn the historical, medicinal, and culinary uses of herbs. You'll be able to take home a plant as well! Information: gar30@henrico.us

Sa Sep 12 12:30-2:30pm \$10 MF 4680

#### **Repurposed Porch Planters**

Ages 18+. This will be a great project to add to your outdoor decor. We'll use old drawers and table legs to make a wonderful planter. Information: lew56@henrico.us

Sa Sep 26 9am-noon \$10 AH 4566

#### **Leaf Casting**

Ages 18+. Have you ever wished you could save and savor summer foliage year-round? Well, wish no more; just cast them in concrete! Concrete leaves can be used as wall hangings or garden art and make great gifts. Participants should bring a leaf with deep veins on the back. Be prepared to get messy! Information: don06@henrico.us

Su Oct 4 1-3pm \$10 AH 4510

#### **Spindle Snowfolk**

Ages 18+. Come create the sweetest snowpeople to keep watch over your yard this winter! Using wooden spindles, craft paint, fabric, and your imagination, you'll build your very own snowfolk! Information: sin10@henrico.us

Tu Nov 10 6:30-7:30pm \$10 TH 4487

#### **Homemade Holiday Treats**

Ages 10+. Registration of a paying adult required with children under 14. Celebrate the holiday season by making your own chocolate candies and treats. It's a delicious way to enjoy the holidays! We'll be making chocolate mold candies and sugar cone cookie trees. They make great gifts for friends and family (if they make it home...). Information: ola@henrico.us

N Dec 9 6:30-8pm \$10 BE 4634



### DÉCOR

#### **Wine Bottle Décor & Gifts**

Ages 21+. Come create beautiful seasonal décor to display in your home (or to give as the perfect gift) using wine bottles, rope, ribbon, and decorative paper napkins! Please bring 3 or 4 wine bottles with you (we'll have some empty ones available, too) to decorate. Information: sin10@henrico.us

Tu Sep 15 6:30-8:30pm \$10 DR 4485

#### **Holiday Card Display**

Ages 18+. It happens every year: the holiday season hits and your home is flooded with greeting cards... that you have nowhere to display. Well, not this year! Come build a simple, but oh-so-perfect way to show off the beautiful holiday cards you receive. It can also easily be changed to display photos and other treasures all year long! Information: sin10@henrico.us

Sa Oct 3 11am-1pm \$10 AH 4486

#### **Wood Slice Holiday Tree**

Ages 18+. Create a unique and beautiful holiday decoration for your home this year. Adhering various tree slices to a canvas, we'll build a Christmas tree piece of art that will add character to your holiday décor. Information: ola@henrico.us

W Dec 2 6-8:30pm \$10 BE 4678

#### Fresh Holiday Sprays

Ages 16+. Make a gorgeous door adornment from freshly cut greenery of cedar, holly, pine, magnolia and nandina berries. Join in the festivity of the season! Information: ola@henrico.us

F Dec 11 6:30-8:30pm \$10 AH 4670

#### **Natural Greenery Wreath Making**

Ages 15+. "Deck the Halls" and what better way than by making your own natural wreath. Gathered items from nature make beautiful, fresh Christmas wreaths. You bring the creativity, we'll provide the rest. Information: gar30@henrico.us

 Sa
 Dec 12
 9-11am
 \$10
 MF
 4672

 Sa
 Dec 12
 1-3pm
 \$10
 MF
 4671



### ADULTS



### JUST DO IT ... YOURSELF!

Fall is a great time for home improvement projects, and there's no greater satisfaction than doing the job yourself! Learn from the experts in our fall DIY series.

#### Lawncare

Ages 18+. Early September is the perfect time to renovate your lawn in Central Virginia. Henrico County Extension Agent Karen Carter will cover soil testing, soil preparation, selecting the best turf grass, and when to apply fertilizer - all in a manner that is environmentally responsible in protecting our waterways. Information: don06@henrico.us

Tu	Sep 1	6:30-8:30pm	\$10	DR	4508
Th	Sep 3	6:30-8:30pm	\$10	EH	4509

#### Tile a Backsplash

Ages 18+. A tile backsplash is a quick and relatively easy way to upgrade any kitchen. There are so many beautiful tiles to choose from and believe it or not, it can be a do-it-yourself project. We'll teach you the basics of preparing the space, and adhering, and grouting your tile. Information: ola@henrico.us

Ги Sep 15 7-9pm \$10 BE 4676

#### **Basic Auto Maintenance**

Ages 16+. Become the master of your vehicular domain! Learn practical, hands-on maintenance tips that we should all practice to keep our vehicles in good condition. Save money, avoid repairs, and yes, keep you on the go even after you've left your lights on and killed your battery. Flat tire? No need to wait hours for a tow - change it yourself. Learn to check all of your fluids, change your own bulbs and fuses. Conquer the fear of jump starting your vehicle and so much more. Information: gar30@henrico.us

Th Oct 8 6:30-8:30pm \$10 4620 Central Automotive Maintenance Shop West Classroom 10301 Woodman Road in Glen Allen

#### **Intro to Carpentry**

Ages 18+. Stop! Before you pick up that hammer, let us provide you with some basic skills to help you hammer it home. Measuring, leveling, proper use of tools, and a few other tricks of the trade will be covered in this interactive learning experience. Information: lew56@henrico.us

Th Oct 15 6-7:30pm \$10 DR 4683



### Music

#### **Adult Guitar for Beginners**

Ages 18+. This class targets the complete beginner. Learn about holding the guitar, tuning, chords, and notes. Students will develop skills to continue in music and are introduced to simple music notation. An acoustic guitar and a desire to learn are the only requirements. Instructor: Scott Martin. Information: nes@henrico.us

M	Sep 21-0ct 12	7-8pm	\$25	TH	4533
M	Oct 26-Nov 16	7-8pm	\$25	TH	4534

#### **Electric Guitar**

Ages 13+. Learn chords and riffs that make electric guitar sound different than acoustic guitar. Learn two-note open and moveable power chords. Please bring your own guitar, electric guitar preferred. Instructor: Scott Martin. Information: nes@henrico.us

M Oct 26-Nov 16 6-7pm \$25 TH 4532

### Nature and Outdoors

#### **Twilight Canoe Paddle**

Ages 18+. Join us for an evening paddle along Four Mile Creek. We will enjoy the company of great blue herons, osprey, owls, and other crepuscular animals! Enjoy the night music provided by songbirds and peepers. Fee covers basic instruction and all equipment. Information: don06@henrico.us

Sep 13 Deep Bottom Park 4:30-7:30pm

\$12

4503

4600

Deep Run Park

#### **Atlantic Sturgeon River Tour**

Ages 18+. Join us on a pontoon boat as we look for a remnant population of the prehistoric fish, the Atlantic Sturgeon, that still swims the James River in early fall. Watch for these ancient behemoths as they leap from the river, exposing their massive five to seven foot bodies! While there is no guarantee that you'll see a sturgeon, September is the optimum time to see them. You will see other wildlife, including bald eagles, great blue herons and various song birds. Instructor: Mike Ostrander. Information: don06@henrico.us

Tu Sep 15 9:30-11:30am

4502

Deep Bottom Park

#### **Henrico Hiking Club**

Ages 18+. The Henrico Hiking Club is designed to offer a beginner hiking experience for participants with little-to-no previous experience. Hikes will take place at parks and will explore both maintained and primitive trail systems. The wildlife and history of each park will be discussed during each hike. Registration required. Information: new27@henrico.us

Sep 26 Crump Park

10am-noon

Free

4567

#### **Family Tides**

Ages 8+. Registration of a paying adult is required with children ages 8-14. Join us on a family canoeing excursion along the calm waters of Four Mile Creek. We'll paddle up the creek leisurely, looking for great blue heron, osprey, beaver, deer, and bald eagles. Fee covers basic instruction and all equipment. Information: don06@henrico.us

Oct 3 Deep Bottom Park 9am-noon

\$12

4505

#### **Eagle Tour on the James**

Ages 18+. Experience an incredible opportunity to see resident bald eagles in their natural habitat as you cruise slowly on a 24-foot covered pontoon boat along the James River. View a bald eagle swooping out of a tree to pluck a gizzard shad from the surface of the water or a great blue heron patiently fishing along the shoreline. Binoculars provided. Instructor: Mike Ostrander. Information: don06@henrico.us

Oct 8 Th

Deep Bottom Park

10am-noon

\$45

4501

**The Ultimate Challenge** 

Ages 18+. Unlike a marathon, fun run, or obstacle event, this race will have teams deciphering clues and puzzles as they discover the hidden secrets of Deep Run Park while completing a variety of fun and challenging activities. The physical and mental challenges will take teamwork and encourage communication at its highest level. Prepare to have a blast as Henrico brings you the ultimate race, the ultimate outdoor adventure. Are you up for the challenge? Lunch is provided. Participants must sign up as a team. Fee is per person. Information: arc@henrico.us

Oct 24

9am-2pm

#### **Fall Foliage Canoe Tour**

Ages 18+. This canoe tour through the winding curves of Four Mile Creek will give paddlers the chance to see the vivid colors of fall's foliage from the water. We'll paddle leisurely, looking and listening for herons, eagles, osprey, and owls. Fee covers basic instruction and all equipment. Information: don06@henrico.us

Su Oct 25

3:30-6:30pm

\$12

4504

Deep Bottom Park

#### **Beginner Archery**

Ages 18+. This class will teach participants how to safely and successfully shoot a compound bow and arrow. The course will follow the National Archery in the Schools Program (NASP) curriculum. Appropriate for individuals with little to no archery experience. Information: bon37@henrico.us

Nov 16 M

6-8pm

\$10

4309 DR

### ADULTS

### Visual Arts

#### **Introduction to Stained Glass**

Ages 16+. Registration of a paying adult is required with participants under 18. Learn the introductory skills of working with stained glass using the copper foil method. This is a great setting to learn the basic skills required to make a simple 8x10 window pattern. Tools and some of your general supplies are provided during class. Plan to spend approximately \$30 on glass and foil. A list of additional supply needs will be provided at the first class. Instructor: Celeste Miller. Information: ola@henrico.us

Oct 1-Nov 5

7-9nm

\$90

RF

4635

#### **Shibori Silk Scarves**

Ages 18+. Shibori is a Japanese technique of creating designs in dyed fabric. Dye two silk scarves using different traditional methods. Information: cli04@henrico.us

Oct 4 Su

2-4pm

\$10

BE

4638

#### **Pottery: Vase or Votive**

Ages 16+. Try your hand at clay work with this unique slab project. The first week create your own artistic vase or votive using a slab of clay. Carve texture and pattern for unique designs. The second week add glazes for a colorful touch. Create a personalized masterpiece! All tools and supplies are provided. Instructor: Kimberly Towne. Information: ola@henrico.us

Oct 7 & 21

6-8pm

\$25

DR

\*4633

\*No class Oct 14.

#### The Art of Bookbinding

Ages 16+. The history of bookmaking dates back to the 8th century. Learn one of the most traditional binding techniques, stab-binding, and create your own book today! Information: bog09@henrico.us

Oct 10

\$10

FΗ

4695

#### **Metal Art**

Ages 16+. Create a beautiful personalized wall or garden art piece using sheet metal. Choose from a variety of patterns and finishes or bring your own ideas! All tools and supplies are provided. Information: ola@henrico.us

Oct 20-27

6:30-8:30pm

Nov 14 Sa

1-3:30pm

\$10 TH 4690

#### **Mosaic Table Top**

Ages 16+. Create a beautiful small table top in a mosaic pattern using colorful stained glass. Choose from a variety of popular patterns or bring your own design to the table! We provide the table and you provide the creativity. Information: ola@henrico.us

Nov 10-Dec 15

6:30-9pm

\$50

BE

4663

#### **Jewelry: Precious Metal Clay**

Ages 16+. Design and create a piece of fine silver iewelry. Learn the basics of working with Precious Metal Clay (also known as PMC), a versatile and easy-to-use material that once fired in a kiln produces a piece of fine silver jewelry in a matter of hours. You will have a personally designed silver charm, a pair of earrings or a pendant ready to wear. Instructor: Celeste Miller. Information: ola@henrico.us

Nov 10-Dec 1

7-9pm

\$90

DR

4668

**Learn to Linocut!** 

Ages 16+. Try your hand at the easiest and most direct of all printmaking. With help, experiment using a linoleum block and carve a simple design from your imagination or a picture. Use your unique creation to print multiple images on fabric and paper. Take home an original art piece! Information: bog09@henrico.us

#### **Screen-Printing: Canvas Tote Bags**

Ages 16+. Create a one-of-a-kind bag. Take a design from your imagination (or from our idea vault) and transform your vision into a screen-printed tote bag that is all your own! Over two days, learn to create two different stencils and print a two color design on a custom canvas bag to take home. Information: bog09@henrico.us

W Dec 2 & 9 6-8:30pm

\$17.50 AH

4686

### Classes fill quickly. Register early!

Please register at least one week prior to the start date.

### More Fun Stuff

#### **Move the Wall Masquerade Ball**

Ages 18+. Reserve your space and disguise your face! As the clock strikes seven until the stroke of ten, dare to venture back to 1842 to experience the Masquerade Ball from Edgar Allan Poe's *The Masque of the Red Death*. Held in the castellated abbey of Prince Prospero, at a time when a terrible plague with gruesome symptoms swept over the land, guests merrily danced in six decorated and illuminated rooms of the abbey: the blue, purple, green, orange, white, and violet rooms. Very few were brave enough to venture into the seventh room, decorated in black and illuminated a deep blood color. Will you? Information: whi28@henrico.us

Sa Oct 31 7-10pm \$10 WT



1600 Hilliard Road Henrico, VA 23228

(804) 501-GOLF belmontgolfcourse.com



### **Sports**

#### **Adult Tennis**

Ages 18+. Interested in tennis? This class will focus on the basic fundamentals of the game and is perfect for any skill level. Classes are taught by a Certified Teaching Tennis Professional and there is a low ratio of students per instructor. Participants are required to bring a tennis racquet. Information: pet67@henrico.us

Tu Sep 29-Oct 20 6-7pm \$36 4618 Virginia Randolph Tennis Courts

#### Throw It, Roll It, Hit It!

Ages 50+. This is your chance to try your hand at croquet, bocce, shuffleboard, horseshoes, and petanques. Basic skills and rules will be introduced and explained, plus you can try out your new-found skills so that you can go enjoy these free-to-play games at many of our parks and facilities or even at home. Information: mcn11@henrico.us

Su Oct 4 2-4pm Free CH 4564

#### **Introduction to Fencing**

Ages 18+. This introduction to fencing workshop is for those who have never fenced before or are returning to the sport after an extended hiatus. Fencers will learn about the history of fencing, fundamental footwork skills, defense and counter-offense, and refereeing skills. Equipment will be provided. Information: sne02@henrico.us

 Su
 Oct 11
 4-6pm
 \$10
 DR
 4640

 Su
 Nov 1
 4-6pm
 \$10
 BE
 4642

### <u>Sports/Open Gym</u>

If you are interested in participating in any of the following Open Gym programs, please come to the recreation center so we can create your Access Pass keycard. Participants or parent/legal guardian will be required to sign a liability waiver provided on site on a yearly basis for each Open Gym they plan to attend. Open Gym will not be held on County-observed holidays or when other programs are scheduled. Dates and times are subject to change. All Open Gym programs are free.

4677

Open Gym will NOT be held Dec 21 - Jan 3.

#### **Deep Run Recreation Center: 290-0305**

Pickleball for All - Wed, 6-8:30pm

Ages 12+. Ages 12-15 must be accompanied by an adult.

Table Tennis - Tue, 7-9pm

Ages 12+. Ages 12-15 must be accompanied by an adult.

Adult Basketball - Mon, 7-9pm

Ages 18+. Henrico Residents only.

Badminton - Sat, 9am-noon

Ages 18+.

Senior Pickleball - Mon, Wed, & Fri 8:30am-12pm Ages 50+.

Senior Volleyball - Tue & Thur, 6-8:30pm

Men ages 50+ and women 40+.

#### **Eastern Henrico Recreation Center: 225-2056**

Pickleball for All - Tue, 6-9pm

Ages 12+. Ages 12-15 must be accompanied by an adult.

Volleyball/Table Tennis - Sun, 1-4:30pm Ages 13+.

**Teen Basketball - Sat, 9-11am** *Ages 13-17.* 

Adult Basketball (18+) - Mon, 6-8pm Ages 18+. Henrico residents only.

Adult Basketball (30+) - Thur, 6-8pm

Ages 30+. Henrico residents only. No program Oct 1-Nov 19.

Senior Basketball - Fri, 8:30-10:30am

Ages 40+. Henrico residents only.

No program Nov 27.

Senior Pickleball - Tue & Thur, 9am-noon

Ages 50+. No program Nov 26.

### SENIOR ADULTS

### Nature & Outdoors

#### **Recreational Tree Climbing**

Ages 50+. Think tree climbing is just for kids? Not anymore! This program is for the young at heart! Professional arborists from Riverside Outfitters will take you safely to new heights, teaching the proper climbing systems to ascend and explore the canopies of trees. Instructor: Riverside Outfitters. Information: don06@henrico.us

Sa Oct 10 Deep Run Park 10am-noon

\$20

4506

### More Fun Stuff

#### **Deep Run Friendship Cafe'**

Ages 60+. Senior Connections' Friendship Cafés are neighborhood gathering places for seniors where a nutritious midday meal is served. Guests can enjoy meeting up with good friends and participating in diverse activities to remain active and connected to the community. The program is free, however registration is required in advance through Senior Connections (no drop-ins). The Friendship Café at Deep Run Recreation Center will be open Tuesdays and Thursdays, September 1-December 17 from 9am-noon. Also join us for a Grand Opening Reception on August 27 from 2-4pm. Information: Senior Connections, The Capital Area Agency on Aging: 343-3026 or Recreation & Parks: sne02@henrico.us.



# Breakfast "Tiffanys

### BRUNCH AND A MOVIE

Fri, Nov 6 at 10:30am \$10

Henrico Theatre

Ages 50<sup>+</sup>. Enjoy brunch followed by a noon showing of the movie, "Breakfast at Tiffany's" (NR). Registration required. Information: pitO2@henrico.us

#### **Holiday Afternoon Tea**

Ages 50+. Tea anyone? Join us for a delightful afternoon of lunch, conversation, holiday entertainment, and of course tea! Information: sne02@henrico.us

W Dec 2 12:30-2pm \$10 BE 4648

#### **Holiday Recipe Swap**

Ages 50+. It's not Betty Crocker or celebrity chefs, but cooks that love to bake homemade cookies, candy, or brownies. Bring samples to share and your recipe to create a special recipe book. Registration required. Information: cun04@henrico.us

F Dec 11 10-11am Free CH 4579

#### S.A.L.T./Triad Council

(Seniors and Law Enforcement Together)

S.A.L.T./Triad Council is a cooperative effort and working partnership between the County of Henrico Division of Police, County of Henrico Sheriff's Office, and senior citizens throughout Henrico. Its purpose is to develop, expand, and implement effective crime prevention and education programs for the benefit of our senior citizens and to improve the overall quality of life by making our communities a safer place to live. Monthly meetings are held at the Henrico Training Center on the first Tuesday of each month at 9 a.m. For more information, call Community Policing at 501-5236.

### Senior Clubs & Leagues

#### **Senior Leisure Clubs**

Ages 60+. Meetings consist of a discussion of club business, luncheons, guest speakers or entertainment. Each club meets on a regular basis, except during July and August. Information: Jennifer Snead, 225-2056.

Central Gardens Senior Club: Hidden Creek Rec Center Confederate Hills Leisure Club: Confederate Hills Rec Ctr GH Longbridge Seniors: Dorey Recreation Center Golden Angels: Belmont Recreation Center Varina Social Seniors: Dorey Recreation Center

#### **Social Bridge Bunch**

Ages 50+. Bridge players with basic knowledge of the game can join fellow players for fun and fellowship. Players will rotate tables throughout the social. Bring a snack. Supplies are provided. Information: 225-2056.

Confederate Hills Rec Center: Tuesdays, 9:30am-1pm Belmont Recreation Center: Wednesdays, 10am-1pm Deep Run Recreation Center: Thursdays, 10am-1pm

#### **Bowling Leagues**

Ages 50+. Join other senior adults in Henrico for bowling, fun, and fellowship.

#### 55+ Bowling

Mondays, 1-3pm, Shrader Lanes Information: Betty Gleason, 755-1342

#### **Golden Leaguers Bowling League**

Thursdays, 1-3pm, Bowl America Short Pump Information: Janet Cheely, 306-7092

#### **Cheswick Walking Club**

Ages 50+. Walk your way to improved health and fitness! This club meets on Tuesdays from 10 a.m.-noon throughout the year at Cheswick Park. On the first Tuesday of each month, a club meeting is held at Belmont Recreation Center. Visitors are welcome. Information: Wayne Dunn, 282-1714.

#### **Golf Club**

Ages 50+. Senior Golfers are welcome to join the group for weekly matches. Play different area courses on Tuesdays at 10am. Information: Hilton Withers, 740-3209.

#### **Tennis Clubs**

Ages 55+. Enjoy challenging tennis with a large dose of fun? Join these groups for round-robin style social tennis at an intermediate level of play. Both groups play at Belmont from April through November, 8:30-11:30am.

Net Set: Tuesdays & Fridays Information: Andy Melvin, 270-6333

Racketeers: Mondays & Thursdays Information: Norm Mathis, 515-8620



#### **Blood Pressure & Cholesterol Screening**

Ages 50+. Come get your blood pressure and cholesterol checked and learn healthful ways to keep it under control. To ensure accuracy, do not eat breakfast before having cholesterol tested. Service provided by Westport Rehabilitation and Nursing Center. Free. Appointment required. Information: Cindy Spear at (804) 243-9785.

Belmont Rec Center	Sep 23, Oct 28, & Nov 25
Confederate Hills Rec Center	Dec 9
Deep Run Rec Center	Sep 2, Oct 7, Nov 4, & Dec 2
Dorey Rec Center	Oct 14
Eastern Henrico Rec Center	Sep 9
Hidden Creek Rec Center	Sep 30
Walkerton Tavern	Sep 16, Oct 21, Nov 18 & Dec 16

#### **Mahjong**

All ages. Mahjong is a game of skill, strategy, intelligence, calculation, and luck! Bring friends or come alone and join our group that meets every Friday from 1-4pm at Deep Run Recreation Center. Information: bon37@henrico.us

Registration begins August 15.

See page 4 for details.

### FITNESS

### Senior Adults

#### **OWLS**

Ages 50+. This low-impact aerobics class for senior adults focuses on stretching, toning, and cardiovascular fitness. You can participate in this class at a low to high intensity level. Keep fit and healthy in this socially-oriented class on a month-to-month basis. Instructor: Diane Freeman. Information: mcn11@henrico.us

M	Sep 14-0ct 5	2-3pm	\$20	BE	4374		
M	Oct 12-Nov 2	2-3pm	\$20	BE	4375		
М	Nov 9-30	2-3pm	\$20	BE	4376		
Th	Sep 10-24	2-3pm	\$15	BE	4378		
Th	Oct 1-22	2-3pm	\$15	BE	*4379		
Th	Nov 5-19	2-3pm	\$15	BE	4380		
*No class Oct 8.							

#### 50+ Dance Fit

Ages 50+. Enjoy a new workout combining dance and strength training that will keep your body feeling as young as your mind! Instructor: Village Dance Studio. Information: nes@henrico.us

W	Sep 16-0ct 21	10-11am	\$37.50	DR	4550
W	Nov 4-Dec 16	10-11am	\$37.50	DR	4551

#### **Senior Gentle Yoga**

Ages 50+. Improve your health and quality of life! This class combines gentle postures with breathing and relaxation techniques. Strengthen your muscles while increasing your overall flexibility. No previous yoga experience required. Wear loose, comfortable clothing and bring a yoga mat. Information: mcn11@henrico.us

Inst	ructor: David Jones.							
M	Sep 21-0ct 12	10-11am	\$20	BE	4414			
M	Oct 19-Nov 2	10-11am	\$15	BE	4415			
M	Nov 9-23	10-11am	\$15	BE	4416			
М	Nov 30-Dec 21	10-11am	\$15	BE	*4417			
Inst	ructor: Mary Jo Lowery.							
M	Sep 14-28	10-11am	\$15	DR	4497			
M	Oct 5-26	10-11am	\$20	DR	4498			
M	Nov 2-23	10-11am	\$20	DR	4499			
М	Nov 30-Dec 21	10-11am	\$20	DR	4500			
Inst	ructor: Mary Jo Lowery.							
Th	Sep 10-0ct 1	10-11am	\$20	BE	4410			
Th	Oct 8-22	10-11am	\$15	BE	4411			
Th	Nov 5-Dec 3	10-11am	\$20	BE	*4412			
*No	*No class Nov 26 & Dec 7.							

#### **Senior Tai Chi**

Ages 50+. Tai Chi, a moving meditation, teaches centering in the midst of constant motion. The gentle movements of the "Sun" style are suitable for individuals of all abilities. Tai Chi can improve overall health and balance, as well as stress and energy levels. This class is appropriate for both beginner and intermediate senior adults. Instructor: Jack Fuller. Information: mcn11@henrico.us

Th	Sep 10-0ct 1	10:30-11:30am	\$20	BE	4418
Th	Oct 8-29	10:30-11:30am	\$20	BE	4419
Th	Nov 5-19	10:30-11:30am	\$15	BE	4420
Th	Dec 3-17	10:30-11:30am	\$15	BE	4421

#### Senior Wellness

Ages 50+. Come and get moving with our class that is designed to work on improving your overall physical well-being. This class will use different exercise modalities, such as joint mobility, resistance and flexibility training to improve your overall mobility and strength to help with everyday life. Information: mcn11@henrico.us

M M M M	Sep 14-28 Oct 5-26 Nov 2-23 Nov 30-Dec 21	9:30-10:30am 9:30-10:30am 9:30-10:30am 9:30-10:30am	\$15 \$20 \$20 \$20	EH EH EH	4426 4427 4428 4429
F F F	Sep 11-0ct 2 Oct 9-30 Nov 6-20 Dec 4-18	9:30-10:30am 9:30-10:30am 9:30-10:30am 9:30-10:30am	\$20 \$20 \$15 \$15	EH EH EH	4422 4423 4424 4425

#### **Senior Yoga**

Ages 50+. Improve balance, flexibility, posture, and circulation while enhancing your ability to relax and be at peace. This introductory class flows at the perfect pace for beginners. Learn how to better manage your stress and improve your overall health and well-being by receiving instruction in yoga postures, deep relaxation, and meditation. Wear loose, comfortable clothing and bring a yoga mat. Information: mcn11@henrico.us

Tu	Sep 8-29	6:15-7:15pm	\$20	EH	4430
Tu	Oct 6-27	6:15-7:15pm	\$20	EH	4431
Tu	Nov 3-24	6:15-7:15pm	\$20	EH	4432
Tu	Dec 1-22	6:15-7:15pm	\$20	EH	4433

#### **Water Aerobics**

Ages 50+. Stay in shape by using water resistance to tone and firm muscles. Learn exercises that may be done on land but are more efficient in the water. This low-impact water exercise class can also improve your cardiovascular fitness. Wear rubber pool shoes. (No flip-flops.) Instructor: Janet Nugent. Information: sne02@henrico.us

W	Sep 2-Oct 14	noon-1pm	\$35	4643
W	Oct 21-Dec 16	noon-1pm	\$40	*4644
Wes	stminster Canterbur			



#### Fitness Class Schedule

For details and exact dates, see class descriptions on pages 32-36.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8am	TRX®/Circuit 8:15-9:15am EH	Rip <sup>™</sup> Training 8:15-9:15am EH	Cardio Kick Boxing 8:15-9:15am EH	Core Conditioning 8:15-9am EH	20/20/20 8:15-9:15am EH	20/20/20 8:30-9:30am EH
9am	SR Wellness 9:30-10:30am EH	Cardio Blast 9:30-10:30am EH	TRX®/Circuit 9:30-10:30am EH	T'ai Chi Chih® 9-10am EH	SR Wellness 9:30-10:30am EH	
<b>1</b> 0am	SR Gentle Yoga 10-11am BE		50+ Dance Fit 10-11am DR	SR Gentle Yoga 10-11am BE		
	SR Gentle Yoga 10-11am DR			SR Tai Chi 10:30-11:30am BE		
<b>11</b> am					Tai Chi 11am-12pm DR	T'ai Chi Chih® 11:30am- 12:30pm EH
12pm	Cardio Blast 12:30-1:15pm EH	Boot Camp 12:30-1:15pm EH	SR Water Aerobics noon-1pm WC			
2pm	SR Owls 2-3pm BE			SR Owls 2-3pm BE		
5pm		Yoga 5-6pm EH				
6pm	Boot Camp 6-7pm EH	TRX®/Rip™ Training 6-6:45pm EH	Running Club 6-6:45pm EH	Cardio Kick Boxing 6-7pm EH		
	Cardio Kick Boxing 6-7pm DR	SR Yoga 6:15-7:15 EH	Tai Chi 6-7pm EH	Tai Chi 6-7pm DR		
	Hatha Yoga 6:30-8pm DR		Stress Management 6-6:45pm DR			
	Yoga 6-7pm BE		TRX®/Rip™ Training 6-7pm DR			
7pm	Karate 7-8pm EH	Core Conditioning 7-7:45pm EH	Total Body Knockout 7-8pm EH	Karate 7-8pm EH		

#### **Location Codes**

BE: Belmont Rec Ctr DR: Deep Run Rec Ctr EH: Eastern Henrico Rec Ctr WC: Westminster Canterbury

#### **Fitness Center Access Pass Program**

If you are a member of the Fitness Center at EHRC, your access pass now gives you unlimited access to participate in any age-appropriate fitness class offered at EHRC for no additional charge. Please see staff on site for more details.



### FITNESS



### Adults

#### 20/20/20

Ages 16+. This fun, fusion workout includes three 20-minute segments of cardio, strength/weight, and core/flexibility training, designed to maximize results in minimal time! Challenge your endurance, tone muscle, and leave feeling energetic, and invigorated. Information: mcn11@henrico.us

F F F	Sep 11-Oct 2 Oct 9-30 Nov 6-20 Dec 4-18	8:15-9:15am 8:15-9:15am 8:15-9:15am 8:15-9:15am	\$20 \$20 \$15 \$15	EH EH EH	4314 4315 4316 4317
Sa	Sep 12-Oct 3	8:30-9:30am	\$20	EH	4318
Sa	Oct 10-31	8:30-9:30am	\$20	EH	4319
Sa	Nov 7-28	8:30-9:30am	\$20	EH	4320
Sa	Dec 5-19	8:30-9:30am	\$15	EH	4321

#### **Boot Camp**

Ages 16+. Boot Camp mixes cardio, traditional calisthenics, and body weight exercises with interval and strength training. This boot camp will leave your heart pounding while burning calories, toning muscles, getting fit, and having fun! All fitness levels are welcome! Information: mcn11@henrico.us

M M M	Sep 14-28 Oct 5-26 Nov 2-23 Nov 30-Dec 21	6-7pm 6-7pm 6-7pm 6-7pm	\$15 \$20 \$20 \$20	EH EH EH	4322 4323 4324 4325
Tu Tu Tu Tu	Sep 8-29 Oct 6-27 Nov 3-24 Dec 1-22	12:30-1:15pm 12:30-1:15pm 12:30-1:15pm 12:30-1:15pm	\$15 \$15 \$15 \$15	EH EH EH	4326 4327 4328 4329

#### **Cardio Blast**

Ages 16+. Cardio Blast combines today's hottest music with a fun-filled, cardio-based workout. This aerobic workout will feature spontaneous, interval cardio training that will include brief, higher-intensity segments taking the workout into the anaerobic zone. Have a blast while burning calories! This class is designed for all fitness levels. Information: mcn11@ henrico.us

M M M	Sep 14-28 Oct 5-26 Nov 2-23 Nov 30-Dec 21	12:30-1:15pm 12:30-1:15pm 12:30-1:15pm 12:30-1:15pm	\$11.25 \$15 \$15 \$15	EH EH EH	4338 4339 4340 4341
Tu Tu Tu Tu	Sep 8-29 Oct 6-27 Nov 3-24 Dec 1-22	9:30-10:30am 9:30-10:30am 9:30-10:30am 9:30-10:30am	\$20 \$20 \$20 \$20	EH EH EH	4581 4582 4583 4584

#### **Cardio Kick Boxing**

Ages 16+. This aerobic-based class uses kick boxing moves and exercises to give you a whole-body workout that will have you punching and kicking your way to a new level of fitness. No experience or equipment required. This is a non-contact class. Information: mcn11@henrico.us

M	Sep 14-28	6-7pm	\$15	DR	4406				
M	Oct 5-26	6-7pm	\$20	DR	4407				
M	Nov 2-23	6-7pm	\$20	DR	4408				
M	Nov 30-Dec 14	6-7pm	\$15	DR	4409				
W	Sep 9-30	8:15-9:15am	\$20	EH	4346				
W	Oct 7-28	8:15-9:15am	\$20	EH	4347				
W	Nov 4-25	8:15-9:15am	\$15	EH	*4348				
W	Dec 2-23	8:15-9:15am	\$20	EH	4349				
Th	Sep 10-0ct 1	6-7pm	\$20	EH	4342				
Th	Oct 8-29	6-7pm	\$20	EH	4343				
Th	Nov 5-19	6-7pm	\$15	EH	4344				
Th	Dec 3-17	6-7pm	\$15	EH	4345				
*No	*No class Nov 11.								

#### **Location Codes**

AN: Antioch Comm Ctr AH: Armour House BE: Belmont Rec Ctr CH: Confederate Hills Rec Ctr DH: Dabbs House DR: Deep Run Rec Ctr DO: Dorey Rec Ctr EH: Eastern Henrico Rec Ctr EL: Elko Comm Ctr HC: Hidden Creek Rec Ctr HT: Henrico Theatre HU: Hunton Comm Ctr MF: Meadow Farm TL: Three Lakes
TH: Twin Hickory Rec Ctr
WT: Walkerton Tavern

#### **Core Conditioning**

Ages 16+. Think you know your core? Come and learn what your core really is with a class that will put all of your core muscles, including the abs, hips, sides, back, glutes, and more to the test. Information:

#### mcn11@henrico.us

Tu	Sep 8-29	7-7:45pm	\$15	EH	4366
Tu	Oct 6-27	7-7:45pm	\$15	EH	4367
Tu	Nov 3-24	7-7:45pm	\$15	EH	4368
Tu	Dec 1-22	7-7:45pm	\$15	EH	4369
Th	Sep 10-0ct 1	8:15-9am	\$15	EH	4354
Th Th	Sep 10-0ct 1 Oct 8-29	8:15-9am 8:15-9am	\$15 \$15	EH EH	4354 4355
	•				

#### **Hatha Yoga**

Ages 16+. Learn to better manage stress and improve your overall health and well-being by receiving instruction in yoga postures, deep relaxation, deep breathing techniques, and meditation. Wear loose, comfortable clothing and bring a yoga mat. Instructor: Edwin Carpenter. Information: mcn11@henrico.us

М	Sep 14-28	6:30-8pm	\$22.50	DR	4370
M	Oct 5-26	6:30-8pm	\$30	DR	4371
M	Nov 2-23	6:30-8pm	\$30	DR	4372
M	Nov 30-Dec 21	6:30-8pm	\$30	DR	4373

#### **Karate**

Ages 12+. Registration of a paying adult is required with anyone age 15 and under. Based in the Shotokan and Goju Ryu style of Karate, this introductory Tettsu Hashi Kai class is designed to teach basic techniques, with an emphasis on control and self defense through solo practice of forms (Kata), and non-aggressive contact drills. All levels welcome. Information: mcn11@henrico.us

M M M	Sep 14-28 Oct 5-26 Nov 2-23 Nov 30-Dec 21	7-8pm 7-8pm 7-8pm 7-8pm	\$15 \$20 \$20 \$20	EH EH EH	4469 4470 4471 4472
Th Th Th Th	Sep 10-Oct 1 Oct 8-29 Nov 5-19 Dec 3-17	7-8pm 7-8pm 7-8pm 7-8pm	\$20 \$20 \$15 \$15	EH EH EH	4358 4359 4360 4361

#### Rip™ Training

Ages 16+. The latest innovation from TRX®, the Rip™ Trainer, employs an elastic cord attached to a handle that creates a variable, unbalanced load to help you develop core strength and whole-body stabalization that mimics the way we move in everyday life. This class is perfect for everyone from beginners on up as the exercises are tailored to your specific ability level. Information: mcn11@henrico.us

Tu	Sep 8-29	8:15-9:15am	\$20	EH	4402
Tu	Oct 6-27	8:15-9:15am	\$20	EH	4403
Tu	Nov 3-24	8:15-9:15am	\$20	EH	4404
Tu	Dec 1-22	8:15-9:15am	\$20	EH	4405

#### **Running Club**

Ages 16+. Ever wanted to run a race or need someone to train with for one? Come and join us as we help you build up your stamina, learn to pace yourself and meet some like-minded people. Runs will be conducted on the running track and/or the paved trail at EHRC. Appropriate for all levels of fitness and with a goal of a 5K race or shorter. Information: mcn11@henrico.us

W	Sep 9-30	6-6:45pm	\$15	EH	4494
W	Oct 7-28	6-6:45pm	\$15	EH	4495
W	Nov 4-Dec 2	6-6:45pm	\$15	EH	*4496
*No	class Nov 11.				

#### **Stress Management**

Ages 16+. Come and learn tools that will automatically help you in stressful situations whether chronic or temporary - complete, thorough deep relaxations, comprehensive breathing techniques and short meditations that anyone can learn. No exercise. Bring a yoga mat, towel and a blanket. Instructor: Edwin Carpenter. Information: mcn11@henrico.us

W	Sep 9-30	6-6:45pm	\$20	DR	4585
W	Oct 7-28	6-6:45pm	\$20	DR	4587
W	Nov 4-25	6-6:45pm	\$15	DR	*4588
W	Dec 2-16	6-6:45pm	\$15	DR	4589
*No	class Nov 11.				

#### Tai Chi

Ages 16+. Tai Chi has been described as a moving yoga. The gentle yet powerful movements can be done by people of all abilities and can improve health, balance, stress levels, and let one feel a peaceful energy. This class is open to both beginner and intermediate students. Emphasis is on the ten essentials and "feeling" the movements. Information: mcn11@henrico.us

Instructor: Jenny Barone.

W	Sep 9-30	6-7pm	\$15	EH	*4442
W	Oct 7-28	6-7pm	\$20	EH	4443
W	Nov 4-25	6-7pm	\$15	EH	*4444
W	Dec 2-23	6-7pm	\$20	EH	4445
Inst	ructor: David Jones.				
Th	Sep 10-0ct 1	6-7pm	\$15	DR	*4446
Th	Oct 8-29	6-7pm	\$20	DR	4447
Th	Nov 5-19	6-7pm	\$15	DR	4448
Th	Dec 3-17	6-7pm	\$15	DR	4449
Inst	ructor: Jack Fuller				
F	Sep 11-25	11am-noon	\$15	DR	4450
F	Oct 9-30	11am-noon	\$20	DR	4451
F	Nov 6-20	11am-noon	\$15	DR	4452
F	Dec 4-18	11am-noon	\$15	DR	4562
*No	class Sep 16, Sep 17	& Nov 11.			



### FITNESS

#### T'ai Chi Chih®

Ages 16+. T'ai Chi Chih®, a moving meditation, helps us find inner stillness as we move through the practice... and our lives. The 19 gentle, repetitive movements and one pose of this style can be performed standing or sitting by persons of all abilities. T'ai Chi Chih® can reduce stress, increase energy levels, and improve overall health and balance. Information: mcn11@ henrico.us

Th	Sep 10-0ct 1	9-10am	\$20	EH	4438
Th	Oct 8-29	9-10am	\$20	EH	4439
Th	Nov 5-19	9-10am	\$15	EH	4440
Th	Dec 3-17	9-10am	\$15	EH	4441
Sa	Sep 12-0ct 3	11:30am-12:30pm	\$20	EH	4434
Sa	Oct 10-31	11:30am-12:30pm	\$20	EH	4435
Sa	Nov 7-28	11:30am-12:30pm	\$20	EH	4436
Sa	Dec 5-19	11:30am-12:30pm	\$15	EH	4437

#### TRX®/Circuit

Ages 16+. Come and learn how to use the TRX® suspension training system in a combo class that splits the time between TRX® and a circuit training program to give you a balanced and exciting new way to work out. Information: mcn11@henrico.us

M	Sep 14-28	8:15-9:15am	\$15	EH	4457
M	Oct 5-26	8:15-9:15am	\$20	EH	4458
M	Nov 2-23	8:15-9:15am	\$20	EH	4459
M	Nov 30-Dec 21	8:15-9:15am	\$20	EH	4460
W	Sep 9-30	9:30-10:30am	\$20	EH	4334
W	Oct 7-28	9:30-10:30am	\$20	EH	4335
W	Nov 4-25	9:30-10:30am	\$15	EH	*4336
W	Dec 2-23	9:30-10:30am	\$20	EH	4337
*No	class Nov 11.				

#### TRX®/Rip™ Training

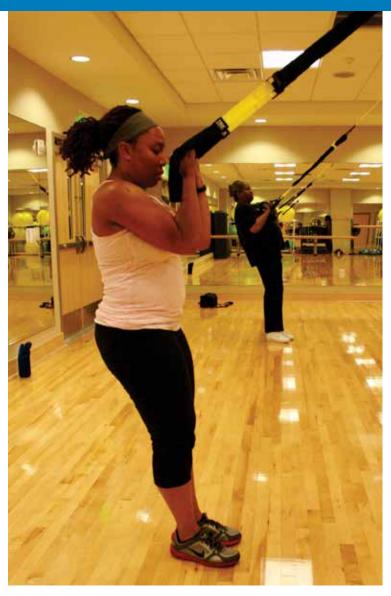
Ages 16+. This class combines TRX's suspension training and Rip™ training systems to give you an exciting combination class designed to help you work on core strength, flexibility, and your overall functional fitness. Information: mcn11@henrico.us

Tu Tu Tu Tu	Sep 8-29 Oct 6-27 Nov 3-24 Dec 1-22	6-6:45pm 6-6:45pm 6-6:45pm 6-6:45pm	\$15 \$15 \$15 \$15	EH EH EH	4461 4462 4463 4464
W W W *No	Sep 9-30 Oct 7-28 Nov 4-25 Dec 2-16 class Nov 11.	6-7pm 6-7pm 6-7pm 6-7pm	\$20 \$20 \$15 \$15	DR DR DR DR	4453 4454 *4455 4456

#### **Total Body Knockout**

Ages 16+. Come knockout all of your training goals in one class. Strength and cardiovascular conditioning will be achieved with interval based exercises of low, moderate, and high intensities to achieve a total body workout. Information: mcn11@henrico.us

W	Sep 9-30	7-8pm	\$20	EH	4465
W	Oct 7-28	7-8pm	\$20	EH	4466
W	Nov 4-25	7-8pm	\$15	EH	*4467
W	Dec 2-23	7-8pm	\$20	EH	4468
*No class Nov 11.					



#### Yoga

Ages 12+. Registration of a paying adult is required with participants under 16. Improve balance, flexibility, postures and circulation while enhancing your ability to relax and be at peace. This introductory family class flows at the perfect pace for beginners. Learn techniques that help manage stress and improve your overall health. Information: mcn11@henrico.us

M	Sep 14-28	6-7pm	\$15	BE	4473	
M	Oct 5-26	6-7pm	\$20	BE	4475	
M	Nov 2-23	6-7pm	\$20	BE	4479	
М	Nov 30- Dec 21	6-7pm	\$15	BE	*4480	
Tu	Sep 8-29	5-6pm	\$20	EH	4474	
Tu	Oct 6-27	5-6pm	\$20	EH	4476	
Tu	Nov 3-24	5-6pm	\$20	EH	4477	
Tu	Dec 1-22	5-6pm	\$20	EH	4478	
*No class Dec 7.						

## COMMUNITY CONNECTION

## Internship & Volunteer Opportunities

#### Internships:

Internship opportunities are available with Henrico Recreation and Parks for students who are enrolled in an accredited college/university with an appropriate major. All Henrico County internships are posted online at www.henricojobs.com. For more information, contact Human Resources at 501-7206.

#### **Volunteers:**

Looking for a way to serve the community? Henrico Recreation and Parks has a variety of volunteer positions available. For additional information on volunteering with Henrico Recreation and Parks, contact Andy Crane at 290-0305, cra18@henrico.us or visit our website at www.henrico.us/rec/volunteer.html.

#### **Keep Henrico Beautiful**

Keep Henrico Beautiful offers County residents of all ages litter prevention and recycling programs, environmental education resources, and volunteer opportunities. For more information, contact Hallie Stephenson at 501-4502, ste086@henrico.us or go online to www.henrico.us/utility/keep-henrico-beautiful/.

#### **Additional Opportunities**

Additional volunteer opportunities are available throughout Henrico County and are coordinated through the Human Resources Department. For more information, visit the Human Resources website at www.henrico.us/hr/edt/volunteer/ or call 501-4425.

#### Speaker's Bureau

The Henrico Division of Recreation and Parks, in association with the Henrico Parks and Recreation Advisory Commission, provides a speaker's bureau service detailing County facilities, recreation programs, and special events. All requests must be submitted in writing at least 30 days prior to the event. For more information about this service, contact Pam Kempf at 501-5149 or kem@henrico.us.





The Henrico County Citizens' Fire Academy gives citizens an opportunity to experience and learn all aspects of fire department activities in a safe, educational and fun environment. Classes are held in the spring and fall each year. For more information, contact Henrico Fire at FireCFA@henrico.us or visit henrico.us/fire/programs/citizensfireacademy or call 501-4900.



Severe weather, hazardous materials, and accidents - do you know what to do to protect your family, friends, and co-workers? Community Emergency Response Training (CERT) classes are 9-week sessions where participants learn how to prepare for and what to do if a disaster strikes. Classes are held in March and September. For more information, contact the Office of Emergency Management at EmergencyManager@henrico.us, 501-7183, or visit www.henrico.us/fire/programs/hccert.

#### Henricopolis Soil & Water Conservation District (SWCD)

Programs are held at the Human Services Building, 8600 Dixon Powers Drive. For more information, contact Lindy Durham at 501-5175 or dur24@henrico.us.www.henrico.us/swcd

#### **Conservation Poster Contest**

Sep 18 or Oct 2, 6-8pm. Free.

Entries are being accepted now through October 13 for our annual Conservation Poster Contest. Open to all students K-12. Join us at one of our FREE workshops to learn about this year's theme: Local Heroes, Your Hardworking Pollinators and get started on your poster. Great activity for scout troops! Scouts earn a patch for submitting a poster.

#### **DIY Rain Barrel Workshop**

Sep 24, 6-8pm. \$50.

Participants build a rain barrel and learn how to install and maintain it. Fee covers cost of the barrel and supplies.



## COMMUNITY CONNECTION

## THE CULTURAL ARTS CENTER AT GLEN ALLEN

2880 Mountain Rd, Glen Allen, VA 23060 • (804) 261-ARTS (2787) • www.artsglenallen.com

#### Center Season

#### **Capitol Steps**

Sat, Sep 12, 5 & 8pm. Tickets: \$43.

The Capitol Steps are back for more fun, laughs and shenanigans in this unique blend of music and political comedy. No matter who you are or what's in the headlines, the Capitol Steps will tackle both sides of the political spectrum in their newest production, "Mock the Vote!" The Washington DC-based comedy troupe that began as a group of Senate staffers, will perform fan favorites and songs based on their current album Mock the Vote!

#### The Hot Club of Cowtown

Sat, Oct 17, 7pm. Tickets: \$32.

The Hot Club of Cowtown has quickly grown to be the most globe-trotting, hard-swinging Western Swing trio on the planet! This riveting concert will deliver a musical range that includes hot jazz, western swing, folk, roots, gypsy jazz, americana, traditional, and ameripolitan! The group's recent seventh studio album release, Rendezvous in Rhythm, is a thrilling display of this Texas trio's virtuosity and its elegant, more European inspirations.

#### **George Winston**

Mon, Nov 9, 7pm. Tickets: \$40.

Join American solo pianist George Winston in concert for an enchanting evening of live music featuring a variety of styles including melodic folk piano, New Orleans R&B piano, and stride piano! Come enjoy this intimate Winter Show Concert that's enthralling for all ages, with songs from The Peanuts, pieces inspired by the New Orleans piano & the stride piano traditions, and songs from George's upcoming album, Spring Carousel!

#### **Two on Tap**

Sat, Dec 12, 7pm. Tickets: \$32.

Kick off your holidays with Two on Tap! Song-and-dance showstoppers Melissa Giattino and Ron DeStefano are back for a special holiday show! Straight from Broadway and London's West End, this dynamic duo takes audiences back in time to an era when couples like Fred and Ginger and Mickey and Judy filled the silver screen with tight vocal harmony and intricate tap choreography.

#### The Shoemaker and the Christmas Elves

Sat, Dec 19, 10 & 11:30am. Tickets: \$12.

Theatre IV, one of the nation's largest touring theatres for young audiences, presents The Shoemaker and the Christmas Elves! The fun begins when the poor Shoemaker and his Wife are visited by Christmas Elves on assignment from Santa. You won't believe what happens next! Bring the whole family and delight in this magical story as we all learn the true meaning of Christmas.

#### <u> 2nd Stage</u>

Shows begins at 7pm. Tickets: \$12 with a subscription, \$15 advance, \$18 door. Dinner available for purchase.

#### **Sep 11: An Evening of Bluegrass**

Featuring The Cary Street Ramblers.

## Oct 2: An Evening of American & British Pop Rock Featuring The Taters.

#### **Nov 6: An Evening of Ukulel**

Featuring Ali Thibodeau, Thomas Wakefield, and Gypsy Roots.

#### **Dec 4: An Evening of Accapella Harmonies**

Featuring Main Street Station Accapella.

#### <u>Special Events</u>

#### Halloween, El Dia de Los Muertos

Sat, Nov 1, 1-5pm

In conjunction with the Latin Ballet of Virginia, "Dia de los Muertos" is a festive celebration of life with live performances, dancing, music, sweets, treats, and fun art activities for the whole family! Wear your Halloween costume to join in the fun at this community tradition! Free!

#### **Illumination: A Festival of Trees**

Open Dec 1-Jan 3. Illumination: Sat, Dec 5.

Themed artisan Christmas trees deck the Center's halls as we celebrate our fifth Illumination! On December 5, Join GrowRVA for a special holiday market from 2-7pm featuring handcrafted and homegrown goods and food vendors too. That evening, visit with Santa and his elves and participate in a scavenger hunt to receive a special treat. Most trees are available for purchase!

#### **17th Annual Tree Lighting**

Sat, Dec 5, 4:30pm

In partnership with Henrico Recreation and Parks, The Center welcomes you to this beloved event featuring holiday music performances, hot chocolate and cookies, a toasty bonfire, and of course a special visit from Santa to light our 60-foot cedar Christmas tree at The Center's entrance!



#### Visit Henricus Historical Park!

Henricus, site of America's second successful English colony is located in Chester, Virginia at the Dutch Gap Nature Preserve on the James River. This re-created site, the 1611–22 Citie of Henricus and the Powhatan Indian village of Arrohateck, is brought to life by costumed Interpreters demonstrating 17<sup>th</sup> century life. Henricus provides SOL- and STEM-aligned school programs, adult programs, day camps, scout events and tours of its 9-acre site and 15+ buildings. Visit the site for FREE on Publick Days, September 19 & 20 for the 4004<sup>th</sup> anniversary of its founding. Jamestown Foundation's 17<sup>th</sup> century colonial ship, the Godspeed will also be docked. For more information, call 804-748-1613 or visit www.henricus.org.

## PARKS & FACILITIES

## Recreation Centers & Facilities

Hosting a birthday party, family reunion, wedding, anniversary celebration, or a group meeting? Consider reserving one of our recreation centers - beautiful spaces and great rates! For details, please call the location of your choice or go online to www. henricorecandparks.com/parks. (Addresses and phone numbers can be found on page 40.)





## Picnic Shelters & Gazebos

Picnic Shelter and Gazebo reservations for individuals are now online at **connect.henricorecandparks.com**.

For walk-in reservations, proof of residency (name and address) must be presented with completed reservation form and fee. We accept a driver's license, DMV ID card, or voter registration card for individuals and an organization check and business card or letterhead for organizations. Reservations must be made a minimum of five business days in advance and no earlier than one year in advance. See page 6 for ways to register or request a reservation. For more information, call 501-7275 or visit www.henricorecandparks.com

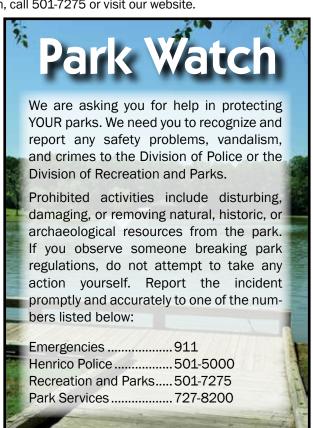
**Picnic Shelters**: Available daily from 9am-2pm or 3pm-dusk. The fee for residents is \$25 per time period. (Non-resident fee is \$50 per time period.)

**Gazebos**: Available daily from 9am to dusk, large gazebo \$150 and \$25 for a small gazebo (Non-resident fee \$300 and \$50 per gazebo).



## Picnic Kits

Picnic kits are available and include bats, balls, horseshoes, frisbee, volleyball, jump rope, and other sports equipment. Fee is \$15 for the kit plus a \$20 refundable deposit. A limited number of kits are available on a first-come, first-pay basis. To receive a picnic kit reservation form, call 501-7275 or visit our website.



## CONTACTS & ADDRESSES

#### Recreation & Parks' Contact Information

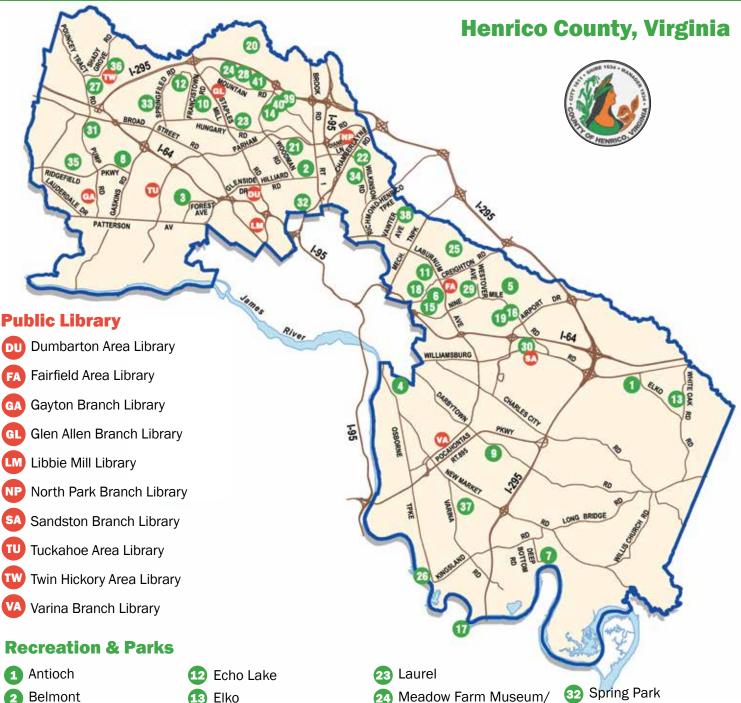
		<b>501-PARK (7275)</b> 501-5132
		henrec@henrico.us
		501-5284
<b>Henrico County Recreational Fac</b>	cilities	
Recreation & Parks Administrative Offices/		
		8600 Dixon Powers Dr., Henrico, VA 23228
		5650 Elko Rd., Sandston, VA 23150
		4001 Clarendon Rd., Henrico, VA 23223
		1600 Hilliard Rd., Henrico, VA 23228
		10840 Brookley Rd., Glen Allen, VA 23060
		6900 Wilkinson Rd., Henrico, VA 23227
Cheswick Park		1700 Forest Ave., Henrico, VA 23229
		904 McCoul St., Henrico, VA 23231
Confederate Hills Recreation Center*	737-2859	302 Lee Ave., Henrico, VA 23075
		3401 Mountain Rd., Glen Allen, VA 23060
Dabbs House Museum	652-3406	3812 Nine Mile Rd., Henrico, VA 23223
Deep Bottom Park/Four Mile Creek		9525 Deep Bottom Rd., Henrico, VA 23231
Deep Run Park & Recreation Center*	290-0305	9900 Ridgefield Pkwy., Henrico, VA 23233
		3417 Pump Rd., Henrico, VA 23233
		2999 Darbytown Rd., Henrico, VA 23231
Dunncroft/Castle Point Park		4901 Francistown Rd., Glen Allen, VA 23060
Eastern Henrico Rec Center**/Athletic Fields	225-2056	1440 N. Laburnum Ave., Henrico, VA 23223
Echo Lake Park		5701 Springfield Rd., Glen Allen, VA 23060
Elko Community Center	225-2056	6216 White Oak Rd., Sandston, VA 23150
Glen Allen Softball Complex		2175 Mountain Rd., Glen Allen, VA 23060
Glen Echo Athletic Field		
Henrico Theatre*	328-4491	305 E. Nine Mile Rd., Henrico, VA 23075
Hidden Creek Recreation Center	225-2056	2417 Brockway Ln., Henrico, VA 23223
Highland Springs Community Center & Park	328-4491	16 South Ivy Ave., Henrico, VA 23075
Hunton Community Center & Park	501-5135	11690 Old Washington Hwy., Glen Allen, VA 23059
J. Sargeant Reynolds Athletic Fields		1699 E. Parham Rd., Henrico, VA 23228
		6000 Club Rd., Henrico, VA 23228
Laurel Recreation Area & Skate Park	225-2056	10301 Hungary Spring Rd., Glen Allen, VA 23060
		3400 Mountain Rd., Glen Allen, VA 23060
		214 Westover Ave., Henrico, VA 23223
•		
		5011 Twin Hickory Rd., Glen Allen, VA 23059
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#### **Recreation Centers:**

<sup>\*</sup>Business Hours: Monday-Friday, 8am-4:30pm

<sup>\*\*</sup>Extended Hours: Monday-Thursday, 8am-9pm; Friday, 8am-8pm; Saturday, 8am-5pm; Sunday: 1-5pm

## COUNTY MAP



- Cheswick
- Clarke-Palmore
- Confederate Hills
- **Dabbs House Museum**
- Deep Bottom
- Deep Run
- Dorey
- Dunncroft/Castle Point
- **111** Eastern Henrico Rec Ctr

- Glen Allen
- Glen Echo
- 16 Henrico Theatre
- 17 Henricus Historical Park
- 18 Hidden Creek
- Highland Springs
- 20 Hunton
- 21 J. Sargeant Reynolds
- Klehr

- Meadow Farm Museum/ Crump Park
- Meadowview/ The Armour House & Gardens
- 26 Osborne
- 27 Pouncey Tract
- 28 R F & P
- 29 Robinson
- 30 Sandston
- 31 Short Pump

- Springfield
- 34 Three Lakes
- 35 Tuckahoe
- 36 Twin Hickory
- 37 Varina
- 38 Vawter
- 39 Virginia Randolph Museum
- 40 Virginia Randolph Rec
- 41 Walkerton Tavern

## **Henrico County Public Library**

Programs & Events for September, October, November, and December 2015

AREA LIBRARIES Mon - Thu: 9:00 AM - 9:00 PM Fri, Sat: 9:00 AM - 6:00 PM

**Dumbarton** (804) 290-9400 6800 Staples Mill Rd., Henrico closing - final day October 17

Fairfield (804) 290-9300 1001 N. Laburnum Ave., Henrico

**Libbie Mill** (804) 290-9400 2100 Libbie Lake East St., Henrico opening celebration October 29

Tuckahoe (804) 290-9100 1901 Starling Dr., Henrico

Twin Hickory (804) 290-9200 5001 Twin Hickory Rd., Glen Allen

#### **BRANCH LIBRARIES**

Mon - Wed: 10:00 AM - 9:00 PM Thu: 1:00 PM - 9:00 PM Fri, Sat: 10:00 AM - 6:00 PM

> **Gayton** (804) 290-9600 10600 Gayton Rd., Henrico

Glen Allen (804) 290-9500 10501 Staples Mill Rd., Glen Allen

North Park (804) 290-9700 8508 Franconia Rd., Henrico

**Sandston** (804) 290-9900 23 E. Williamsburg Rd., Sandston

> Varina (804) 290-9800 2001 Library Rd., Henrico

SPECIAL OFFICES Mon - Fri: 8:00 AM - 4:30 PM

**Municipal Government & Law Library** (804) 501-4780

4301 E. Parham Rd., Henrico

**Mobile Library** (804) 290-9350

1700 N. Parham Rd., Henrico

**Administrative Offices** (804) 290-9000

1700 N. Parham Rd., Henrico

www.henricolibrary.org





#### **Libraries will be closed:**

Mon, September 7 Labor Day Wed, November 11 Veterans Day (observed) Thu - Fri, November 26 - 27 ..... Thanksgiving Holiday Thu - Fri, December 24 - 25 Christmas Holiday Thu, December 31 after 6 PM...... New Year's Eve

Fri, January 1 New Year's Day

#### Your library this fall

HCPL has lots going on this fall!

In September we celebrate **Library** Card Sign-up Month. If you don't already have a library card come by with your photo ID and proof of address. It only takes a few minutes to expand your opportunities for learning, entertainment, homework help and more.

We're excited about the upcoming opening celebration for Libbie Mill Library, Thursday, October 29. Visit henricolibrary.org/libbiemill for details about the opening celebration and to see up-to-theminute timelapse photos of the construction progress.

In November we welcome your donations to the Christmas Mother **Book Drive.** 

And check your library's listings to find concerts, parties and crafts to celebrate the holiday season in December.

#### **About the events**



**Book discussions** and/or readings



Film screenings



**Evening and weekend** children's and family programs, convenient for parents who are busy on weekdays.



Storytimes. All storytimes are limited to 25 children with their caregivers, and doors close 5 minutes after storytime begins. Please be prompt. Groups, please call in advance!



FRIENDS Programs sponsored by or HC IPL in support of the Friends of Henrico County Public Library. Learn more at henricolibrary.org/friends.

Please note: Photos may be taken at our public programs for use in library promotions. If you would prefer not to have your photo taken, please let the photographer or program leader know.

## Unless specifically noted, programs are FREE and registration is not required.

#### **Library Advisory Board**

Gregory M. Clay, Chairman Three Chopt District Ormonde D. Wilkinson, Vice-Chairman Tuckahoe District **Brookland District** Gloria Logan Wilkerson Harmohinder P. Singh-Sandhu Fairfield District **Gail Atkins** Varina District Jerry McKenna Library Director

## **Dumbarton Area Library** — final day October 17

(804) 290-9400 6800 Staples Mill Rd. Henrico, VA 23228-4930

Deborah Lammers **Library Manager** 

Mon - Thu 9:00 AM - 9:00 PM Fri - Sat 9:00 AM - 6:00 PM

#### adults



#### **Book Discussion Group (4)**

Tue, Sep. 15, 7:00 PM

The Secret Scripture by Sebastian Barry.

#### **Henrico Community** Authors Showcase III FRIENDS

Before attending, confirm schedule online or call 290-9412.

Local authors sign up and share their books. Read, discuss, and connect with other writers and readers in our community. Visit henricolibrary.org/authors for the most current list of authors scheduled to attend.

#### Thu, Sep. 17, 7:00 PM

Sharon Wilkerson-Gilpin, author of *Journey to that* Great Day: Stories of Families and Faith.

#### Thu, Oct. 15, 7:00 PM

Richard Minnerly, author of Human Nature: A New Theory of Psychology.

#### **ESL Conversation Cafe**

Tue, Sep. 22, 7:00 PM

Join us for an opportunity to practice speaking English in an informal setting!

#### After the Bell: Tips & Ideas for Your Afterschoolers

Register online or call 290-9400 starting Aug. 23.

#### Wed, Sep. 23, 6:30 PM

Workshop for child care providers. What do you do when the horde descends? Keeping school-age kids busy doesn't need to be a challenge. Join our library staff for loads of tips and ideas! Child care providers earn 1.5 hours of CE credits.

## teens & tweens

Middle and High School (11-18 years)

#### **Northside Teen Advisory** Board (TAB)

Wed, Sep. 16, 7:00 PM

Help plan teen library events and earn community service credit. Call for membership information.

#### **Pumpkin Decorating for** Teens

Register online or call 290-9400 starting Aug. 1.

Wed, Sep. 30, 7:00 PM

We provide pumpkins plus permanent markers, paint, magazines, and more ... you provide creativity!

#### children

Space is limited. Groups, please call in advance.

#### **Storvtimes**

(Sep. 8 - Oct. 10)

Mother Goose (6–24 months)	Tuesdays 10:00 AM
Toddler (24–36 months)	Thursdays 10:00 AM
Preschool (3–5 years)	Wednesdays 10:00 AM

#### Preschool (3-5 years)

#### **Busy Hands**

Wed, Sep. 2, 10:30 AM

Celebrate fall by making a beautiful foil rubbing of leaves.

#### **Science and Stories**

Wed, Sep. 16, 10:00 AM

What could be better than storytime? Science and stories! Enjoy a special 45 minutes storytime with science experiments and discovery stations.

#### Elementary (5-11 years)



#### **Knights of the Round Table**

Thu, Sep. 17, 6:00 PM

Join us as we learn about swordplay from different times in history! We will make our own swords and shields and learn the basic moves of fencing.

#### Goosebumps

Tue, Sep. 29, 3:30 PM

Get your scare on as we celebrate the Goosebumps books by R. L. Stine. If you love creepy stories, then you will love this program! We'll play some games and swap spooky stories based on this bestselling book series.

#### **Family**

#### **Yoga Storytime**

Thu, Sep. 10, 6:00 PM 🔥

Come wind down from the day. Get ready to stretch your body and mind as we share stories and learn some basic voga poses.



HC PL

## Dumbarton Area Library Closing

After nearly forty years of service, Dumbarton Area Library is closing to make way for the new Libbie Mill Library. Dumbarton's final open day is planned for Saturday, October 17. Come by and say Hi, and find out more about Libbie Mill!

Visit henricolibrary.org/Dumbarton for a series of articles about the history of Dumbarton as we prepare for a new chapter at Libbie Mill Library.

## FA

## **Fairfield Area Library**

(804) 290-9300 1001 N. Laburnum Ave. Henrico, VA 23223-2705

Mike Hatchett Library Manager

Mon - Thu 9:00 AM - 9:00 PM Fri - Sat 9:00 AM - 6:00 PM

#### **General Election**

Tue, Nov. 3, 6 AM - 7 PM

#### all ages

#### **Holiday Concert**

Mon, Dec. 7, 7:00 PM

Join local musician Joshua Allen as he celebrates the Yule season with a selection of traditional songs.

## Holiday Jazz with Johnny Long

Mon, Dec. 21, 7:00 PM

Join us for the Smooth Holiday Stylings of Johnny Long and his musical merry makers!

#### adults

#### **Black Authors Book Group**

Newcomers are always welcome.

Tue, Sep. 15, 7:00 PM

Twisted: My Dreadlock Chronicles by Bertram Ashe.

Tue, Oct. 20, 7:00 PM

Real Women, Real Talk by Paulette Johnson.

Tue, Nov. 17, 7:00 PM

'Til the Well Runs Dry by Lauren Francis-Sharma.

Tue, Dec. 8, 7:00 PM

Passing Love by Jacqueline Luckett.

#### Best Sellers Book Group 🕮

Discussing the hottest international titles of the last few years.

Wed, Sep. 16, 7:00 PM

*The Boston Girl* by Anita Diamant.

Wed, Oct. 21, 7:00 PM

The Woman in Black by Susan Hill.

Wed, Nov. 18, 7:00 PM

All the Light We Cannot See by Anthony Doerr.

Wed, Dec. 16, 7:00 PM

The Burning Room by Michael Connelly.

## Henrico Community Authors Showcase

Before attending, confirm schedule online or call 290-9330.

Local authors sign up and share their books. Read, discuss, and connect with other writers and readers in our community. Visit henricolibrary.org/authors for the most current list of authors scheduled to attend.

FRIENDS

HC PL

Thu, Sep. 24, 7:00 PM

Antuan Vance, author of *The Catalyst*.

Thu, Oct. 22, 7:00 PM

Richard Minnerly, author of *Human Nature: A*New Theory of Psychology.

#### Halloween Tales 🛄

Mon, Oct. 19, 7:00 PM

A selection of truly terrifying seasonal readings from Stephen King, Ray Bradbury and others. Not for the young or faint of heart. A nurse will be in attendance ... BYOB, Bring Your Own Blood!

#### Thanksgiving Reading 🛄

Mon, Nov. 23, 7:00 PM

Librarian Mike Hatchett will read Truman Capote's *The Thanksgiving Visitor*. A beautiful holiday story set in Alabama during the height of the Great Depression.

#### Adults and High School (age 14+)

## Five Books Better than Game of Thrones

Wed, Sep. 30, 7:00 PM

We discuss five books and authors that rival George R.R. Martin's claim to the "crown" of modern Epic Fantasy. Can there really only be one?

## teens & tweens

Middle and High School (11-18 years)

#### **Teen Advisory Board (TAB)**

Thu, Sep. 17, 7:00 PM Thu. Oct. 15, 7:00 PM

Thu, Nov. 19, 7:00 PM

Thu. Dec. 17. 7:00 PM

Help plan teen library events and earn community service credit. Call for membership details.

## Paranormal 101 with Spirited History

Wed, Oct. 21, 7:00 PM

Join LeeAnne Ball, historian and founder of Spirited History, as she shares her experiences with the paranormal. If you are interested in learning about exploring the world of the unknown, experiencing chilling encounters with the supernatural, and learning about the history of a haunted location, then you will want to be sure to attend this informative lecture. Ms. Ball will have on hand the equipment that she uses for investigating, the many spine tingling EVPS, ghostly voices, and unusual spirit photos and video.

#### Tweens, Middle and High School (10-18 years)

#### **Holiday Ornaments**

Register online or call 290-9330 starting Oct 1.

#### Thu, Nov. 12, 7:00 PM

It's time to get crafty for the holidays. Learn how to make easy holiday ornaments for family and friends. Materials will be provided.

#### children

Space is limited. Groups, please call in advance.



#### **Storytimes**

#### Family

#### **Halloween Magic Show**

Thu, Oct. 29, 7:00 PM 🕑

Join us as we celebrate Halloween with a magic show starring Amazing Mr. B. Halloween treats will be shared at the end of the show.

#### **Holiday Party**

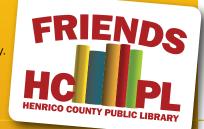
Tue, Dec. 15, 7:00 PM 🔥

Join us for our annual holiday party! Play games, make a craft, and visit with Santa!

## Join the Friends of Henrico County Public Library

Many of your favorite library programs are made possible with the support of tax-deductible contributions to the Friends of Henrico County Public Library.

Friends make a difference! Visit **henricolibrary.org/Friends** or ask a librarian for details.



## **Gayton Branch Library**

(804) 290-9600 10600 Gayton Rd. Henrico, VA 23238-4117

Tom Bruno Library Manager

Mon - Wed 10:00 AM - 9:00 PM Thu 1:00 PM - 9:00 PM Fri - Sat 10:00 AM - 6:00 PM

#### **General Election**

Tue, Nov. 3, 6 AM - 7 PM

#### adults

#### Advance Care Planning for Seniors

Tue, Sep. 8, 2:00 PM

Bon Secours and Gayton Library Education series: Rebecca Gruszkos, LCSW, ACHP-SW gives a presentation about planning in advance for senior care.

#### Afternoon Book Discussion

Mon, Sep. 14, 1:00 PM

Wild by Cheryl Strayed.

Mon, Oct. 5, 1:00 PM

Lewis Ginter: Richmond's Gilded Age Icon by Brian Burns.

Mon, Nov. 9, 1:00 PM

The Uncommon Reader by Alan Bennett.

Mon, Dec. 7, 1:00 PM

Join us for our annual holiday gathering and discussion of our favorite books read in 2015.

#### **Evening Book Discussion**

Mon, Sep. 14, 7:30 PM

Selections from *The Complete Stories of Flannery O'Connor*.

Mon, Oct. 12, 7:30 PM

Wild by Cheryl Strayed.

Mon, Nov. 9, 7:30 PM

Lewis Ginter: Richmond's Gilded Age Icon by Brian Burns.

Mon, Dec. 14, 7:30 PM

Join us for our annual holiday gathering and discussion of our favorite books read in 2015.

#### Classic Films & Discussions

Mon, Sep. 28, 6:30 PM Mon, Oct. 26, 6:30 PM Mon, Nov. 30, 6:30 PM

Mon, Dec. 28, 6:30 PM

Join us as we view and discuss classic films and occasional DVD commentaries. Email tmoore@henricolibrary.org for more information.

## Making the Most of Your Medicare Preventitive Benefits

Tue, Oct. 27, 2:00 PM

Sean McCreary, in association with Bon Secours Health System, discusses making the most of your Medicare Preventitive Benefits.

#### teens & tweens

High School (14-18 years)



## SAT Practice Exam and Review

Register directly with Princeton Review. See below.

Test: Sat, Nov. 7, 10:30 AM Results: Thu, Nov. 19, 6:30 PM

Staff from Princeton Review will conduct a 4-hour SAT practice test, then return to interpret your results. Limited to 40 rising high school juniors and seniors. Register for the exam and results session at http://www.princetonreview.com/college/free-sat-practice-test. aspx. Enter zip code 23238 to find the Gayton event, or call 1-800-2REVIEW ext. 1077 if you would prefer to speak with someone.

#### Middle and High School (11-18 years)

## West End Teen Advisory Board (TAB)

Wed, Oct. 28, 6:30 PM

Help plan teen library events and earn community service credit. Call for membership details.

#### children

Space is limited. Groups, please call in advance.



#### **Storytimes**

 (Sep. 8 - Oct. 10; Oct. 26 - Dec. 12)

 Mother Goose (6-24 mos.)
 Tuesdays 10:30 AM

 Toddler (24-36 months)
 Wednesdays 10:30 AM

 Family (all ages, with adult)
 Tuesdays 11:30 AM

#### Mother Goose (6-24 months)

#### Play. Learn and Grow

Tue, Oct. 13, 10:30 AM Tue, Dec. 15, 10:30 AM

Play is how our youngest children learn! Join our playgroup to develop early literacy skills, to make new friends, and have fun!

#### Preschool (3-5 years)

#### **Busy Hands**

Wed, Sep. 9, 11:30 AM

Join us as we make mosaics!

Wed, Nov. 18, 11:30 AM

Join us as we make Thanksgiving place cards.

# Online and live, for all grade levels.

## Get live Homework Help —ONLINE.

Connect live with state-certified tutors. Visit the link below and click the black Homework Help tab. See online for hours and other info.

public.literati.credoreference.com

## Check our websites for more.

Your gateway to all kinds of learning resources. Start here:

henricolibrary.org/schooltools hcplteenscene.org/homework-help

#### **Ask a Librarian!**

Librarians are here to help you! No question is "too dumb" or "silly." We love to dig for information, and love helping you learn to find facts on your own. Just call or visit your library.

## **Glen Allen Branch Library**

(804) 290-9500 10501 Staples Mill Rd. Glen Allen, VA 23060-3242

**Andrea Brown** Library Manager

Mon - Wed 10:00 AM - 9:00 PM Thu 1:00 PM - 9:00 PM Fri - Sat 10:00 AM - 6:00 PM

#### all ages

#### **Concert Featuring** the Short Pump **Symphonette**



Thu, Dec. 3, 7:00 PM

Enjoy an evening of holiday music with the Short Pump Symphonette, an amazing 20-piece orchestra showcasing both youth and adult performers.

#### adults

#### **Book Discussion Group**

Newcomers are always welcome.

Tue, Sep. 1, 7:00 PM

*Orphan Train* by Christina Baker Kline.

Tue, Oct. 6, 7:00 PM

*The Rosie Project* by Graeme Simsion.

#### Tue, Nov. 3, 7:00 PM

Silent Wife by A.S.A. Harrison, a psychological thriller about a marriage, a way of life, and how far one woman will go to keep what is rightfully hers.

#### Tue, Dec. 1, 7:00 PM

Come and share some of your favorite reading choices with the group!

#### Senior Fire and Fall **Prevention**

#### Sat. Nov. 7. 2:30 PM

Older adults have a higher risk of injury from fires. Seniors age 65+ are more than twice as likely to die in fires compared to the general population, and those age 85+ are more than four times as likely. Henrico Firefighter Jon Reinmuth discusses ways to reduce fire risk, as well as the risk of falling. A presentation for both seniors themselves and those who love and care for seniors.

#### **Blood Drive with Virginia Blood Services**

Wed, Nov. 18, 3:30 - 6:30 PM

Advance registration at http://vadonor.org is preferred but walk-ins are welcome.

#### Adults, Middle and High School (11-18 yrs)

#### Chess — Anvone Can Play

Sat, Nov. 21, 2:00 - 4:30 PM

Corey Hancock, founder of the Henrico Chess Club, will provide an introduction to the game and the activities of the club. Participants will have the opportunity to learn the fundamentals of chess, discover the history of famous Grandmasters, and be able to play against experienced Club members.

#### teens & tweens

Middle and High School (11-18 years)

#### **Northwest Teen Advisory Board (TAB)**

Wed, Oct. 14, 7:00 PM

Help plan teen library events and earn community service credit. Call for membership details.

#### Tweens, Middle and High School (10-18 years)



#### Maleficent Mon, Dec. 28, 1:30 PM

HC PL Celebrate Winter Break with an awesome movie at the library! Join us as we watch Maleficent, the

popular 2014 re-telling of Sleeping Beauty starring Angelina Jolie and Elle Fanning. We will give away a \$10 movie gift card at the screening, and we will have plenty of snacks and drinks. Sponsored by the Friends of Glen Allen Library. (2014, PG, 98 min.)

## children

Space is limited. Groups, please call in advance.

#### **Storytimes**

(Sep. 8 - Oct. 10: Oct. 26 - Dec. 12)

Mother Goose (6–24 mo.)	Wednesdays 10:15 AM
Toddler (24–36 months)	Tuesdays 10:15 AM
Preschool (3–5 years)	Tuesdays 11:00 AM

#### Preschool and Early Elementary (3-9 years)

#### **Krafty Kids**

Mon, Sep. 21, 3:30 PM

Join us as we make a festive fall craft.

Mon, Oct. 19, 3:30 PM

Join us as we make a friendly monster.

Mon, Nov. 16, 3:30 PM

Make a goofy gobbler to liven up your Thanksgiving decorations.

Mon, Dec. 7, 3:30 PM

"Stained glass" ornaments for your window or tree.

#### Preschool and Elementary (3-11 years)

#### **Twilight Tales**

Thu, Oct. 22, 6:30 PM 🕑

Light up the night! Join us for stories about the moon, stars, and night time. A glow-in-the-dark craft will follow.

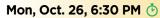
Thu, Nov. 12, 6:30 PM 🔥

Yum! These stories may make you hungry! Gobble up stories about your favorite (and not so favorite!) food. With activities and a craft.

#### Thu, Dec. 3, 6:30 PM 🔥

Cookie time pajama party! Sugary sweet stories, activities, and a craft. Wear your pajamas so you will be ready for sweet dreams. Blankets and stuffed animals are welcome.

#### **Halloween Fair**





Get into the Halloween spirit! Join us for some not-too-spooky games and crafts. Trick-or-treating stations will be set up throughout the library, so don't forget to wear your costume! Presented by volunteers from the Northwest Teen Advisory Board and supported by the Friends of Glen Allen Library.

# Founding Fathers Collection at Glen Allen Library

Explore the beginnings of our nation, from colonial days through the Revolutionary War and establishment of our government. This collection of nearly 3000 books, DVDs, and other items resides in a comfortable reading room and has materials suitable for all ages and levels of curiosity. Visit Glen Allen Library or call 290-9500 for more information.



## Libbie Mill Library — opening October 29

**(804) 290-9400** 2100 Libbie Lake East Street Henrico, VA 23230

**Deborah Lammers** Library Manager

Mon - Thu 9:00 AM - 9:00 PM Fri - Sat 9:00 AM - 6:00 PM

#### all ages

#### **Klezmer Concert!**

Sat, Dec. 12, 3:00 PM

Richmond's leading Klezmer band, Klezm'0r'Ami'm, will perform a rousing concert of old-world Eastern European folk music with roots in the Jewish culture. Fun for the whole family!

#### adults

#### **DMV2Go**

#### Thu, Nov. 19, 10 AM - 3 PM

The DMV's mobile customer service center will visit the Libbie Mill Library parking lot equipped to process a variety of DMV transactions, including renewing a driver's license, updating an address, getting copies of driving records, and obtaining vehicle titles.

#### Medicare & You

#### Sat, Nov. 7, 3:00 PM

Interested in learning more about Medicare? Join Independent agent Mary Kate Creasy for some answers!

#### **Book Discussion Group**

Tue, Nov. 17, 7:00 PM

The Unlikely Pilgrimage of Harold Fry by Rachel Joyce.

Tue, Dec. 15, 7:00 PM

The Storied Life of A.J. Fikrv by Gabrielle Zevin.

## Henrico Community Authors Showcase Before attending, confirm schedule online or

Before attending, confirm schedule online or call 290-9412.

Thu, Nov. 19, 7:00 PM Thu, Dec. 17, 7:00 PM

Local authors sign up and share their books. Read, discuss, and connect with other writers and readers in our community. Visit henricolibrary.org/authors for the most current list of authors scheduled to attend.

#### teens & tweens

#### Middle and High School (11-18 years)

## Northside Teen Advisory Board (TAB)

Wed, Nov. 18, 7:00 PM

Help plan teen library events and earn community service credit. Call for membership information.

#### **Teen Fav Awards**

#### Wed, Dec. 9, 7:00 PM

We're rolling out the red carpet for a star-studded *soirée*. Vote online from Nov. 1 to Dec. 1 to pick your favorite teen books, movies, music and more of 2015. Then join us for a gala event to find out who won! Refreshments will be served and dressy attire is encouraged. Hosted by the Northside, Northwest and West End Teen Advisory Boards.

#### children

Space is limited. Groups, please call in advance.

#### **Storytimes**

(Oct. 31 - Dec. 12)



Family (all ages, with parent) ..... Saturdays 10:30 AM 🕑

#### Preschool (3-5 years)

#### **Busy Hands**

#### Wed, Nov. 4, 10:30 AM

Love comics? Put yourself into the middle of them with this fun mosaic frame!

#### Wed, Dec. 2, 10:30 AM

Celebrate the season by making a reindeer with hand and foot prints.

#### **Dad's Build**

#### Tue, Nov. 10, 3:00 PM

Dads, bring the kids! We're going to learn about tools, play construction games, and make fun creations!

#### Science and Stories

#### Wed, Nov. 18, 10:00 AM

What's better than storytime? Science and stories! Enjoy a special 45 minute storytime with experiments and discovery stations.

#### **Elephant and Piggie Party**

#### Tue, Nov. 24, 3:00 PM

Is there a nest on your head? At our Elephant and Piggie party, there might be! We'll have games, activities, and crafts inspired by these wonderful Mo Willems characters!

#### Elementary (5-11 years)

#### **Adventures In Art: Drawing**

#### Thu, Nov. 19, 3:30 PM

Unleash your artistic side! Learn the basics of sketching and engage in some fun drawing challenges. Who knows — we might even display your art in our new library!

#### Make a Gift

#### Thu, Dec. 10, 3:30 PM

Need a gift for someone? Make a watercolor bookmark, a beaded keychain, or a mosaic picture frame. They're so nifty, you might want to keep them for yourself!

#### **Star Wars Celebration**

#### Tue, Dec. 15, 3:30 PM

Celebrate the release of the new *Star Wars* movie. Enjoy *Star Wars* games and activities to develop your Jedi skills!

#### Family

Tuesdays 10:30 AM

Wednesdays 10:30 AM

#### Star Wars: The Clone Wars Viewing Party 📽

#### Thu, Dec. 17, 3:30 PM

The Force awakens at Libbie Mill Library! Come dressed as your favorite Star Wars character, perhaps win a prize for best costume, and watch the animated movie *Star Wars: The Clone Wars.* (2008, PG, 98 min.)

## Libbie Mill Library Opening Celebration



#### Thu, October 29, time TBA

We are excited to announce that Libbie Mill Library's Opening Day Celebration will be on October 29. Visit **henricolibrary.org/libbiemill** or ask at your library for more details as they are announced.

We can't wait to see you there!

## **Mobile Library Service**

#### (804) 290-9350

See the Mobile Library Service van, visit with the staff, and get library information at these events.

#### Glen Allen Day Parade and **Arts & Crafts Fair**

3400 Mountain Road, Glen Allen VA

Sat, Sep. 19, 9:30 AM -3:00 PM 🕑 Parade begins at Mountain Road and John Cussons Drive and continues to Meadow Farm at Crump Park for the arts and crafts fair. Sponsored by the Glen Allen Ruritan Club and County of Henrico Recreation and Parks.

#### **Touch A Truck at RIR**

602 East Laburnum Ave, Henrico VA Ticket sales and information at **jlrichmond.org** 

Sat, Oct. 3, 10:00 AM -3:00 PM (b)

Fun for children and adults alike, this event allows children to safely explore their favorite big trucks and heavy machinery, and meet the people who protect, serve, and build our community. Vehicles include tractors, backhoes, emergency responders, tractor trailers, utility trucks, a helicopter, and the Mobile Library van. The event also features area mascots, special performances, food trucks, face painting, bounce castles, and games.

#### **Harvest Festival at Meadow** Farm Museum

3400 Mountain Road, Glen Allen VA

Sat, Oct. 17, 12:00 - 4:00 PM 🕑

Hands-on activities and demonstrations depicting typical home-making and farming tasks of a bygone era, as well as a pumpkin patch and petting zoo. We'll bring lots of cozy reads to snuggle up with and tell you all about the great programs you can find at our nine library locations. Sponsored by County of Henrico Recreation and Parks.

## **North Park Branch Library**

(**804**) **290-9700** 8508 Franconia Rd. Henrico, VA 23227-1213

**Louise Perry Library Manager** 

Mon - Wed 10:00 AM - 9:00 PM Thu 1:00 PM - 9:00 PM Fri - Sat 10:00 AM - 6:00 PM

#### **General Election**

Tue, Nov. 3, 6 AM - 7 PM

#### all ages

#### **Holiday Craft-A-Thon**

Tue, Dec. 8, 6:00 PM

Drop by to craft a gift or decoration and refuel with a holiday snack. All ages and families are welcome!

#### adults

#### **Appy Hour**

Sat, Sep. 12, 3:00 PM



Too many apps, not enough time? Join us for Appy Hour! We'll share some helpful free apps for your tablets and smartphones. Refreshments provided by Friends of the Library.

#### **Book Discussion Group (11)**

Mon. Sep. 21, 7:00 PM

Storied Life of A. J. Fikry by Gabrielle Zevin.

Mon, Oct. 19, 7:00 PM

All the Light We Cannot See by Anthony Doerr.

Mon, Nov. 16, 7:00 PM

Sheepish by Catherine Friend and The Call by Yannick Murphy.

Mon, Dec. 21, 7:00 PM

The Rosie Project by Graeme Simpson.

#### Christmas with the Card Ladies

Register online or call 290-9700 starting Nov. 2.

Wed, Dec. 2, 6:00 PM

Create your own holiday cards with the returning "North Park Card Ladies."

#### teens & tweens

Middle and High School (11-18 years)

#### **Northside Teen Advisory** Board (TAB)

Wed, Oct. 21, 7:00 PM Wed, Nov. 18, 7:00 PM

Help plan teen library events and earn community service credit. Call Lisa at 290-9400 or Jennifer at 290-9700 for membership details.

#### **Teen Scare-O-Thon**

Register online or call 290-9700 starting Sep. 28.

Wed, Oct. 28, 6:30 PM

Join us for diabolical and disgusting fun, interactive games and terrifying treats! Come prepared to get messy.

#### Tween (10-12 years)

#### **Tween Club**

Tue, Oct. 13, 6:00 PM Tue, Nov. 10, 6:00 PM

Tweens aged 9 – 12, come join the club that's all about you! Give advice about programs and services for tweens, talk about books, make crafts and participate in other activities. Share your knowledge for all things tween!

#### children

Space is limited. Groups, please call in advance.

#### **Storytimes**

(Sep. 8 - Oct. 10: Oct. 26 - Dec. 12)

Toddler (24–36 months) ...... Mondays 10:30 AM Family ...... Saturdays, Sep. 12, Oct. 10, Nov. 21, Dec. 5, 10:30 AM 🕑

#### **Family**

#### **Krafty Kids**

Space is limited. Groups please call in advance.

Thu, Sep. 17, 4:00 PM Sat, Sep. 19, 11:00 AM 🔥 Thu, Oct. 15, 4:00 PM Sat. Oct. 17. 11:00 AM (\*) Thu, Nov. 12, 4:00 PM

Sat, Nov. 14, 11:00 AM 🕑

loin us as we make a craft.

#### Family Time Movies 📽

Thu, Sep. 24, 6:30 PM 🕑

Alexander and the Terrible, Horrible, No Good, Very Bad Day. Based on the book by Judith Viorst. (2014, PG, 81 min.)

Thu, Oct. 22, 6:30 PM 🕑

Into the Woods. A baker and his wife seek items from Cinderella, Little Red Riding Hood, and Jack and the Beanstalk to reverse a witch's curse. This award-winning musical features Meryl Streep as the witch. (2014, PG, 125 min.)



Thu, Nov. 19, 6:30 PM (b)

Annie. Watch this foster kid escape her hard knock life and form a friendship with a tycoon amidst the backdrop of NYC. (2014, PG, 118 min.)

Thu, Dec. 17, 6:30 PM 🕑



A Muppet Christmas Carol. Can Scrooge find kindness in his bitter heart? With the help of Kermit and Miss Piggy he can — just in time for Christmas Day. (1992, G, 85 min.)

## **Sandston Branch Library**

(804) 290-9900 23 E. Williamsburg Rd. Sandston, VA 23150-2011

Karen Mann Library Manager

Mon - Wed 10:00 AM - 9:00 PM Thu 1:00 PM - 9:00 PM Fri - Sat 10:00 AM - 6:00 PM

#### adults

## Senior Fire and Fall Prevention

Wed, Sep. 9, 1:00 PM Thu, Sep. 10, 7:00 PM

Older adults have a higher risk of injury from fires. Seniors age 65+ are more than twice as likely to die in fires compared to the general population, and those age 85+ are more than four times as likely. Henrico Firefighter Jon Reinmuth discusses ways to reduce fire risk, as well as the risk of falling. A presentation for both seniors themselves and those who love and care for seniors.

## Savvy Sandston Book Group Group

Newcomers are always welcome.

Wed, Sep. 16, 7:00 PM

The Invention of Wings by Sue Monk Kidd.

Wed, Oct. 14, 7:00 PM Chaperone by Laura Moriarty.

Wed, Nov. 18, 7:00 PM

The Boys in the Boat by Daniel Brown.

Wed, Dec. 16, 7:00 PM

Members discuss their favorite books from 2015.

## Making the Most of your Medicare Wellness Benefits

Register online or call 290-9900 starting Aug. 29.

#### Tue, Sep. 29, 12:00 PM

Please join us in our Bon Secours Health Education series as Sean McCleary, MHA - Bon Secours Virginia Director of Senior Services, presents a program on making the most out of your Medicare Wellness Benefits. Healthy snacks will be provided.

FRIENDS

HC PL

## Heart Healthy Eating FRIENDS Register online or call 290-9900 from Sep. 21.

Tue, Oct. 20, 12:00 PM

Bon Secours & Sandston Library Education Series. Speaker Marisa Ferreira, R.D. presents a program on selecting and preparing healthy meals. A healthy lunch will be provided.

#### A Place of Our Own— Video Workshop Series for Childcare Providers

Separate registration for each workshop session. Register online or call 290-9352.

Providers earn 2.5 hours of CE credits for completing each workshop. Fee is \$5 per session, payable by cash or check at the workshop. For more information call Gina Fuller at 290-9352.

Sat, Nov. 7, 9:30 AM

Part I: Early Academics. Registration starts Oct. 7.

Sat, Nov. 7, 1:30 PM

Part II: Special Needs. Registration starts Oct. 7.

Sat, Nov. 14, 9:30 AM

Part III: Behavior and Emotions. Registration starts Oct. 14.

Sat, Nov. 14, 1:30 PM

Part IV: Health and Nutrition. Registration starts Oct. 14.

#### Learn about Alzheimer's and Dementia



Register online or call 290-9900 starting Oct. 10.

#### Tue, Nov. 10, 12:00 PM

Bon Secours & Sandston Library Education Series. Please join us as a speaker presents a program on Alzheimer's disease and dementia. A healthy lunch will be provided.

#### children

Space is limited. Groups, please call in advance.



#### **Storytimes**

(**Sep. 8 - Oct. 10; Oct. 26 - Dec. 12)**Toddler & Preschool (2–5 years) ..... Wednesdays 10:30 AM

#### Toddlers and Preschool (2-5 years)

#### **Busy Hands**

Wed, Sep. 9, 11:00 AM

Join us as we create a Grandparent's Day craft!

Wed, Oct. 7, 11:00 AM

Join us as we create a pumpkin craft!

Wed, Nov. 4, 11:00 AM

Join us as we create a Thanksgiving craft! **Wed, Dec. 2, 11:00 AM** 

Join us as we create a gingerbread craft!

#### **Pajama Storytimes**

Thu, Sep. 24, 6:30 PM 🕑

Thu, Oct. 1, 6:30 PM (b)

Thu, Oct. 8, 6:30 PM (b)

Thu, Oct. 15, 6:30 PM 🕑

Thu, Oct. 22, 6:30 PM 🕑

Thu, Oct. 29, 6:30 PM 🕑

Thu, Nov. 5, 6:30 PM 🔥

Thu, Dec. 9, 6:30 PM 🕑

Thu, Dec. 16, 6:30 PM 🔥

Bedtime stories, songs and fun! Pajamas are welcome.



## Workshops for Childcare Providers

HCPL offers workshops for childcare providers at various library locations, monthly from September to May, on weekday evenings. Participants can earn Continuing Education credit hours, approved toward state licensing requirements.

Visit www.henricolibrary.org/ChildcareProviders for more information and other available services.

## **Tuckahoe Area Library**

(804) 290-9100 1901 Starling Dr. Henrico, VA 23229-4607

Karen Johnson Library Manager

Mon - Thu 9:00 AM - 9:00 PM Fri - Sat 9:00 AM - 6:00 PM

#### all ages



#### **Seasonal Music** Thu, Dec. 3, 7:00 PM

Get into the spirit of the season! Dulcimer
player Bob Wadsworth will perform holiday music in our
lobby. Sponsored by Friends of the Tuckahoe Area Library.

HC PL

HC PL

#### adults

## Henrico Community Authors Showcase

Before attending, confirm schedule online or call 290-9130.

Local authors sign up and share their books. Read, discuss, and connect with other writers and readers in our community. Visit henricolibrary.org/authors for the most current list of authors scheduled to attend. Sponsored by the Friends of Tuckahoe Library.

Thu, Sep. 3, 7:00 PM

Alice O'Hanlon, author of *Tales of the Lioness*.

Thu, Oct. 1, 7:00 PM

David Kazzie, author of *The Immune*.

Thu, Nov. 5, 7:00 PM

Antuan Vance, author of *The Catalyst*.

Thu, Dec. 3, 7:00 PM

Richard Perkins, author of *Bones of the Emperor: A*Theology of Humanity in the Universe.

#### 

Thu, Sep. 10, 1:00 PM

No One You Know by Michelle Richmond.

Thu, Oct. 8, 1:00 PM

Blood & Beauty: the Borgias by Sarah Dunant.

Thu, Nov. 12, 1:00 PM

The Song of Achilles by Madeline Miller.

Thu, Dec. 10, 1:00 PM

Our annual Bring Your Own Book share session. A great time to get some good reading suggestions!

## Evening Fiction Readers' Group (1)

Thu, Sep. 10, 7:30 PM

No One You Know, by Michelle Richmond.

Thu, Oct. 8, 7:30 PM

Blood & Beauty: the Borgias, by Sarah Dunant.

Thu, Nov. 12, 7:30 PM

The Song of Achilles, by Madeline Miller.

Thu, Dec. 10, 7:30 PM

Our annual Bring Your Own Book share session. A great time to get some good reading suggestions!

#### Real Stories Book Group (1)

Tue, Sep. 15, 7:00 PM

The Sixth Extinction: An Unnatural History by Elizabeth Kolbert.

Tue, Oct. 20, 7:00 PM

Quiet: The Power of Introverts in a World That Can't Stop Talking by Susan Cain.

Tue, Nov. 17, 7:00 PM

The House at Sugar Beach: In Search of a Lost African Childhood by Helene Cooper.

Tue, Dec. 15, 6:30 PM 📽

We'll discuss the book and movie *84, Charing Cross Road* by Helene Hanff. We'll meet early to screen the film (with Anne Bancroft and Anthony Hopkins), and discuss both afterward.

#### Not Just for Kids [1]

It's adults only as we discuss the best in children's and teen literature.

Tue, Sep. 29, 7:00 PM

Brooklyn Nine by Alan Gratz.

Tue, Oct. 27, 7:00 PM

Bud, Not Buddy by Christopher Paul Curtis.

Tue, Nov. 17, 7:00 PM

Number the Stars by Lois Lowry.



#### **ESL Conversation Cafe**

Wed, Sep. 9, 7:00 PM Wed, Oct. 14, 7:00 PM Wed, Dec. 9, 7:00 PM

Practice speaking English in an informal setting!

#### Adults and High School (age 14+)

#### Taking Control of your Money

Tue, Sep. 8, 6:30 PM

Discover effective strategies for saving money, managing spending and improving your credit. Set personal finance goals to gain peace of mind and achieve greater control over your money. Presented by Virginia Credit Union.

#### Poe & The Raven

Thu, Oct. 15, 7:00 PM



Chris Semtner, curator of the Poe Museum,

will provide an intriguing look at Edgar Allan Poe and the classic poem that made him a national celebrity upon its publication in 1845. Sponsored by the Friends of Tuckahoe Library.

#### **Creating Book Art**

Register online or call 290-9130 starting Oct. 1.



Sat, Nov. 7, 2:00 PM

Learn how to turn old books into book art during this free workshop by local artist Sandhya Kiran. Use simple folding techniques to transform an old book into an amazing sculpture. Samples and supplies will be provided. No experience necessary. Sponsored by the Friends of Tuckahoe Library.

#### teens & tweens

Middle and High School (11-18 years)

#### **Teen Writers' Guild**

Wed, Sep. 2, 6:30 PM Wed, Oct. 7, 6:30 PM

Wed, Oct. 7, 6:30 PM Wed, Nov. 4, 6:30 PM

Teens in 6th through 12th grade are invited to join the writing group and learn about fiction writing and poetry through collaboration with other teen writers. Sponsored by the Friends of Tuckahoe Library.

#### Intro to Coding

Register online or call 290-9130 starting



FRIENDS

Sat, Sep. 12, 11:00 AM

In search of ... future programmers. In this workshop, we will use a game/challenge approach to introduce students to coding and the language we use to make computers do what we want. All levels of experience (including none!) are welcome. Presented by Tech Em Studios and sponsored by the Friends of Tuckahoe Library.

## West End Teen Advisory Board (TAB)

Wed, Sep. 23, 6:30 PM Wed, Nov. 18, 6:30 PM

Help plan teen library events and earn community service credit. Call for membership details.

#### Make a Zombie Doll

Sat. Oct. 3, 2:00 PM



Give your old Barbie and Ken dolls a new "undead" look by turning them into zombies. Bring a doll from home and we'll provide all the paint and crafting supplies. A limited number of dolls will be available first come, first served. Sponsored by the Friends of Tuckahoe Library.

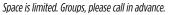


#### **Chess for Teens** Thu, Nov. 19, 6:00 PM

FRIENDS HC PL

New to Chess? Want to improve your skills? Join members of the Henrico Chess Club for instruction and game play. Sponsored by the Friends of Tuckahoe Library.

#### children





#### **Storytimes**

#### (Sep. 8 - Oct. 10; Oct. 26 - Dec. 12)

Lapsit Lambs (newborns & prewa	alkers) Mondays 9:30 AM
Mother Goose (6–24 mo.)	Tuesdays 9:30 AM
	Wednesdays 9:30 AM

Saturdays 9:30 AM ( ) Toddler (24–36 mo.) ...... Mondays 10:15 AM Tuesdays 10:15 AM

Preschool (3–5 yrs.) ...... Mondays 11:00 AM

Tuesdays 11:00 AM

Wednesdays 10:15 AM

Wednesdays 11:00 AM

Thursdays 10:30 AM

Family (all ages, w adult) .......... Saturdays 10:30 AM 💍

#### Preschool (3-5 years)

#### **Busy Hands**

Space is limited. Groups, please call in advance.

Thu, Sep. 10, 11:15 AM or 3:30 PM Join us as we create an apple craft!

Thu, Sep. 24, 11:15 AM or 3:30 PM Join us as we create a dinosaur craft!

Thu, Oct. 8, 11:15 AM or 3:30 PM Join us as we create pumpkins!

Thu. Nov. 12. 11:15 AM or 3:30 PM Join us as we create a turkey craft!

Thu, Dec. 10, 11:15 AM or 3:30 PM Join us as we create a gingerbread man!

#### Early Elementary (5-9 years)

#### **Henricus Historical** Park: History Kids— **American Indian**



Register online or call 290-9132 starting Oct. 19.

#### Wed, Nov. 18, 3:30 PM

Participate in childhood skills of the 17th century through chores, stories, and role playing activities. Presented by staff from Henricus Historical Park. Sponsored by the Friends of Tuckahoe Library.

#### Elementary (5-11 years)

#### Stories & Such

Space is limited. Groups, please call in advance.

Tue, Sep. 15, 3:30 PM

Join us for a story and make a mixed media poster.

Tue, Oct. 6, 3:30 PM

Join us for a story and make an Artbot.

Tue, Nov. 10, 3:30 PM

Join us for a story and make a creature snatcher.

Tue. Dec. 8, 3:30 PM

Join us for a story and make a snow globe postcard.

#### **Create Your Own Book**

Register online or call 290-9132 starting Sep. 24.

#### Sat, Oct. 24, 10:00 AM 🔥



Local author and teacher Kathryn Starke will discuss the writing process and participants will create their own book to take home. Bring your imagination, all other supplies will be provided. Limit 30 participants. Sponsored by the Friends of Tuckahoe Library.

#### **FAMILY**

#### Science Saturday

Sat, Sep. 19, 11:00 AM 🔥 Sat, Nov. 14, 11:00 AM 🔥

Join us for family time as we explore science topics with some hands-on fun.

#### Halloween Fair

Sat. Oct. 31, 3:00 PM (b)



Join us for games, face painting, crafting, storytelling, and more! This free event is great for families looking for a safe and fun indoor Halloween celebration. Costumes encouraged. Hosted by the West End TAB and sponsored by the Friends of Tuckahoe Library.

#### **Sweet Celebrations**

FRIENDS HC PL

Tue, Dec. 15, 6:30 PM 🕑

Join us for family time as we create mini gingerbread houses to take home, and a large holiday house for the library. Best for ages 3 and up, with an adult. Space limited, pick up a ticket that day. Sponsored by Friends of the Library.

#### **Happy Noon Year**

Thu, Dec. 31, 11:00 AM



Join us for family time as we ring in the new year a little early with fun activities for everyone. Sponsored by Friends of the Library.

## Halloween Fun



Dress up for these great events for kids and families! See library listings for details.

#### **Halloween Party at Varina**

Tue, Oct. 20, 7:00 PM

Halloween Fair at Glen Allen

Mon, Oct. 26, 6:30 PM

**Halloween Dance Party at Twin Hickory** 

Tue, Oct. 27, 6:30 PM

Halloween Magic Show at Fairfield
Thu, Oct. 29, 7:00 PM

**Halloween Fair at Tuckahoe** 

Sat, Oct. 31, 3:00 PM

## TW

## Twin Hickory Area Library

FRIENDS

(804) 290-9200 5001 Twin Hickory Rd. Glen Allen, VA 23059

Hillary Burns Library Manager, Interim

Mon - Thu 9:00 AM - 9:00 PM Fri - Sat 9:00 AM - 6:00 PM

#### all ages

## Richmond Symphony FRIENDS String Quartet Hd IPL

Wed, Sep. 30, 7:00 PM

Enjoy a concert of classical music. Sponsored by the Friends of Twin Hickory Library.

#### **Observe the Moon Night**

Tue, Sep. 22, 7:00 - 9:00 PM

Enjoy amazing views of the Moon and other celestial objects with high-quality telescopes operated by members of the Richmond Astronomical Society.

See craters and seas on the surface of the Moon with wonderful clarity and detail. This gathering is in observance of International Observe the Moon Night earlier in the week. A brief presentation on astronomy starts at 7:00 PM, followed by viewing through telescopes starting at about 7:45 PM. In case of cloudy weather, our "rain date" will be Wed, Sep. 23 from 7:00 to 9:00 PM.

#### Friends of Twin Hickory Library Book Sale

Fri, Nov. 6, 9:00 AM - 4:00 PM Sat, Nov. 7, 9:00 AM - 4:00 PM

Huge variety of books at bargain prices! Adult books for sale on both days; children's books will be sold on Saturday ONLY. Sales benefit the Friends of Twin Hickory Library.

#### adults

#### 

Wed, Sep. 2, 7:00 PM

A Higher Call: An Incredible True Story of Combat and Chivalry in the War-Torn Skies of World War II by Adam Makos.

Wed, Oct. 7, 7:00 PM

Satchel: The Life and Times of an American Legend by author Larry Tye.

Wed, Nov. 4, 7:00 PM

The Colosseum by Keith Hopkins and Mary Beard.

Wed, Dec. 2, 7:00 PM

Deep Down Dark: The Untold Stories of 33 Men Buried in a Chilean Mine, and the Miracle That Set Them Free by Héctor Tobar.

#### 

Wed, Sep. 9, 1:00 PM We Are Water by Wally Lamb.

Wed, Oct. 14, 1:00 PM

The Weight of Blood by Laura McHugh.

Wed, Nov. 18, 1:00 PM

Still Life with Bread Crumbs by Anna Quindlen.

Wed, Dec. 9, 1:00 PM

The Girls of Atomic City by Denise Kiernan.

#### **Book Discussion Group**

Mon, Sep. 28, 7:00 PM

*The Girls of Atomic City* by Denise Kiernan.

Mon, Oct. 26, 7:00 PM

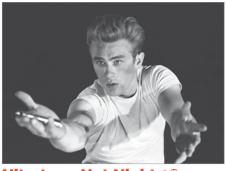
We Are Water by Wally Lamb.

Mon, Nov. 23, 7:00 PM

The Weight of Blood by Laura McHugh.

Mon, Dec. 14, 7:00 PM

Still Life with Bread Crumbs by Anna Quindlen.



#### Nitrate or Not Night 📽

Wed, Sep. 16, 6:30 PM

The Natural. Robert Redford plays Roy Hobbs, a farm boy with a hankering to be a great baseball player. With his faithful homemade bat "Wonderboy" in hand, Roy heads to the big city. En route, he arouses the fascination of the mysterious Harriet Bird. (1984, PG, 134 min.)

#### Wed, Oct. 21, 6:30 PM

Tremors. This sci-fi horror-thriller stars Kevin Bacon and Fred Ward as a pair of handymen living in a small desert community. They stumble upon several difficult-to-explain phenomena and soon must defend themselves against strange underground creatures. (1990, PG-13, 96 min.)

#### Wed, Nov. 18, 6:30 PM

Our Man In Havana. A witty comedy inspired by Cold War paranoia and written by Graham Greene. Alec Guiness plays an Englishman selling vacuum cleaners in Cuba on the cusp of the revolution, when a British intelligence agent (Noel Coward) recruits him to act as a spy. (1959, NR, 120 min.)

#### Wed, Dec. 16, 6:30 PM

Rebel Without a Cause. Don't miss James Dean in this classic juvenile delinquent, misunderstood teen drama (1955, PG-13, 111 min.)

# Digital Media Lab & Come Create. Digital & Come Creat

Video, audio, and graphics production tools • 3D printing services

Learn, play, and make great things! The Digital Media Lab is at Twin Hickory Library, and coming soon to the new Libbie Mill Library. Visit **www.henricolibrary.org/DML** for more information.

#### Henrico Community FRIENDS Authors Showcase 🕮 HC PL

Before attending, confirm schedule online or call 290-9200.

Local authors sign up and share their books. Read, discuss, and connect with other writers and readers in our community. Visit henricolibrary.org/authors for the most current list of authors scheduled to attend. Sponsored by the Friends of Twin Hickory Library.

#### Thu, Sep. 10, 7:00 PM

Richard Minnerly, author of *Human Nature: A New* Theory of Psychology.

#### Thu, Oct. 8, 7:00 PM

David Kazzie, author of *The Immune*.

#### Thu, Nov. 12, 7:00 PM

Antuan Vance, author of *The Catalyst*.

#### Thu, Dec. 10, 7:00 PM

Matthew Hamilton, author of *The Land of the Four Rivers*.

#### Cooking Demo: Oil & Vinegar



Register online or call 290-9200 starting Sep. 5.

#### Mon, Oct. 5, 6:30 PM

Chef Stacy Buttrey-Drudge from the shop Oil & Vinegar will demonstrate how to use and cook with oils and vinegars and share samples. Sponsored by the Friends of Twin Hickory Library.

#### teens & tweens

Middle and High School (11-18 years)

#### **Northwest Teen Advisory Board (TAB)**

Tue, Sep. 8, 7:00 PM Tue, Nov. 10, 7:00 PM

Help plan teen library events and earn community service credit. Call for membership details.

#### **Table Tennis Tuesdays**

Tue. Sep. 15, 6:30 PM Tue, Oct. 20, 6:30 PM Tue, Nov. 17, 6:30 PM Tue, Dec. 15, 6:30 PM

Table Tennis for teens! Beginners and experienced players are welcome. Stop by our meeting room for a game.

#### **Teen Writers' Guild**

Tue, Sep. 29, 6:00 PM Tue, Oct. 27, 6:00 PM Tue, Nov. 24, 6:00 PM

Teens in grades 6 – 12 are invited to join this writing group and learn about fiction writing and poetry through collaboration with other teen writers.

#### **3D Printing Workshop** for Teens

Register online or call 290-9200 starting Sep. 8.

#### Thu, Oct. 8, 6:30 PM

See 3D printing in action! During this workshop, participants will learn how to download pre-made 3D models, explore online software for creating original designs, and see an object being printed on the library's Ultimaker 2 3D printer. All participants must have an email account accessible from a library computer.

#### **Hunger Games Marathon**

#### Sat, Nov. 14, 9:00 AM - 6:00 PM

9 AM: *Hunger Games* (2012, PG-13; 142 min.) 12 PM: *Catching Fire* (2013, PG-13; 146 min.) 3 PM: *Mockingjay – Part 1* (2014, PG-13; 123 min.) Get ready for the final *Hunger Games* movie by watching every glorious moment from the first three films.



#### **Holiday Sharpie Tie Dye Shirts**

Register online or call 290-9200 starting Nov. 2.

#### Tue, Dec. 1, 7:00 PM

Forget ugly sweaters, this holiday season it's all about the tie dye! Teens bring their own white or light colored t-shirt (100% cotton works best), Open to 20 teens.

#### children

Space is limited. Groups, please call in advance.

#### **Storytimes**

(Sep. 8 - Oct. 10; Oct. 26 - Dec. 12) Mother Goose (6–24 mos.) ...... Mondays 10:30 AM Wednesdays 9:30 AM Saturdays 9:30 AM 🔥 Toddler (24–36 months) ......Tuesdays 9:30 AM

Wednesdays 10:30 AM Thursdays 10:30 AM Toddler & Preschool (2–5 yrs.) ...... Mondays 9:30 AM

Preschool (3–5 years) ......Tuesdays 10:30 AM Thursdays 9:30 AM

Family (all ages w adult) .......... Wednesdays 7:00 PM 💍 Saturdays 10:30 AM (b)

#### Preschool (3-5 years)

#### **Busy Hands**

Tue, Sep. 15, 3:30 PM We're making Bubble Wrap Critters!

Tue, Oct. 6, 3:30 PM Wed. Oct. 21, 3:30 PM

We're making Eyeball Plant Aliens!

Wed, Nov. 18, 3:30 PM Tue, Nov. 24, 3:30 PM

We're making owl babies!

Tue. Dec. 8, 3:30 PM Wed, Dec. 16, 3:30 PM

We're making Winter Solstice Sun Art!

#### Preschool and Early Elementary (3-9 years)

#### Halloween Dance Party (b)

Tue, Oct. 27, 6:30 PM

Put on your costume, bring a treat bag, and you're ready to boogie and gather some treats! For ages 3 and older.

#### Elementary (5-11 years)

#### Stories 'n' Such

#### Thu, Sep. 17, 3:30 PM

Join us to learn bumblebee drawing, then you'll use geometric shapes to create your masterpiece!

Thu, Oct. 15, 3:30 PM

Let's create Creepy Eyeball Bouquets!

Thu, Nov. 12, 3:30 PM Time for Salt Dough Creations!

Thu, Dec. 10, 3:30 PM

Join us as we create a holiday ornament!

#### Family (all ages, with adult)

#### **Family Time**

Tue, Sep. 8, 7:00 PM 🕑

Mon, Oct. 12, 7:00 PM 🕑

Tue, Nov. 10, 7:00 PM 🕑

Mon, Dec. 14, 7:00 PM 🔥

Join us for fun activities designed to get the entire family involved!

#### Recycling Fun

#### Wed, Sep. 30, 7:00 PM (\*)

Have you ever seen soft polar fleece gloves that were

made from plastic bottles? Join our special guest, a Recycling Specialist from CVWMA, for an interactive program about the importance of caring for our environment. Hear stories and check out some interesting items made from recycled materials.



HAVING A LIBRARY CARD, GET YOURS TODAY! September is Library Card Sign-up Month.

**Henrico County Public Library** 



## **Varina Branch Library**

(804) 290-9800 2001 Library Rd., Henrico, VA 23231-5826

Jean Burchill Library Manager

Mon - Wed 10:00 AM - 9:00 PM Thu 1:00 PM - 9:00 PM Fri-Sat 10:00 AM - 6:00 PM

#### adults

## Book Chat in the Afternoon

Tue, Sep. 8, 3:00 PM

West With the Night by Beryl Markham.

Tue, Oct. 13, 3:00 PM

*Nineteen Minutes* by Jody Picoult.

Tue, Nov. 10, 3:00 PM

Little Bookstore of Big Stone Gap by Wendy Welch.

Tue, Dec. 8, 3:00 PM

Christmas List by Richard Evans.

## Play Safe, Be Safe: Fire Safety

Register online or call 290-9800 starting Nov. 8.

#### Tue, Dec. 8, 6:30 PM

Workshop for child care providers. Learn how to recognize fire dangers in the child care setting, along with tips for teaching fire safety information to children. Child care providers earn 1.5 hours of CE credits.

#### Adults and High School (age 14+)

## A Virtual Tour of Maggie Walker's Richmond

#### Mon, Nov. 9, 7:00 PM

Park Ranger Ben Anderson will present a virtual tour of Maggie Walker's Richmond. Taken from the actual tour, he will cover the wide variety of sites in Richmond that were directly and meaningfully associated with Maggie L. Walker, including the site of her birth, church, main office, department store, bank, and historic home.



#### **Counted X-Stitch Magnets**

#### Wed, Nov. 18, 7:00 PM

Learn how to create a counted cross stitch craft and make a magnet for your fridge. Materials provided.

#### teens & tweens

#### Middle and High School (11-18 years)

## Teen Advisory Board Meeting (TAB)

Thu, Sep. 10, 5:45 PM Thu, Oct. 8, 5:45 PM Thu, Nov. 12, 5:45 PM Thu, Dec. 10, 5:45 PM

Help plan teen library events and earn community service credit. Call for membership details.

#### children

Space is limited. Groups, please call in advance.

#### **Storytimes**

(Sep. 8 - Oct. 10; Oct. 26 - Dec. 12)

Mother Goose & Toddlers (6–36 months)

#### Family (all ages, with adult)

#### **Krafty Kids**

Tue, Sep. 15, 7:30 PM (b) Wed, Sep. 16, 11:30 AM Join us as we make a squirrel craft!

Wed, Oct. 21, 11:30 AM

Join us to make a spooky Halloween craft!

Tue, Nov. 17, 7:30 PM Wed, Nov. 18, 11:30 AM
Make a turkey craft for Thanksgiving!

Wed, Dec. 9, 11:30 AM
Join us as we make a Christmas craft!

#### **Recycling Fun**

#### Wed, Oct. 14, 11:00 AM

Have you ever seen soft polar fleece gloves that were made from plastic bottles? Join our special guest, a Recycling Specialist from CVWMA, for an interactive program about the importance of caring for our environment. Hear stories and check out some interesting items made from recycled materials.

#### Halloween Party 🔥

#### Tue, Oct. 20, 7:00 PM

Calling all ghouls and goblins to enjoy stories, a craft and refreshments at our annual Halloween Party! Wear your spooky costume!

#### **Craft Extravaganza**

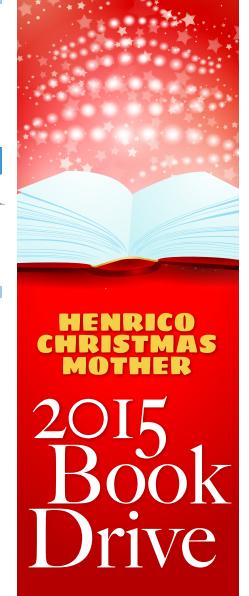
#### Thu, Nov. 5, 3:30 PM

Join us as we make many different fun crafts. You choose which you want to do!

#### **Christmas Party**

#### Wed, Dec. 9, 7:00 PM ()

Join us as we celebrate the season with stories from Mrs. Claus, a craft and refreshments. There may be a visit from Santa as well!



Henrico Christmas Mother assists families in economic need and of all religious backgrounds at holiday time.

The Christmas Mother needs your new and gently used Children's and Teens' books.

## Donate your books to any HCPL library by November 30.

Sponsored by the Henrico County Public Library Teen Advisory Board.

## Free Computer Classes for adults & teens 14+

## Registration with your library card IS REQUIRED for these classes unless otherwise noted.

Seating is limited and vacant seats will be filled 15 minutes after the start of class. Classes are typically 2 hours long.

**Registration begins** on the first business day of the month preceding each class.

register Aug. 1 for Sep. classes register Sep. 1 for Oct. classes register Oct. 1 for Nov. classes register Nov. 2 for Dec. classes

To register, visit henricolibrary.org/ classes and click through to the events calendar, or call the library hosting the desired class:

Fairfield—290-9330 Libbie Mill—290-9400 x5 North Park—290-9700 x5 Tuckahoe—290-9130 Twin Hickory—290-9200 x5

#### basics

## **Computer Basics: Keyboard & Mouse**

If you know little or nothing about computers, this is the place to start!

Wed, Sep. 9, 2:00 PM ..... North Park Wed, Oct. 14, 2:00 PM ..... Tuckahoe Tue, Nov. 17, 2:00 PM ...... Tuckahoe

## Computer Basics: Working With Windows

Learn about Microsoft Office software and its functions; become familiar with basic commands in Microsoft Word and Internet Explorer. *Prerequisite: knowledge of keyboard and mouse.* 

Thu, Sep. 3, 10:00 AM ...... Twin Hickory Thu, Sep. 17, 10:00 AM ...... Tuckahoe Thu, Oct. 15, 6:30 PM ...... North Park Wed, Nov. 18, 2:00 PM ...... Tuckahoe

## **Computer Basics:** File Management

Don't know what to do with all those computer files? We'll help you get organized. *Prerequisite: Working with Windows or comparable knowledge.* 

Thu, Sep. 24, 10:00 AM ..... Tuckahoe Wed, Oct. 21, 2:00 PM ..... North Park Thu, Nov. 19, 2:00 PM ...... Tuckahoe

## Internet Basics: Getting Started On the Web

Learn your way around the Web with a hands-on guided tour. *Prerequisite: knowledge of keyboard and mouse.* 

Wed, Sep. 9, 2:00 PM ...... Tuckahoe Thu, Oct. 1, 6:30 PM ..... Twin Hickory Thu, Oct. 22, 6:30 PM ..... North Park Mon, Nov. 23, 2:00 PM ..... Tuckahoe

## Microsoft Office

#### **Word I: Introduction**

Learn how to use basic features of Microsoft Word. *Prerequisite: knowledge of keyboard and mouse.* 

Tue, Sep. 8, 2:00 PM .... Twin Hickory Wed, Sep. 23, 2:00 PM .... Tuckahoe Mon, Oct. 19, 2:00 PM ..... Tuckahoe Tue, Nov. 3, 10:00 AM . Twin Hickory Thu, Nov. 5, 6:30 PM ..... Tuckahoe Tue, Nov. 10, 2:00 PM ..... Fairfield Tue, Nov. 10, 2:00 PM ..... Libbie Mill Tue, Dec. 22, 2:00 PM ..... Tuckahoe

#### **Word II: Formatting**

Make your Word documents more polished and professional. *Prerequisite: Word I or comparable knowledge of basic Word.* 

Tue, Oct. 6, 2:00 PM ..... Twin Hickory Mon, Oct. 26, 2:00 PM ...... Tuckahoe Thu, Nov. 12, 2:00 PM ...... Fairfield Tue, Nov. 17, 2:00 PM ...... Libbie Mill Tue, Dec. 29, 2:00 PM ...... Tuckahoe

#### **Excel I: Introduction**

Learn the basic features of Microsoft Excel. *Prerequisite:* Word I or comparable knowledge of Word.

Thu, Sep. 10, 6:30 PM ...... North Park
Thu, Sep. 10, 6:30 PM ... Twin Hickory
Tue, Sep. 15, 2:00 PM .... Fairfield
Mon, Sep. 21, 2:00 PM .... Tuckahoe
Tue, Oct. 6, 6:30 PM .... Tuckahoe
Thu, Oct. 8, 2:00 PM .... Twin Hickory
Tue, Nov. 3, 6:30 PM .... Tuckahoe
Thu, Nov. 5, 6:30 PM ... Twin Hickory
Tue, Dec. 1, 6:30 PM ... Tuckahoe
Tue, Dec. 8, 2:00 PM ... Fairfield
Thu, Dec. 10, 6:30 PM ... Libbie Mill

## **Excel II: Charts And Formatting**

Learn to create simple charts using existing data and the chart wizard, create a detailed monthly budget using formulas and formatting tools, and work with printing and page setup. *Prerequisite: Excel I or comparable knowledge of Basic Excel.* 

Wed, Sep. 16, 2:00 PM Fairfield Thu, Sep. 17, 6:30 PM North Park Mon, Sep. 28, 2:00 PM Tuckahoe Tue, Oct. 13, 6:30 PM Tuckahoe Tue, Oct. 13, 10:00 AM Twin Hickory Tue, Nov. 10, 6:30 PM Tuckahoe Tue, Dec. 1, 10:00 AM Twin Hickory Tue, Dec. 8, 6:30 PM Tuckahoe Wed, Dec. 9, 2:00 PM Fairfield Thu, Dec. 17, 6:30 PM Libbie Mill

#### **Powerpoint**

Learn how to create slide shows with text, graphics and animation. *Prerequisite: Word I or equivalent knowledge of basic Word.* 

Tue, Sep. 15, 2:00 PM ... Twin Hickory Wed, Sep. 16, 2:00 PM .... North Park Thu, Sep. 17, 2:00 PM .... Fairfield Thu, Oct. 15, 6:30 PM .. Twin Hickory Tue, Nov. 10, 2:00 PM ... Twin Hickory Thu, Dec. 3, 6:30 PM ... Twin Hickory Tue, Dec. 8, 2:00 PM ..... Libbie Mill

#### **Publisher I: Introduction**

Learn how to create flyers and brochures with text, borders, and graphics. *Prerequisite: Word I or equivalent knowledge of basic Word.* 

Thu, Sep. 17, 10:00 AM... Twin Hickory Tue, Oct. 13, 2:00 PM...... Fairfield Thu, Oct. 22, 2:00 PM..... Tuckahoe Thu, Nov. 12, 6:30 PM..... Libbie Mill

#### Publisher II: Newsletters And More

Learn to be more creative with Publisher and how to turn your work into a web page. *Prerequisite: Publisher I or comparable knowledge.* 

Wed, Oct. 14, 2:00 PM ...... Fairfield Thu, Nov. 19, 6:30 PM ..... Libbie Mill

#### social & mobile

#### Intro to Facebook

Learn Facebook basics and how to create a Facebook account. *Prerequisites: A working email address that can be accessed from the library, knowledge of keyboard and mouse, basic knowledge of the Internet.* 

Thu, Sep. 3, 6:30 PM ..... Tuckahoe

#### **iPad 101**

Bring in your iPad for a hands-on guided tour. We'll review basics such as navigating, configuring settings, creating folders, downloading apps, and checking email. Each participant should bring an iPad and Apple ID.

Tue, Sep. 29, 6:30 PM ...... Tuckahoe

#### **Intro to Twitter**

Learn how to set up an account and get started using Twitter. Prerequisites: A working email address that can be accessed from the library, knowledge of keyboard and mouse, basic knowledge of the Internet.

Wed, Oct. 7, 2:00 PM ...... Tuckahoe Thu, Oct. 15, 2:00 PM ..... Fairfield



Recreation & Parks County of Henrico PO Box 90775 Henrico VA 23273-0775

**Address Service Requested** 





# HERE'S JOE COOL.

hanging out at the library, about to use the coolest card he's got...

Just when the summer gets too hot ... September is Library Card Sign-up Month! Cards are free for Henrico residents. How cool!





Ask your library for details or visit www.henricolibrary.org/card